



Course Companion for OCR A Level Psychology

Component 1: Research Methods

Endorsed Edition v1.1, November 2023

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Teacher Information

Chapter 1

Chapter 2

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Glossary

Teacher's Introduction

This course companion is designed to support the A Level OCR Psychology Topic 1: Research Methods unit. Within the companion Research Methods has been divided into five chapters, with each one covering a single bullet point of the specification. These chapters follow the order of the specification so that knowledge of the topic can be built on and developed as the companion progresses. Section 1.6 'How science works' and Section 1.3 on 'Methodological issues' have been covered where appropriate.

The course companion provides a detailed set of notes on the specification content and is designed to be used in class by your students. Opportunities to put their learning into practice are found throughout the chapters in the form of tasks and questions.

Tasks have been created to strengthen students' learning by providing ways to test and think about the information they have covered. You may also come across 'Think!' or 'Consider' boxes during chapters. These boxes are designed to encourage students to look beyond the information in front of them and consider wider implications such as how studies relate to one another, the significance of findings and how the findings relate to real life. Possible answers or points that could be raised are provided for these boxes.

At the end of each chapter will be two sets of questions to reinforce your students' learning. The first set is 'Check your understanding' questions, which focus on testing students' knowledge of the content they have learnt through the companion. Following these are 'Practice' questions which test students' ability to translate this information into practice answers. Possible answers have been provided for all questions, and also tasks when appropriate.

At the end of the entire set of five chapters there is a set of nine AS practice questions aimed at those taking both the AS and A Level courses. Questions 1–8 assess chapters 1–4, while question 9 assesses chapter 5. There is also a set of A Level only questions at the end of the pack. The A Level questions are marked by an asterisk (*). Suggested mark schemes are provided at the end of the answers section of the resource.

Teacher's Notes on Tasks

Short tasks for students to complete are provided throughout the companion, and tasks that require a level of teacher-student interaction or guidance are identified underneath. Below are recommendations for how to best use these tasks but adjustments can be made depending on the classroom.

Tasks 5.1, 5.2, 5.3, 5.4 involve the student designing and conducting a study. These could be set as homework and discussed in class.

Tasks 5.1, 5.3 and 5.4 could also be conducted in class. **Task 5.3** requires at least some of the students to bring in and consume an energy drink.

H Lewis, October 2017

Endorsement Edition v1.1, November 2023

- Added specification cross-referencing
- Removed irrelevant questions and answers: Q3 (p. 12 and p. 138); Q4 (p. 22 and p. 139)
- Added new content to cover the 'How Science Works' issue of 'Hypothesis testing' on p. 26
- Added new content to cover the 'methodological issue' of 'debriefing' to pp. 39–40
- Corrected statement about not needing to calculate standard deviation on p. 55, as it's a skill required for AS and A Level. Also, improved clarity and matched the steps for calculating standard deviation with the OCR Descriptive Statistics Workbook.
- Removed table detailing Pearson's R / Related t-test / Unrelated t-test from p. 76, as it is beyond the spec
- Improved content and corrected calculations on chi-square on pp. 85–86 to align with the OCR Inferential Statistics Workbook
- Added new content to cover 'observations' and 'self-reports' to the design on p. 96
- Corrected 'experimental design' to 'independent measures design' and updated the conditions on p. 122
- Corrected AO3 marks to AO1 marks for Q3a) and b) on p. 141 and Q3a) and b) on p. 144
- Made various minor wording amendments throughout. Plus, p. 7 and p. 137 'natural' → 'quasi' and 'characteristics' → 'effects'; p. 10 'participants' → 'researchers'; p. 35 'covertly' → 'overtly'; 'correlational study' → 'self-report study' (p. 102), 'observational study' (p. 110) and 'experimental study' (p. 116)

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Chapter 1: Research methods and tec

Overview

In this chapter we look at several different ways that a study can be carried out: experiments, observations, self-reports and correlations. The same topic can often be investigated in many different ways and we evaluate each method by considering its strengths and weaknesses.

Learning

After studying this chapter you should be able to:

- ☐ Describe the different research methods and conduct them
- ☐ Evaluate the strengths and weaknesses of each method

Key Terms

Association	A relationship or link between two variables suggesting they are related in some way
Cause and effect	The idea that changing one variable causes a change in another, and a prediction possible
Closed question	A question with a fixed response, e.g. 'yes', 'no', 'always', 'never' restricts how a person can respond to the question
Controlled observation	When the researcher manipulates the environment (and so the participants are not aware of this)
Correlation coefficient	A number that describes the strength and direction of the relationship between two variables
Correlation	A measure of the association between two variables
Covert observation	The people being observed are not aware that they are being observed (and so have not given consent)
Demand characteristics/effects	When the participant's behaviour is a reflection of how they think they should behave; responding to the 'demands' of the situation
Dependent variable (DV)	A variable which measures the presumed effect of the independent variable
Ecological validity	The extent to which the findings can be generalised to the real world
External validity	The extent to which the results are generalisable across settings and people
Extraneous variables	Variables that may influence the behaviour in addition to the independent variable (and so should be controlled for)
Field experiment	An experiment that occurs in real-life settings but the researcher manipulates the independent variable
Independent variable (IV)	A variable which is manipulated to produce a presumed effect on the dependent variable
Internal validity	The extent to which the behaviour is the result of the independent variable (and not other factors)
Interview	A series of spoken questions with the aim of finding out about a person's thoughts, feelings or behaviours
Interviewer bias	Sources of bias in which the characteristics of the interviewer affect the results
Laboratory experiment	An experiment conducted in an artificial environment where the researcher manipulates the independent variable to see the effect on the dependent variable
Likert scale	A type of closed question where a person responds with a rating on a scale
Mundane realism	A comparison of how similar the study is to real life
Naturalistic observation	An observation that occurs in the natural environment where the researcher does not manipulate anything
Natural IV	An independent variable that varies naturally without the researcher manipulating it
Negative correlation	As one variable increases, the other variable decreases
Non-participant observation	When observation is conducted from a distance without the researcher interacting with the participants

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Key Terms

Objective	Free from errors caused by subjective interpretation
Observer bias	When observers know the desired goal or outcome of the study, they may unintentionally interpret the data that way
Observer effect	When the presence of an observer alters behaviour
Open question	A question that allows the person to respond with their own qualitative data
Operationalisation	Precisely defining your variables so that a hypothesis can be tested
Outlier	An extreme point that differs from the other results and may be due to error
Overt observation	It is clear that the person is being observed for research purposes
Participant observation	When the observer has a high level of interaction with the participants
Perfect correlation	You are able to accurately predict what the value of one variable will be when the other variable is known
Positive correlation	As one variable increases, the other variable also increases
Qualitative research	A methodology that generates data of a more in-depth nature but is more difficult to analyse
Qualitative research	In-depth exploration of non-numerical data to understand the meaning of experiences
Quantitative	Precise insights through numerical data analysis, often using statistical methods
Quantitative research	A methodology that generates data of a numerical nature that can be analysed statistically
Quasi-experiment	An experiment that uses naturally occurring IVs; the researcher does not randomly allocate participants
Questionnaire	A series of written questions with the aim of finding out the responses of a group of people
Randomly assigned	Assigning participants to their conditions randomly rather than by choice
Rapport	A relationship built on mutual understanding and good communication
Reactivity	The participants may react to the setting they are placed in, aware they are being observed may intentionally or unintentionally change their behaviour
Reliability	The extent to which results are consistent, across observations and over time
Semi-structured interview	An interview that has a mixture of fixed and non-fixed questions, with follow-up questions for clarification
Social desirability bias	When a person alters their answer to avoid negative social judgement
Standardisation	The procedures and materials of the experiment are prepared so that the researcher could replicate the experiment exactly
Structured interview	An interview with a set of ordered questions that have been prepared in advance
Structured observation	An observation in which the researcher plans in advance what to observe during the observation session. The observer does not record anything that is not relevant to the research aims.
Unstructured interview	An interview that does not have a specific set of questions but is comparable to an everyday conversation. The interviewer asks open questions that they wish to explore, which are determined by the research aims
Unstructured observation	An observation in which the researcher records what is observed without any specific behaviours to record
Zero correlation	The data points are dispersed randomly and there is no relationship between the variables

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Why do we conduct research?

In psychology, researchers aim to understand people's thoughts, beliefs and behaviours. They make observations, formulate theories about what is happening and then conduct experiments. If their findings are incorrect then they refine their theories and test again.

Often, there are many different ways of investigating the same problem. For example, to study forgetfulness you could:

- Ask people about times they have forgotten things
- Test how well people recall certain things
- Study the relationship between forgetfulness and other factors such as age
- Observe situations of forgetfulness in real life
- Manipulate environmental factors to see if it increases forgetfulness

We use many different methods when investigating a topic because different people do different things. When investigating a topic, some methods are often more appropriate than others. For example, asking people might not be a good method of studying forgetfulness if what they are asked to remember is forgotten!

In the rest of the chapter we consider the strengths and weaknesses of different research methods.

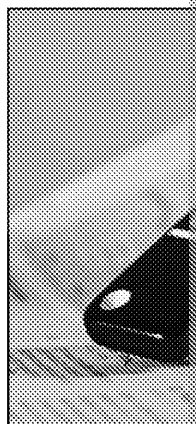
Research method: Experiment

Laboratory experiments

A laboratory experiment is conducted in an artificial environment which is controlled by the experimenter. The participant experiences the same environment. The experimenter manipulates a variable (IV) and investigates to see if this manipulation produces a change in another variable (DV). For example, an experimenter might manipulate how difficult a task is and measure a change in the percentage of correct answers. The goal of laboratory studies is to establish cause and effect, which says that if the environment is the same then the change must be because of the manipulation.

1.6 How science works: The study of cause and effect

In the study of human behaviour it is very difficult to *prove* cause and effect. This is because so many different things affect our behaviour; from things in our immediate environment, to our past experiences and our cognitive processes. Certain types of studies, such as laboratory experiments, are interested in trying to establish cause and effect. These studies achieve this by carefully controlling all other factors they think might affect the findings. However, a consequence of this is that the behaviour may not be natural.



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Example: McGinty et al. (2015) examined whether attitudes towards addiction by whether the condition was seen as treated or untreated. They randomly assigned a vignette about treated addiction or mental illness, untreated addiction or mental illness. Afterwards the participants answered questions about their attitudes towards addiction. Those who were in the treated condition believed more in the effectiveness of treatment, were less willing to discriminate and showed less stigma than those in the untreated condition.

Advantages	
Cause and effect: The high degree of control allows the experiment to establish that the IV causes the effect on the DV. This is possible because the experiment controls for extraneous variables that might otherwise contribute to the effect on the DV.	Artificial: The environment of the experiment is typically artificial. This makes the results less representative of real life (low mundane realism). The conditions may be different from natural settings.
Replicable: The high degree of control of the environment and the precise operationalisation of the variables allows this experiment to be replicated exactly. This allows the experimenter to investigate the reliability (consistency) of the effects.	Demand characteristics: The variables operationalised may be artificial. This can lead to 'demands' of the experiment that conform to the expected results rather than how the participants would behave in real life.
Objective: Laboratory experiments are precisely measured which reduces subjective bias that may occur if findings or behaviour need to be interpreted. Objectivity increases the accuracy of the findings.	Low external validity: The conditions of the experiment are the artificial conditions and standards, which are less generalisable to real life.
High internal validity: Internal validity is the extent to which the change in the DV is the result of the IV. Given that the controlled environment reduces the influence of extraneous variables, it is likely that the change is due to the IV.	Operationalisation: The variables must be operationalised in a way that is clearly measurable. For example, in the Asch (1951) experiment, the dependent variable was whether or not a participant gave a wrong answer when this was clearly wrong. This was meant that the hypothesis was tested. The results conform to the majority rule. This task was unimportant in real life, so the findings provide limited insight into real life conformity situations.

Field experiments

A field experiment is an experiment that occurs in normal settings but still involves manipulation of the independent variable. As a result it tends to be more representative of real life situations than laboratory experiments but field experiments also suffer from reduced control. Some participants may not be aware that they are taking part in the experiment and this can result in demand characteristics.



1.3 Methodological issues
Internal validity is the extent to which the change in behaviour is actually caused by the IV. It reduces the number of confounding variables that could bring about the behaviour. As a result, laboratory experiments have a higher degree of control than field experiments. Correlational studies (a type of laboratory experiment) do not necessarily generate causal relationships.

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Example: Azar et al. (2013) conducted a field experiment investigating whether the change they were given at a restaurant. They used a real restaurant and varied the amount of extra change from a small amount of extra change or a large amount of extra change. They found that customers were more likely to return the extra change and that customers being given higher amounts increased the amount of extra change. They identified a possible confounding variable in that a smaller amount of extra change might not be detected by the customer.

Advantages	
Higher mundane realism: As field experiments occur in their normal environment, the findings are highly applicable to real life.	Lower control: A field experiment is not as rigorously controlled as a laboratory experiment and as a result, there are many extraneous factors that influence the results. It is difficult to apply the findings to other situations.
Cause and effect: The IV is directly manipulated to produce an effect on the DV which allows the experimenter to establish a cause and effect. However, in situations where it is clear that the low control of the environment may have produced the effect on the DV, cause and effect may not be established.	Ethical implications: Field experiments often involve people who happen to be in a particular situation and often these participants are not aware that they are part of the study. This can lead to ethical issues about the lack of informed consent and the potential for compromised rights.
Reduced demand effects: In a natural setting, it is less clear that an experiment is being conducted and those who are unaware of the experiment are less likely to react to the 'demands' of the experiment.	More difficult to analyse data: Field experiments often involve observation and other methods of data collection. Often several different methods can be used to collect data, which can be difficult to interpret and draw conclusions from.

Quasi experiments

A quasi-experiment studies the effects of naturally occurring IVs (e.g. gender, age, intelligence, etc.) in a controlled environment. In these cases it would often be unethical or impractical to induce a mental illness).

Example: Lange et al. (2014) wanted to examine whether differences in two types of children would lead to differences in the child's inattention and impulsivity. There were two groups of children: healthy-weight female and overweight/obese female. They completed a computerised task which investigated their levels of inattention and impulsivity. The results showed that overweight/obese males were more inattentive and the greater the weight, the more inattentive they were.

Advantages	
Investigates natural IVs: A quasi-experiment investigates natural differences between individuals which is advantageous as it would be unethical or impractical to manipulate some variables. In the example above, it would be unethical to manipulate the weight of the children.	An association: As a quasi-experiment cannot manipulate the IV, it cannot establish a cause and effect. It can only establish an association between variables. One variable causes the other.
Controls environment: A quasi-experiment still controls the environment in which the experiment is conducted in. This is an advantage as it controls for extraneous variables making it more likely that differences in IV do influence the DV.	Not randomly assigned: A quasi-experiment does not randomly assign participants to different groups. This means that the differences between groups have not been randomly assigned. It is not clear if the difference will come from the IV or from other factors.
	Ignores other variables: A quasi-experiment ignores other variables that may influence the relationship between the IV and the DV. For example, in the example above, genetics are thought to influence inattention and impulsivity.

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Check your understanding! Experiments

- Q1. Describe one way that a quasi-experiment differs from a field experiment. (2 marks)
- Q2. Explain a disadvantage of an artificial environment. (2 marks)
- Q3. Explain how the operationalisation of the variables may lead to validity issues. (2 marks)
- Q4. Explain how investigating natural variation in independent variables can be a disadvantage. (2 marks)
- Q5. Discuss one ethical implication of field experiments. (3 marks)

Research method: Observation

The best method to know how a particular group of individuals acts in a particular setting. This can be particularly useful when it is likely that the behaviour reported may not be likely to match up to the reality of the situation. This may be because the behaviour is undesirable, for example, consider rates of public toilet handwashing. If we have sparse knowledge of the area and want to gain detailed information about the development of new research questions.

Structured observation

A structured observation is carefully planned beforehand and the researcher knows what they are looking for when observing. Researchers will establish what they are looking for and create behavioural categories. These behavioural categories should cover all possible behaviours.

Advantages	
Easier to record and analyse: Structured observations allow the researcher to accurately record the behaviours present. This produces frequency information which can then be analysed and used in quantitative testing.	Unexpected behaviour: Structured observations only record the behaviours the researcher expects to see during the investigation. This means that any unexpected behaviour is not recorded. This is a disadvantage of structured observation.
Replicable: If there is a controlled environment, then other researchers can test for the replicability of the findings by using the same observation schedule.	Limited insights: Structured observations are primarily on recorded behaviours and this means that there is a limited insight into the reasons for the behaviour. The researcher cannot determine the reasons for the behaviour.

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Unstructured observation

An unstructured observation involves the researcher writing down what they see for specific behaviours, but will note down what they believe is relevant to the observation can be difficult to achieve without using video recording because of long observations.

Advantages	
Useful for exploratory research: This method is useful when the researcher has not got a strong idea about the behaviours they might see. Unstructured observations allow the researcher to learn about the situation as it is, rather than trying to view the situation within the constraints of certain ideas.	Salient behaviours: Researchers are more likely to notice behaviours that stand out and they are more likely to record behaviours if they are interested in them.
Provides rich data: An unstructured approach allows the researcher to record down all information relevant and this means much richer data than frequent observations of behaviour. The researcher may be able to learn more about the situation and deeper insights and further research could study these insights.	Difficult to analyse: The data collected is more difficult to analyse which is more difficult to interpret. The data is also affected by the researcher's expectations and the situation.

Naturalistic observation

In a naturalistic observation researchers observe the participants in their normal environment, studying their typical behaviour in these settings. In this type of experiment, the researcher does not manipulate the environment.

1.3 Methodological issues: Ecological validity

Ecological validity is a type of **external validity** that is concerned with whether research can be generalised to settings outside of those the research was conducted in, for example, everyday settings.

Research with high ecological validity usually uses naturalistic real-life settings which mean that the findings are more representative of real life.

In contrast, research with poor ecological validity often uses artificial stimuli and laboratory settings which limit the generalisability of the findings.

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Example: Ramirez-Esparza et al. (2009) wanted to investigate whether there were differences in social behaviour between Mexicans and Americans. Participants were 54 American and 54 Mexican. All participants completed a questionnaire that addressed self-reported social behaviour. A recording device continuously for two weekdays which made short 30-second recordings every 30 seconds for a total of 12 hours. After analysing the audio data, the researchers concluded that Mexicans were more sociable but in fact were more sociable in their daily interactions.

Advantages	
Non-laboratory scenarios: This method allows researchers to investigate situations that would be unethical to produce in the laboratory but naturally occur.	Observer bias: When the observer's expectations or outcome of the study influence the observations unintentionally.
High mundane realism: Mundane realism is the extent a study situation is similar to real life. Since naturalistic observation takes place in real and natural settings for behaviour, this method has high mundane realism.	Reliability: A single observation is not completely objective. The need for multiple observations are significant. If the observations are not consistent, the results of the research are unreliable.
Good external validity: External validity deals with how generalisable the behaviours are to other settings. Observed behaviours in a natural setting are more generalisable than those produced in a laboratory setting as they represent real life.	Reactivity: In naturalistic observation, participants are aware they are being observed, which may lead to changes in behaviour. They may desire to have a good impression (social desirability bias). The purpose of naturalistic observation is to observe behaviour in a natural setting, which means reactivity is a problem.

Controlled observation

In a controlled observation the researcher manipulates the environment. The participants might still be in a typical setting, for example, children in a classroom, but they are exposed to precisely determined events, e.g. the head teacher entering at a specific time. Alternatively, the environment may be more clearly artificial when it is conducted in a laboratory.

Example: Ainsworth and Bell (1970) set up an experiment called the Strange Situation to study attachment behaviour of infants. They set up a room with cameras and one-way mirrors so that interactions could be observed covertly. The environment the infant was in was designed to be neutral. The effects of introducing or withdrawing the caregiver or stranger were observed. The behaviours observed regarding to: behaviour on return of the caregiver (reunion behaviour), behaviour on introduction of the stranger (stranger anxiety), and the reaction to the caregiver leaving.

Advantages	
Greater control: The tighter control in this method reduces the effects of extraneous variables that may influence the behaviour.	Lacks external validity: The results may not be generalisable to which the results are applied to people or settings.
Replicable: As the observation has standardised procedures, the process can be replicated. This makes it easier to compare the results.	Demand characteristics: Participants may pick up on subtle clues that they are being observed and respond accordingly to the 'demands' of the situation.
Higher internal validity: Internal validity is the extent to which the proposed cause of behaviour is actually the cause. Tighter control reduces the number of extraneous or possibly confounding variables that may influence the behaviour. As a result, it is more likely that changes brought about the behaviour.	Low ecological validity: The extent to which the results can be generalised to other settings in real life. Since observations are conducted in a controlled setting, the results may not be generalisable to real life, which influences the results.

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1.3 Methodological issues: Test-retest reliability
Test-retest reliability is a sub-measure of reliability (as all measures vary). It asks: Are the results the same if the test is repeated?

This method involves having participants complete a test once and then repeat the test after a period of time. The results are then compared and any changes are noted.

If an adult completed an IQ test and then repeated it a month later, it would be expected that the results would be the same. However, other tests, such as a depression scale, may not be expected to be the same as a person's symptoms may improve or worsen over time.

Test-retest reliability is easier to achieve with observation because the researchers and participants experience the same situation.

Participant observation

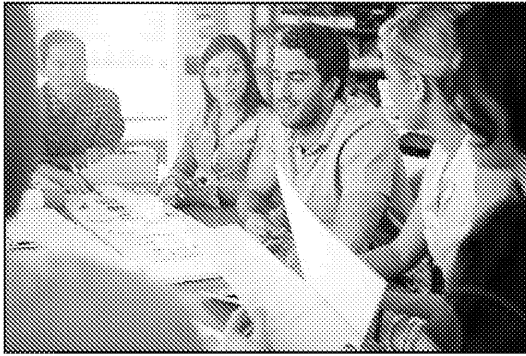
In participant observation, the researcher actively interacts with the participants. The observation can occur in the form of covert observation and the person integrates themselves into the group and behaves as though they are one of the group's members.

Example: Rosenhan (1973) conducted a field experiment where eight pseudo-patients were admitted to 12 different mental hospitals. They all claimed that they heard voices that were not there. After admission they presented no symptoms of abnormal behaviour. After a few days, they were completely accepted by members of the staff who chose to ignore their behaviour. They interacted with patients and staff and were seen as being in remission rather than sane. Initially observation notes were taken covertly. It became apparent that the staff just regarded this behaviour as another symptom they were expected to see.

Advantages	
Hard to study groups: Using this method, researchers can investigate groups that would typically refuse to be researched. For example, participants that engage in illegal activities would not agree to be researched.	Researcher part of the group: DeWalt (2002) found that participants respond differently to researchers. Since participant observation involves the researcher being part of the group, researcher factors such as gender and ethnicity are likely to respond to them and affect the results.
Immersion: Complete immersion in the surroundings provides a higher level of understanding than distant observation. Researchers are better able to understand the reasons behind the behaviour and how the group functions.	Time and effort: For participant observation, the researcher has to spend a lot of time with the group then this is reflected in the effort to research.
More information divulged: As part of the group, researchers are likely to be privy to more information and have fewer of the barriers non-participant observers have.	May lose objectivity: If the researcher is part of the group, the results may be biased as they are part of the group.

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1.3 Methodological issues: Researcher or observer bias: The observer's beliefs about what the study's findings should be affect the observer's interaction with the participants. Participant bias: The participants may be affected by observer bias because they are interacting with the participant. Stepping back: The researcher may not be impartial. Stepping forward: The researcher may not be impartial. Stepping back: The researcher may not be impartial. Stepping forward: The researcher may not be impartial.

Non-participant observation

In non-participant observation, the researcher is not involved in interacting with the participants. The researcher is at a distance from the participants when observing. One method to do this is to use microphones and videos which are less intrusive than a physical person observing.

Example: Hofferth et al. (2014) were interested in how low-income ethnic minority families eat at mealtime. They recorded videos of dinnertime in 80 families that fit the criteria of being Hispanic or African American. They found that the type of personality traits in the parents made to encourage children to eat.

Advantages	
Distance encourages objectivity: Being less involved with the participants themselves encourages more objective measurements that may not be possible if the individual forms a personal opinion of participants.	Limited scope: Researcher observation method. Participants and some individuals will agree to resemble their normal behavior.
Often uses recording devices: Recording devices such as those that record video or speech are objective records. They allow several researchers to view the same information and compare conclusions.	Restricted understanding: Knowledge about the situation may not be correctly inferred from the observations.

Overt observation

Overt observation is where it is clear that the participant is being observed. The researcher explicitly saying what they are researching and the group cooperates with the researcher to provide the information they need.

Example: Von Suchodoletz et al. (2014) were interested in the quality of teacher-child interactions in preschools. In 63 different classrooms over 26 different preschools, interaction was observed. Teachers had agreed to be observed and the observers did not play a role in teaching the children. Each classroom was observed four times in the morning (each session with each observation session having a different observer). The interactions were rated on a seven-point scale. They found that there was a positive relationship between teacher-child interactions and teacher ratings. Ratings were judged to be reliable if they did not differ between observers; ratings were judged to be reliable.

Advantages	
Encourages trust: When researchers are open and honest about the kind of research they are doing, people are often happy to help and appreciate being told the nature of the study.	Observer effect: The person or group is aware of being observed. As a result, they may act differently and results may be inaccurate.
Quicker and easier: Requires lower amounts of planning and preparation because measures to conceal the observation do not have to be considered.	Some groups unable to be observed: Some groups may be inaccessible to observation. For example, in violent or illegal situations, researchers may wish to remain secret.

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Covert observation

Covert observation is a type of observation where the person is not aware that they are being observed.



1.3 Methodological issues: Demand characteristics
Demand characteristics occur when participants in an experiment are aware of the nature, aims, and hypotheses of the experiment. This can cause them to behave in a way that is consistent with the hypotheses (consciously or unconsciously) and the advantage of covert observation is that it is not affected by demand characteristics. Deception can be used to make it more difficult for participants to detect the true nature of the study.

Example: O'Brien et al. (1982) investigated whether there were differences in the selection of snacks. Three covert observers were sat on benches near food outlets. 356 children were filmed on a scale of obesity and then observed for their snack choices. They found no differences between the two groups and observers had a high degree of reliability.

Advantages	Disadvantages
<p>Necessary in some groups: Some groups of individuals do not take kindly to being observed (e.g. criminal gangs) and others would likely make significant changes to their behaviour if they were aware of being observed (think of teachers during Ofsted!).</p>	<p>Unethical: Dependent on the situation</p> <ul style="list-style-type: none"> Are you observing behaviour that the person would expect to be observed? Are you observing behaviour that the person would not expect to be observed? Are you observing behaviour that the person would not expect to be observed and would experience discomfort or concern about being observed?
<p>Reduced observer effect: Behaviour is less likely to be modified as individuals are not aware that they are being observed, this minimises the risk of reactivity.</p>	<p>Requires planning and time: It may require the group's trust or to appear to be conducting the research.</p>

Check your understanding! Observation

- Q1. Identify two differences between naturalistic and controlled observation. (2 marks)
- Q2. Identify two differences between covert and overt observations. (2 marks)
- Q3. Define participant and non-participant observation. (2 marks)
- Q4. Discuss the ethical problems related to covert observation. (4 marks)

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HELPFUL TIP: While only the type of situation was discussed with regards to ethical issues could also be discussed:

Deception: the subjects are deceived as they do not know they are taking part in

Informed consent: the subjects have not given consent or informed consent to

Right to withdraw: as the subjects do not know they are in the study, they cannot

Q5. Identify and briefly explain two limitations of participant observation.

Q6. Evaluate the covert observation technique. (6 marks)

Q7. Explain the advantages of controlled observation over naturalistic observation.

Research method: Self-report

Self-report is a research method technique in which the participant provides information in response to the researcher's questions. Self-report methods include questionnaires and interviews.



1.3 Methodological issues

Questionnaires and interviews are subject to 'social desirability bias' where participants are concerned about maintaining a positive image so they lie or alter their responses. This bias can affect the validity of the results as they are not accurate. One issue researchers use is to hide the purpose of the study and use filler questions and then ask the topic of interest.

Questionnaires

Questionnaires involve a written list of questions that are answered by the participant on a particular topic. Questionnaires usually concern the participant's experience and level of demographic information (age, gender, ethnicity, etc.).

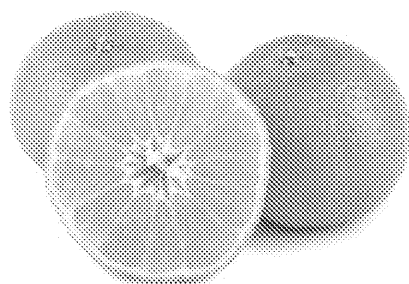
Real-life application: Census

The biggest coordinated effort to measure and record the nation's people is the compulsory census. In the UK, the census was last conducted in 2011 and it was the 56th since 1801. The 2011 census and some of the topics covered included age, sex, marital status, and employment status. Since the first census in 1801, further changes to the questionnaires and practices and 2011 was the first year to allow respondents to

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Advantages	Disadvantages
Large amounts of data in short amount of time: Once the questionnaire has been designed, the researchers can send it to a very large number of people with little additional effort. As such, questionnaires can fairly easily collect large amounts of data.	Low response rates: If sending questionnaires to a group of people, that some of the people will not respond is problematic, if the people who do respond are not representative of the sample.
Cost-effective: Researchers can send a large number of people questionnaires and the cost per questionnaire is relatively small compared to methods that require more of the researchers' time such as interview.	Doubt over honesty: Participants have no way of checking the level of their answers and as such feel reduced motivation. When answers may result in embarrassment, there is an even greater chance that participants will give answers to be viewed favourably.
Standardisation: Questionnaires all have exactly the same questions in exactly the same order, which may not occur in interviews. This ensures that the experience of the responders is identical.	Open to interpretation: What a question means may not be the same to every participant. For example, if a question was 'What kind of person are you?' and the response options were 'very poor / poor / OK / good', participants may respond differently to what 'poor' and 'good' are. Researchers must clarify their questionnaires, as the participant may need further elaboration.



1.3 Methodological issues: Internal reliability and split-half reliability

Internal reliability refers to consistency of the measure.

All parts of the measure should all measure the same thing (construct validity).

One test of construct validity is the split-half method. This test looks at whether the test is internally consistent. It involves taking half of a questionnaire and comparing it to the other half. If the two halves produce similar results, the measure is internally consistent. This is a good sign that the questionnaire and the whole questionnaire measure the same construct.

Construct validity is important for other measures, but the split-half method is only used for internal reliability.

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Interviews

Interviews, like questionnaires, involve asking a person a list of questions, and Unlike questionnaires, which involve fixed questions, some styles of interview questions as the interview progresses.

General evaluation of interviews

Advantages	
Obtain the information you want to know: Interviewing directly asks questions to provide the information desired. As it often concerns experiences, thoughts and beliefs, it is useful when the interview allows the researcher to ask follow-up questions.	Social desirability bias: People are often concerned about what others think of them and may adjust their answers accordingly. Interviews are typically face-to-face and may seem more important.
Does not require complex equipment: Unlike experimental practice, interviews do not require a complex setup or equipment, making them easier and less expensive to carry out. An interviewer may use a Dictaphone, a device to record sound, to capture the interview before transcribing it.	Careful phrasing: The desired length of the interview and the questions they are given to ask must be carefully phrased to get the best answers.
Limited planning: Unlike other methods, interviewing usually only requires the development of a set of questions or themes of discussion, which reduces the time and cost of development.	Complex analysis: This generally means that the analysis of the results of the data is more complex and takes a longer amount of time and effort to compare with other methods.
Extra cues: Unlike questionnaires, interviews provide information about body language and voice tone. This can be useful in interpreting the person's answers.	Effortful: Interviews are more effortful than questionnaires and require the interviewer being present and then a long period of analysis.

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Structured interview

Structured interviews use an ordered list of questions that have been predetermined and carried out. Using the same interview questions and in the same order, means they are repeated on other interviewees. The style is often fairly direct and objective, with clear boundaries between the interviewer and interviewee.

Example: Structured interview on smoking and quitting smoking

I: *Why did you first start smoking?*

P: I started when I was about 14 or 15 I guess. At that time a lot of my friends had already been smoking for a while, especially the older ones. I was never peer-pressured into it or anything, but one day when a friend offered I decided to accept. No real reason why that day was different from the rest, that smoking was quite a 'normal' part of my life at that time. Pretty much everyone was doing it, so I did too.

I: *Why do you continue to smoke?*

P: Hard to say really, habit I guess. It's part of my routine at the moment. I'll have two smoking breaks at work each day, light up if I'm waiting around at the bus stop or walking to somewhere. I like having something to do in those little empty spaces of time when you're not doing anything. I've never tried to quit before, never had a big enough reason.

I: *What positive experiences have you had with smoking?*

P: I enjoy the social aspect of it. Sometimes if I'm alone, or with people I don't really know and it's a bit awkward, I can start a conversation by asking if they have a light. It's nice to be able to talk to anyone when you're out there and it's nice to meet people... Also, sometimes it's just nice to have a break. Whether you're stressed from a work assignment, or just tired, or one of those really busy days, it can be nice just to take a step back and have a break.

I: *What negative experiences have you had with smoking?*

P: Um, well apart from smoking in the awful weather, or being out in the rain, I've been a couple times where I was ill and it didn't help. I've had a really bad cough once and every time I smoke it seems to set it off.

I: *Have you ever thought about quitting or tried to quit?*

P: I think every smoker probably 'thought' about it at some point, but no, I've never tried. I'm sure one day, I will. I've thought about it when I've seen my kids or something.

I: *What do you think would motivate you to quit?*

P: Um, lots of things probably. Like I say, if I had a child, I probably wouldn't want to smoke around them. I think I would if it when I see parents smoking into their kids' faces. I think the money would probably like cause me to stop or cut down. Cigarettes are expensive enough as it is, I know people who wouldn't be able to keep up their smoking habit if cigarettes were more expensive.

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1.3 Methodological issues: Inter-rater reliability
Inter-rater reliability is a subtype of external validity (as measures vary). Interviews are a form of qualitative research that is difficult to analyse.

One method is called content analysis, where responses are put into different themes and it is important that the researcher does not put their own ideas onto the findings. A solution is to have two people analyse the same interview. The responses should be similar to one another. If they are similar, then we can say they have high inter-rater reliability.

Evaluating structured interviews

Advantages	
Standardised: As all the questions are standardised and presented in a specific order, this allows for the exact replication of the interview to be carried out. Interviews that are exactly the same in format are easy to compare and draw conclusions on.	Inflexible: Structure and follow-up questions are gained from the interviewee's responses.
Desired information: Structured interviews get exactly the information they desire and reduce the amount of irrelevant information provided.	No true expressions: Interviewees are unable to get across their true feelings as they are asked fixed questions. Some aspects are neglected.
Reduced interviewer bias: As questions are fixed this reduces the risk of leading questions which may bias interviewees towards certain responses. Additionally, rapport is not developed between the interviewee and interviewer and this encourages interviewer objectivity.	Quality of questions: Questions for a structured interview need to be designed to get the maximum relevant information.
Generalisation possible: Given that the interview is standardised, the findings of a group of interviews may be generalised within the sample they were drawn from.	Does not develop rapport: As there is no rapport, it does not encourage honesty. An interviewee feels less empathetic towards the interviewer and may not give away details they would otherwise.



1.3 Methodological issues: Criterion validity
Criterion validity looks at how well a measure is related to a specific outcome. It is a subtype that considers if the measure is related to an existing similar measure.

A structured interview is easy to conduct and the questions are fixed. This allows the researcher to draw on and improve on the questions. This would allow the researcher to establish concurrent validity.

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Unstructured interview

An unstructured interview is similar to a purposeful conversation in that the interviewer asks questions spontaneously as the interview progresses. The interviewer may have a general topic but there is no strict order of questions. The tone may be chattier than a structured interview. The interviewer may try to develop a sense of rapport, an understanding relationship.

Example: Unstructured interview on health and attitudes to change

I: So I wanted to ask you first of all about what you means to be 'healthy'?

P: Um, well, I guess it's to do with not getting ill. If you are healthy then you are less likely to get sick, less likely to die from diseases in the long run. It's hard to be healthy.

I: OK, so being healthy is clearly beneficial. In what way do you think a person should try to be healthy?

P: Well, exercise and diet are the main ones everyone talks about. I say you should try to do half an hour of exercise and try to eat lots of fruits and vegetables every day. Also, smoking and drinking are not good for you. Sometimes healthy can mean giving up bad things.

I: So with your idea of healthiness in mind, how easy is it to be healthy?

P: Um, I think it's hard; I find it hard. Sometimes you just want a takeaway but you know you shouldn't. You had one a few days ago. After work it's difficult to convince yourself to exercise. It's too dark at night for jogging in the evening, so you head to the gym but your heart isn't in it; it's at home in front of the TV. Or to a pizza with extra cheese. [Laughs] It's hard. It's a good idea but hard.

I: Yes, sometimes life can make it difficult to fit in and healthy behaviours get pushed to the bottom of the pile. Can you think of any ways that might help you to your good intentions?

P: Well, I can only really think of one. My friend goes for a run at 6am on the dot every morning and she says that the routine really helps her. She knows that if it's raining she will convince herself to go. So having a routine might help; but I'm not so sure if it would work for me.

I: Why might it not work for you?

P: Well my schedule is really changing; I don't go to work at a fixed time and I've recently split from my partner and we share custody of our daughter... So I find my schedule is really different from one week to the next.

I: Have you thought about scheduling? Rather than doing it at the same time every day like your friend, could you schedule in exercise and meals on a week-to-week basis? So the week before, you might decide you go for a run at say 7am on Tuesday and go to the gym on Thursday and Saturday straight after work. Do you think that would work for you?

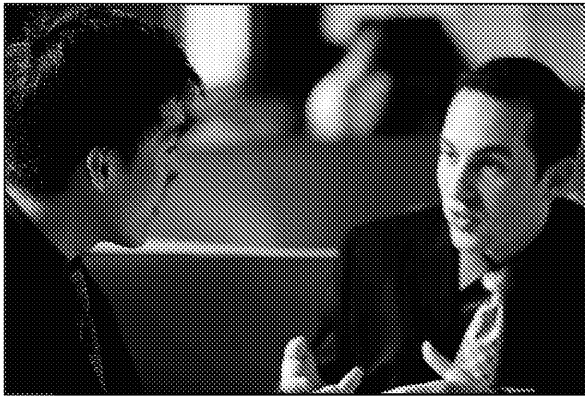
P: Err, yes that might work actually, with my schedule that might work.

I: Would you like to find out more about it?

P: Yeah, that would be great. Thanks.

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1.3 Methodological issues

Does the measure appear to have good face validity because it seems to measure what it is intended to measure? For example, Beck's Depression Inventory has good face validity because it seems to measure what it is intended to measure. Cognitive and this measure is subjective.

Unstructured interviews are used because the interviewer wants to know about. Skills are needed to keep the conversation on track.

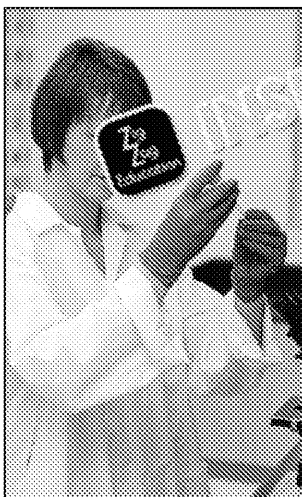
Evaluation of unstructured interviews

Advantages	Disadvantages
Rich and detailed information: Unstructured interviews create rich information and follow-up questions allow for the development of further information in a particular area of interest.	Cannot be replicated: Each interview is unique and as such it makes it more difficult to draw conclusions about trends.
Flexible: Interviewers are able to respond to the discussion as it develops and this allows them to go down avenues of conversation as they are discovered. This encourages viewing the bigger picture rather than discrete topics.	Needs trained interviewers: Unstructured interviews need a skilled interviewer. The best results come from a skilled interviewer and this requires training.
Relaxed and conversational style: The relaxed style of the interview encourages giving information and reduces worry that the interviewer might negatively evaluate them.	Difficult to generalise: Because each interview is different, it is difficult to generalise from one interview to another or to a population.
Avoids oversimplification: Many of the topics discussed using interviews are complex and cannot be simplified down to a few questions while maintaining accuracy. The unstructured interview allows for a more complete view of the topic.	Interviewer bias: Unstructured interviews are often carefully selected questions that predispose the response. Furthermore, the interviewer may be less objective than in a structured interview developed between the researcher and the participant.

Semi-structured interview

Most interviews use a combination approach (semi-structured) which allows for a mixture of fixed and unstructured types of interview technique. A semi-structured interview has a mixture of fixed and unstructured questions beginning with fixed questions and then using follow-up questions for further exploration.

This method is often used when diagnosing psychological disorders. For example, a clinician might use a series of routine questions and then ask for further details to better understand the problem.



1.6 Methodological issues: Objectivity

Researchers should practise objectivity; that is, the research that is not influenced by their own personal beliefs or biases. If research is not objective then this affects the validity of the findings. The findings may be the result of the researcher rather than the participants.

Qualitative research, such as interviews, is particularly subjective. Unlike quantitative research, where it is easier to ensure that the analysis has not been influenced by the researcher. One method of dealing with this issue is to conduct the same analysis and compare the findings. If the findings are then the analyses should be very similar.

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Research method: Correlation

Obtaining data for correlational analysis

Strictly speaking a correlation is not a type of research method, that is, it is not but a type of analysis or test that you can do on your research.

As such, you can actually obtain the data to conduct a correlation in many different ways, using different scores or measurements so that you can examine the relationship between them.

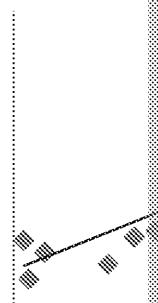
Here are some examples of ways you can obtain data that could be used for a correlation:

- A correlation between the number of times children raise their hands in class and their IQ score (teacher records)
- A correlation between self-rated happiness (questionnaire) and number of friends (personal data)
- A correlation between intelligence (self-report/measured) and attractiveness (peer ratings)
- A correlation between reaction times (computerised task) and number of awakenings (observed in a sleep study)



Positive correlation

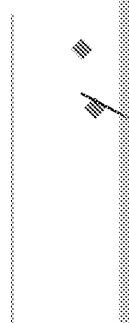
A positive correlation is a relationship where as one variable increases, the other variable also increases. For example, you might expect to find a positive correlation between height and shoe size, that is, a taller person is likely to have larger feet. A positive correlation is illustrated by a correlation coefficient of between 0 and +1. On a graph you can identify a positive correlation by looking for points that go from the bottom-left to the top-right corners.



Positive (+)

Negative correlation

A negative correlation is a relationship where as one variable increases, the other variable decreases. For example, if a woman likes spending her wages on new shoes, then you might find that as her collection of shoes increases, the money in her bank account decreases. A negative correlation is illustrated by a correlation coefficient of between 0 and -1. On a graph you can identify a negative correlation by looking for points that go from the top-left to the bottom-right corners.



Negative

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No correlation

Sometimes the data is completely random, that is, there is no relationship between the two variables.



In the example above, the points are widely distributed with no apparent order, indicating 'zero correlation'.

Evaluation of correlational analysis

Advantages	
Uncovers relationships: Correlations can be an excellent place to start researching a new area and identifying relationships. As evidence for the existence of a relationship between two variables, correlations can help promote later experimental research.	Not cause and effect: Correlation does not tell a researcher whether a change in one variable causes a change in another. It only shows an association between two variables. A third hidden variable could be causing the association between the variables.
High mundane realism: The raw data used in correlational analysis is usually produced in natural settings rather than experimental settings. Unlike an experiment, variables are highly relevant to real life.	Directionality: It can be difficult to determine the direction of the correlation. For example, if being nice to strangers is correlated with being happy, it is difficult to know if being nice makes you happy or being happy makes you nice to strangers.
Self-report: Much of the data used in correlational analysis comes from self-report techniques such as questionnaires. Using questionnaires can be advantageous as it allows the researcher to gather a large amount of data quickly and affordably. Compared to an experiment, a questionnaire is seen as being less intrusive and more comfortable than taking part in an experiment, so it may be easier to get data from a larger number of participants which improves generalisation.	Self-report: Self-report techniques have disadvantages. Unlike experiments, they have low levels of control over the variables. Participants are being asked to report on their own behavior, which may not be accurate. Questionnaires, while easy to administer, can be biased and the results may not be reliable.

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The difference between correlations and experiments

Correlations and experiments are different on a number of key matters:

- **Cause and effect:** Experiments are able to determine cause and effect variables that may influence the results. Experiments attempt to ensure exactly the same environment so that the only change is the change to the variable. In contrast, correlations do not directly manipulate the independent variables, which makes it impossible to infer cause and effect.

Important note! Experiments can rarely truly prove cause and effect variables that cannot be controlled and accounted for. This is even more so where it is not possible to control for the participant's history, personal factors. Therefore, experiments at best form 'causal relationships' rather than the cause.

- **Similarity to real life:** Experiments are typically conducted in artificial and operationally defined variables, which makes the setting dissimilar to real life. Correlations are typically produced from questionnaire data which asks questions relating to attitudes.

Chapter 1 Activities

Check your understanding! Correlations

- Q1. Define a perfect correlation. (1 mark)
- Q2. The correlation between happiness scores and anxiety scores has three points we can learn from this coefficient. (3 marks)
- Q3. Briefly describe one difference between correlations and experiments.
- Q4. The majority of correlational research is obtained from self-report. Explain one advantage of this. (3 marks)
- Q5. Discuss whether we can establish causation from a correlation.
- Q6. Identify and explain an advantage and a disadvantage of correlations.

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- Q8. A psychologist conducted a survey that investigated the relationship between age and how they view their health. The researcher produced the following results:



- What type of correlation is this? (1 mark)
- Circle any outliers. (1 mark)
- Does older age cause the person to perceive they have bad health? (1 mark)

Practice questions

A psychologist is interested in whether children are more likely to raise their hand if the teacher is female or if the teacher is male. The teachers introduce the psychologist to a class who is going to sit at the back and watch the lesson. The researcher tallies how many children raise their hand. She does this once in a class with a female teacher and once in a class with a male teacher. The results are compared.

- Outline what is meant by naturalistic observation. (2 marks)
 - Explain why the investigation into hand-raising is an example of naturalistic observation. (2 marks)
- The psychologist used overt observation to collect data. Describe how overt observation differs from covert observation. (2 marks)
- Describe one strength of using naturalistic observation in this study. (1 mark)
 - Describe one weakness of using naturalistic observation in this study. (1 mark)

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Chapter 2: Planning and conducting research

Overview

This chapter will provide essential information about planning and conducting research. Using this information you should be able to understand the strengths and weaknesses of specific design choices and use these to consider the best way research could be conducted.

Learning objectives

After studying this chapter you should be able to:

- ☐ Understand the strengths and weaknesses of different research methods
- ☐ Evaluate the strengths and weaknesses of different research methods

Key Terms

Alternative experimental hypothesis

A prediction on the outcome of the research

Behavioural categories

A recording that uses a behaviour checklist during an observation session

Closed questions

A question with a fixed response, e.g. 'yes', 'no', how a person can respond to the question

Coding frames

A pre-planned list of codes that a researcher uses systematically

Dependent variables (DV)

A variable which measures the presumed effect

Event sampling

A recording of how frequently an event occurs

Extraneous variables

Variables that may influence the behaviour (typically manipulation of IV) and so should be controlled

Independent measures design

Different participants take part in each condition

Independent variable (IV)

A variable that is manipulated by the experimenter to see if it has an effect

Likert scale

A type of closed question where a person responds on a continuum scale

Matched participants design

Each participant is matched to another participant on factors important for the study. Each participant with its pair acting as its control.

Null hypothesis

States there will be no effect

One-tailed (directional) hypothesis

A hypothesis that predicts the direction of the effect

Open question

A question that allows the person to respond with a qualitative description

Operationalisation

Precisely defining your variables so that a hypothesis can be tested

Opportunity sampling

A sampling method in which the sample is drawn at the time of the study and meets the required criteria

Population

The people who are relevant to your research

Random sampling

A sample that is drawn so that members of the population have an equal chance of being selected

Repeated measures design

The same participants take part in all of the conditions

Research aim

What the study intends to research

Research question

The question you are trying to answer with your research

Sample

The participants that have been selected to take part in the study

Sampling

The method of selecting participants from the population for your study

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Key Terms

Self-report	A research method that gathers data by asking questions on the topic of interest
Semantic differential rating scale	A type of closed question where participants rate towards a topic on a scale that has polar-opposite either end
Snowball sampling	A sampling method where the researcher recruits those participants nominate their associates
Time sampling	A recording that uses regular intervals and notes present or absent in a time frame
Two-tailed (non-directional) hypothesis	A hypothesis that predicts that there will be an effect in either direction of the effect
Volunteer/Self-selected sampling	Participants self-select; they choose to participate



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Aims and hypotheses and how to formulate them

Research aim

The aim is a statement about what the researcher intends to study in their research. The researcher is asking 'What am I trying to find out?'. For most research, it is a statement about the theory or effects rather than specific experimental method. The aim does not specify the study although it might remark that it is testing whether a certain theory or hypothesis. Different pieces of research could have the same experimental aim but use different methods.

Examples:

- Imagine we are Zimbardo about to conduct our Stanford prison experiment. Our research aim is to investigate the extent that our behaviour is determined by situational factors.
- Or Watson and Rayner about to conduct our Little Albert phobias study. Our research aim is to examine whether a phobia can be learnt through the behaviourist approach.

Research question

Your research question is the question you are trying to answer with your research. It is written as in the form of a question instead of a statement. Your question is not the answer to your study will not fully answer it.

Examples:

- What factors influence students to study harder during exam season?
- Is drug therapy an effective way of treating depression?

Null hypotheses

The null hypothesis states there will be no effect of the independent variable on the dependent variable. Alternatively, if you are conducting correlational research, that there will be no relationship between the two variables.

In psychology research, you try to disprove the null hypothesis. Disproving the null hypothesis means that there is an effect or relationship.

Examples:

- There will be no difference on measures of happiness between those who are married and those who are not.
- There will be no relationship between the amount of time slept and scores on a memory test.

Alternative/experimental hypotheses

A hypothesis (plural hypotheses) is a testable prediction about what the researcher expects to find in their study to be. The hypothesis is written in specific terms that relate to the experimental design.

Example:

- Imagine we are Asch about to conduct our line length conformity experiment. Our alternative hypothesis is that 'some participants will conform to the majority by giving the same incorrect answer when the correct answer being evident'.

1.6 How science works: Hypothesis testing

Hypothesis testing is important in scientific research. It involves the formulation of a hypothesis, designing experiments or studies, collecting data, and analysing the results. Researchers use hypothesis testing to determine if their findings are based on existing theories or observations, conduct controlled experiments, determine the significance of the results. By following this systematic process, researchers can draw conclusions, make evidence-based claims, and contribute to the advancement of knowledge. Hypothesis testing is a crucial tool in ensuring the validity and reliability of scientific research. It allows researchers to move forward and learn more about different subjects.

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1.6 How science works: Induction, deduction and the hypothetico-deductive method

There are two main methods of reasoning called deductive and inductive reasoning.

Deductive reasoning

You start out more generally by thinking up a theory and then you come up with observations to observe a situation to test your hypothesis.

Deductive reasoning is the type you might use if you are trying to solve a crime. You observe a potential suspect but you develop a theory about who it can be and narrow it down.

Inductive reasoning

In inductive reasoning you start with a specific observation and then you think about it and develop a hypothesis to explore it and finally you develop a more general theory.

Inductive reasoning might be like in a multiple-choice exam, the first four answers are A, B, D and E. You hypothesise that the correct one might also be a C.

Note: This would be flawed reasoning in this example because there is no C! It would be a C!

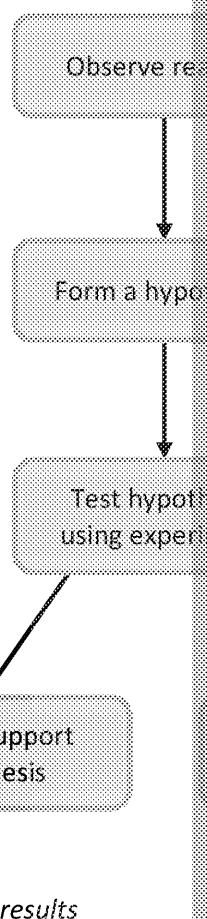
Hypothetico-deductive method

When people refer to the scientific method they are referring to the hypothetico-deductive method.

The hypothetico-deductive method argues that theories should be developed first, followed by experiments and then the theory is refined.

The hypothetico-deductive method uses both inductive and deductive reasoning:

- Inductive reasoning to form an explanation for the observations
- Deductive reasoning to predict what will happen if the explanation is right
- Deductive reasoning to choose a test that can investigate the prediction

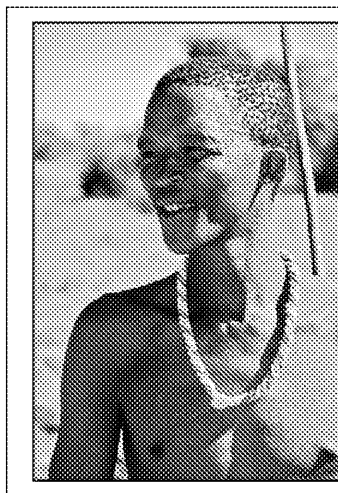


Why Freud is not very scientific!

Freud studied Little Hans and believed the boy was affected by the Oedipus complex. His work for the Oedipus complex was done before Freud met Little Hans (or he was adjusting his theory in light of the evidence he saw, Freud interpreted Little Hans in terms of his existing theory. Freud never made any attempt to find out if his theories were supported by his observations in terms of the theory.

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1.6 How science works: Falsification

To falsify a theory would be to prove that it is incorrect. An important principle in science. Any hypothesis must be falsifiable; that is, it must be able to be tested. To say that every theory must be incorrect, it is not a test of its correctness.

Some psychological theories cannot be falsified. Theories that argue that our behaviour is adapted from evolutionary ancestors are not falsifiable. This is because we do not have accurate information about our evolutionary past. Evolutionary theories often study our current behaviour, but this evidence still does not allow us to falsify them.

One-tailed (directional) and two-tailed (non-directional) hypotheses

Hypotheses can either be one-tailed/directional or two-tailed/non-directional. A one-tailed hypothesis states the direction of the effect, whereas a two-tailed hypothesis states that there will be an effect.

Example 1: Imagine you are conducting a study that examines the effect of time constraints on task accuracy. Participants are divided into two groups and both are given the same task. One group is told that they have five minutes to complete the task and the other group is told that they have ten minutes. Prior to the study, the researchers had another group of participants to complete the task on average it took no longer than three minutes to complete. Thus, the time limit is due to time constraints.

You could make two types of hypothesis:

- **One-tailed/Directional:** 'Individuals who are told that there is a five-minute time limit will have higher scores than those who have no time limit.'
- **Two-tailed/Non-directional:** 'There will be a difference in scores between the five-minute time limit and those who are not told of any time limit.'

Example 2: Imagine you are conducting a study which compares the treatment of individuals. One group receives the same dose of drug Paxil for 12 weeks and the other group receives cognitive behavioural therapy (CBT). You are interested in the reduction of symptoms of depression as measured by the Beck Depression Inventory (BDI).

You could make two types of hypothesis:

- **One-tailed/Directional:** 'Cognitive behavioural therapy will produce a greater reduction in symptoms of depression than Paxil as measured by BDI scores'
- **Two-tailed/Non-directional:** 'There will be a difference between symptoms of depression between cognitive behavioural therapy and Paxil'

When to use one-tailed (directional) hypotheses

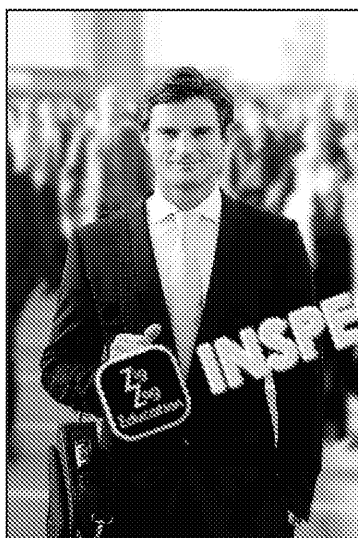
A researcher will use a one-tailed hypothesis when they have evidence that supports a specific direction of effect. For example, if previous research has suggested that cognitive behavioural therapy is more effective than Paxil, you might use the directional hypothesis that suggests that CBT will be more effective than Paxil. The evidence can also be less specific, for example, that drug-based treatments are not as effective as cognitive treatments, or that the symptoms of depression are mostly cognitive. Thus, evidence can be used to support a one-tailed hypothesis.

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Populations, Samples and Sampling Techniques

A population is all the people who your study is relevant to. A sample is a group selected from the population to be participants in your study. A sample needs to be representative of the entire population from which it is drawn. A sample can suffer from sample bias.



1.3 Methodological issues: Representativeness

When selecting your sample you need to make sure it is representative of the population you are interested in. If it is representative, your findings will be able to generalise your findings to the whole population.

For example, if you are interested in studying male students to take part. However, does this represent your research question, your sample would be biased by gender, races, socio-economic classes and so on. If you only select men aged 19–20 then you will only be able to generalise your findings to that group.

One of the best ways of ensuring a representative sample is random sampling. This type of sampling means that all members of the population have an equal chance of being selected.

Random sampling

A random sample is drawn so that members of the population have the same chance of being selected. One person being more likely to be picked than another. The idea is that each member of the sample is therefore representative of the population.

For example, if you are interested in all the students who are doing A Levels at a school, you could list all the students who meet this criterion and put all of the names in a hat and pick a random sample.

Advantages	Disadvantages
<ul style="list-style-type: none"> Sample is representative of your entire population Removes bias as all participants have an equal chance of being selected 	<ul style="list-style-type: none"> Usually the population is large making random sampling to be conducted difficult Not everyone may agree to take part, those that refuse may be different from those that accept, making the sample biased

Snowball sampling

In snowball sampling, you recruit one or more participants and your participants recruit further participants from their connections to take part in your study. This is useful when studying groups who are difficult to recruit or part of an exclusive group.

Advantages	Disadvantages
<ul style="list-style-type: none"> Useful for recruiting difficult to recruit populations and accessing participants who may not have identified themselves Low-cost method of sampling as participants help to recruit new participants 	<ul style="list-style-type: none"> Participants may be recruited from a small group of other potential participants, making the sample biased Sampling is not random, so participants are unlikely to be representative of the population

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Opportunity sampling

An opportunity sample is a sample drawn from whoever is available at the time and who meets the required criteria for participation (for instance, they must be female or speak English).

For example, you might ask your friends and family to participate in a questionnaire.

Advantages	Disadvantages
<ul style="list-style-type: none"> • These participants are easy to recruit • Suitable for processes that are thought to be universal, for example, attention, memory, etc. 	<ul style="list-style-type: none"> • Often results in quite a limited sample • The sample is likely to be biased. For example, if you ask people on the street on a Tuesday morning, you will not include young people who may be at work during this time.

Volunteer/Self-selection sampling

In a volunteer sample, participants choose to respond to an invitation or advertisement. For example, they might see an advert for a study on the internet and decide to take part.

For example, people might respond to an advert they have seen online for a study on the effects of stress.

Advantages	Disadvantages
<ul style="list-style-type: none"> • Usually allows for a wider sample than opportunity sampling • Fairly suitable for many investigations where people are unlikely to differ significantly from the whole population 	<ul style="list-style-type: none"> • Likely to be biased, as those who see the advert are more likely to respond than those who do not respond to an invitation. For example, if you used an opportunity sample of those who see an advertisement for a 'love quiz', those who see the 'love quiz' may be more likely to have a positive outlook on romantic relationships. • Sample is restricted to those who have seen the advert for the study

1.3 Methodological issues: Population validity

Population validity is a type of **external validity** that is concerned with whether the findings can be generalised to other people than the research sample.

All research aims to be generalised to the population they are interested in studying, but sometimes unique qualities of the sample mean that the findings are not applicable to the same population. **Sample bias** leads to higher **internal validity**.



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Experimental designs

Repeated measures design

In a repeated measures experiment all participants take part in all of the conditions. The most common type of repeated measures is a pre- and post-test comparison. In this comparison, results are measured before an intervention and measurements conducted afterwards.

Advantages	
Fewer participants: If there are only two conditions, a repeated measures design would require half the number of participants as an independent groups design. Reducing the number of participants saves time spent on recruitment and may be more economical in terms of time and money for participants.	Order effects: Order effects can alter how participants perform in subsequent conditions. A person might perform better afterwards might improve if they have already completed the task or worse if they are bored or fatigued by the same thing again.
No individual differences: In repeated measures, each participant acts as their own control as they compare their results to their own results. There are no individual differences, which may make repeated measures a more accurate method of research.	Materials need to be designed: When conducting a before and after experiment, the materials need to be designed in terms of difficulty and consistency so they can be compared for a difference.

Independent measures design

In the independent measures design each participant only takes part in one of the conditions.

Advantages	
No order effects: As participants only take part in one condition the effects of previous conditions cannot carry over and affect results in other conditions.	Individual differences: As participants are different, individual differences may be unevenly distributed across the conditions and may not be appropriate for comparison.
Sometimes only option: In some cases, particularly naturally occurring independent variables, a participant cannot be part of more than one condition. For example, in the cases of gender and age, the participant cannot be both male and female.	More participants: As each participant only takes part in one condition, more participants are required. This can be costly in terms of time and money as the participants are not reusable.

Matched participants design

A matched participants design involves having separate participants in each condition. The participants are matched for being similar to each other. Important factors to the experiment (such as age, gender, IQ, personality, etc.) and each participant is matched to another participant that is similar to them.

Advantages	
No order effects: Individuals do not take part in both conditions which means the effect from one condition does not carry over to the next.	Difficult to match: It can be difficult to find participants that are identical or very similar. It is impossible to match participants that are identified by unique characteristics. It is difficult to match participants who are similar in all relevant ways.
Similar participants (individual differences): In each pair, the participants act as controls for one another. The results from one participant are compared to someone who has few differences, allowing the researcher to avoid practice effects.	Not always all factors are controlled: It is difficult to identify all factors that are important to the experiment. Some factors may be identified until after the experiment has been completed and have been ignored.

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Variables and how they are operationalised

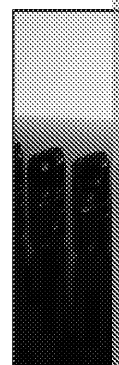
Independent and dependent variables

In an experimental design, a hypothesis is typically defined in terms of the independent variable (IV) and the dependent variable (DV).

- The independent variable (IV) is the variable that you alter or manipulate to see if it produces a change in the dependent variable.
- The dependent variable (DV) is the variable which measures the change in the dependent variable.

1.6 How science works: Manipulation of variables

A key aspect of experimental designs is the manipulation of an independent variable to see if it produces an effect on the dependent variable. Other types of study, such as correlational research, do not manipulate the independent variable because it is not being manipulated. Manipulation of the independent variable is essential if the researcher wishes to establish that the change in the independent variable caused the change in the dependent variable.



Example: Imagine you are interested in conducting a study into whether coffee affects reaction times on a computerised test. You divide your participants into two groups: Coffee and No Coffee.

- The independent variable (IV): Coffee or no coffee
- The dependent variable (DV): Average reaction time scores on the computerised test

Levels of IV

The levels of the independent variable are to do with how many different conditions there are. In the example above there are two conditions: Coffee and no coffee. We have one independent variable with two levels.

Some experiments have more than one independent variable, for example, we could have a study on the effect of coffee and gender on reaction times. Gender is another independent variable, which has two levels: Male and female. Now we have two independent variables with two levels each: Coffee, no coffee, male and female.

1.6 How science works: Quantifiable measurements

When research is conducted, the researcher needs to be able to quantify the effects of the independent variable on the dependent variable. This is often done by using a scale or a rating system.

For example, a group of researchers are studying fear and have their participants watch part of a horror movie. Afterwards, the participants all agree that they were scared. However, this information is not very useful to the researchers. Fear could instead be measured quantifiably by measuring the participants' heart rates during the movie compared to their baseline levels. From this information, the researcher can more accurately measure the effect of different scenes of the movie on the participants' fear levels.



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Operationalisation

Operationalisation involves very precisely defining your independent and dependent variables so that their effects can be accurately measured.

For example, in this experiment, participants in the coffee condition may be required to drink a cup of coffee (caffeine 150 mg) 10 minutes before the study.

The DV also needs to be operationalised; this could be measured as the reaction time to a stimulus.

Control of extraneous variables

Extraneous variables are extra variables that may have an effect on the DV in a study. Extraneous variables should be controlled so that they do not affect the DV. Extraneous variables are identifiable and can be controlled by exposing all participants to the same conditions. In the ideal experiment, the only thing that differs between the conditions is the IV.

Example: A study investigated whether age affects attention. They split participants into two groups: those who are aged 20 to 30 and those who are aged 50 to 60, and both groups performed a task. The results showed that younger participants performed better, suggesting there was a relationship between age and attention. What they failed to mention was that when the 20 to 30 group performed their task, it was noticeably colder. Cooler temperatures are associated with improved concentration, which contributed to the results. This extraneous variable could be controlled for by ensuring all participants complete the task at the same temperature.

1.6 How science works: Control and standardisation

In laboratory designs, extraneous variables are controlled so that they do not affect the DV. This is important because the change in the DV may not be due to the IV. In addition, the precise situation of the experiment is standardised so that every participant experiences the same situation. If participants experience different situations then their differences in behaviour may be due to the situation instead of the IV. By doing this, researchers can try to establish cause and effect.

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Designing observations

Task 2.1: Observe and record!

For the next three minutes observe your teacher or a classmate and write down your observations. Try to give an accurate report of what they are doing in the next three minutes.

How did it go?

Reflect on:

- What sort of method did you use?
- How did you decide what to record and what to ignore?
- Do you think you missed anything?
- How could this method be improved?

You could also do this at the same time as a friend and compare your observations.

Behavioural categories

In the behavioural categories approach researchers decide on which behaviours to observe during an observation session and form a behavioural checklist of these behaviours. The researcher forms the list itself as it involves operationalising the behaviour (strictly defining what is included). The list should be formed so that:

- It covers the entire range of possible behaviours that could occur during the observation session.
- Only one category needs to be recorded each time; for example, 'violence' and 'punching' which would need to be altered so that they are mutually exclusive.
- It focuses only on observable behaviour and not possible motivations.

Coding frames

Coding frames can aid you when you are recording your observations. To make this easier, researchers determine codes for certain behaviours. The codes should aim to cover the entire range of possible behaviours.

For example, if observing a class you might have the following coding frames:

- TT – teacher talking
- CDIS – class discussion
- AQ – asking questions
- ANSQ – answering questions
- RD – reading
- WT – writing

Note: You can also use symbols instead of abbreviations.

Coding frames can be used with other designs and make it easier to record information in a table where the researcher ticks a box for each category.

Time sampling

In time sampling, time is divided up into regular intervals and the researcher records whether a behaviour occurs in a specific time frame. It is typically simply recorded whether the behaviour occurs or not during the time. This method is not suitable for infrequent behaviours as they may not occur during the time frame.

For example, a teacher of special needs children has noticed that one of her students has assigned them to do. She asks a researcher to come in and observe the child to find out on the extent of this problem. The researcher decides to have a 30-second interval every 5 minutes, during which the researcher records whether the behaviour of the student occurs. The researcher found that at nearly every interval the student was performing off-task.

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Event sampling

In event sampling, the focus is on how many times a particular behaviour (or event) occurs. It is suitable for both frequent and infrequent behaviour, but the difficulty lies in defining the events by deciding where one event ends and the next begins. Additional data such as the length or intensity of the event which provides additional information.

For example, it has been reported that Little Jimmy shows the undesirable behaviour of running on the playground. The researchers are interested in if this behaviour will be altered after an intervention designed to target this behaviour. They decide to use event sampling to record the behaviour if it changes. They observe him playing in the playground one morning and compare this to another child. After the intervention, they repeat the process and find that the behaviour has changed and judge the intervention to be effective.



1.2.1 Ethical and biological issues: Researcher/observer effect
A common problem with observing someone overtly is the observer effect. This occurs when the behaviour being observed changes because they know they are being observed. This is known as the observer effect.

In the example above, if Little Jimmy is aware that the researcher is watching, he may change his behaviour. Due to the intervention designed to target the behaviour that the behaviour is undesirable and, therefore, he may change his behaviour. However, when the researcher is not watching, he may revert back to his old behaviour.

This same effect can happen in experiments: when the researcher alters behaviour (consciously or unconsciously). This is known as the observer effect.

Designing self-reports

Open questions

Open questions allow the responder to provide their own answer to a question.

Examples on the topics of gender and stereotypes:

- *Why do you think that men and women often do different types of jobs?*
- *What can be done to encourage young women to pursue careers in 'male' disciplines such as science?*
- *What would you think of a male nurse?*
- *What do you know about feminism?*

This last question tests the knowledge of the responders. Open questions can be beneficial in these cases as it reduces the risk of correctly guessing the answer. You can also ask closed questions regarding quantities.

For example, *'How many times do you exercise during a week?'*

This could have various answers such as:

- 'Three to four times a week'
- 'It depends on my work schedule, usually about twice a week'
- 'I alternate weeks, one week I'll exercise 4–5 times a week and other weeks I won't exercise at all'

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These can often be more valid than categories for measuring quantities as they allow the respondent to choose the category the behaviour should go in.

Advantages	Disadvantages
Provides rich detail: Open questions provide large amounts of detailed information, allowing researchers to gain an accurate picture of a person's experience.	Time-consuming and effortful: Responders may be put off by questions they are not expected to provide and this may result in fewer or incomplete responses.
Reflects accurate opinions: The responder replies with what they truly want to say about a particular topic rather than predetermined responses.	Difficult and time-consuming to analyse: It is difficult to compare answers or to get an overall picture of qualitative data.
Can identify areas for further investigation: One question can bring to light feelings that would be otherwise unidentifiable.	Requires interpretation: The researcher must interpret the answers and not just the interpretation. For example, a person may live a healthy lifestyle and have a healthy weight, but they may have unhealthy behaviours and a high BMI.

Closed questions

Closed questions involve the responder choosing from a fixed set of answers. Examples include 'yes'/'no' questions, fixed categories such as ages 18–25, or scale responses.

Rating scales

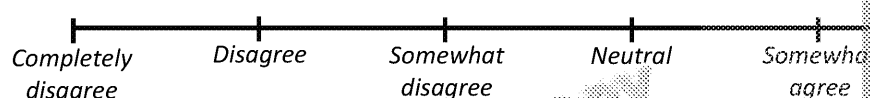
Rating scales are a type of closed question that are typically used to investigate attitudes. Rating scales usually go from one extreme (e.g. strongly disagree) to the other (e.g. strongly agree). Each point on the scale is scored; for example, the 'strongly disagree' might receive a score of 1 and 'strongly agree' might receive a score of 5. This allows the researcher to produce quantitative data.

Likert rating scale

Closed questions often employ the use of Likert scales; the responder is shown a statement and asked to indicate which of the identified points best match their attitude.

For example:

To what extent do you agree that happiness is determined by the individual themselves?



In order for scales to be effective, they must cover the whole possible range of responses that participants may have. For example, if they had been given an open question, they might have said 'I am very happy'.

There is debate on how many points are optimum on a Likert scale. There is a trade-off between length and reliability. Scales ranging from just two points, indicating just positive or negative attitudes, to a large number of points allows a finer distinction and may more closely match a respondent's attitude. However, too many divisions may reduce clarity and agreement on what each point really means. Smith (2010) reviewed available studies and concluded that a seven-point Likert scale is the most common, after which distinctions become more difficult.

There is a further debate on whether there should be a middle or 'neutral' point on a scale. For example, in the scale above. These middle points allow responders to choose an option that is neither positive nor negative attitude.

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The problem with neutral points is that they may encourage responders to choose a neutral point (they are not motivated to respond accurately or when they want to avoid a negative bias). This will result in inaccurate information as the data provided will not represent the contrasting side, forcing someone who truly has a 'neutral' to choose a positive or negative point, leading to inaccuracies. O'Muircheartaigh et al. (1999) concluded that a midpoint was not reliable because would-be neutral responders did not randomly choose a side.

Semantic differential rating scale

Many words have particular connotations to them which are not part of their literal meaning.



Loyal and obedient



Difficult and boring



Innocent

There are also differences between whether the connotation is positive or negative. For example: 'a stingy person' has a negative connotation but 'a thrifty person' has a positive connotation.

In the semantic differential rating scale, the participant rates their attitude towards a word or phrase using two opposite adjectives. For example, the opposite of 'cheap' is 'expensive' and the opposite of 'strong' is 'weak'. In this rating system, the participant is applying their own connotations to the word or phrase. The researcher is interested in whether the connotations are positive or negative.

The developers of this rating system, Osgood et al. (1957), found that if you examine the connotations of a word, there were three different factors:

- Evaluation: Connotations about worth or value
 - Interesting – boring
 - Enjoyable – unenjoyable
 - Useful – useless
- Potency: Connotations about strength or power
 - Strong – weak
 - Masculine – feminine
 - Decisive – indecisive
- Activity: Connotations about movement, energy and actions
 - Active – passive
 - Excitable – calm
 - Fast – slow

The scale is usually written up as below:

Instructions: Tick the appropriate space below.

Interesting _____:_____✓_____:_____:_____ Boring

Enjoyable _____:_____:_____:_____:_____:_____ Unenjoyable

To analyse, each space is given a number. The first space is given a 1, the second a 2, and so on. The final score is calculated by averaging the numbers. A high score indicates a negative connotation.

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1.3 Methodological issues: Ethical considerations

The British Psychological Society (BPS) is an organisation that acts to represent within the UK. One of its primary concerns is to promote that research is conducted in an acceptable manner. The BPS published a 'Code of Ethics and Conduct' in 2009, which states how research should be conducted. They identified four ethical principles that psychologists should follow.

1. **Respect** – psychologists should respect others' dignity and rights (including the right to privacy)
2. **Competence** – psychologists should be aware of ethical guidelines and standards and make good decision-making; they should acknowledge the boundaries of their ability
3. **Responsibility** – psychologists have a responsibility towards their clients, the public, the psychology profession and to public perception
4. **Integrity** – psychologists should be honest with clients and within their research; they should represent themselves in terms of experience and qualifications)

Ethical issues

Some of the main ethical issues have been identified below:

Deception: Deception occurs when a participant has been misled about what the researchers are really investigating. The most common reason for deception is that participants would change their behaviour if they knew what was being studied, which makes it difficult to accurately study their behaviour.

Debriefing: Debriefing refers to the process of providing participants with information about the purpose and results of the study after their participation. It promotes transparency, autonomy, and safeguards their well-being. Failing to debrief can lead to participants feeling misled and undermines trust in the research process.

Protection from harm: Participants should be protected from experiencing psychological or physical harm that lasts beyond the confines of the study. Psychologists should take suitable precautions to prevent harm and provide follow-up care if they believe harm may have been caused.

Right to withdraw: Participants should be offered the right to leave the study at any time without penalty. Their findings should be removed from the results.

Informed consent: Participants should agree to participate in the study while understanding the important components. In studies that use deception but still have participants, researchers must only collect 'consent' rather than informed consent.

Confidentiality: It is important for participants' results to remain anonymous, especially if the study involves sensitive or unique nature. Failure to do so affects an individual's right to privacy.

A few thoughts on ethics...

Ethical issues are not always straightforward, which is why the BPS published its code of ethics to guide psychologists to conduct studies. The psychologist is often faced with a choice between the needs of the researcher, and the best way to conduct the study for the participants. The code of ethics aims to ensure that the behaviour of the researcher is most likely to be changed if obviously observed. Participants should not feel most distressing to be deceived about.

These days, before studies are conducted they are usually reviewed by an ethics committee, which may make suggestions for improvements before a study can be carried out. This was not the case when research was conducted before there was a formalised procedure for ethical approval.

It is also worth bearing in mind that now we have a much deeper understanding of the effects of research on a person and how long-lasting these effects can be, and this was not always the case in the early days of psychology.

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1.3 Methodological issues: Ethical considerations

In this table, we consider how we can overcome and prevent ethical issues in research.

Ethical issue	Design and conduct in psychological studies	Dealing with ethical issues
Deception	Deception is frequently a requirement when the participants may act differently if they know exactly what is being studied. Participants may agree to take part in the research without knowing what is really being studied or may not be aware of the research at all.	If possible, the true nature of the study should be explained to the participant then carefully debriefed. Deception is only justified if by finding out the truth researchers can have the best interests of the participant in mind.
Debriefing	Debriefing should be planned in advance as an integral part of the study design. The debriefing session should explain the nature and purpose of the study and provide a clear overview of the objectives, hypotheses and procedures. It should allow participants' concerns to be addressed and offer support to participants. This process should be documented, including what was discussed.	Priority should be given to ensuring that participants give their consent to enter the study. A thorough understanding of the study should be provided before they enter the study. If concerns arise, researchers should show empathy and understanding of the participant's concerns and offer support. Reassurance should be given and actions should be taken to ensure the study meets ethical standards.
Protection from harm	It cannot always be accurately predicted how people will react to the experimental conditions. For example, no one predicted that such a large majority would show extreme obedience behaviours in Milgram's shock experiment. However, in most cases it is clear which studies may cause harm to an individual.	If the study is likely to cause harm, it should be avoided. If it is clear that the study will cause distress to the participant, the researcher should ensure that the participant is aware of the potential harm and that the study should be conducted in a way that minimises the risk of harm.
Right to withdraw	Before the study the participant should be informed that they have the right to leave the study at any point. Participants also have the right to withdraw their data from the researcher's findings. Although told that they have the right to withdraw, participants often 'forget' this during the actual study. Additionally, although a paid study may encourage participant sign-ups, it may lead to the feeling that they are obligated to continue the study.	If the study is likely to cause harm, it should be avoided. If it is clear that the study will cause distress to the participant, the researcher should ensure that the participant is aware of the potential harm and that the study should be conducted in a way that minimises the risk of harm.
Informed consent	Before the study begins, participants should be provided with detailed information about the study's nature and purpose to participate (informed consent). In cases where deception is used, participants should give their consent rather than informed consent as participants do not know exactly what they are agreeing to participate in.	Not all individuals can give informed consent as they may not understand what is happening. For example, a child may not understand the nature of the study or the risks involved. In such cases, the researcher should ensure that the study is conducted in a way that minimises the risk of harm and that the participant is aware of the potential harm.
Confidentiality	Researchers should take measures to ensure that the identity of the participant is not detectable from the findings. This becomes highly important if the nature of the study is sensitive.	This typically involves using pseudonyms and storing data in a secure location. The researcher should ensure that the data is stored in a secure location and that the participant's identity is not disclosed to anyone who is not involved in the study.

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Chapter 2 Activities

Check your understanding!

- Q1. What might be wrong with the question 'Did being treated that way make you angry?' Reword the question so that this problem is no longer an issue.
- Q2. Identify and explain one advantage of using a Likert scale. (3 marks)
- Q3. Identify three differences between closed and open questions. (3 marks)
- Q4. Identify three differences between structured and unstructured interviews. (3 marks)
- Q5. Write a closed question and then reword it as an open question. (2 marks)
- Q6. Identify and explain two factors that should be considered when choosing a research method. (4 marks)
- Q7. Identify and explain two limitations of structured interviews. (6 marks)
- Q8. Identify and explain two strengths of the questionnaire technique. (4 marks)

Practice questions

Consider the scenario below:

A researcher was interested in the relationship between fruit and vegetable consumption and attitudes towards exercise. He used a correlational analysis to investigate a sample of 15 adult participants.

Each participant completed a fruit and vegetable diary for a week in which they recorded the different fruits and vegetables they ate during each day. The total number of servings of each produce a score on fruit and vegetable consumption.

Participants' attitudes to exercise were assessed through a questionnaire. Attitudes towards exercise were assessed on a five point Likert scale from Disagree (1) to Strongly Agree (5). Their answers were added together to give a total score for attitudes to exercise. A higher score indicated a more positive attitude towards exercise.

- Q1. The researcher's hypothesis predicted a significant positive correlation between fruit and vegetable consumption and attitudes towards exercise. Explain what the researcher was expecting his results to show. (2 marks)
- Q2. Write a Likert scale question that could have been used to assess attitudes towards exercise. (1 mark)
- Q3. a) Describe one strength of using a questionnaire to study attitudes towards exercise. (2 marks)
- b) Describe one weakness of using a questionnaire to study attitudes towards exercise. (2 marks)

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Chapter 3: Data recording, analysis and

Overview

In this chapter we will learn about different types of data and the ways in which we can use them. We will also look at descriptive and inferential statistics which are carried out after the study is complete to learn more about your findings. Finally, we will consider methodological issues that need to be considered when designing and evaluating research.

Learning outcomes

After studying this chapter you should be able to:

- ☐ Understand and use nominal data
- ☐ Understand and use ordinal data
- ☐ Know the criteria for choosing a test to understand the use of statistical tests
- ☐ Identify relevant methods to evaluate research design

Key Terms

Bar charts	A way of representing frequency information per category
Correlation coefficient	A number that describes the strength and direction of a relationship
Critical value	The observed value is compared with this value to determine if the results are significant
Descriptive statistics	Numerical ways of describing the data by identifying measures of central tendency and dispersion
Fractions	A way of displaying numbers which are not whole numbers
Histograms	A graph that shows frequency data that has been grouped into intervals
Inferential statistics	Statistics that can be used to make inferences about a population
Interval data	Equally spaced data
Line graph	A graph used to show trends, especially across time
Mean	An average that is calculated by adding together all the values and dividing by the number of values there are. This measure is sensitive to outliers
Measures of central tendency	Measures that aim to find the central value of a distribution
Median	An average that is calculated by ordering the data and finding the middle value
Meta-analysis	A type of secondary data, where information from multiple studies is brought together to find out what the overall results are
Mode	An average that is calculated by ordering the data and finding the value that occurs most often
Negative correlation	As one variable increases, the other variable decreases
Nominal data	Categorical type data
Non-parametric test	A less powerful inferential test which is used when the assumptions required for a parametric test are not met
Normal distribution	A bell-shaped curve where the peak is the mean and the data is spread out on either side of the peak
Observed value	The output of an inferential statistical test
Ordinal data	Ordered or ranked data that may not have equal intervals between sequences
Parametric test	An inferential test that should only be used when the assumptions are met
Percentages	A number that compares an amount to the total

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Key Terms

Pie chart	A visual method of presenting frequency data that can be easily compared to the whole
Positive correlation	As one variable increases, the other variable also increases
Primary data	Data that is collected by the researchers to answer their research question
Qualitative data	Data of a more in-depth nature which provides a detailed description to analyse
Quantitative data	Data of a numerical nature which can be easily compared
Range	A measure of spread that is calculated by subtracting the least value from the greatest value
Ratio	A way of presenting the data so that it shows the relationship between two variables
Scatter diagram	A graph that shows correlational data where the relationship between two variables is plotted
Secondary data	Data that is created from looking at primary data
Significant figures	A way of rounding a number so that only a certain number of digits are present
Skewed distribution	A bell-shaped curve that is skewed towards one side of the mean
Standard deviation	A measure of spread that uses every point of data
Standard form	An alternative way of writing very large or very small numbers
Tables	A way of easily organising data using columns and rows
Tally chart	A type of frequency table in which the frequency of each category is represented by tally marks
Type I error	When we reject the null hypothesis when we should not
Type II error	When we accept the null hypothesis when we should not
Variance	A measure of dispersion that looks at how spread out the data is
Zero correlation	Points are dispersed randomly and there is no relationship between the variables

Symbols

Throughout this chapter you may come across certain mathematical symbols. Don't forget what they mean.

- = the two numbers are **equivalent** to each other
- < one number is **less than** the other
- << one number is **much less than** the other
- >> one number is **much greater than** the other
- > one number is **greater than** the other
- \propto one number is **proportional** to the other
- \sim one number is **approximately equivalent** to the other

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Raw data

Raw data are the results that have been collected from the participants. Depending on the study, raw data could look quite different. For example, they might be scores on a test, frequency of a behaviour, or a transcript of an interview. Raw data has not yet had any analysis applied to it.

Designing and using raw data recording tables

Researchers often collate their data into one place, usually a table, before analysing it. Collating data into a table makes it easier to access the information the researcher needs and to present the study's findings.

The data collection table will look different depending on the design of the study.

The table below might be appropriate for a correlational study investigating the relationship between reading and writing ability.

Participant number	Reading score	Writing score
1		
2		
3		
4		
5		

The table below could be used for a laboratory experiment, which uses an independent groups design to investigate the effects of caffeine on concentration.

Control condition No caffeine		Experimental condition 100 mg of caffeine	
Participant number	Concentration score	Participant number	Concentration score
1		6	
2		7	
3		8	
4		9	
5		10	

Or, this table might be appropriate for a questionnaire study:

Participant number	Gender	Age	Q1	Q2	Q3
1					
2					
3					
4					
5					

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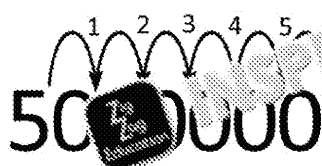
Standard form

Standard form is a different way of writing very big or very small numbers. It is used when you want to write a number that has lots of zeros at the beginning or the end.

Writing large numbers in standard form

1. Start by identifying the first digit at the beginning of your number (this is the first non-zero digit) and placing a decimal point after this number.
2. Now using your finger or tip of your pen, go from this point and count the places to the right until you reach the end of your number.
3. Write the first digit and the decimal point, then follow it with all the other digits. If there are any zeros at the end – you should forget those.
4. Then write a 'x' sign and $10^{\text{number from step 2}}$

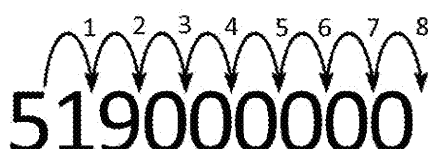
Example 1: Write 5,000,000 in standard form.



$$5,000,000 = 5 \times 10^6$$

Start after 5 and count the number of places to the right. Six places to the right so 5×10^6

Example 2: Write 519,000,000 in standard form



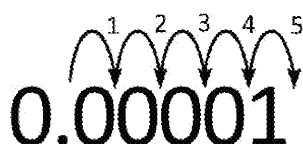
$$519,000,000 = 5.19 \times 10^8$$

Start after 5 and count the number of places to the right. Eight places to the right so 5.19×10^8

Writing very small numbers in standard form

1. Start at the decimal point. You want to count how many times you can move the decimal point to the right until after the first non-zero digit. Remember how many times.
2. Write the first non-zero digit and put a decimal point after it. Then write the other digits. If there are any zeros at the very end then knock them off.
3. Then write a 'x' sign and $10^{-\text{number from step 1}}$

Example 1: Convert 0.00001 into standard form



$$0.00001 = 1 \times 10^{-5}$$

Start at the decimal point and count the number of places to the right until after the first non-zero digit. Five places to the right so 1×10^{-5} .

Example 2: Convert 0.000635 into standard form



$$0.000635 = 6.35 \times 10^{-4}$$

Start at the decimal point and count the number of places to the right until after the first non-zero digit. Four places to the right so 6.35×10^{-4} .

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Decimal form

Decimal form is a more typical way of writing numbers that are a mixture of whole and decimal parts. A common use of decimals in real life is when using money.

Decimals are also used in psychology, for example, we might have a response time score of 36.59.

You can learn more about what a decimal means if you think about its place value.

Tens	Units	.	Tenths (1/10)	Hundredths (1/100)
3	6	.	5	9
30	6	.	5	9

So the number 0.5 is worth $\frac{5}{10}$, or $\frac{1}{2}$, or cancel it down. So 0.5 is worth one half.

Significant figures

Decimal numbers can sometimes be very long and so we round them so that they are easier to work with.

Rounding a number to a certain number of significant figures is a way of changing a number to be less precise but also easier to work with. There are often times when we do not need a very precise number (for example, 24.28194) and can get our point across using a less accurate rounded number.

Here are some examples to illustrate how numbers can be rounded to a certain number of significant figures.

Example 1: Round 20.453 to 3 significant figures

This means that the first 3 numbers are significant...

not significant
↓ ↓
20.453
↑ ↑ ↑
significant

We are only interested in 20.4

BUT we look at the next number (the first non-significant number) to decide whether to keep it the same. If it is a 5 or greater then we round up.

It is a 5, so we round up 20.4 to 20.5.

Answer: 20.5

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Example 2: Round 428367 to two significant figures

not significant
 ↓ ↓ ↓ ↓
 428367
 ↑ ↑
 significant

In the previous example, the numbers that were non-significant were after the first significant number and were simply dropped. In example 2, we change our non-significant numbers to

We are interested in 420,000 BUT we look at the first non-significant number to decide whether to round up to 430,000 or to keep it the same

We will round up to 430,000 because 8 is greater than 5.

Answer: 430,000

Example 3: Round 0.0020523 to 3 significant figures

When a number begins with one or more zeros, they do not count as significant figures. Later zeros, after an above-zero number (e.g. 1) do count as significant.

not significant not significant
 ↓ ↓ ↓ ↓ ↓ ↓
 0.0020523
 ↑ ↑ ↑
 significant

We are interested in 0.00205 and then we must decide whether to round our number up to 0.00206. We do this by looking at our first non-significant number.

This number is a 2, so we keep it the same.

Answer: 0.00205

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Make estimations from data collected

In some situations, the researcher might want to use an estimate rather than the researcher might want to estimate the mean of grouped data.

Example: A researcher times how long it takes participants to solve a logic problem. He wants to calculate the mean time but he does not know the time range they fall into. He wants to calculate the mean time but he does not know every participant. Therefore, he cannot calculate an accurate mean, but he can estimate the mean.

Here is his data:

Time taken in minutes (m)	Frequency
$0 < m \leq 10$	3
$10 < m \leq 20$	8
$20 < m \leq 30$	11
$30 < m \leq 40$	9
$40 < m \leq 50$	9

What we do is assume that people take the middle amount of time, also called the midpoint. For example, the midpoint between 0 and 10 is 5.

Time taken in minutes (m)	Frequency	Midpoint
$0 < m \leq 10$	3	5
$10 < m \leq 20$	8	15
$20 < m \leq 30$	11	25
$30 < m \leq 40$	9	35
$40 < m \leq 50$	9	45

Next, if you imagine we were calculating the mean normally, we'd have a list. 5 minutes, 5 minutes, 5 minutes, 8 minutes, 8 minutes,... etc.

To save us writing out the whole list, what we do is multiply the frequency by the midpoint.

Time taken in minutes (m)	Frequency	Midpoint	Frequency \times Midpoint
$0 < m \leq 10$	3	5	15
$10 < m \leq 20$	8	15	120
$20 < m \leq 30$	11	25	275
$30 < m \leq 40$	9	35	315
$40 < m \leq 50$	9	45	405

Just like when we normally calculate the mean, we add up our list:
 $15 + 120 + 275 + 315 + 405 = 1,130$

Then we divide our answer by the total frequency (add up all the frequencies).
 $1,130 \div 40 = 28.25$ minutes
 Mean estimated time = 28.25 minutes

This is only an estimate which means it is very unlikely to be accurate. It might be too high or too low. For example, if we used the top amount in each category which means our estimate would be too small. However, it can still provide useful information about the time it took for participants to complete the task.

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Check your understanding! Raw data

- Q1. A psychologist wants to research the effects of calming music on participants solve a logic problem. She uses an independent measures design with two conditions: calming music and no music. Design a raw data table that could use to record her data.
- Q2. A researcher has recorded the time it takes her participants to respond to a stimulus that appears on a screen. The answers are given in milliseconds. Round the answers to two significant figures.

Participant number	Time in milliseconds
1	3258
2	1985
3	2495
4	3921
5	1240

- Q3. A researcher is looking at a census for three different cities. Write the data in standard form.

City	Population
City 1	428,100
City 2	341,000
City 3	1,101,000

Levels and types of data

Data can be categorised into different types based on its characteristics.

Levels of data**Nominal level data**

- Data that is split into categories
- Measurement is by counting the frequency of each category
- For example, you could count the number of each of the answers to a question

Ordinal level data

- Data is ordered or ranked
- Distance between the data may not be equal
- For example, a list of your favourite subjects may be in a ranked order, but the subject and the rank might vary

Interval level data

- Scale that has equally spaced data
- For example, temperature is equally spaced, the space between 29 and 30 is equal

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Quantitative data

Quantitative data is of a numerical nature, for example, quantity, distance, speed, etc. It is used to quantify a particular attitude, belief, or behaviour. All of these types of data makes them easy to compare and analyse. If one participant takes 45 seconds and another participant takes 32 seconds, it is clear who is faster. Measurement of quantitative data is said to be objective because the numbers themselves cannot be influenced by the researcher's interpretation.

Quantitative data-collection techniques

- **Experiments:** Experiments, particularly laboratory experiments, are designed so that change can be measured, which means that they often seek to generate quantitative data
- **Well-defined observation:** When behaviours are clearly defined, the frequency and duration of a behaviour can be recorded from observation
- **Closed questions and scales:** Questions that only allow a limited number of responses can be quantified by counting their frequency or rate of occurrence
- **Analyses (secondary data):** Using quantitative data that has been generated from other studies, can allow for an analysis of all of the data and generate new data itself

Qualitative data

Qualitative data is of a descriptive nature and cannot be measured in the same way as quantitative data. It often looks at less defined issues, such as self-esteem, which are difficult to assign a numerical value to. Qualitative data is used to gain understanding into a particular topic by providing highly detailed descriptions. A researcher may provide a rich description of someone's eating behaviour based on observation. Measurement of qualitative data is said to be subjective because the researcher's interpretation influences the data.

Qualitative data-collection techniques

- **Observations:** More general observations are descriptions of what is happening. They may involve the researcher selectively identifying which behaviours are of interest
- **Interviews:** Most interviews are concerned with opinions, attitudes and feelings. They aim to give rich detail
- **Questionnaires with open questions:** Questionnaires that use open-ended questions allow a person to record their own response can generate relevant detailed information
- **Case studies:** An in-depth analysis of a single person or groups of people. They use qualitative data from many methods. Given that usually the understanding of a topic is the aim, researchers seek to gain as much data as possible using qualitative methods
- **Reviews (secondary data):** Reviewing other studies can create qualitative conclusions

Key tip to remember which is which –

The first half of each of the terms refers to what it measures.

- **Quantitative** refers to **quantity**
- **Qualitative** refers to **quality**

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Primary data

Primary data is when a person or researcher collects their own data to research. For example, if you want to know which month is the most popular to have a birthday, you could conduct a short questionnaire and ask your classmates.

Advantages	Disadvantages
<ul style="list-style-type: none"> • Researcher gets exactly the information they need • The research is conducted how the experimenter desires, e.g. the number of participants, which measures are used, etc. 	<ul style="list-style-type: none"> • Takes the researcher time to collect research • Conducting the research can be difficult if what they want is a particular type of brain or particular participants

Secondary data

Secondary data is when you use data that someone else has collected that may be useful for your purpose. For example, if you want to know how many 18–25-year-olds are in the UK, you could look at the most recent census. If you are conducting your own research yourself, you might look at the most recent census.

Advantages	Disadvantages
<ul style="list-style-type: none"> • The data has already been provided, which reduces the time and effort on the part of the experimenter • Compared to primary data it is an inexpensive option 	<ul style="list-style-type: none"> • The researcher cannot control the data • The research may not be relevant to the researcher, e.g. too few participants

Meta-analysis

A meta-analysis is a specific type of secondary data, in which data is collected from many studies and analysed to see if there is an overall effect. For example, if you want to look at the effects of stress on health you might look at all the different studies of different health effects of stress, find out if there are greater amounts of stress, and conclude that a gambling addiction does have a negative effect on health.

Advantages	Disadvantages
<ul style="list-style-type: none"> • Allows the researcher to look at more general trends and identify gaps in research • Can combine the findings from different types of studies • Findings of several studies combined is likely to be more generalisable than a single study 	<ul style="list-style-type: none"> • It can be difficult to find all the relevant studies (searching through articles in many journals, analyses studying the same topic, etc.) • They may accidentally (or intentionally) support their predictions • The quality of the studies included may be low • Including studies that are older as theories are constantly changing

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Task 3.1: True or false

Identify if the statement is true or false

Statement
Secondary data is useful because the researcher gets exactly what they need without doing any of the work
A meta-analysis collects a lot of other research and then reviews it for its advantages and disadvantages
Questionnaires can collect both quantitative and qualitative data
Researchers cannot always find all the participants they need to conduct research that produces primary data
When qualitative research is carried out carefully it is objective
One problem with meta-analysis is that the researcher cannot control for the quality of the research
Qualitative data tends to produce rich in-depth information about a particular topic
Quantitative data is easier to analyse than qualitative data
Case studies often integrate different methods of qualitative data
Secondary data can reduce the time spent researching
Open-ended questions include the use of scales

Check your understanding! Levels and types of data

- Q1. Explain the difference between interval and ordinal level data. (2 marks)
- Q2. Identify two differences between quantitative and qualitative data. (2 marks)
- Q3. How might observations be conducted differently to obtain quantitative and qualitative data? (2 marks)
- Q4. Identify and briefly explain one advantage of quantitative data. (2 marks)
- Q5. Identify and briefly explain one advantage of qualitative data. (2 marks)
- Q6. Distinguish between primary and secondary data. (2 marks)
- Q7. Explain why a meta-analysis is a type of secondary data. (2 marks)

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Descriptive statistics

Descriptive statistics are used to describe data. For example, instead of looking at a list of scores, a researcher can provide an average score, and this will give the reader an idea of the data in a meaningful way.

Measures of central tendency

Measures of central tendency look at what the central value of the data set is. There are three measures: the mean, median and mode.

Mode

The mode is the value that occurs most frequently in the data set. This can be found by looking at each value and seeing how many times it occurs.

For example, the mode of 14, 1, 9, 23, 14, 7 and 99 would be found by:

Noting that there is one of each number, except 14 where there are two.

Sometimes there is more than one mode, for example, in the set: 18, 28, 17, 4.

In this case, both 18 and 17 occur twice so they are both the modes, this is called a bimodal distribution.

When all the numbers only occur once then we say there is 'no mode'.

The advantages of the mode are that it is easy to calculate and it can be useful for qualitative data. There are limited options to choose from. The mode can also be used for qualitative data, for example, in a questionnaire where people can rate that they 'agree', 'don't know' or 'disagree'. The mode would be the most common response.

The disadvantages of the mode are that sometimes there is no mode, it is not always the best measure of central tendency, the mode is not based on all the values. If given the data set: 18, 17, 12, 9, 28, 95, the mode would be 95 which is quite different from the rest of the data set.

Median

The median is where the middle point of the data. This is calculated by rearranging the data in order and then identifying the middle.

For example, the median of 14, 18, 9, 23, 14, 7 and 99 would be found by:

First rearranging it in order: 7, 9, 14, 14, 18, 23, 99

Then you consider that there are seven numbers, so 14 is in the middle, this is the median.

In other cases, there may be an even number of scores and so this means there is no single middle. In situations like this you take the two middle numbers, add them together and divide by two to find the median.

For example, the median of 18, 47, 83, 172, 19, 27 would be found by:

First rearranging it in order: 18, 19, 27, 47, 83, 172

Then you consider that 27 and 47 are in the middle:

$$\frac{(27 + 47)}{2} = \frac{74}{2} = 37$$

So our median is 37.

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The advantage of median is that it ignores outliers and so in a data set where there are more realistic central value than the mean.

The disadvantage of the median is that it does not take into account all of the data. If there are no outliers, the mean might be better to use.

Mean

The mean is the most used measure of central tendency. It is found by adding all the values together and dividing by the number of values there are.

For example, the mean of 14, 18, 9, 23, 14, 7 and 99 would be found by doing:

$$\frac{(14 + 18 + 9 + 23 + 14 + 7 + 99)}{7} = \frac{184}{7} = 26.3$$

The advantage of the mean is that it takes into account all the values of the data set. It is a good piece of information to use.

The disadvantage of the mean is that it also takes into account outliers, pieces of data that are very large or small, which can distort the overall average. In the example above, 26.3 is not a very good average because the 99 makes the average a lot larger.

Measures of dispersion

Measures of dispersion look at how spread out the data is. For example, in the example above, the mean might say that it is not very spread out because all the values are quite similar. However, 14, 18, 9, 23, 14, 7, 39, 89, 6 is much more spread out.

Variance

Variance is one measure of dispersion. It looks at how the scores vary from the mean.

To calculate the variance you:

1. Calculate the mean score
2. Find the deviation of each score from the mean (subtract the mean from each score)
3. Square the deviation scores
4. Add all the squared deviation scores together (the sum)
5. Divide the sum by how many scores there are

Example, our data set is: 12, 30, 45, 29 and 18

1. Mean = 26.8
2. Deviation for each score:
12 is -14.8
30 is 3.2
45 is 18.2
29 is 2.2
18 is -8.8
3. Squared deviations:
-14.8 squared = 219.04
3.2 squared = 10.24
18.2 squared = 331.24
2.2 squared = 4.84
-8.8 squared = 77.44
4. Sum of the squares = 642.8
5. Variance = 642.8 ÷ 5 = 128.56

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An advantage of this method is that the mean takes into account every point. The disadvantage of this method is that the variance is not in the same units as your scores are: they are squared. In our data, the points are clearly not 128.56 apart!

Range

A simple measure of dispersion that uses the highest and lowest values of the data set, found by subtracting the lowest value from the highest value.

For example, finding the range of 14, 18, 9, 23, 14, 7 and 99 is found by:

Subtracting the lowest from the highest value: $99 - 7 = 92$

The advantage of the range is that it is simple to calculate and can be useful when comparing measures such as the mean and standard deviation.

The disadvantage of the range is that it does not look at the spread of all the values in the data set. Additionally, it will be affected by outliers, if the highest and lowest values are not representative of the data.

Standard deviation

A more accurate measure of dispersion that uses all of the values in the data set. It is used to know how to calculate standard deviation as it looks at how far each value in the data set deviates from the average. A smaller spread will mean the average is more representative of the group, while a larger spread will mean the average does not represent the entire group.

The standard deviation of 14, 18, 9, 23, 14, 7 and 99 is 32.5

A simple method to calculate the standard deviation involves the following steps:

1. Calculate the mean of the data set.
2. Find the variance by subtracting the mean from each data point.
3. Square the results of these calculations.
4. Add the squared numbers together to find the sum of squares (sigma squared).
5. Divide the sum of squares by $(n - 1)$, where 'n' is the number of data points.
6. Take the square root of the result from step 5 (variance) to obtain the standard deviation.

The standard deviation formula looks like this:

$$s = \sqrt{\frac{\sum(x - \bar{x})^2}{n - 1}}$$

... where:

- S = standard deviation
- \sum = sum of the values
- x = each data point in the data set
- \bar{x} = mean of the data set
- n = number of data points in the data set
- s^2 = variance

If you'd like, grab a calculator and see if you can get the right answer using the formula.

In your exam you are permitted to use a scientific or graphical calculator to help you with calculations (mathematical requirements for Component 01 – D.1.6)

The advantage of standard deviation is that it takes the spread of all the values in the data set into account, so it is not affected by outliers as much as the range.

The disadvantage of standard deviation is that it is still affected by outliers as much as the range.

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Ratio

Ratio is a way of comparing data. For example, if the number of males to females there are five females.

Ratio is usually written in the simplest form which means using the lowest numbers.

For example: The number of participants in Group A is 36 and the number of participants in Group B is 24. What is the ratio?

Initially we can write it as 36 : 24

Then we look for the biggest number that divides exactly into both numbers.

This gives us a ratio of 3 : 2

Percentages

It can be useful to work out how much a value represents out of all the data.

Percentages can be worked out by dividing the value by whole amount and multiplying by 100.

For example, to work out what percentage 64 is out of 80 we do the calculation

$$\frac{64}{80} \times 100 = 80\%$$

A more complicated example: As part of a geography project Naomi needs to find out how many of her classmates have been on holiday to this year.

Country	Number of classmates
USA	4
Australia	5
France	6
Greece	2
Italy	3
Malta	1
Spain	5
Did not go abroad	6

She needs to work out the percentages of the least and most popular destinations and the percentage of those who did not go abroad.

Least popular: Malta

Work out how many classmates there are in total by adding up all the scores.

$$\frac{1}{30} \times 100 = 3.3\%$$

Most popular: France

$$\frac{6}{30} \times 100 = 20\%$$

Did not go abroad

$$\frac{6}{30} \times 100 = 20\%$$

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Fractions

A fraction is one way of writing a number that is not a whole number. The bottom number (the denominator) represents the total, and the top number (also called the numerator) represents the part of the total.

Cancelling down fractions

Sometimes the numbers in a fraction are larger than they need to be. We can make them smaller by using a process called **cancelling down** (or simplifying).

To cancel down, you look for a number that goes into both the top and bottom numbers. You then divide **both** the top and bottom number by that number.

Depending on the numbers you choose, you may find out that you can cancel down until you have the smallest numbers possible. This will happen when you cannot divide by any number other than 1.

Example 1: Divide by 5

$$\frac{85}{105} \xrightarrow{\div 5} \frac{17}{21}$$

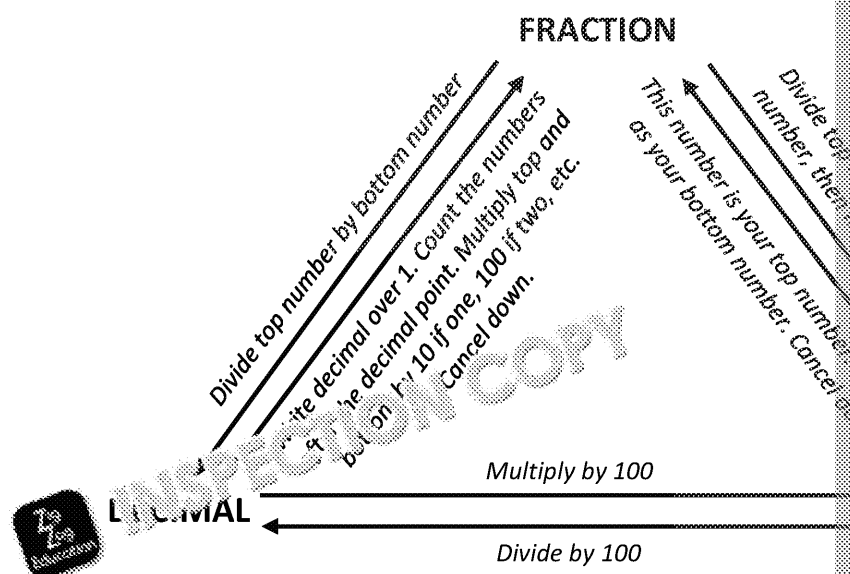
Example 2: Divide by 6

$$\frac{36}{48} \xrightarrow{\div 6} \frac{6}{8} \xrightarrow{\div 2} \frac{3}{4}$$

Converting between fractions, decimals and percentages

A fraction can also be written as a decimal or percentage, or vice versa. They are all different ways of writing the same number.

The diagram below shows you how to convert between the different types of numbers.



For example, the fraction $\frac{3}{5}$

- Convert to a decimal: $3 \div 5 = 0.6$
- Convert to a percentage: $3 \div 5 = 0.6$, then $0.6 \times 100 = 60\%$

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HELPFUL TIP: In the exam you may not get information from a table but the information to work out descriptive statistics is likely to be

Participant	Task score
1	36
2	54
3	62
4	33
5	12
6	35
7	23
8	45

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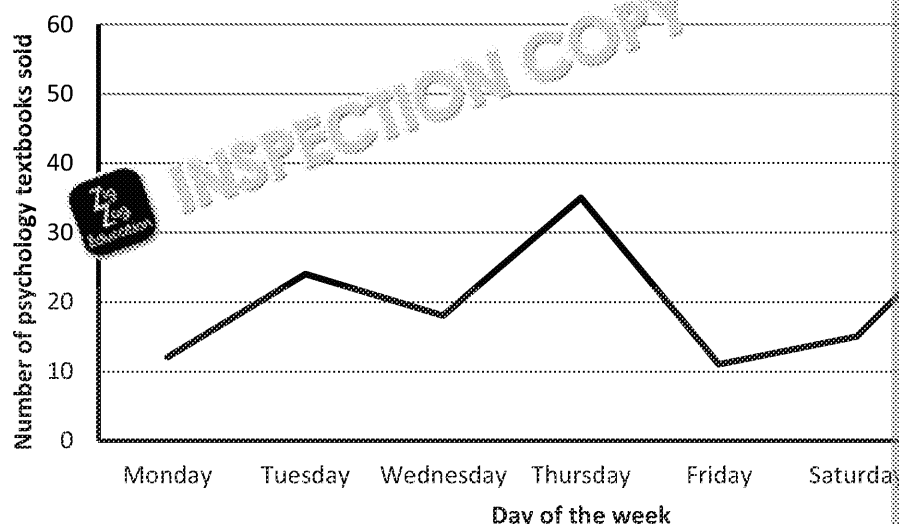


Line graphs

A line graph is a type of graph that is often used to show trends over time. Each point has a value and they form a point on the graph. The points are joined up to show the trend across time.

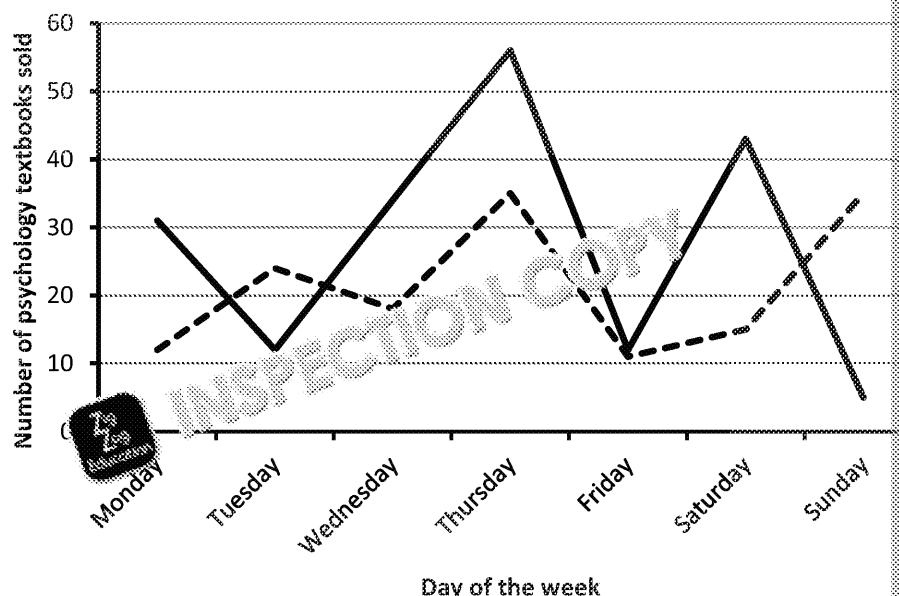
An advantage of line graphs is that you can easily compare different points and trends across time.

A line graph showing the number of psychology textbooks sold at a book store over the course of a week



You can plot more than one variable on the same graph. The example below shows how different bookstores vary in the number of books they sell:

A line graph showing the number of psychology textbooks sold at different bookstores over the course of a week



A disadvantage of line graphs is that if you have too few categories then you can't distinguish between the different lines.

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Pie charts

Pie charts are a visual representation of frequency information. Pie charts are used to compare the frequencies of different categories and also visualise what proportion each category makes up. One disadvantage is that many pie charts do not allow you to label a category.

How to draw a pie chart

Consider the table below:

Age of participants	Frequency
7–9 years	14
10–12 years	8
13–15 years	33
16–18 years	17

Here we have frequency information for our participants.

To draw a pie chart you need to work out the angle for each sector of your circle.

⇒ **Step 1:** Calculate the number of degrees for 1 person

$$\text{Degrees for 1 person} = 360 \div \text{total number of people}$$

For our example:

$$\text{Degrees for 1 person} = 360 \div 72 = 5^\circ$$

⇒ **Step 2:** Add an extra column on your table and calculate your angles

If 1 person = 5° then 14 people will be:

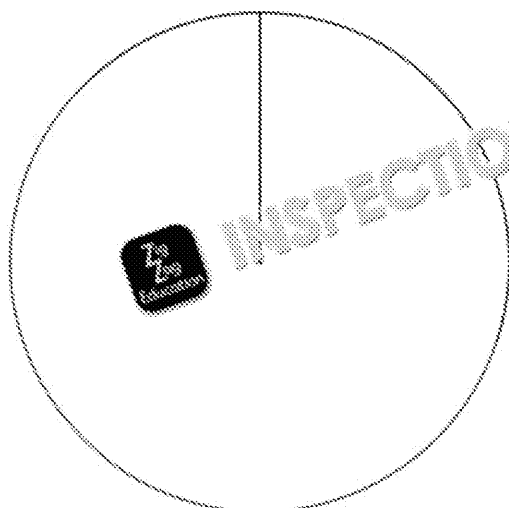
$$14 \times 5^\circ = 70^\circ$$

Follow this method for each of your categories:

Age of participants	Frequency	Angle
7–9 years	14	$14 \times 5^\circ = 70^\circ$
10–12 years	8	$8 \times 5^\circ = 40^\circ$
13–15 years	33	$33 \times 5^\circ = 165^\circ$
16–18 years	17	$17 \times 5^\circ = 85^\circ$

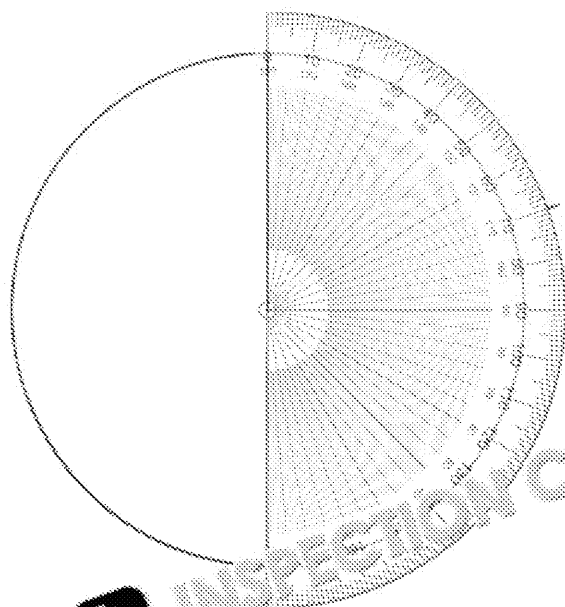
⇒ **Step 3:** Set up your blank pie chart

Use a compass to draw a circle. Then, draw a small dot to mark the centre of the circle.



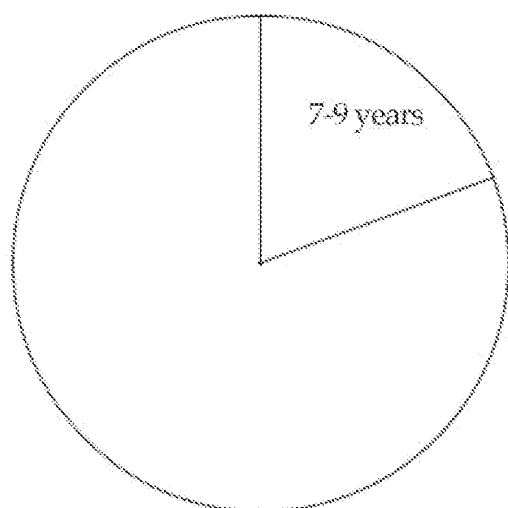
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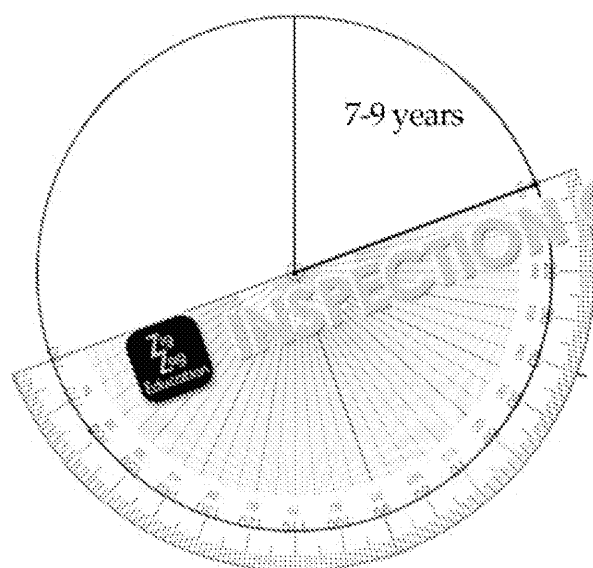
⇒ **Step 4: Drawing your**
Take a protractor and
drawn line. The centre
up with the centre of

Our first sector is 70 de
going on the outside of
Put a small dash next to



Line your ruler (or the
so that it connects the
at 70 degrees. Draw a
your circle. If your das

Write the name of the
you've just drawn.

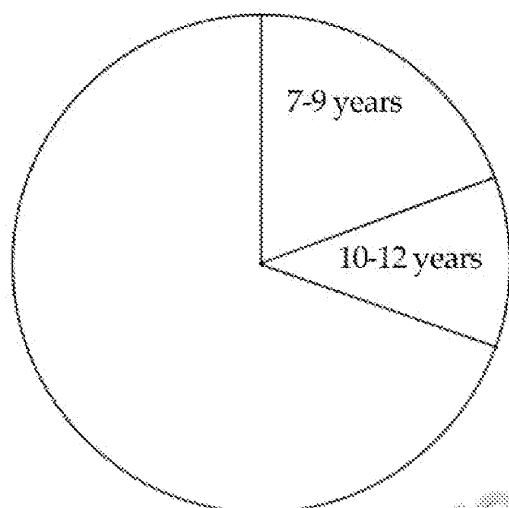


⇒ **Step 5: Drawing the re**
Take your protractor a
you have just drawn. I
should match up with

Starting from 0 and go
for your next angle size
with a small dash.

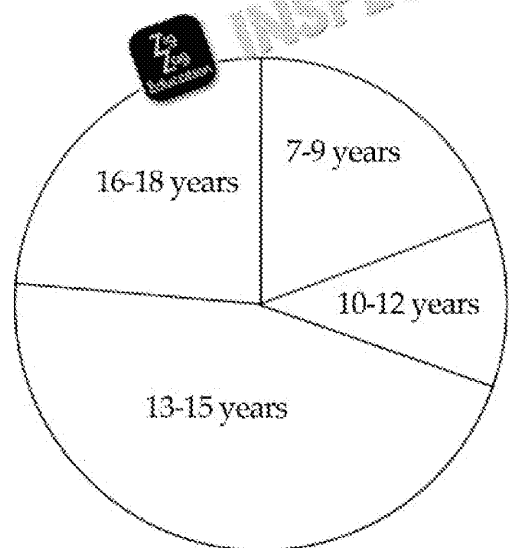
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As before, line your ruler up and draw a new dash. Rub out the dash if it is not a category name.

Repeat this same method until all categories are represented.



⇒ Step 6: Your finished pie chart

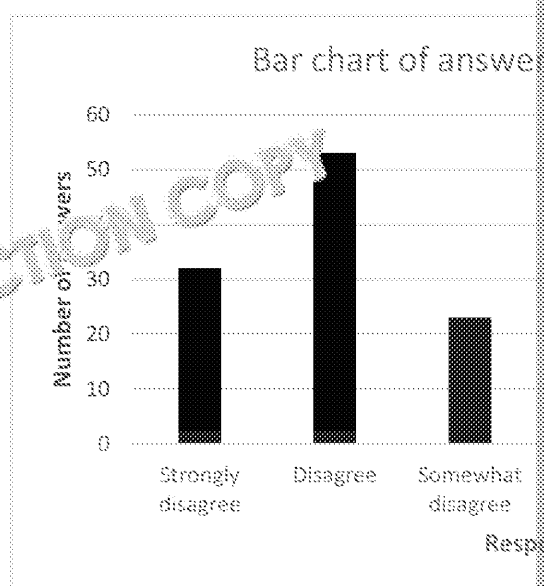
Now that your pie chart is finished, you should be able to explain what it represents.

Figure 1. Pie chart showing the age distribution of a sample of 72 participants

Bar charts

Bar charts are useful to represent frequency information in a way that it can be interpreted easily. A single bar tends to represent a category and its height determines the frequency.

This bar chart shows how many participants gave each answer. Assuming one participant per answer, you can work out the total number of participants in the study by adding up all the frequencies.



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Answer	Number of answers
Strongly disagree	32
Disagree	53
Somewhat disagree	23
Somewhat agree	55
Agree	12
Strongly agree	23

Can you see how the above chart information? Each row represents

For this qualification you need to be able to construct a bar chart from a table.

The main advantage of bar charts is that we can easily compare different frequencies. The interpretation of the data is much easier than reading a table.

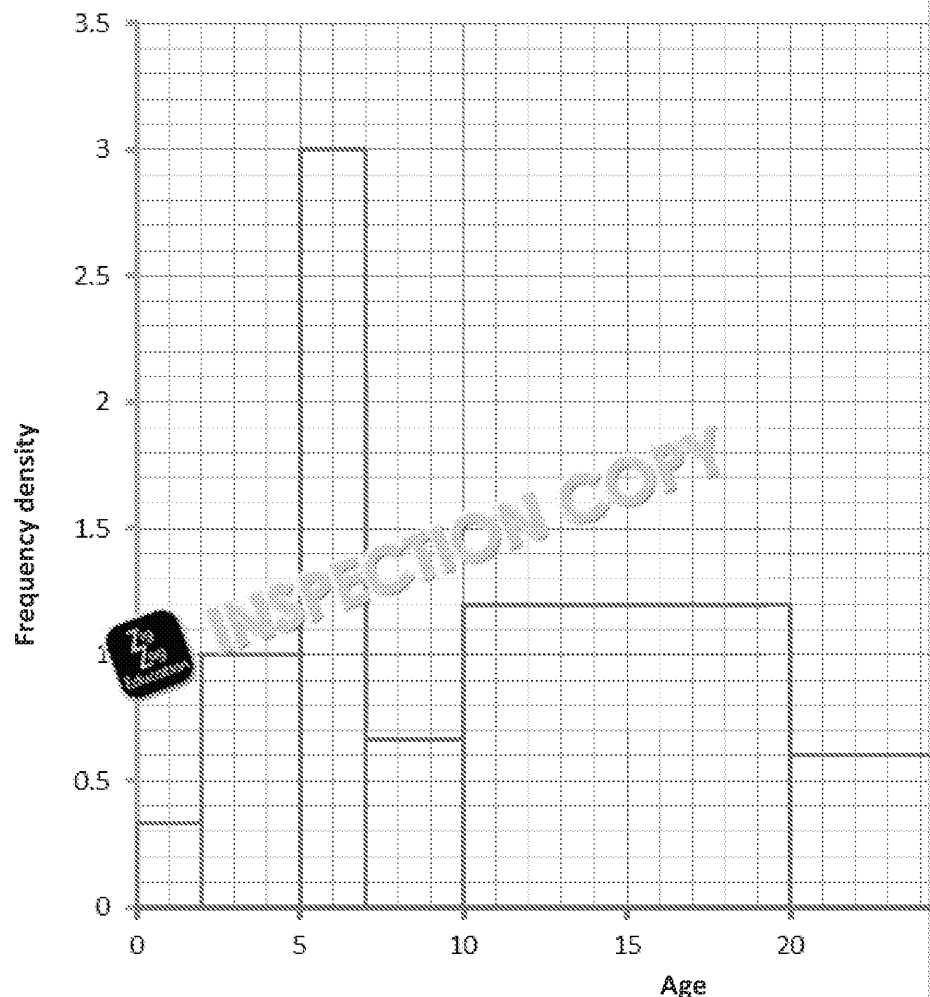
However, a disadvantage of bar charts is that precise information is less accessible. Looking at the chart, can you see whether the number of participants who gave the answer 'disagree' was 53?

Histograms

Histograms allow you to present frequency data that has been grouped into categories. For example, you might split up the data of your participant ages in ranges of 0–20, 21–25, 26–30, etc. Note that the ranges do not need to be equal and therefore, the widths of the bars can vary.

In histograms, the frequency is denoted by the area of the bar rather than the height. It is incorrect to label the y-axis frequency. It is instead called frequency density.

Histogram of participants' ages



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To work out the frequency of a bar, you need to multiply the width of the bar by the height. You need to be able to work out the frequency of each bar, remember this is important.

So to find the frequency of the 10–20 bar we multiply the width (10) by the height (2).

Unlike a bar chart, the widths of the bars are not equal, which means that you need to work out the frequency of each bar.

Task 3.2: Working out frequencies using a histogram

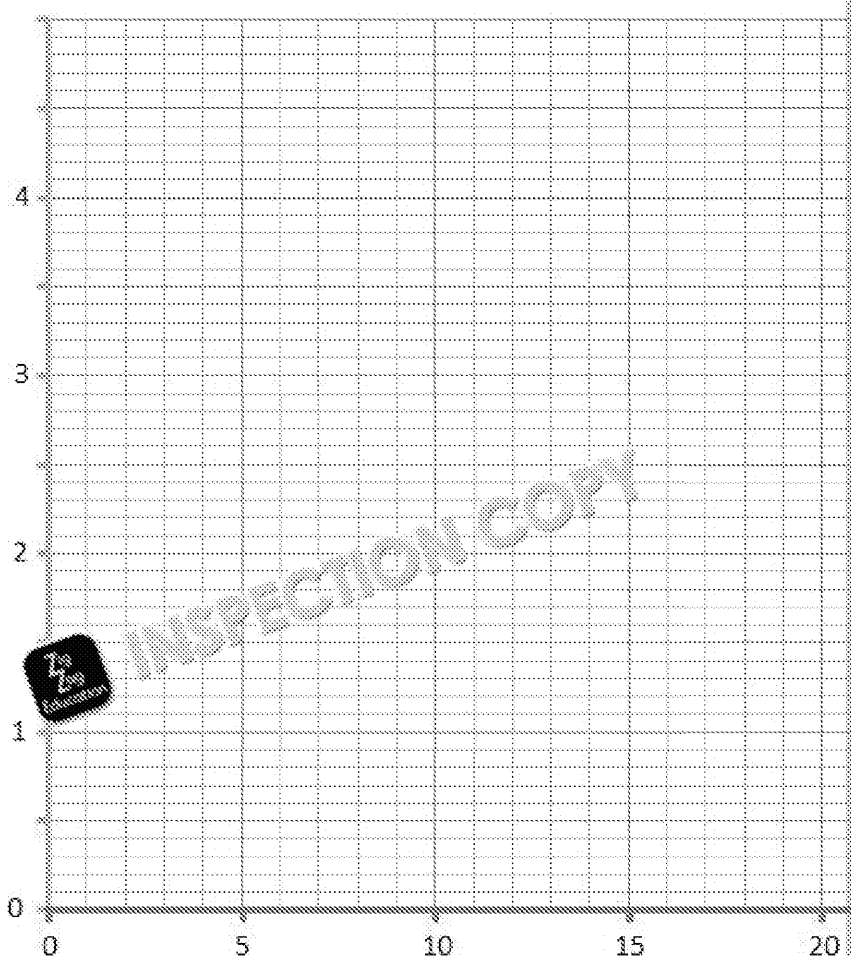
Work out the frequency of the bar 20–25

Task 3.3: Draw a histogram

Here is data on the frequency of test scores (marked out of 30):

Range	Frequency
0–10	35
10–15	15
15–20	20
20–25	8
25–30	6

Use the formula: $\text{Frequency density} = \frac{\text{Frequency}}{\text{Bar width}}$



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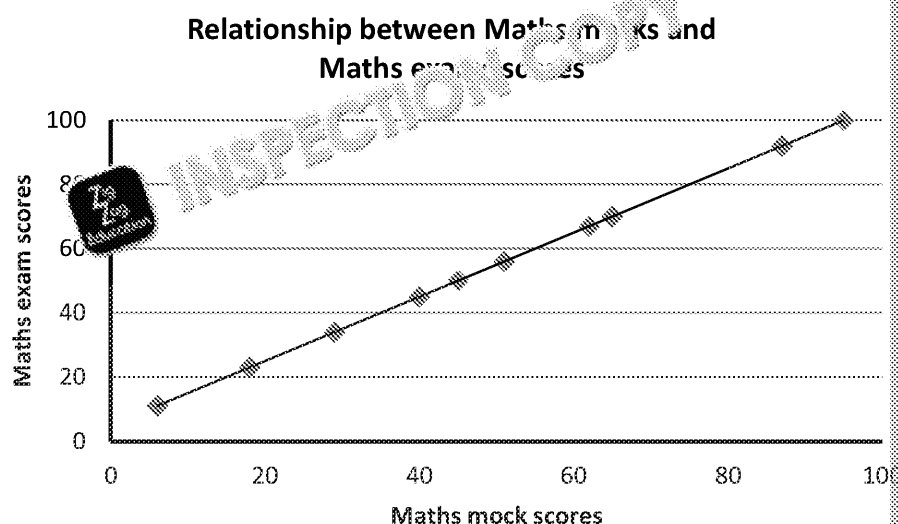
Scatter diagram

Scatter diagrams are used to show the association between two variables and point represents two scores and all of the points combined show the relationship. The relationship is termed a correlation.

Correlations can be divided into three types depending on what the scatter diagram shows: a positive correlation, a negative correlation or zero correlation.

A positive correlation

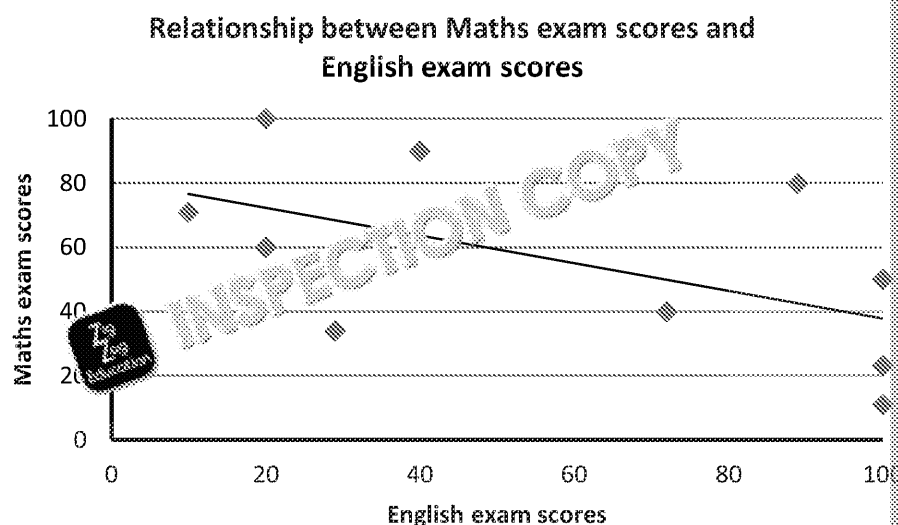
Here is a scatter diagram of a perfect positive correlation:



In a positive correlation, as one value increases, the other also increases. In this case, as the mock score increases, the Maths exam score also increases.

A perfect correlation means that by knowing the value of a Maths mock score, you can predict the value of their Maths exam score. Most of the time the points will be scattered.

A negative correlation



In a negative correlation, as one value increases, the other value decreases. In this case, as English exam scores increase, maths scores decrease.

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Correlation strength

How strong the association is between the two variables can be worked out by to a line of best fit.

Zero correlations

Sometimes there is no relationship between the two variables; we call this a zero correlation. The points of the data seem to be entirely random and you cannot see any kind of pattern.

For example, it is unlikely that there will be a relationship between the likelihood of buying a sofa and the likelihood of buying a sofa.

That being said, many seemingly unrelated events can be found to be correlated. There is a positive correlation between the variable of having money and the variable of buying a sofa. Buying toothpaste and buying a sofa might be related to having money.

For this qualification you will be able to plot and interpret scatter diagrams. Here are some tips to keep in mind for plotting scatter diagrams:

- If there are not given axis labels then it does not matter which way round you put the variables.
- Each point represents two pieces of information (usually two scores for two different variables).
- Remember to give your graph a heading; these usually start 'The relationship between...'.

Check your understanding! Descriptive statistics

Q1. Chris is interested in whether temperature affects the time it takes to finish a task.

He has half of his participants do the task in a hot room then a cold room and then a hot room (to minimise order effects). The room temperature remained the same for all of the participants and the results are as follows:

	P1	P2	P3	P4	P5	P6	P7
Hot	63	75	69	59	83	54	61
Cold	49	54	60	57	84	45	72

Calculate the mean, median, mode and range for the hot room and the cold room.

Do you think that temperature does affect speed? Back up your answer with evidence.

Q2. Mr Johnston wants to know if his class needs to have revision class next month. He decides to set his class a short test on the topics and determine if the class needs extra help.

In his class there were 10 students and the test was marked as a percentage.

Scores for each class member (in percentage)							
70	29	75	60	43	85	38	62

He is thinking that an average below 60% indicates that the class needs extra help.

Calculate the mean, median, mode and range for the class.

Looking at the results, what kind of recommendation can you make? Which is more useful or important than others?

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- Q3. A psychologist is interested in the common attitudes to free will. One of the questions is 'To what extent do you agree that we have free will?'

Response options are:

1 = 'completely agree'

2 = 'somewhat agree'

4 = 'somewhat disagree'

5 = 'completely disagree'

Scores for each participant								
1	1	2	4	5	2	3	1	4
3	3	1	1	4	1	4	2	4
2	2	5	5	4	3	2	1	2

Calculate the mean, median, mode and range for the participants.

- Q4. One of the first questions in a questionnaire of 150 people was 'Are you male or female?'

Calculate the percentage of each response, giving your answers to 1 decimal place.

Response	Number of responders	Percentage
Male	70	
Female	67	
Did not answer	13	

- Q5. A company publishing psychology textbooks in London wants to know how many psychology textbooks are sold in the UK. They collected together records of their sales from different areas of the country.

Work out percentage for each area:

Area	Sales (in 1,000s)	Percentage
London	32	
South West	18	
South East	27	
East of England	26	
Other	68	

- Q6. Participants performed an unsolvable task and the researcher was interested in how long they tended to give up.

The results below are the times (in minutes) taken by participants before they gave up. Calculate the percentage of participants that the problem could not be solved in the time given.

10.3	9.7	4.7	3.2	18.1	23.6	12.4
14.6	6.3	11.1	11.9	24.4	23.4	14.7
12.4	11.8	21.0	19.3	16.4	12.1	11.3

Time	Number of participants	Percentage
$x < 10$		
$10 \leq x < 15$		
$15 \leq x < 20$		
$20 \leq x < 25$		
$x \geq 25$		

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- Q7. A researcher is interested in the age ranges of the individuals who composes the following table:

Age range	Number of participants
$x < 20$	10
$20 \leq x < 30$	45
$30 \leq x < 40$	23
$40 \leq x < 50$	34
$x \geq 50$	13

- How many participants are 30 to 39 years old?
- How many participants are 40 or older?
- Can we tell how many participants are 35 years old?

- Q8. A researcher is interested in the basic demographic information collected in the following table:

Participant	Age	Gender	Location
1	21	Male	London
2	46	Female	Bristol
3	54	Female	Cardiff
4	26	Male	London
5	19	Male	Bristol
6	34	Female	Swansea
7	25	Male	London
8	23	Female	Plymouth
9	22	Female	Southampton
10	36	Female	Cardiff
11	32	Male	Oxford
12	34	Male	Exeter
13	24	Female	Bristol
14	56	Male	Bristol
15	16	Female	Cardiff

- What age was the oldest participant?
- How many females were there in the sample?
- Which was the most common location?
- How many participants stated that their highest level of education was a degree?
- What was the highest level of qualification reported in Cardiff?

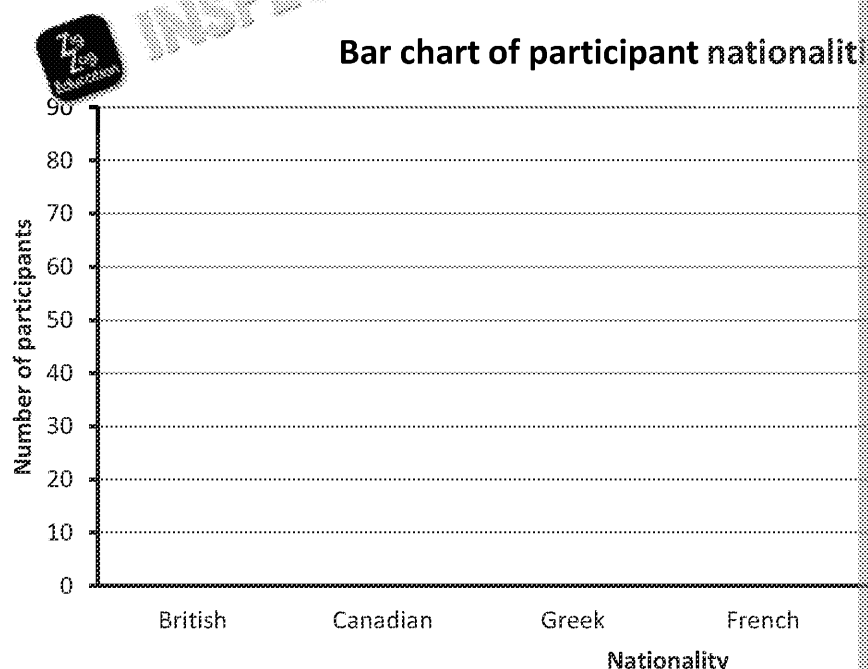
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- Q9. A psychologist was interested in the nationality of his participants from the data that has been provided for him:

Nationality	No. of participants
British	80
Canadian	12
Greek	6
French	4
Polish	23
Spanish	10

He wants you to create a bar chart of the nationality data so that numbers of participants are shown for each nationality.

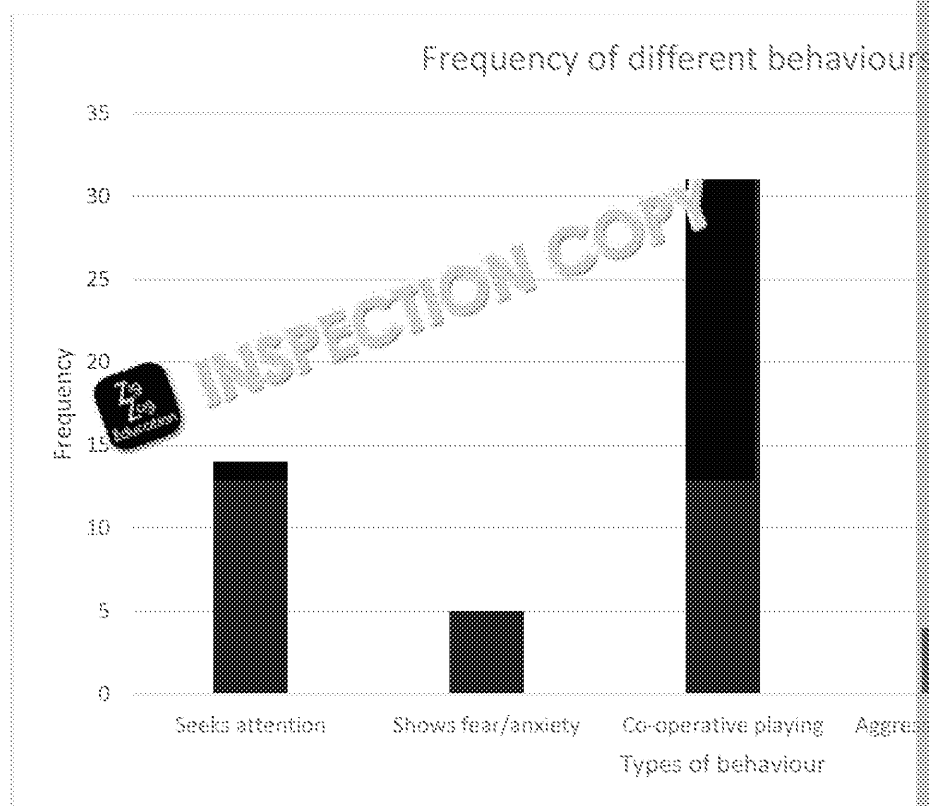


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Q10. A child was observed for 15 minutes in the playground. The observer recorded his behaviour in 10 categories every 15 seconds to record his behaviour. The observer recorded the following types of behaviour.

Here are the observer's results:

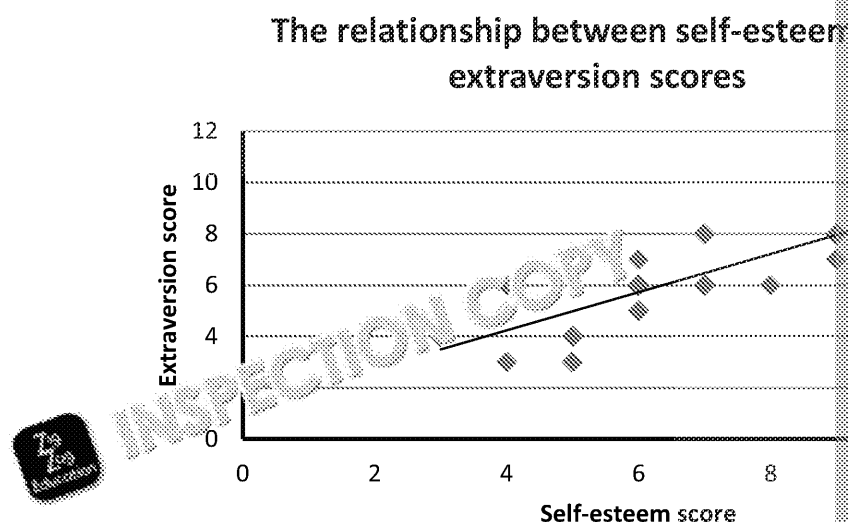


- How many observations did the observer make?
- Which is the least frequent type of behaviour?
- How does attention-seeking behaviour compare to aggressive behaviour?
- How many observations did the observer record as cooperative playing?
- How many observations did the observer record as either 'cooperative playing' or 'aggressive'?

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- Q11. A psychologist is investigating the relationship between self-esteem and extraversion. He gives each participant a questionnaire measuring self-esteem and another questionnaire measuring extraversion. He produces the following scatter diagram.



- What can the psychologist infer about the relationship between self-esteem and extraversion?
- What type of correlation is this?



HELPFUL TIP: In part b) it asks for the type of correlation, where you usually need to say if it is:

- Strong/moderate/weak
- Positive/negative/zero

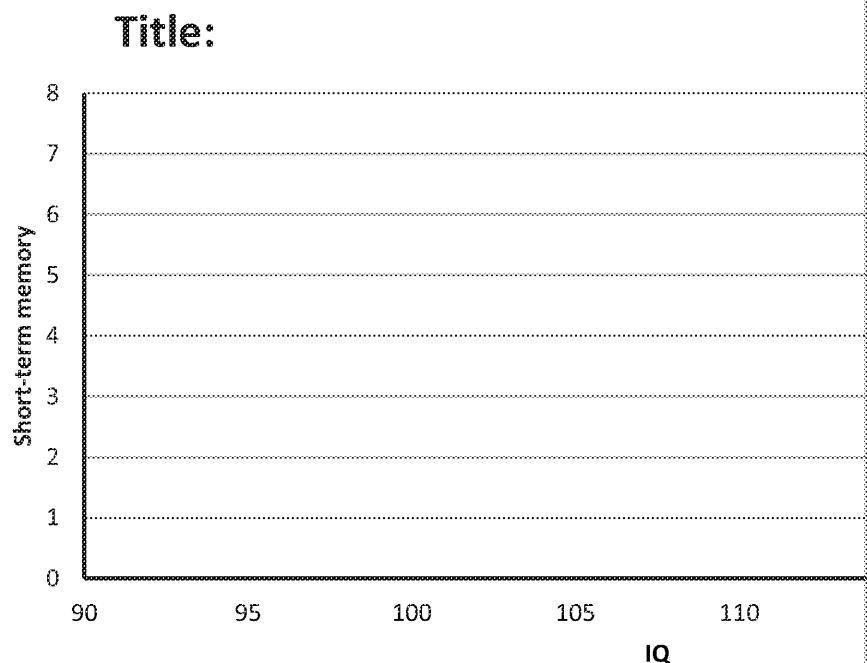
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- Q12. A psychologist is studying the relationship between IQ and short-term memory. They give 10 participants an IQ test and then a short-term memory task in which they are given 10 words and have to recall as many as possible afterwards. Here is the data:

Participant	IQ	Memory
P1	95	4
P2	101	5
P3	115	5
P4	112	4
P5	119	5
P6	121	6
P7	113	5
P8	99	4
P9	110	5
P10	122	7

Create a scatter diagram of the data on the axes below:



- What can the psychologist infer about the relationship between IQ and short-term memory?
- What type of correlation is this?

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Inferential statistics

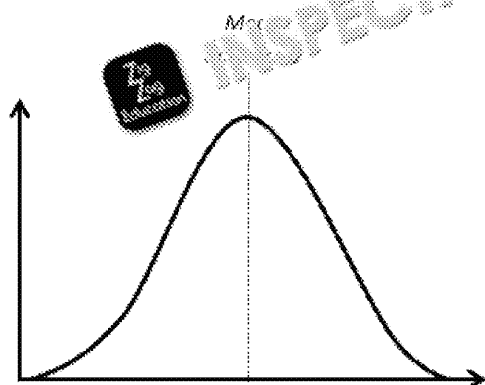
Inferential statistics use the information you have gathered from a sample to you are interested in.

Normal distribution curves

How the data is spread across the group is referred to as its distribution. For example, for exam grades, the possible grades are: A*, A, B, C, D, E and U. If you want to know the distribution of grades, you would examine how many people have got each grade and then compare the grades.

The normal distribution is the most common type of distribution and it occurs when the data is spread out evenly. A normal distribution has the shape of a bell curve, and this shape indicates that the data is spread out evenly around the middle range and the frequency of the data on either side of the curve decreases as it moves away from the centre.

Here is a normal distribution curve:

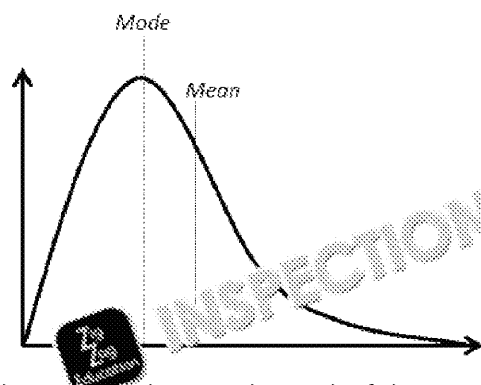


The precise shape of the normal distribution curve is determined by the mean and standard deviation. The mean determines the peak of the curve and a short and wide curve is a result of a large standard deviation (the data is very spread out), whereas a tall and narrow curve is a result of a small standard deviation (the data is similar).

Note that most data only fits the curve approximately rather than exactly.

Skewed distribution curves

Quite often in data we get skewed distribution, where the peak of the curve is not at the centre of the graph.



In this skewed distribution, the data is at the left-hand side of the graph, and the peak is at the centre of the graph.

In skewed distribution, the peak of the curve is not represented by the mean but by the mode. In a normal distribution curve, the mode and the mean are both at the same point.

Why is it important?

It is important to know the type of distribution as this will affect which statistical tests (parametric tests) require data to have a normal distribution. Parametric tests are concerned with comparing with the mean. When using the mean it is important to know if the standard deviation is small because outliers will affect the results.

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Probability

Probability tells us how likely something is to happen. In some cases this could be the likelihood of getting a head on a fair coin is 50% (or 0.5). In inferential statistics, we use probability to decide about when we should accept and reject our null hypothesis.

The most common reason for statistical testing is that we want to know if our results are significant. What this essentially means, is how sure we can be that any effect found was due to the treatment and not just a chance event or an error. In statistics, data can be said to be significant if the p-value is lower than the significance level.

The p-value represents the probability of observing an effect assuming that the null hypothesis is true. The **alpha-value** (α) is the probability of rejecting the null hypothesis, and this is usually set at 0.05, which we test against the observed p-value. Both values can be used to judge the significance of the results. In science, a significance level will most likely be set before the data is gathered. A significance level of 0.05 is 5% or often written as 0.05, so α is 0.05. What this means is that if the p-value is less than 0.05, we assume that the effect is due to the experimental factors and not a random chance.

Significance levels

For most research conducted you use a significance level of 0.05. This means that there is a 5% chance that the result is not due to chance. When it is very important that the result is not due to chance, researchers will use a lower significance level as their level of significance. This means that they are 99% sure that the result is not due to chance. It can be important to make sure that medicines are reducing symptom severity and not simply due to chance.

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Using statistical tables of critical values

When a researcher uses an inferential statistical test they are trying to determine if a difference exists. To do this they must consult tables of critical values.

When an inferential test is conducted it produces a number called the **observed value**. This is compared to another number from the table called the **critical value**.

The critical value is found by looking at the critical value table. Below is the critical value table for the non-parametric test called Spearman's rho:

Level of significance for a one-tailed test					
	0.05	0.025	0.01	0.005	0.0025
Level of significance for a two-tailed test					
N	0.10	0.05	0.025	0.01	0.005
5	0.900	1.000	1.000	1.000	1.000
6	0.886	0.943	1.000	1.000	1.000
7	0.714	0.786	0.893	0.929	0.964
8	0.643	0.738	0.833	0.881	0.905
9	0.600	0.700	0.783	0.833	0.867
10	0.564	0.648	0.745	0.794	0.830
11	0.536	0.618	0.709	0.755	0.800
12	0.503	0.587	0.678	0.727	0.769
13	0.484	0.560	0.648	0.703	0.747
14	0.464	0.538	0.626	0.679	0.723
15	0.446	0.521	0.604	0.654	0.700
16	0.429	0.503	0.582	0.635	0.679
17	0.414	0.485	0.566	0.615	0.662
18	0.401	0.472	0.550	0.600	0.643
19	0.391	0.460	0.535	0.584	0.628
20	0.380	0.447	0.520	0.570	0.612
21	0.370	0.435	0.508	0.556	0.599
22	0.361	0.425	0.496	0.544	0.586
23	0.353	0.415	0.486	0.532	0.573
24	0.344	0.406	0.476	0.521	0.562
25	0.337	0.398	0.466	0.511	0.551
26	0.331	0.390	0.457	0.501	0.541
27	0.324	0.382	0.448	0.491	0.531
28	0.317	0.375	0.440	0.483	0.522
29	0.312	0.368	0.433	0.475	0.513
30	0.306	0.362	0.425	0.467	0.504

Once you have this information it is as simple as finding the critical value.

For example: I need a two-tailed test (because I have a non-directional hypothesis) and I have 13 participants.

What is my critical value? **0.648**

Note: You will see critical value tables in action, in the section: **Understanding influential tests**

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Criteria for using a parametric test

The inferential tests we are going to describe fall into two categories: parametric or non-parametric. For a parametric test to be used, the data should satisfy certain assumptions. The main assumption is that the distribution of the data is normal. Other assumptions include that population variance should be roughly equal, there should be no extreme scores (outliers) and the data should be at least at interval or ratio level (usually interval).

Parametric tests are considered more powerful which means you are more likely to reject your null hypothesis and accept your alternative hypothesis. However, the assumptions above are met.

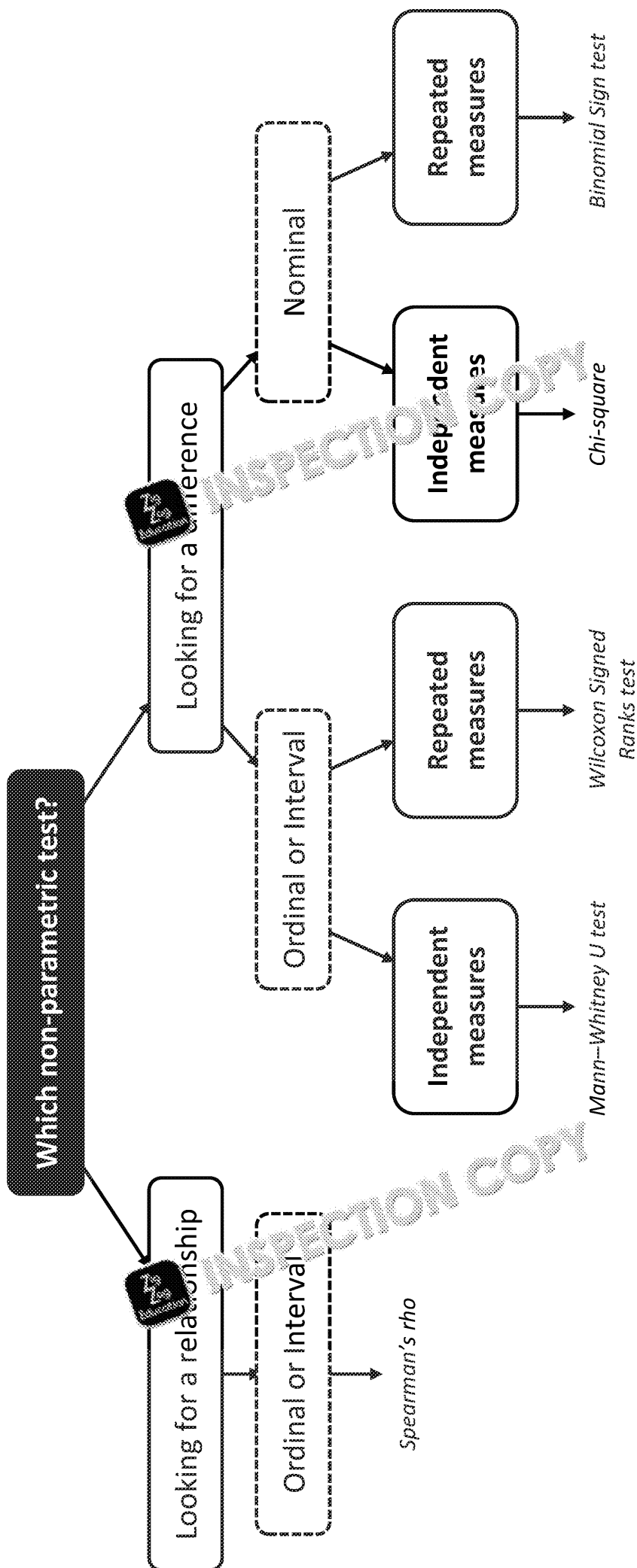
Criteria for using non-parametric inferential tests

In contrast, non-parametric tests do not have to satisfy certain assumptions. They do not need to be normal, so they are sometimes called 'distribution-free tests'.

	Use when	Type of data
Mann-Whitney U test	To see if there is a significant difference between the results of two independent groups (by comparing the medians)	Ordinal or interval
Wilcoxon Signed Ranks test	To see if there is a significant difference between the results of two related groups (by comparing the medians)	Ordinal or interval
Chi-square	To see if the number of people (as measured by frequency) in each category differs significantly from what is expected	Nominal
Binomial Sign test	To see if the number of people (as measured by frequency) in each category differs significantly	Nominal
Spearman's rho	To see if there is a significant relationship between two variables (a correlation) in ranked data	Ordinal or interval

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Understanding the use of non-parametric inference

Using Mann–Whitney U

The Mann–Whitney U test is a test of significant differences between two groups.

Use the Mann–Whitney U when:

- Your data is ordinal or interval
- You have an independent measures design
- You want to work out if there is a significant difference between two groups

Here is an example scenario that follows the test process.

Scenario: Research has shown that certain types of words are remembered better than others in short-term memory. A researcher wants to investigate whether or not acoustically similar words (words that sound similar) are remembered better than words that are acoustically dissimilar (words that do not sound similar). They form the hypothesis: A greater number of acoustically dissimilar words will be recalled than acoustically similar words.

The researcher creates two lists of words: one with 10 acoustically similar words and another with 10 acoustically dissimilar words. Twenty participants are randomly assigned to either the Acoustically Similar condition or the Acoustically Dissimilar condition. Each participant only sees one of these lists. The words were individually presented on a PowerPoint presentation, with each word staying there for 3 seconds before moving on to the next, afterwards the participants wrote down as many words as they could recall from the list.

These were the results:

Acoustically similar words		Acoustically dissimilar words
Participant	Number of words recalled (max = 10)	Participant
1	6	1
2	4	2
3	5	3
4	4	4
5	6	5
6	3	6
7	4	7
8	7	8
9	4	9
10	5	10

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⇒ Step 1: Rank your results

Create a column for each of your groups and title them 'Rank'. You rank all of which group they come from. The smallest number of words recalled is given a rank of 1, and the largest will be given a rank of 2, and so on.

In some cases, several participants have recalled the same number of words. In this case, you assign the average rank to all the ranks they would assume and then divide by the number of participants.

For example, below we have four participants who recalled 4 words. This is the smallest number recalled, so these four participants would assume the ranks 1, 2, 3 and 4.

We calculate $1 + 2 + 3 + 4 = 10$ and then divide this number by 4 because there are 4 participants.

$$10 \div 4 = 2.5$$

All of our participants who recalled 4 words are given a score of 2.5.

When moving on to the next ranking remember the ranks that have already been used. For example, if we have 4 participants who recalled 5 words. Remember that we have already filled ranks 1, 2, 3 and 4. So the next ranks are 5, 6, 7 and 8.

$$5 + 6 + 7 + 8 = 26 \text{ and } 26 \div 4 = 6.5$$

Acoustically similar words			Acoustically dissimilar words
Participant	Number of words recalled (max = 10)	Rank	Participant
1	6	10	1
2	4	2.5	2
3	5	6.5	3
4	4	2.5	4
5	6	10	5
6	8	15.5	6
7	4	2.5	7
8	7	13	8
9	4	2.5	9
10	5	6.5	10

⇒ Step 2: Add up all of the ranks for your first group

Add up the ranks for acoustically similar words to get $\sum R_{a(similar)}$

$$\sum R_{a(similar)} = 10 + 2.5 + 6.5 + 2.5 + 10 + 15.5 + 2.5 + 13 + 2.5 + 6.5$$

⇒ Step 3: Add up all of the ranks for your second group

Add up the ranks for acoustically dissimilar words to get $\sum R_{b(dissimilar)}$

$$\sum R_{b(dissimilar)} = 15.5 + 18 + 13 + 18 + 10 + 13 + 18 + 15.5 + 13 + 18$$

⇒ Step 4: Work out n_a and n_b

n_a is the number of participants in your first group

$$n_a = 10$$

n_b is the number of participants in your second group

$$n_b = 10$$

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⇒ **Step 5: Work out U_a**

The provided formula for U_b is:

$$U_a = n_a n_b + \frac{n_a(n_a + 1)}{2} - \sum R_a$$

Substituting in our values this gives us:

$$U_a = 10 \times 10 + \frac{10(10 + 1)}{2} - 71.5$$

$$U_a = 100 + \frac{10(11)}{2} - 71.5$$

$$U_a = 100 + \frac{110}{2} - 71.5$$

$$U_a = 100 + 55 - 71.5$$

$$U_a = 100 + 55 - 71.5 = 83.5$$

$$U_a = 83.5$$

⇒ **Step 6: Work out U_b**

The provided formula for U_a is:

$$U_b = n_a n_b + \frac{n_b(n_b + 1)}{2} - \sum R_b$$

$$U_b = 10 \times 10 + \frac{10(10 + 1)}{2} - 138.5$$

$$U_b = 100 + \frac{10(11)}{2} - 138.5$$

$$U_b = 100 + \frac{110}{2} - 138.5$$

$$U_b = 100 + 55 - 138.5$$

$$U_b = 100 + 55 - 138.5 = 16.5$$

$$U_b = 16.5$$

⇒ **Step 7: Work out U**

U is the smaller of U_a and U_b

Our $U_a = 83.5$ and $U_b = 16.5$

So our $U = 16.5$

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⇒ Step 8: Use critical value tables

To be significant, our calculated value of U has to be **equal to or less than** U_{critical}.
To use a critical value table we need to know our N_a and our N_b and whether we are doing a one-tailed or a two-tailed test. From Step 4 our N_a = 10 and our N_b = 10.

We have a directional hypothesis so we will be doing a one-tailed test.

Our critical value for a one-tailed test at $p \leq 0.05$ is 27:

		N _b									
		5	6	7	8	9	10	11	12	13	14
N _a		p ≤ 0.05 (one-tailed), p ≤ 0.10 (two-tailed)									
5	4	5	6	8	9	11	12	13	15	16	
6	5	7	8	10	11	14	16	17	19	21	
7	6	8	10	12	15	17	19	21	24	26	
8	8	9	11	15	18	20	23	26	28	31	
9	9	11	14	17	20	24	27	30	33	36	
10	11	12	16	19	23	27	31	34	38	41	
11	12	13	17	21	26	30	34	38	42	46	
12	13	15	19	24	28	33	37	42	47	51	
13	15	18	23	28	33	39	44	50	55	61	
14	16	21	26	31	36	41	46	51	56	61	
15	18	23	28	33	39	44	50	55	61	66	
16	19	25	30	36	42	48	54	60	65	71	
17	20	26	33	39	45	51	57	64	70	77	
18	22	28	35	41	48	55	61	68	75	82	
19	23	30	37	44	51	58	65	72	80	87	
20	25	32	39	47	54	62	69	77	84	92	

⇒ Step 9: Determine significance

Look at the Mann–Whitney U critical values tables above.

Write down the critical values for your test and the significance level

Critical value at $p \leq 0.05$ = 27

U value = 16.5

If your U value is **less than or equal** to the critical value then the result is significant.

You choose your significance level, typically it will be 0.05. However, if you choose a lower value (e.g. 0.01) this is even better. You want the lowest critical value that is significant. Significance at $p \leq 0.01$ is better than significance at $p \leq 0.05$.

Our result is significant at $p \leq 0.05$ because our U value (16.5) is less than our critical value (27). This supports the experimental hypothesis that more acoustically dissimilar words were recalled than similar words.

Significance at $p \leq 0.05$ more acoustically dissimilar words were recalled than acoustically similar words.

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Using Wilcoxon Signed Ranks test

The Wilcoxon Signed Ranks test is used when you want to see if there is a significant difference between two conditions.

Use the Wilcoxon Signed Ranks test when:

- Your data is ordinal or interval
- You have a repeated measures design
- You want to work out if there is a significant difference between two conditions

Scenario: A researcher wants to investigate whether attention to visual detail is better in the morning or afternoon. Each participant is shown two identical photographs but with one photo altered subtly. Participants have one minute to spot the ten differences. Half of the participants complete this first at 10am in the morning and half of participants complete this in the afternoon. A week later, with different photographs, the same participants return to do the other time condition.

Previous research has found that in the afternoon we experience a cognitive decline and have lower energy levels and alertness compared to other times in the day. The researcher's hypothesis is that more differences will be identified in the morning condition than the afternoon condition.

Ten participants completed the study and produced the following results:

Table 1. Number of differences participants identified in the morning and afternoon

Participant	Morning condition	Afternoon condition
1	7	5
2	6	4
3	8	3
4	5	5
5	4	7
6	8	7
7	5	4
8	10	9
9	7	5
10	9	8

Follow the steps below to learn how to conduct the Wilcoxon Signed Ranks test.

⇒ Step 1: Calculate the difference of each pair

Create a column and label it 'Difference'. Calculate the difference between the two conditions.

We did this by subtracting the afternoon condition from the morning condition. You could also do this the opposite way around but make sure you use the same method for all participants.

Participant	Morning condition	Afternoon condition	Difference
1	7	5	2
2	6	4	2
3	8	3	5
4	5	5	0
5	4	7	-3
6	8	7	1
7	5	4	1
8	10	9	1
9	7	5	2
10	9	8	1

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⇒ **Step 2: Rank the differences**

Create a new column in your table and title it 'Rank'. If any of your differences

Ignore the signs and look for the smallest difference (other than 0) and give that difference a rank of 1, and so on.

If some of your differences are the same, then work out the ranks they would have if they were different numbers of differences.

In the data below we have four differences of 1. These scores would assume ranks of 1, 2, 3 and 4. We work out $1 + 2 + 3 + 4 = 10$ and then divide this answer by the number of differences of 1.

$10 \div 4 = 2.5$. A rank of 2.5 is given to all the differences of 1.

We also have three differences of 2. Remember that 1 is taking up the rank of 1, so the next highest difference takes up the rank of 5.

There are three differences of 2, so this will be ranks 5, 6 and 7.

We work out the rank by working out $5 + 6 + 7 = 18$ and then dividing this by 3. $18 \div 3 = 6$. A rank of 6 is given to all the differences of 2.

Participant	Morning condition	Afternoon condition	Difference
1	7	5	2
2	6	4	2
3	8	3	5
4	5	5	0
5	4	7	3
6	8	7	1
7	5	4	1
8	10	9	1
9	7	5	2
10	9	8	1

⇒ **Step 3: Add together all the ranks that belong to positive scores**

Positive scores: $6 + 6 + 9 + 2.5 + 2.5 + 2.5 + 6 + 2.5 = 37$

⇒ **Step 4: Add together all the ranks that belong to negative scores**

Negative scores: 8

⇒ **Step 5: Find the value of W (W stands for Wilcoxon)**

The smaller answer to Step 3 and Step 4 is the value of W.

$W = 8$

⇒ **Step 6: Find the value of N**

Our value for N is the number of differences (we ignore any that gave us a difference of 0).

There are 9 differences (because we omitted one)

$N = 9$

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⇒ Step 7: Find the critical value

Look at the critical Wilcoxon values.

n	Level of significance for a one-tailed test		
	0.05	0.025	0.01
	Level of significance for a two-tailed test		
	0.1	0.05	0.02
N=5	0	-	-
6	2	0	-
7	3	2	0
8	5	3	1
9	8	5	3
10	11	8	5
11	13	10	7
12	17	13	9

Use your N value

For n=9, it is important that they are significant at a level of 0.05. As research is needed to be significant at a level of 0.01 because it is very important. A level of 0.01 reduces the odds of false positives (detecting a difference when there is none).

⇒ Step 8: Determine significance

We use the table above and our W value to determine whether our findings are significant.

We have a directional hypothesis so we use a one-tailed test. (If you have a non-directional hypothesis you use a two-tailed test.)

Looking at the table above for a one-tailed test:

Critical value at $p \leq 0.05 = 8$

W value = 8

You choose your significance level, typically it will be 0.05. However, if you choose a lower value (e.g. 0.01) this is even better. If your W value is **less than or equal to** the critical value, your result is significant.

You want the lowest critical value that your result is still significant for. Significance at $p \leq 0.05$.

Our result is significant at $p \leq 0.05$ because our W value (8) is equal to our critical value (8). This supports our experimental hypothesis that more differences will be identified in the afternoon condition.

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Using chi-square

Chi-square analysis is a statistical tool employed when working with nominal or frequency data associated with those categories. It is particularly useful when there is a significant difference between two or more categories within your data.

Use the chi-square when:

- Your data is **nominal**, i.e. when data consists of categories or labels, not numbers.
- You have an **independent groups design**, i.e. your data is organised into separate categories.
- You want to assess significant differences – chi-square helps you evaluate whether frequencies within your categories significantly differ from what you would expect.

Example:

Consider the following data representing the preferences of students for two different explanations (A and B):

	Explanation A	Explanation B
Girls	17	3
Boys	2	10

⇒ **Step 1: Construct a table and add the totals for each column and row**

The results are below:

	Explanation A	Explanation B
Girls	17	3
Boys	2	10
Column total	19	13

These values represent the **observed frequencies** – the actual preferences recorded.

In a chi-square analysis, we compare these observed frequencies to **the expected frequencies** are what we would theoretically anticipate if there were no difference between the two explanations. In this case, the researcher assumes that both explanations (A and B) are equally preferred. If an equal number of students should, in theory, choose each definition.

By applying chi-square analysis, we can determine whether the observed preferences differ significantly from this expected equal distribution, helping us make informed conclusions about the two explanations. Chi-square analysis quantifies the extent of this deviation and its statistical significance.

Chi-square is a test of whether the observed frequencies differ significantly from the expected frequencies. If they do, this suggests that the definitions were not equal after all. This type of test is known as the **Goodness of Fit**.

⇒ **Step 2: Construct a new table to compare the observed and expected frequencies**

The first step is to create a table. Each of your conditions should get a column. The first column contains the observed frequencies for each cell. Your expected frequencies are calculated using the formula:

$$\text{Expected frequency} = \frac{\text{Row total} \times \text{Column total}}{\text{Overall total}}$$

	Explanation A	Explanation B
Girls	17 (observed) $20 \times 19 / 32 = 11.875$ (expected)	3 (observed) $20 \times 13 / 32 = 8.125$ (expected)
Boys	2 (observed) $12 \times 19 / 32 = 7.125$ (expected)	10 (observed) $12 \times 13 / 32 = 4.875$ (expected)
Column total	19	13

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⇒ Step 3: Calculate $O - E$

Create a new row for each group and calculate the observed frequency minus the expected frequency. Don't worry if some of your answers are negative and others are positive.

	Explanation A	Explanation B
Girls	17 (observed)	3 (observed)
	$20 \times 19 / 32 = 11.875$ (expected)	$20 \times 13 / 32 = 8.125$
	$O - E = 5.125$	$O - E = -5.125$
Boys	2 (observed)	10 (observed)
	$12 \times 19 / 32 = 7.125$ (expected)	$12 \times 13 / 32 = 4.875$
	$O - E = -5.125$	$O - E = 5.125$
Column total	19	13

⇒ Step 4: Calculate $(O - E)^2$

Add another row to your table for each group and take your previous answer. Remember that when you multiply two negative numbers together the answer is positive.

	Explanation A	Explanation B
Girls	17 (observed)	3 (observed)
	$20 \times 19 / 32 = 11.875$ (expected)	$20 \times 13 / 32 = 8.125$
	$O - E = 5.125$	$O - E = -5.125$
	$(O - E)^2 = 26.27$	$(O - E)^2 = 26.27$
Boys	2 (observed)	10 (observed)
	$12 \times 19 / 32 = 7.125$ (expected)	$12 \times 13 / 32 = 4.875$
	$O - E = -5.125$	$O - E = 5.125$
	$(O - E)^2 = 26.27$	$(O - E)^2 = 26.27$
Column total	19	13

⇒ Step 5: Calculate $(O - E)^2 / E$

For each column, take your answer from your previous step and divide it by the expected frequency. The symbol means divide.

	Explanation A	Explanation B
Girls	17 (observed)	3 (observed)
	$20 \times 19 / 32 = 11.875$ (expected)	$20 \times 13 / 32 = 8.125$
	$O - E = 5.125$	$O - E = -5.125$
	$(O - E)^2 = 26.27$	$(O - E)^2 = 26.27$
	$(O - E)^2 / E = 2.212$	$(O - E)^2 / E = 3.233$
Boys	2 (observed)	10 (observed)
	$12 \times 19 / 32 = 7.125$ (expected)	$12 \times 13 / 32 = 4.875$
	$O - E = -5.125$	$O - E = 5.125$
	$(O - E)^2 = 26.27$	$(O - E)^2 = 26.27$
	$(O - E)^2 / E = 3.686$	$(O - E)^2 / E = 5.388$
Column total	19	13

⇒ Step 6: Calculate χ^2

This symbol means chi-square. To calculate chi-square we take all our numbers from the previous step and add them.

$$\chi^2 = \sum \left[\frac{(O - E)^2}{E} \right] = 2.212 + 3.233 + 3.686 + 5.388 = 14.519$$

⇒ Step 7: Calculate your degrees of freedom (df)

$(df) = (\text{Number of rows} - 1) \times (\text{Number of Columns} - 1)$
 E.g. $(2-1) \times (2-1) = 1$

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⇒ Step 8: Using the critical value tables

df	p≤0.05	p≤0.01
1	3.84	6.64
2	5.99	9.21
3	7.81	11.34
4	9.49	13.28
5	11.07	15.09
6	12.59	16.81
7	14.07	18.48
8	15.51	20.09
9	16.92	21.67
10	18.31	23.21
11	19.68	24.72
12	21.03	26.22
13	22.36	27.69
14	23.68	29.14
15	25.00	30.58

Our df = 1

We are going to choose
To be significant our value must be
equal to or greater than the critical value

Our critical value is 3.84
Our value of chi-square is 1.64

Therefore, there is a significant difference
our expected and observed frequencies
definitions are not equal

Using Binomial Sign test

A binomial sign test is used when we want to see if there is a significant difference between two conditions.

Use the binomial sign test when:

- Your data is nominal
- You have a repeated measures design
- You want to work out if there is a significant difference between each condition

A student wants to know if a person would be more likely to listen to a close friend talking about a problem related to mental illness than listen to a stranger talk about a problem related to mental illness. She hypothesised that people would be more likely to listen to the close friend.

She carried out a questionnaire study and got the following results:

Table 1. Showing disposition to listen to someone talk about a problem

Participant	Listen to close friend Condition A	Listen to stranger Condition B
1	yes	yes
2	no	yes
3	no	yes
4	yes	yes
5	yes	no
6	yes	no
7	yes	yes
8	yes	no
9	yes	no
10	yes	no

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⇒ **Step 1: Calculate the flow of direction**

If condition A is no and condition B is yes then you get a minus -

If condition A is yes and condition B is no then you get a plus +

If both conditions are the same then you ignore them

Participant	Listen to close friend Condition A	Listen to stranger Condition B
1	no	yes
2	no	yes
3	no	yes
4	yes	yes
5	yes	no
6	yes	no
7	yes	yes
8	yes	no
9	yes	no
10	yes	no

⇒ **Step 2: Count how many positive and negative signs there are**

+ total = 5

- total = 3

⇒ **Step 3: The smaller total score is your observed binomial sign test result**

Observed value = 3

⇒ **Step 4: Find your critical value**

Here is the critical value table for the binomial sign test:

N	p≤0.05	p≤0.01
5	0	
6	0	0
7	0	0
8	1	0
9	1	1
10	1	1
11	2	1
12	2	2
13	3	2
14	3	2
15	3	3

N = number of participants with a difference in their score (ignore those with no difference)
N = 8

We are using a significance level of 0.05
So our critical value = 1

⇒ **Step 5: Is your result significant?**

Our observed value = 3

Our critical value = 1

To be significant, the observed value has to be **less than or equal to** the critical value.
In our example, the observed value is greater than the critical value and is not significant.
This means that there is not a significant difference between how willing participants were to listen to a close friend or to listen to a stranger.

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Using Spearman's rho

Spearman's rho is used to analyse for correlations.

Use Spearman's rho when:

- Your data is ordinal or interval
- You have a correlational design
- You want to work out if there is a significant relationship between two

Here is an example scenario that follows the test process.

Scenario: A researcher is interested in whether there is a relationship between happiness and height. A questionnaire is designed to assess self-rated happiness. The minimum score is 0 and the maximum score is 25. The participants also stated their height and heights were all converted to centimetres for ease of comparison.

Ten participants took part in the study and these were their results:

Participant data on height and overall self-rated happiness

Participant	Happiness score	Height
1	9	172
2	2	160
3	4	171
4	11	168
5	1	170
6	16	179
7	8	169
8	15	180
9	8	175
10	24	187

Note. Minimum happiness score is 0; maximum

⇒ **Step 1:** Set up a table, such as the one below:

Participant	Happiness score	Rank 1	Height (in cm)	Rank 2
1	9		172	
2	2		160	
3	4		171	
4	11		168	
5	1		170	
6	16		179	
7	8		169	
8	15		180	
9	8		175	
10	24		187	

Rank 1 is our column for our ranking of self-rated happiness

Rank 2 is our column for our ranking of height

d is our difference (Rank 2 – Rank 1)

d² is our difference squared

Next we are going to rank our data.

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⇒ **Step 2:** To rank your scores, start with the lowest number and give that a rank of 1 and so on.

Participant	Happiness score	Rank 1	Height (in cm)	Rank 2
1	9	6	172	6
2	2	2	160	1
3	4	3	171	5
4	11	7	168	2
5	1	1	170	4
6	16	9	179	8
7	8	4.5	169	3
8	15	8	180	9
9	8	4.5	175	7
10	24	10	187	10

If two of your results are the same you give a joint ranking. We have two 8s and two 4s so we give them both a ranking of 4.5. The next lowest score will be 9.

Note: Multiple joint rankings, especially in a small sample size, decreases the power of the test.

⇒ **Step 3:** To work out d (the difference) we subtract our rank 1 scores from the rank 2 scores.

Rank 2 – Rank 1 = difference

Participant	Happiness score	Rank 1	Height (in cm)	Rank 2
1	9	6	172	6
2	2	2	160	1
3	4	3	171	5
4	11	7	168	2
5	1	1	170	4
6	16	9	179	8
7	8	4.5	169	3
8	15	8	180	9
9	8	4.5	175	7
10	24	10	187	10

To work out d^2 (difference squared) we simply square our d result.

Remember that you are squaring the sign too $(-5)^2 = 25$

A negative multiplied by a negative gives us a positive.

All of our answers should be positive.

⇒ **Step 4:** Calculate $\sum d^2$

$\sum d^2$ is the sum of all of our d^2 results. To do this we have to add the results together.

$$\sum d^2 = 0 + 1 + 4 + 25 + 9 + 1 + 2.25 + 1 + 6.25 + 0$$

$$\sum d^2 = 49.5$$

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⇒ **Step 5:** Work out $N=$

Your N value is your number of participants.

$$N = 10$$

⇒ **Step 6:** Put the information in the formula

Here is the formula for Spearman's rho:

$$r_s = 1 - \frac{6 \sum d^2}{n(n^2 - 1)}$$

Remember that $\sum d^2 = 49.5$ and $n=10$

$$r_s = 1 - \frac{6 \times 49.5}{10(10^2 - 1)}$$

$$r_s = 1 - \frac{297}{990}$$

$$r_s = 0.7 \text{ (2 d.p.)}$$

0.7 is our **observed value**

Here are the critical values for Spearman's rho:

Level of significance for a one-tailed test					
	0.05	0.025	0.01	0.005	0.0025
Level of significance for a two-tailed test					
N	0.10	0.05	0.025	0.01	0.005
5	0.900	1.000	1.000	1.000	1.000
6	0.829	0.886	0.943	1.000	1.000
7	0.714	0.786	0.893	0.929	0.964
8	0.643	0.738	0.833	0.881	0.905
9	0.600	0.700	0.783	0.833	0.867
10	0.564	0.648	0.745	0.794	0.830
11	0.536	0.618	0.709	0.755	0.800
12	0.503	0.587	0.678	0.727	0.769
13	0.484	0.560	0.648	0.703	0.747
14	0.464	0.538	0.626	0.679	0.723
15	0.446	0.521	0.607	0.654	0.700
16	0.429	0.503	0.582	0.635	0.679
17	0.414	0.485	0.566	0.615	0.662
18	0.400	0.472	0.550	0.600	0.643
19	0.391	0.460	0.535	0.584	0.628
20	0.380	0.447	0.520	0.570	0.612

The calculated value must be **equal to or exceed** the critical value in this table.

Our value was 0.7, which is greater than 0.648. Therefore, our result is significant.

This means that we can **reject our null hypothesis** that there would be no relationship between happiness and happiness. Therefore, we can **accept our alternate hypothesis** that there is a relationship between happiness and happiness.

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Type 1 errors

The alpha level is the probability that we will make a type I error. A type I error is when we reject our null hypothesis but we shouldn't have. In this type of error we believe that there is a difference when in fact there is not. When alpha is 0.05 we are saying that there is a 5% chance of making a type I error. We are confident that we are correct in rejecting our null hypothesis.

Although it is common to use $\alpha = 0.05$, researchers also sometimes use other values. For example, a value of $\alpha = 0.01$, which says that there is just a 1% chance of a type I error. This is particularly important not to make a type I error (when it would be very bad to make one in our data). For example, in the final stages of a drug trial, it would be bad practice to say a drug is effective when it is not.

Type 2 errors

A type II error is the opposite. In this case we accept our null hypothesis when we believe there was no difference between our results but actually there was. We fail to detect a change. The more we make our alpha level, the more likely we are to make a type I error, making it more difficult to reject our null hypothesis.

A real-life application is a pregnancy test:

- A type I error occurs when the test says that a woman is pregnant but she is not (detect a change but there was no change)
- A type II error occurs when the test says that a woman is not pregnant but she is (fail to detect the change)

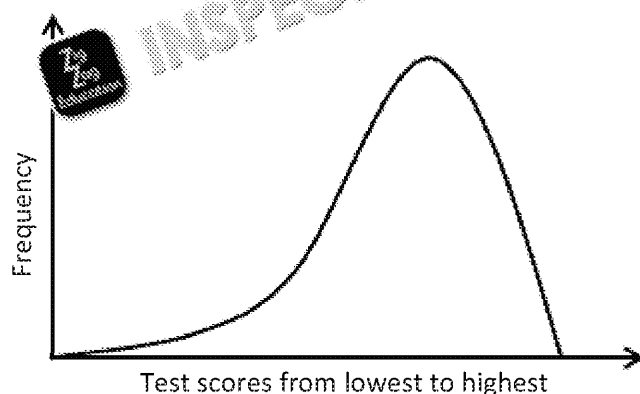
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Chapter 3 Activities

Check your understanding! Inferential statistics

- Q1. The relationship between stress and attention is of normal distribution. Draw a normal distribution curve to represent this relationship. Include labels and where the mean is.
- Q2. Which two factors determine the shape of a normal distribution?
- Q3. What will a large standard deviation look like on a normal distribution curve?
- Q4. Examine the curve below:



- What type of distribution is this?
 - What does the curve say about test scores?
 - Label the mean on the curve.
 - Label the mode on the curve.
 - Explain why the mean and mode are labelled this way.
- Q5. Explain why it is important to know the distribution of the data.
- Q6. What is the main assumption of parametric tests?
- Q7. A researcher has conducted a study into the relationship between happiness. She totals how many cigarettes are smoked by the participants and their happiness score based on a questionnaire.

The researcher wants to conduct an inferential test to investigate the relationship. Which inferential test should she use and why?

- Q8. A psychologist has carried out an experiment into short-term memory. Participants are shown a list of words in two conditions. In the first condition a group of participants are shown a list of words very briefly and all of the words are in alphabetical order. In the second condition, another group of participants are shown the same list of words but the words are in random order. The number of words recalled in each condition is recorded.

The researcher wants to conduct an inferential test to investigate a significant difference between the two conditions. Which inferential test should she use and why?

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Practice questions

A psychologist carried out a study into the relationship between happiness and hours worked each week.

Participants completed a questionnaire containing ten questions on happiness, each written on a five-point Likert scale, where 1 = strongly disagree to 5 = strongly agree. The mean score was 10 and the maximum score was 50. A higher score indicated a higher level of happiness.

An eleventh question on the questionnaire asked the participant how many hours they typically worked per week. The question specified to give their answer as a whole number.

The psychologist wrote her results in the following table:

Participant	Happiness score	Hours worked per week
1	15	37
2	46	15
3	32	30
4	35	40
5	47	20
6	24	36
7	44	25
8	32	35
9	15	48
10	34	40
Mean	32.4	32.6
Standard deviation	11.6	10.1

- Q1. Outline how a mean is calculated. (2 marks)
- Q2. Draw a scatter diagram to show the relationship between happiness and hours worked per week. (4 marks)
- Q3. What fraction of the participants' happiness scores is over 25? (1 mark)

a) $\frac{3}{4}$

b) $\frac{4}{5}$

d) $\frac{7}{10}$

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Chapter 4: Report writing (1)

Overview

In this chapter we will learn about how research is presented in a practical report and understand the purpose of each of the report sections. We will also look at why research needs to be referenced and to undergo peer review.

Learning

After studying this chapter you will be able to:

- ☐ Understand the purpose of a practical report and sub-sections
- ☐ Be familiar with the structure of a practical report
- ☐ Understand the importance of referencing

Key



Abstract

A brief overview of your research; read by others to determine whether they want to read the full report.

Appendices

A section at the end of the report in which extra information is placed so that it does not disrupt the flow of the main text.

Design

A subsection of the methods section in which the research design (e.g. independent groups, or matched groups) is described.

Discussion

A section considering the meaning of the findings of the research and the study's strengths and weaknesses.

In-text citation

When a study is referred to in the text the author's name is written next to it.

Introduction

Provides a rationale for the research by looking at what is known and unknown.

Materials/apparatus

A subsection of the methods section of a report in which the things he or she needed to conduct the research are listed.

Method

A section of a report which describes, in detail, how the research was conducted.

Peer review

A process by which research is evaluated by other experts in the field to ensure it meets certain standards.

Procedure

A subsection of the methods section of a report in which the steps of the study were conducted are described.

Reference

Providing information about the author of the research being referred to.

Results

A description of the study's findings in terms of what was found and how it was explained.

Sample/participants

A subsection of the methods section of a report in which the characteristics of the sample are described.

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Sections and subsections of a practical report

After conducting research, the researchers will typically write up their findings in a psychological journal. The majority of research is published in psychology journals such as *Cognitive Neuroscience*. Each journal tends to be centred on a particular domain of psychology, and researchers publish articles from this domain, and competition for publication in prestigious journals is high.

Note: Journal articles are much more likely to be published if their findings are statistically significant. This creates a skewed understanding of the topic because many relevant findings are not published, making it difficult for researchers to access.

Abstract

The abstract is a short summary of the research which includes key features such as the hypothesis was and whether the findings supported this hypothesis. The abstract allows researchers to see if they want to read the whole article.

Abstracts are useful for researchers who want to conduct a meta-analysis. A meta-analysis research examines all the studies relevant to their research question and compares them. The abstracts can be used to help the researcher work out if they need a meta-analysis.

An abstract is often set out in a similar way so that it is really easy for other researchers to find the information they are looking for.



Very briefly, and in this order, researchers try to answer these questions:

1. What background research is there to our topic?
2. What topic did we investigate?
3. What research method did we use?
4. What were our variables and how did we measure them?
5. What were our main findings?
6. What was our main conclusion?

Although some researchers may include more information than this, all abstracts cover the same information covered.

Introduction

The introduction is arguably one of the most important sections of the whole report. The researcher discusses the reason for deciding to conduct their research. This includes the background research that is very relevant to their research question. The researcher identifies the problem and how the researcher aims to remedy this. The introduction concludes with the research question.

Method

This section describes how the researcher conducted the research. The method should be detailed enough that another researcher could repeat the study exactly using the same method. The method is usually split up into:

Design

The experimental design is briefly described, including whether the study used an independent measures design or a matched participants design, or whether it used self-reports. This includes information on how the participants were selected and the conditions. Alternatively, if the researcher used a correlational design, the correlation can be described.

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Sample/participants

This includes details of how many participants, the distribution of their gender they were drawn from and the method of selection, and whether or not they were matched. If any participants were excluded from the sample for any reason, or if participants dropped out (attrition) this will also be included.

Materials/apparatus

This gives details of any materials or equipment used in the study. For example, if a questionnaire this would include information about how the questionnaire was distributed and what questions were included. If the design involved a computerised task, it may include details of graphical abilities and the size and resolution of the monitor screen.

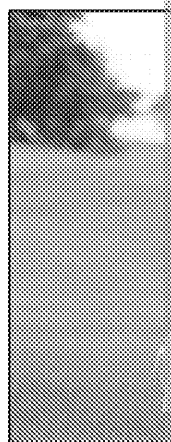
Procedure

The procedure section is a detailed description of how the study was carried out so that another researcher could repeat the study. It should include what instructions were given, any measures taken to reduce order effects and how long the participants spent on the task.

1.6 How science works: Replicability

When a researcher conducts their study they should try to design it so that another psychologist can replicate it. To do this it needs to be very clearly described and carefully standardised. The other psychologist should get the same result. In science, if research is replicated exactly then it should produce the same results.

If both studies get the same result then this suggests that the finding is reliable.



Results

The results section first begins with describing the data using descriptive statistics. It then moves on to show the results of any statistical or qualitative analysis and what their statistical significance is.

This section is very fact-based as the researcher does not apply any kind of interpretation. The results section should be completely objective and when reporting the statistics should not be influenced by expectations or beliefs.

Discussion

The discussion is an important section where the researcher gives meaning to the results. The researcher reiterates the statistical findings and linking them to the research hypothesis. The researcher concludes on whether they support or contradict the predictions of their study.

The results are then discussed in terms of the past research that was identified. The researcher considers whether the new results fit in with past data. If the research does not fit in with past data, the researcher considers why this might be. The researcher may argue that the old research was flawed, or that some methodological issue might have influenced the results.

The discussion also requires the researcher to evaluate their own research and most serious limitations will be considered, such as variables that might have influenced the results. The researcher also states how generalisability is very limited.

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Finally, the researcher considers what research still needs to be done and what are.

References

It is very important that the writer of the article credits other researchers' work to prevent the reader from believing that these ideas are the author's original someone else.

Appendices

At the back of the report are the appendices. Appendices are important to the main body of text because it would disrupt the flow of information. Information appendices includes raw data, analyses, additional tables and diagrams, ethical information sheets and debrief forms.

Appendices are cited in the text where the text refers to something that has been

Example:

- Participants were thanked for their time and given a debrief sheet at the end of the study.

This allows the reader to go and examine the information if they are interested. It is necessary to consult the appendices to understand the report. However, for a reader wishes to replicate the study then the appendices can be a valuable source.

Citing academic references

As mentioned, references are essential when acknowledging the work of others about the originality of the ideas discussed. Additionally, it can be an excellent way to surround a topic of interest and encourage further reading and understanding.

Harvard system of referencing

There are several different systems of referencing which vary slightly in how they you need to know about is the Harvard system of referencing.

There are two different types of references:

In-text citations

When you directly refer to, quote or paraphrase a study you should give an in-

Examples:

- Milgram (1963) found that the majority of his participants obeyed an order.
- Research by Loftus and Palmer (1974) highlights the danger of using leading questions.
- Some research into bystanders has shown that in a naturalistic setting, people often do not help (e.g. Piliavin et al., 1969).
- Many studies have shown the context dependent nature of memory (e.g. Loftus et al., 2013).

Notice that there are two slightly different methods. When talking about a specific study, you need to mention the author(s) surname(s) in the text and the date in brackets. Then when talking about several studies that point to the same conclusion, the author(s) and the date are mentioned in brackets at the end of the sentence.

When three or more authors are mentioned, the surname of the first author is replaced by 'et al.' and then the date. Readers can find the full list of authors in the references section.

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Reference list

The reference list is a complete list of all authors you have cited in the text. It includes precisely where you retrieved the information from. The most common sources are:

Referencing books:

Surname, Initial(s). (Year). *Book title*. (Edition if not the first). Place: Publisher.
Gross, D. (2015). *Psychology: The Science of Mind and Behaviour*. (7th ed). London: Hodder & Stoughton.

Referencing journal articles:

Surname, Initial(s). (Year) Article title. *Journal name*, Volume(Issue number), Page numbers.
Piliavin, I. M., Rodin, J. A. & Piliavin, J. (1969) Good Samaritanism: An underground phenomenon. *Psychology and Social Psychology*, 13, (4), 289–99.

In a completed reference list, the references are arranged in alphabetical order of the author's name. This helps you to locate the reference they are interested in.

Peer review

Journal articles are given a higher status if they are published in peer-reviewed journals. A peer-reviewed article is one that has been evaluated by other researchers in a similar field to check if it meets certain standards. When an article is submitted for publication the copy is sent to be reviewed and the author's identity is made anonymous so that the reviewers are not influenced by the author's identity. The idea is that the work can be assessed for its quality by impartial reviewers before it can be published.

Peer-reviewing is important for the development of psychology as a science as it ensures that the work being produced is to a high quality and of good accuracy. Without peer review there is a danger of poor-quality research being published that may draw incorrect conclusions or base its conclusions on flawed methodology. Along with damaging the field of psychology this could also harm the groups being studied. For example, prior to peer-review systems early research suggested that African Americans had lower IQs than whites based on poor IQ test design and biased practices against African Americans.

However, there are problems within peer-reviewing. One is the fact that the reviewers are often psychologists who have strong opinions about which approaches they favour.

Since journal articles that do not meet the requirements are not published, peer-reviewed journals are often considered the 'best of the best' in psychological research. There are databases dedicated to peer-reviewed articles where you can filter out journal articles that have not been peer-reviewed. Examples include PsycINFO and PsycARTICLES.



Being reviewed by a peer before being published in a respected journal means that the research is more likely to be of high quality.

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Discussion point – Open Access journals

There is a continuing debate whether there should be a greater shift towards open access journals to provide unrestricted access to scientific journals. Do you think open access to scientific journals is a good thing?

Chapter 4 Activities

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Check your understanding!

- Q1. Identify one way in which the abstract is used. (1 mark)
- Q2. Briefly describe how the results section and the discussion section
- Q3. Identify and explain two reasons why the discussion is an important report. (6 marks)
- Q4. Identify two differences between in-text citations and a reference
- Q5. Briefly describe the purpose of peer review. (3 marks)



Practice questions

- Q1. Outline the purpose of referencing in psychological research. (3 marks)
- Q2. Outline the purpose of the results section in a scientific journal article.



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Chapter 5: Practical activities

Overview

In this chapter we will apply the knowledge that we have acquired so far to a number of practical activities. These practical activities will involve you designing and conducting your own research studies based around a research scenario. Each scenario will be accompanied by a guided example of one way the research could be conducted.

Learning

After studying this chapter, you will be able to:

- ☐ Apply knowledge and techniques
- ☐ Design a research study

Key Terms

 Correlational research

Experiment

Observation

Self-report

A type of study looking at the association between two variables

A type of study that uses manipulation of the independent variable and measures of control to try to establish cause and effect

A research methods technique in which data is collected by observing behaviour

Research methods that gather data by asking participants to report on their own behaviour or attitudes

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Practical activities

Throughout the previous four chapters we have covered some of the methods when they conduct research. In this chapter, you will have the opportunity to put on what you have learnt.

Designing and conducting your own research will give you a better understanding of the strengths and weaknesses of different research methods. In this chapter, you will explore different research scenarios, and hints and tips to help you design and conduct your research.

In addition to this, there will also be a guided example for each scenario which shows you how to conduct this research. If you do not intend to conduct your own research, you can use the guided examples to learn more about how to apply your knowledge of research methods to a research scenario.

Self-report

Research scenario

How do people view mental illness?

You are tasked with designing a self-report study to investigate attitudes towards people with mental illness. You should use a questionnaire design that includes both open and closed questions.

You should think carefully about how you design your questionnaire and why you choose to design it that way.

Task chapter 5.1: Designing and conducting a self-report study

Answer the questions below to help you write up your self-report study above. The questions should also help to guide you through the planning process and give you an idea of the things you need to consider before beginning.

1. What is your research question?

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2. What sampling method did you choose and how many participants?

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3. Write your questionnaire. Remember to use at least one open question.

Hint! Remember that your whole questionnaire should focus on the consequences of mental illness.



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4. Describe two points you considered when you were designing your questionnaire that they affected your questionnaire.

Point 1:

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Point 2:

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5. Suggest one way you will try to account for ethical issues in your study.

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6. In detail, describe the procedure of your study. You should include what you did, how you did it, and how you know that someone else could replicate your study.

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7. For one of your closed questions, calculate the mean, median and mode for the responses of the participants. Present this information in a table.

Hint! Gather all of their scores for this question together first. You could

Hint! Gather all of their scores for this question together first. You could

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8. Suggest one conclusion you could draw from your mean score for the

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9. Consider one way you could analyse your open question(s) and try

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10. Briefly discuss whether using an interview instead of a questionnaire would lead to improvement.

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Hint! It is a good idea to write a brief list of the pros and cons of both research methods before a more developed discussion of the two.

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11. Identify two strengths and two weaknesses of your questionnaire and how they affected your findings.

Strength 1:

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Strength 2:

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Weakness 1:

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Weakness 2:

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Guided example...

Here is a guided example of **one way** you could design and conduct your self-study...

1. **What is your research question?**
How do people view mental illness?
2. **What sampling technique did you choose and how many participants did you use?**
An opportunity sample of ten participants was recruited by asking friends.
3. **Write your questionnaire. Remember to use at least one open question.**

INSTRUCTIONS:

For Q1–6 please fill in the circle that most represents your attitude to...

Q1. People with mental illnesses are dangerous.

Strongly Disagree ☐ Somewhat Disagree ☐ Neutral ☐ Somewhat Agree ☐ Strongly Agree ☐

Q2. People with mental illnesses are to blame for their illness.

Strongly Disagree ☐ Disagree ☐ Somewhat Disagree ☐ Neutral ☐ Somewhat Agree ☐ Strongly Agree ☐

Q3. People with mental illnesses should not be allowed to work.

Strongly Disagree ☐ Disagree ☐ Somewhat Disagree ☐ Neutral ☐ Somewhat Agree ☐ Strongly Agree ☐

Q4. People with mental illnesses should be kept away from children.

Strongly Disagree ☐ Disagree ☐ Somewhat Disagree ☐ Neutral ☐ Somewhat Agree ☐ Strongly Agree ☐

Q5. People with mental illnesses are a burden on others.

Strongly Disagree ☐ Disagree ☐ Somewhat Disagree ☐ Neutral ☐ Somewhat Agree ☐ Strongly Agree ☐

Q6. People with mental illnesses just want attention.

Strongly Disagree ☐ Disagree ☐ Somewhat Disagree ☐ Neutral ☐ Somewhat Agree ☐ Strongly Agree ☐

For this next question please write your answer in the box below. Please write in capital letters.

Q7. What would you do if a close friend told you they had a mental illness?

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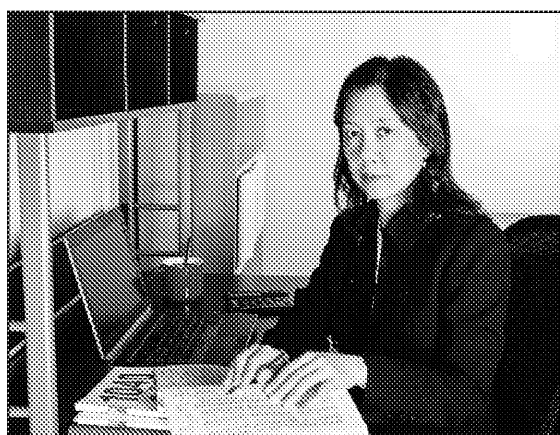


4. Describe two points you considered when you were designing your questionnaire.
1. **The number of questions:** It was decided that less than 10 questions should be used to minimise fatigue or boredom in the participants and therefore minimise guessing. Our questionnaire has seven questions.
 2. **The ratio of closed questions to open questions:** It was decided that the majority of the questions should be closed because these are quick for the participant to answer and easy to analyse. Our questionnaire has six closed questions and one open question.

5. Suggest one way you will try to account for ethical issues in your study. Participants will be given full details of the study prior to taking part to avoid any ethical issues.

Note: This method of dealing with ethical issues (such as deception or informed consent) is not ideal. However, in this case it will be very clear to the participant that the researcher is not harming their health.

6. In detail, describe the procedure of your study. You should include enough detail so that another researcher could replicate your study.



The participant's answers may feel less anonymous with the researcher in the room.

Participants were given a full details of the study and agreeing to take part. They would be anonymous and were given the questionnaire to let them know. The researcher left the room and participants' answers were collected. It was felt that if the participants may be more honest. All participants completed within 10 minutes. Participants were given a debrief sheet and they could have their data.

7. For one of your closed questions, calculate the mean, median and mode. Present this information in a table.

Our data was: 7, 2, 4, 5, 4, 5, 2, 5, 4, 5

Mean

$$\text{Mean} = \frac{7 + 2 + 4 + 5 + 4 + 5 + 2 + 5 + 4 + 5}{10} = 4.3$$

Median

Rearrange the data: 2, 2, 4, 4, 4, 5, 5, 5, 7

Our middle number is between 4 and 5

$$\text{Median} = 4.5$$

Mode

Our most common number is 5.

$$\text{Mode} = 5$$

Table 1. Measures of central tendency for question 3 and 4

Mean	Median	Mode
4.3	4.5	5

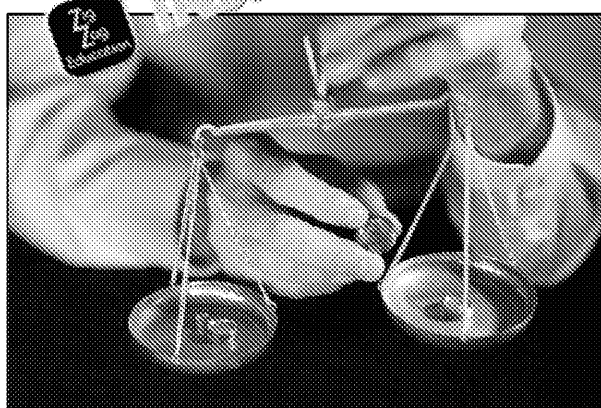
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8. **Suggest one conclusion you could draw from your mean score for that question.**
On average, participants had a more positive rather than negative attitude towards that question.
9. **Consider one way you could analyse your open question(s) and try to measure it.**
Each sentence the person writes could be rated for whether there would be a positive change towards the person, a negative change, or no/mixed change. A positive change would be a +1, a negative change a -1 and no/mixed change 0. The total score for their attitudes would be above zero then they have a positive attitude towards mental illness, if it is below zero then they have a negative attitude towards mental illness.

Interpreting the type of behaviour change could affect the objectivity. However, it is straightforward.

10. **Briefly discuss whether using an interview instead of a questionnaire to collect data would be an improvement.**



Those having an interest in mental illness because mental illness is a common problem. A questionnaire provides a quick and easy way to collect data which means that participants can be recruited easily. However, a talented interviewer can build rapport with the interviewee, which can lead to a lowering of barriers and a more honest response. A questionnaire design can be time-consuming, costly, and the cost of the interviewer, and the time taken to be studied using a questionnaire method can be reduced by using a questionnaire method.

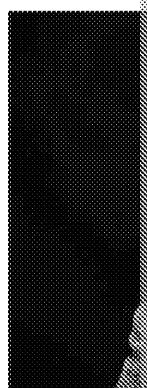
11. **Identify two strengths and two weaknesses of your questionnaire and explain how they affected your findings.**

Strengths:

- ✓ One strength of using a questionnaire is that participants may be more likely to answer questions than they would be answering the same questions in an interview. This may be more honest and valid.
- ✓ A second strength is that questionnaires are quick and easy for that participants can be recruited easier. In contrast, a person may be less willing to take part in an interview. Attitudes towards mental illness. A greater number of participants may be recruited, which will affect findings.

Weaknesses:

- The sensitive nature of the topic means that the participants may lie when answering in order to appear better (social desirability bias). In a questionnaire it is often easy to work out which is the 'correct' or desirable answer. This would reduce the validity of the findings because the participants have been dishonest about their attitudes to mental illness.
- Participants may not want to write detailed information for the open question because it places a higher demand on the participant. This may mean that participants leave out this question or give incomplete answers, which will affect later analysis.



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Observation

Research scenario

How frequently are environmentally friendly behaviours performed in public?

You are tasked with designing an observational study to investigate the frequency of performing an **environmentally friendly behaviour of your choice**. The **behaviour** investigated should be observed in a public place and you should conduct your observation covertly. Your observation needs to produce frequent data.

Hint! Environmentally friendly behaviours could include picking up litter, using shopping bags or taking the bus.

Task chapter 5.2: Designing and conducting an observational study

Answer the questions below to help you write up your observational study scenario above. The questions should also help to guide you through the process and give you an idea of the things you need to consider before beginning.

1. What is the aim of your investigation?

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2. What is your research question?

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3. What sampling technique did you choose and how many participants?

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4. Which observational method are you using (behavioural categories / or continuous sampling)? Describe how this will be achieved.

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5. Describe your materials.

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6. Suggest one way you will try to account for ethical issues in your study.

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Hint! Observational research can have some serious ethical issues because people are often watched without their knowledge. What could you do about this?

7. In detail, describe the procedure of your study. You should include how you will ensure reliability and how you could replicate your study.

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8. Display your results in an appropriate way (e.g. table, chart or graph)

Hint! Give your table, chart or graph a title so that the reader knows exactly what you are showing



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9. Using your results, suggest one possible conclusion. Does the conclusion support the null hypothesis or the alternative hypothesis?


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10. Suggest an appropriate inferential test you could use on your findings to test for significance. Explain why it is an appropriate choice.



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11. Identify two strengths and two weaknesses of your study design and what factors affected your findings.

Strength 1:

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Strength 2:

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Weakness 1:

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Weakness 2:

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12. Suggest one way the study could be improved. Explain why it is a good idea.

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Hint! You can easily identify which areas need to be improved by looking at what changes you could make to ameliorate the weakness.

Guided example...

Here is a guided example of **one way** you could design and conduct your experiment.

- What is the aim of your investigation?**
To investigate carrier bag usage in a supermarket.
- What is your research question?**
How frequently do people reuse their own carrier bags as opposed to using new bags?
- What sampling technique did you choose and how many participants did you have?**
An opportunity sample was used. The participants were simply whoever used a checkout near the researcher. A total of 42 participants were observed.
- Which research method are you using (behavioural categories / continuous measures or time sampling or event sampling)? Describe how this will be achieved.**
A behavioural categories method was used.
The discrete categories were:
 - Used own bags
 - Used new carriers
 - Carried items by hand
 - Used a mixture of the other three methods

Each time the behaviour was shown it was tallied in just one behavioural category.

- Describe your materials.**
This tally chart has been designed to record the frequency of the behaviour in a separate column.

Frequency of behaviour		
Used own bags	Used new carriers	Carried items by hand

- Suggest one way you will try to account for ethical issues in your study.**
Prior to the study taking place, a group of 10 people were asked how they observed their carrier bag usage. Out of this group, 9 out of 10 agreed to be observed. The tenth participant said they would be uncomfortable but agreed that protecting the environment would be beneficial.

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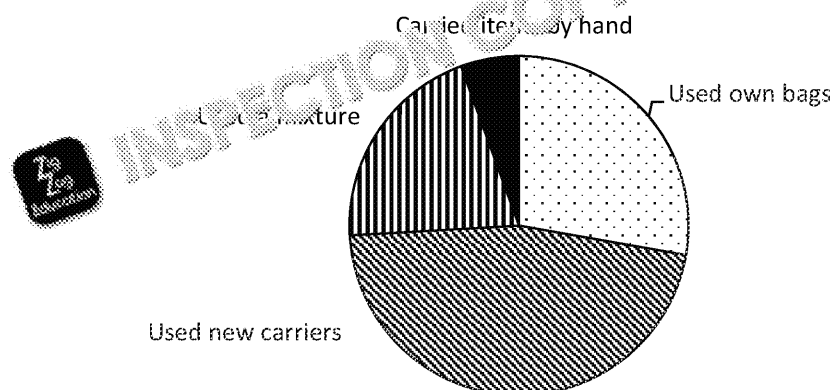


7. In detail, describe the procedure of your study. You should include enough detail so that another researcher could replicate your study.

The researcher went to a popular local supermarket at 7pm on a Thursday. The researcher sat down on a bench in the waiting area at the end of the checkouts. From the researcher's viewpoint, three checkouts could be seen clearly. The researcher recorded the number of shoppers using each of these three checkouts. For the next hour, the recorder wrote a tally mark for each shopper's behavioural category for each shop. If shoppers were in a group, this only counted once. After the hour, the researcher left the supermarket.

8. Display your results in an appropriate way (e.g. table, chart or graph).

A pie chart illustrating carrier bag usage



9. Using your results, suggest one possible conclusion. Does the conclusion support your hypothesis? Explain why it is an appropriate choice.
- A relatively high frequency of new carrier bags are being used which suggests that people are still using new carrier bags when shopping.

10. Suggest an appropriate inferential test you could use on your findings to test your hypothesis. Explain why it is an appropriate choice.
- The findings could be analysed with chi-square. This is an appropriate test for categorical data with independent measures and uses frequency data.

11. Identify two strengths and two weaknesses of your study design and explain how they affect your findings.

Strengths:

- ✓ The study used a covert approach which means that the behaviour of shoppers is likely to be **natural and valid**.
- ✓ The findings have **important implications** because they show that a significant number of people are still using new carrier bags.

Weaknesses:

- The findings may be **less generalisable** because only one supermarket was investigated at a particular time and day. It may be, for example, that more middle-class supermarkets are more environmentally conscious.
- The study captures frequency data which does not reveal anything about the motivations of the shoppers. This **limits the usefulness of the research** because we do not know if those who used their own bags have strong beliefs about protecting the environment.

12. Suggest one way the study could be improved. Explain why it is an improvement on your study.
- The study could be conducted on a wider scale and involve several supermarkets over a longer period of the week. This would improve the generalisability of the research and make it more replicable.

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Experiment

Research scenario

Do energy drinks improve concentration?

You are tasked with designing and conducting an experiment to investigate whether consuming an energy drink will result in improved concentration. You should manipulate whether or not the participant has consumed an energy drink or not. You will need to design a measure of concentration that will produce quantitative data.

Task chapter 5.3: Designing and conducting an experiment

Answer the questions below to help you write up your experimental study scenario above. The questions below will also help to guide you through the process and give you an idea of the things you need to consider before beginning.

1. What is your research question?

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2. What are your experimental/alternate hypothesis and your null hypothesis?

Experimental/alternate hypothesis:

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Null hypothesis:

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Hint! Remember that you should refer to both your independent variable and types of hypothesis.

3. How are you going to control and use your variables?

Independent variable:

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Dependent variable:

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4. How did you recruit your participants and how many were there?

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5. Were there any qualities your participants had to have or criteria for your study? Explain why.

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Hint! Think about how certain participants may respond differently due to a food or drink consumed.

6. What is your experimental design? What conditions were there and what were assigned to them?

Experimental design:.....

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The conditions were:.....

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Assignment:.....

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7. What materials/apparatus did you use? Describe them accurately.



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8. How will you uphold the ethical guidelines set out by the BPS?

Ethical issue	I will...
Informed consent	
Deception	
Right to withdraw	
Confidentiality	
Protection from harm	

9. In detail, describe the procedure of your study. You should include how you would replicate your study.

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10. How will you score your measure of concentration?

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11. Display your results in an appropriate way (e.g. table, chart or graph)



12. Using your results, suggest one possible conclusion. Does the conclusion

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13. Suggest an appropriate inferential test you could use on your findings to suggest significance. Explain why it is an appropriate choice.

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14. Identify two strengths and two weaknesses of your study design and explain how each one affected your findings.

Strength 1:

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Strength 2:

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Weakness 1:

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Weakness 2:

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Hint! Try to choose only the most important weaknesses, the ones that would most affect your findings.

15. Suggest one way the study could be improved. Explain why it is a good idea.

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Guided example...

Here is a guided example of **one way** you could design and conduct your experiment.

1. What is your research question?

Does drinking energy drinks improve concentration?

2. What are your experimental/alternate hypothesis and your null hypothesis?

Experimental/alternate hypothesis: Participants who drink an energy drink will show a higher measure of concentration, in comparison to control participants who did not drink an energy drink.

Null hypothesis: There will be no effect of drinking an energy drink on the measure of concentration.

Note: Our experimental hypothesis is one-tailed (directional). To choose a one-tailed hypothesis, you need a good reason to believe that the study will show this effect. Energy drinks use a Central Nervous System (CNS) stimulant. CNS stimulants increase the activity of the brain, including the ability to concentrate. It is reasonable to assume that energy drinks should increase concentration.

3. How did you go about operationalising your variables?

Independent variable: Our IV is whether or not participants have consumed an energy drink. We will use the same brand of energy drink and the same amount of drink (500 ml can). This prevents differences being due to caffeine and sugar content.

Dependent variable: Our dependent variable will be our concentration score. We are going to measure concentration in a task where participants listen to an audio track and count the number of times the speaker uses the letter 't'.

4. How did you recruit your participants and how many were there?

The participants were volunteer/self-selecting. Fliers were placed on notice boards in the local area. In total there were 12 participants.

5. Were there any qualities your participants had to have or criteria that were used to select them for the study? Explain why.

- ✓ **All participants had to be over 18:** for ethical reasons it is easier to get consent from adults than minors.
- ✓ **English must be their first language:** the ability to quickly process language and knowledge of English spelling is necessary for the concentration task.
- ✓ **They should not have a disorder related to language** (e.g. dyslexia): a language processing and affect spelling may affect the participant's performance on the task.
- ✓ **They should not have a disorder with known concentration problems:** participants with pre-existing problems with concentration could confuse the results of the study. Their disorder could mask the effects of energy drinks on concentration.
- ✓ **Participants should not take part if consuming an energy drink could be dangerous** (e.g. high blood pressure): in order to protect participants from harm, participants who are at risk of harm from participating should be excluded.
- ✓ **They should be excluded if their hearing is impaired:** due to the audio task it is important that the participant can hear the speaker on the audio track.

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6. What is your experimental design? What conditions were there and how did they affect them?

Experimental design: Independent measures design

The conditions were: Complete concentration task (control), consume an energy drink and then complete concentration task (experimental condition).

Assignment: Participants were randomly assigned to the conditions. All the names of people who had agreed to participate were placed in a hat. The first five participants were placed in the experimental condition and the remaining five in the control condition.

7. What materials/apparatus did you use? Describe them accurately.

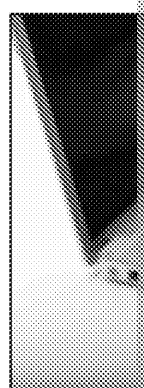
Energy drinks

A can of energy drink was provided per participant in the experimental condition. Each can was 500ml.

Audio recordings

Trial audio transcript: *On this day, fifty years ago, the town hall was built. It was opened by the local mayor and quite a crowd showed up to watch.*

Experimental audio transcript: *For the newspapers in the local villages it was a front-page story. Now, of course, there are developments happening all across the town as a result of increased funding. You would hardly recognise that it was the same place if you looked at old photographs; that much has changed. Some of the older residents have argued that there is no sense of community anymore. Others have pointed out that the improvements have brought new life into the area.*



It is important to record differences in hearing.

The audio recordings were played through headphones connected to a laptop.

Tally chart

Participants recorded the number of 't's they heard on a tally chart on page 10.

Instructions: Use this tally chart to record the number of times the speaker says 't'.

	Tally
Trial run	
Actual recording	

Note: Your materials should be carefully described so that another researcher could replicate the study exactly.

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8. How will you uphold the ethical guidelines set out by the BPS?

Informed consent: Participants will be informed of all important information (consuming an energy drink and that they will take part in an audio task) at the end of the study via a debrief form.

Deception: There is no strong use of deception in this study. Participants will find out the complete nature of the study in the debrief form.

Right to withdraw: Participants will be told that they can leave the study at any time and reminded that their data can be destroyed at the end of the study.

Confidentiality: Participants will be informed of their confidentiality. No names were used during the study and the participant's data is not detailed enough for them to be identified by it.

Protection from harm: Participants who have health conditions that may be exacerbated from the study. No psychological harm is expected.

9. In detail, describe the procedure of your study. You should include enough detail to allow another researcher to replicate your study.

Participants were given a participant information sheet which described the study and that would require them to listen to an audio recording. If the participant had read the information sheet would also mention the need to consume an energy drink. After reading the information provided they signed a consent form. Participants were then given a tally chart and that all information they provided was confidential.

Participants in the experimental condition were given a 500 ml can of energy drink and had 15 minutes to consume the energy drink. There was then a waiting period until the energy drink was finished before the experiment started. Participants in the control condition immediately. All participants were given a tally chart to record their results.

All participants were read aloud the following instructions:
In a moment we will begin. An audio recording will be played and you must listen to it carefully. Every time the speaker uses the letter 't' you should jot this down on the tally chart you have been provided with. Some words may contain more than one letter 't'; you should aim to record every time the letter 't' is used. We will begin with a trial run to check that you understand the procedure. A short audio recording will be played and you should jot down the letter 't' each time it is spoken. Afterwards, I will check that you have understood the procedure and you will then listen to the real audio recording. The recordings will only be played once, so please note down any 't's you hear the first time the recording is played.

Participants completed the trial and then the researcher verbally checked understanding of the task they had just completed. The participants did not need to write down the number of 't's to move on to the real audio recording. The real audio recording was played and participants counted the number of 't's they heard and recorded this down on their tally chart.

Participants were thanked for their time and given a debrief sheet. The debrief sheet explained the nature of the study. They were informed that they could have their findings destroyed (if they wished to withdraw).

10. How will you score your measure of concentration?

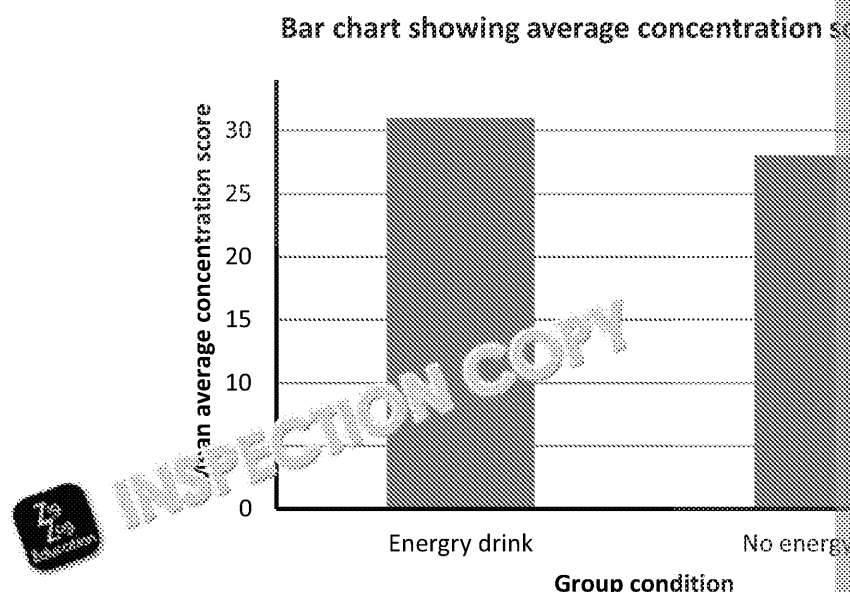
The total number of 't's in the text is 34. The maximum score is 34. For each 't' missed the score will be reduced by 1. The minimum score is 0.

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11. Display your results in an appropriate way (e.g. table, chart or graph).

The mean averages were calculated and displayed in the bar chart below.



12. Using your results, suggest one possible conclusion. Does the conclusion support our hypothesis that energy drinks improve concentration?
On average, those who drank an energy drink had higher concentration scores than those who did not. This supports our hypothesis that energy drinks improve concentration.

13. Suggest an appropriate inferential test you could use on your findings to test the difference between the two groups. Explain why it is an appropriate choice.

Our findings could be analysed using the Mann-Whitney U test. This test is appropriate because it is a non-parametric test and does not have to be normal which is an advantage as we have no idea what the distribution is normal.

14. Identify two strengths and two weaknesses of your study design and explain how they may affect your findings.

Strengths:

- ✓ The study is **well standardised** which means that participants were exposed to the same experimental conditions which reduces the impact of other variables.
- ✓ The study is **replicable** and other researchers can easily repeat the study to assess the reliability of the findings.

Weaknesses:

- The study used an **arbitrary task** to measure concentration: people do not typically have to count the number of t's in an audio recording. The findings may not tell us about real situations where it is important to concentrate, e.g. while studying or working.
- The findings might be **alternatively explained** by differences in the original level of tiredness in participants. The control group participants may have been more tired and this led to a difference between the two groups.

15. Suggest one way the study design could be improved. Explain why it is a better way to measure concentration.
Our study could be improved by using a more meaningful measure of concentration, such as a word search, and then having the participants complete the test as a measure of concentration.

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Correlation

Research scenario

Is there a relationship between self-rated aggression and height?

You are tasked with designing a correlational study to investigate whether there is a relationship between height and self-rated aggression. Your hypothesis/prediction should be two-tailed (non-directional) due to the absence of research in this area. Your project should use a questionnaire design and your questionnaire should consist of at least five questions. The questions should be closed in order to provide quantitative data.



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Task chapter 5.4: Designing and conducting a correlational study

Answer the questions below to help you write up your correlational study scenario. The questions should also help to guide you through the process and give you an idea of the things you need to consider before beginning.

1. What is your research question?

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2. What are your alternate hypothesis/prediction and your null hypothesis?

Alternate hypothesis/prediction:

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Null hypothesis:

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3. How did you recruit your participants and how many were there?

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4. Were there any qualities your participants had to have or criteria that you used to select them for your study? Explain why.

[illegible]


5. What factors did you consider when writing your questionnaire?

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Hint! For question 5, try to put yourself in the shoes of your participant. Would you answer differently if you were a woman? Would you answer differently if you were a man? Would you answer differently if you were a parent? Would you answer differently if you were a child? Would you answer differently if you were a teacher? Would you answer differently if you were a student? Would you answer differently if you were a doctor? Would you answer differently if you were a nurse? Would you answer differently if you were a lawyer? Would you answer differently if you were a judge? Would you answer differently if you were a politician? Would you answer differently if you were a scientist? Would you answer differently if you were an artist? Would you answer differently if you were a musician? Would you answer differently if you were a writer? Would you answer differently if you were a comedian? Would you answer differently if you were an actor? Would you answer differently if you were a dancer? Would you answer differently if you were a singer? Would you answer differently if you were a performer? Would you answer differently if you were a professional? Would you answer differently if you were an amateur? Would you answer differently if you were a beginner? Would you answer differently if you were an expert? Would you answer differently if you were a novice? Would you answer differently if you were a master? Would you answer differently if you were a specialist? Would you answer differently if you were a generalist? Would you answer differently if you were a professional? Would you answer differently if you were an amateur? Would you answer differently if you were a beginner? Would you answer differently if you were an expert? Would you answer differently if you were a novice? Would you answer differently if you were a master? Would you answer differently if you were a specialist? Would you answer differently if you were a generalist?

6. Write your questionnaire here:

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7. Did you use any other materials/apparatus? If so, describe them.

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8. How will you uphold the ethical guidelines set out by the BPS?

Ethical issue	How you will uphold the guideline
Informed consent	
Deception	
Right to withdraw	
Confidentiality	
Protection from harm	

9. In detail, describe the procedure of your study. You should include enough detail so that someone else could replicate your study.

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10. How will you score your self-report measure of aggression?

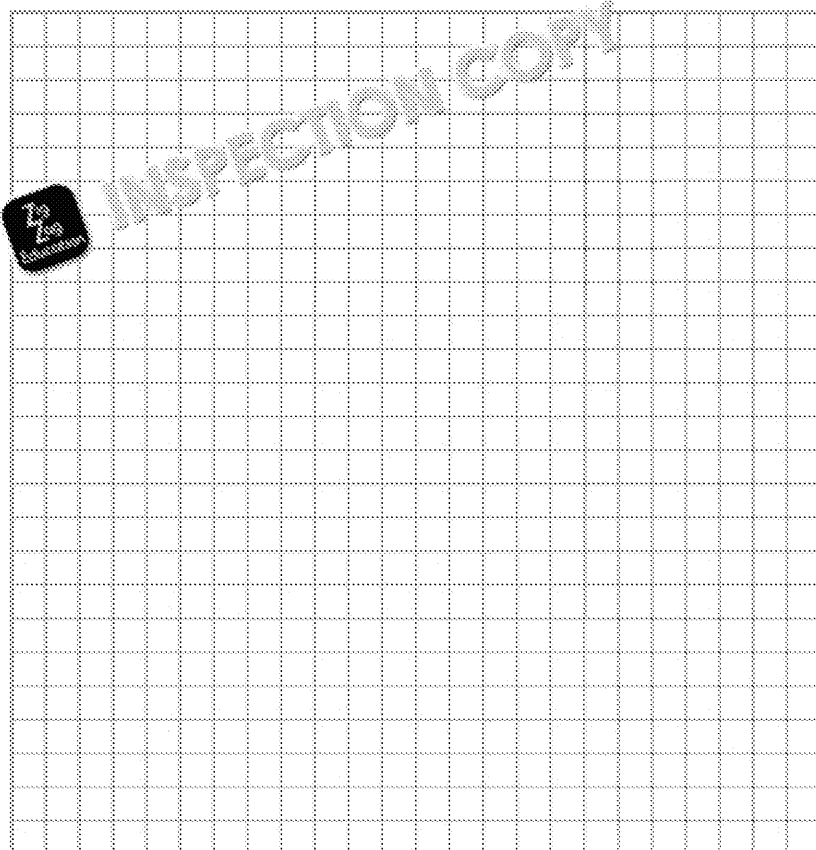
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11. Draw a scatter diagram to show your correlation:



Hint! Don't forget to give your scatter diagram a title and axes titles. Your axes are your scores.

12. Describe the direction and strength of the correlation. Does it support your hypothesis?

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13. Suggest an appropriate inferential test you could use on your findings to test for significance. Explain why it is an appropriate choice.

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14. Identify two strengths and two weaknesses of your study design and explain how they affected your findings.

Strength 1:



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Strength 2:

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Weakness 1:

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Weakness 2:

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15. Suggest one possible implication of the findings.

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Guided example...

Here is a guided example of **one way** you could design and conduct your correlation study.

1. **What is your research question?**
Is there a relationship between height and self-rated aggression?
2. **What are your alternate hypothesis/prediction and your null hypothesis?**

Alternate hypothesis prediction: There will be a correlation between height and aggression.

Note: When forming our alternate hypothesis, we have to decide whether it is directional or non-directional. There has been little research on the relationship between height and aggression. Some research has focused on our physical traits, for example, previous research has found that a higher width-to-height ratio was related to aggression. This suggests that there is a relationship between physical traits, such as height, and aggression. However, there is no way to state the direction of the correlation. We don't know if shorter people are more aggressive or if taller people might be more aggressive.

Null hypothesis: There will be no relationship between height and self-rated aggression.

3. **How did you recruit your participants and how many were there?**
An **opportunity sample** was used. An opportunity sample is often the easiest way to recruit participants. We do not expect the topic we are studying to vary within the population.
Ten participants
4. **Were there any qualities your participants had to have or criteria that we used to select them for the study? Explain why.**

In choosing our participants, we have chosen three important criteria:

- ✓ **Participants are all males:** Some past research has found that different factors affect males and females' aggression. Therefore, this study focuses on males to control for the potential confounding variable of gender on our results.
- ✓ **Participants have not been diagnosed with a disorder that is associated with aggression:** (e.g. antisocial personality disorder, autism, substance-related disorder) A disorder with a known connection to aggression this could be a confounding variable. If a participant has a disorder, their aggression scores may be the result of the disorder rather than height.
- ✓ **Participants must be over 18:** Participants younger than 18 require special consideration because they are a vulnerable group. For this reason, we only recruit participants aged 18 and over. Additionally, it is likely that children and teenagers' aggression is linked to physical playing could be confused with aggression. Finally, at age 18, participants have reached their maximum height. This may be an important biological marker for aggression, as height is changing, height of a child or teenager.

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5. What factors did you consider when writing your questionnaire?

Considerations when we designed our questionnaire:

- **Number of questions:** 10 questions can provide us with detail on our topic, but it is not so long that people lose interest and choose random answers.
- **Likert scale:** Likert scales provide more detail than yes/no questions. People are more likely to say that they have 'rarely' or 'sometimes' been aggressive than 'yes' they have.
- **Considered variety of different types of aggression:** Aggression is not just physical and we accounted for different types of aggressive behaviour (physical, verbal and indirect) by having questions that target each type.
- **Specified time frame:** A week is not so long that people might forget their aggressive behaviour but long enough that some aggression may have occurred.

6. Write your questionnaire here:

Instructions: For each question tick the option that best describes your behaviour. Responses are confidential and it will not be possible to identify you from the data.

In the last 7 days I have:		Never	Rarely	Sometimes
1	Physically hurt someone with the intent to harm them (e.g. slapping, pushing)	<input type="radio"/>	<input type="radio"/>	
2	Deliberately caused physical injury to someone (e.g. bruising, cuts)	<input type="radio"/>	<input type="radio"/>	
3	Verbally threatened someone with violence	<input type="radio"/>	<input type="radio"/>	
4	Verbally threatened someone with damage to their reputation	<input type="radio"/>	<input type="radio"/>	
5	Called someone names or harshly teased them with the aim of hurting them	<input type="radio"/>	<input type="radio"/>	
6	Used sarcasm to ridicule someone	<input type="radio"/>	<input type="radio"/>	
7	Deliberately ignored or excluded someone		<input type="radio"/>	
8	Spread malicious rumours or lies about someone	<input type="radio"/>	<input type="radio"/>	
9	Encouraged others to dislike someone	<input type="radio"/>	<input type="radio"/>	
10	Encouraged others to ignore or exclude someone	<input type="radio"/>	<input type="radio"/>	
11	How tall are you?			

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7. Did you use any other materials/apparatus? If so, describe them.

No other materials/apparatus. If a participant did not know their height it was not necessary.

8. How will you uphold the ethical guidelines set out by the BPS?

- ✓ **Informed consent:** Participants will be given general information about the study and that it involves filling in a questionnaire about aggression. More detailed information will be provided afterwards that will inform the participants of the full nature of the study.
- ✓ **Deception:** Extreme forms of deception will not be used. Participants will be given general information about the study and that it involves filling in a questionnaire about aggression. More detailed information will be provided afterwards that informs participants about the true nature of the study.
- ✓ **Right to withdraw:** Participants will be told they have the right to withdraw before taking part in the study and will be informed at the end of the study that they can have their results destroyed at the end.
- ✓ **Confidentiality:** The questionnaire will not contain any identifying information such as the names or addresses of participants. The questions themselves are not specific enough to identify the participants.
- ✓ **Protection from harm:** Aggression is a sensitive topic and it is possible to have painful memories of either being the victim of aggression or hurting someone. Participants are reminded that they can leave at any time and have their results destroyed. If they experience distress, a follow-up can be arranged to check that no long-term harm has been done.

9. In detail, describe the procedure of your study. You should include enough detail so that another researcher could replicate your study.

Participants were provided with a participant information sheet that informed them about the study. Those interested in aggression and they would need to answer a questionnaire. After providing the information then they signed a confirmation form. They are informed that the study is confidential and that they have the right to withdraw at any time.

The participants were given the questionnaire and asked to complete it within a five minute time limit but all participants took less than five minutes to complete it. The questionnaire was then handed back to the researcher.

Participants were thanked for their time and given a debrief form that explained the purpose of the study, investigating the relationship between self-reported aggression and height. They were also informed that they can have their findings destroyed if they wish.

10. How will you score your self-report measure of aggression?

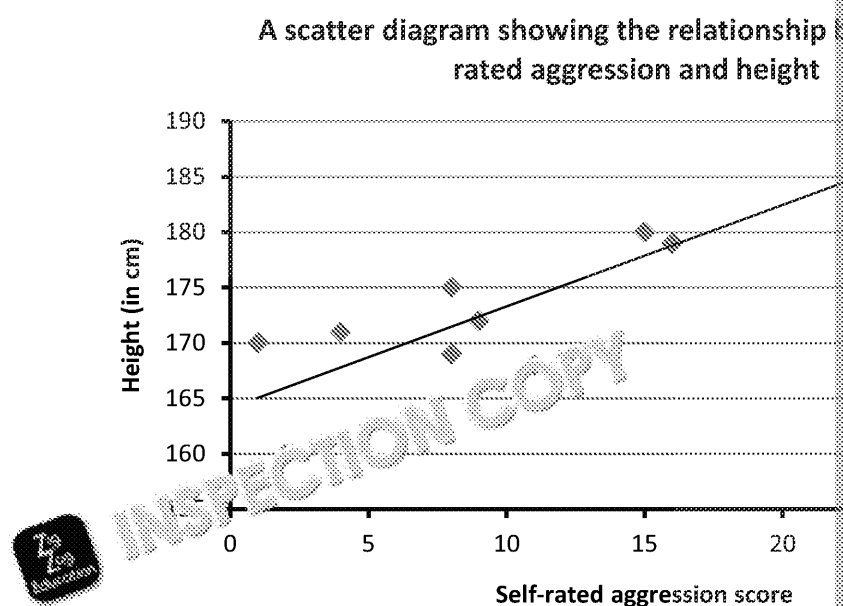
A response of 0 will receive a score of 0, rarely 1, etc. A score of 0 will be given for no self-reported aggression, whereas a score of 40 will be the maximum score for high self-reported aggression.

(Also, all heights will be converted into the nearest whole centimetre so that the data is consistent.)

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11. Draw a scatter diagram to show your correlation:



12. Describe the direction and strength of the correlation. Does it support your hypothesis?
The scatter diagram shows a moderate to strong positive correlation which supports the hypothesis of there being a relationship between self-rated aggression and height.

13. Suggest an appropriate inferential test you could use on your findings to test your hypothesis. Explain why it is an appropriate choice.

We could use Spearman's rho to analyse our results as this test measures non-parametric correlations. Our data meets the requirements of being ordinal or interval data.

14. Identify two strengths and two weaknesses of your study design and explain how they may affect your findings.

Strengths:

- ✓ The study may be affected by **social desirability bias** because aggression is a sensitive topic. This would result in lower self-rated aggression scores as people downplay their aggression.
- ✓ All participants answered the same questions (**standardised**). This means we can compare and analyse the data.

Weaknesses:

- This study only used men which **limits the generalisability** of the findings. It cannot be generalised to women and there may be no relationship between height and aggression in women.
- The study is **retrospective** as it relies on the participant accurately recalling their aggression. Research has found that memories are not always accurate.

15. Suggest one possible implication of the findings.

Our research adds to the growing body of evidence that suggests that aggression is related to biology. This has important implications for our criminal justice system which views aggression as choice.

Chapter 5 Activities

Practice question

- Q1. You have been asked to investigate whether the colour of paper on affects performance on the test.

Explain how you would conduct an experiment to study if the colour of paper affects performance or not. As part of your explanation, you need to justify your design.

You need to refer to:

- laboratory or field experiments
- your choice of experimental design
- one or more factors you would control

Use your own experience of conducting an experiment to assist you.

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* A Level practice questions

A researcher conducted an experiment into the effect of small amounts of alcohol on reaction times. Reaction times were assessed using a computerised task. Participants pressed a button when they saw a triangle, but not any other shape. The computer instructed participants to press the button.

Thirty participants were randomly allocated into two conditions. Condition A: Participants drank 2 units of alcohol, 20 minutes before the study. Condition B: The participants drank a similar tasting drink with no alcohol. Both conditions completed the experiment.

He presented some of his findings in this table.

	Mean reaction time (in milliseconds)	Median reaction time (in milliseconds)
Condition A: Alcohol	986.1	990
Condition B: No alcohol	754.5	700

- Q1. Identify two findings from the table. (2 marks)
- Q2. Explain why a table is appropriate for presenting this data. (2 marks)
- Q3. Name and briefly describe the study's experimental design. (2 marks)
- Q4. Explain how the researcher could have randomly allocated his participants into two conditions. (2 marks)
- Q5. Identify three ethical issues that should be considered when conducting this study. (3 marks)
- Q6. The researcher analysed his data using the Mann-Whitney U test. Explain why he chose this test with reference to his investigation. (4 marks)
- Q7. The Mann-Whitney U test gave an observed value of 70.

Levels of significance for a one-tailed test

Significance level	0.05	0.025	
Critical value	72	64	

Using the critical values above, explain whether or not the psychological effect of alcohol was significant. (4 marks)

- Q8. Outline each of the features of science below and state how they apply to the experiment into reaction times.
 - a) Cause and effect. (3 marks)
 - b) Manipulation of variables. (3 marks)

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Q9. Explain how you would conduct an observation into the different school library compared to a public library. As part of your experimental design choices.

You need to refer to:

- participant or non-participant observation
- structured or unstructured observation
- event or time sampling
- method of collecting data

Use your own experience of conducting an experiment to assist you.



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Chapter 1

Check your understanding! Experiments

Q1. A quasi-experiment uses a naturally occurring independent variable, while a field experiment uses an artificially created independent variable (1).

1 mark for relevant difference, full explanation not required but it should be clear

Q2. The results of a study are partly the product of their environment and an artificial situation (1). This means that the findings may suffer from low ecological realism and therefore may not be generalisable to real-life settings (1).

2 marks for explanation, reference to artificial environment

Q3. Operationalisation of the variables concerns the precise way the variables are defined and measured (1). This is important to demand characteristics if the way the variables are operationalised affects the results of the experiment (1). For example, a participant may think that if they give a wrong answer and assume that the researcher is interested in a wrong answer, which leads them to alter their response (1).

3 marks for explanation, must include reference to operationalisation and demand characteristics

Q4. Investigating this type of variation can be useful as it allows us to investigate areas that cannot be manipulated (1). For example, to study whether bullying affects the bullied child's self-esteem, we cannot manipulate whether or not the child is bullied, but we can study the effects of bullying on self-esteem (1). This allows the researcher to surpass the limitations of experimental design and study areas that otherwise would not be researched (1).

1 mark for identification

2 marks for explanation

Q5. One ethical implication of field studies is the lack of informed consent (1). Field studies often involve participants who are not aware they are taking part in the study and so have not agreed to take part (1). This means that individuals may feel that their right to privacy is being invaded (1).

1 mark for identifying, relevant to field study

2 marks for explanation

Check your understanding! Observation

Q1. Possible differences:

- Controlled observations are standardised and, therefore, replicable, naturalistic observations are non-standardised and non-replicable
- Controlled observations have higher internal validity as there are fewer extraneous variables that could affect the behaviour
- Controlled observations may be more likely to suffer from demand characteristics as the person is being observed
- Naturalistic observations have higher ecological validity as they are based on real-life situations, controlled observations involve artificial settings

2 marks for two of the above or other valid differences, may require minor elaboration (1 mark)

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Q2. Possible differences:

- Covert observation allows the study of almost all groups, overt is limited to
- Covert observation requires greater planning and time as the researcher must
- Covert observation is more unethical as the subjects are being deceived; the
- Overt observation suffers more from observer effect as the person or group in
- Overt observation encourages trust; covert observation can result in distrust

2 marks for two of the above or other valid differences, may require minor elaboration (1 mark)

Q3. Non-participant observation is when the researcher maintains a distance from the group and spends little or no time interacting with them (1). Participant observation involves being part of the group and interacting with the person or persons that are being observed (1).

1 mark per short definition

Q4. Covert observation may be regarded as unethical because subjects do not know they have been observed (1). However, if informed consent is provided agreeing to take part in the research and has been given (1). This may be particularly problematic when the individual would be likely to be in a situation when they do not expect to be observed and would experience embarrassment if they found out they were observed (1). However, covert observation can be justified, for example, if the subject expects to be observed (e.g. in a public place), then the amount of distress they have been observed should be minimal (1).

Marks: Identification of covert observation as unethical; good use of terms informed consent, withdrawal and explanation of their significance; could use specific examples of situations where covert observation is observed

Q5. Participant observation may not be an accurate reflection of how participants behave in the part of the environment (1). For example, DeWalt and DeWalt (2002) found that behaviour is dependent on gender, which suggests that the researcher may have access to information depending on their gender (1). Additionally, there is the problem that the researcher is not fully immersed in a group (1). The researcher may start to consider themselves as an outsider and may not report or interpret events objectively (1). Information collected (1), for example, a behaviour that might be fairly normal within the group outside of the group may not be identified (1).

1 mark per identification of limitation (up to 2) (e.g. time-consuming, difficult to remain objective, observer may affect information available, ethical implications of covert observation, information will successfully become part of the group)

4 marks for further explanation of these factors (ideally 2 marks per factor)

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Q6. Covert observation can be beneficial as it allows you to study groups that would not be possible with overt observation due to the closed nature of the group (1). For example, politicians in the media in case the researcher observes them behaving poorly (1). It requires more planning and time to integrate into groups, especially the groups that are typically more guarded (1). It is worthwhile as there is a reduced effect of the observer being present, which means the findings are more naturalistic, leading to greater accuracy of the findings (1).

4 marks for evaluation, possible points include: Lack of consent, requires planning, may contribute to general feelings of distrust towards psychology profession, can gain more accurate data, likely to be accurate

Q7. One advantage of controlled observations over naturalistic observations is that they are more controlled. This means that there are fewer extraneous variables which could interfere with the results (1). The advantage of controlled observations is that they have a higher level of internal validity (1). This means that the results of a controlled observation are more likely to be the result of the causal agent rather than a confounding variable (1). A further advantage of controlled observations is that they are standardised, which allows the observation to be replicated (1). This means that the experimenter can repeat the experiment and then compare the results which is not possible in naturalistic observations.

6 marks for evaluation, possible points include: Greater control reduces influence of extraneous variables, the exact same conditions can be replicated, times to test reliability of findings, high internal validity due to reduced extraneous variables

Check your understanding! Correlations

Q1. A perfect correlation is when you can predict the result of one variable from another (1).

1 mark for definition

Q2. Three things:

- It is a negative correlation
- It is a moderately strong correlation
- There is a relationship between these variables

1 mark for each

Q3. One difference between correlations and causations is the extent to which we can control the independent variable (1). In correlational data it is impossible to attribute causal relationships to the independent variable, whereas in an experimental design the opposite is true (1).

1 mark for identify, 1 mark for explain

Q4. One advantage of self-report techniques is that they are inexpensive for the researcher (1). They allow data from a much larger sample of participants than they would be able to afford with other methods (1). A large sample of participants makes the findings more generalisable to the population (1).

1 mark identification, 2 marks explanation

Q5. You cannot establish causation from a correlation because a correlation does not imply causation (1). Therefore, without manipulating the independent variable it cannot be said that one variable is causing the change (1). Furthermore, correlational research does not control for extraneous variables (1). For example, when examining the effects of anxiety and health, you cannot control for other variables that may affect health (1).

4 marks for consideration of whether causation can be established from a correlation, 1 mark for suggesting a relationship, no manipulation of independent variable, no control of other variables (extraneous or confounding variable)

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- Q6.** One advantage of correlational analysis is that it allows researchers to identify new relationships (1). Identification of new relationships can provide new research and understanding (1). Identification of new relationships can provide new research that can try to establish cause and effect (1). One disadvantage of correlational analysis is how honest people are on self-report measures (1). Participants may be likely to avoid being perceived negatively (social desirability bias) and this is particularly true for sensitive nature (1). This can lead to distorted results which means that the conclusions may also be incorrect (1).

1 mark for identifying an advantage (e.g. natural setting produces results that are more realistic, technique is quicker and easier than experiments, identification of new relationships, leads to new research)

2 marks for explanation of this advantage

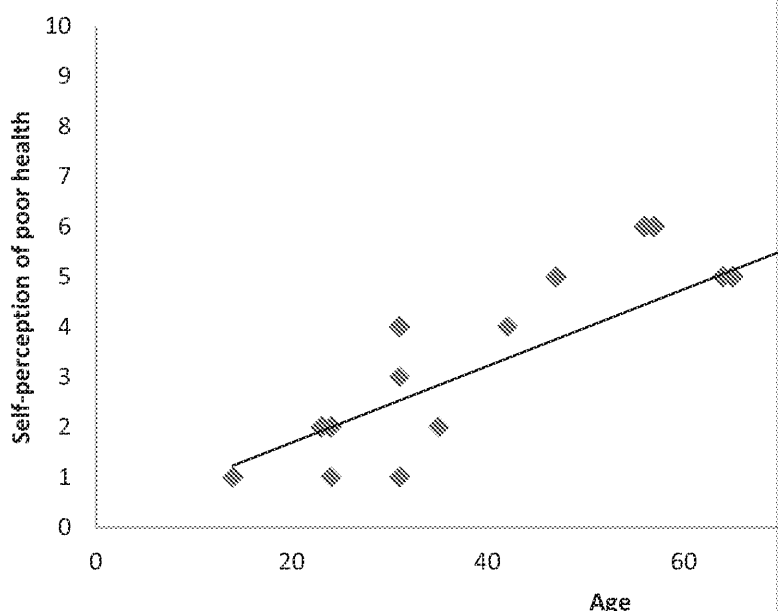
1 mark for identifying a disadvantage (e.g. difficult to establish direction of the relationship, self-report techniques are open to social desirability bias).

2 marks for explanation of this disadvantage

- Q7.** a) A strong positive correlation (1)
b) Looking for outliers



The relationship between age and self-perception of poor health



- c) Causation cannot be established (1), for example, it may be that relationship between age and self-perception of poor health are integrated (1)



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Practice questions (possible answers)

Question	Answer	Marks	Guidance
1. a)	<p>Outline what is meant by a structured observation</p> <p>1 mark for knowledge that a structured observation decides on behavioural categories / coding frames</p> <p>1 mark for knowledge that a structured observation typically produces quantitative data / frequency data</p> <p>Credit other relevant responses.</p>	2 2 AO1	
b)	<p>Explain why this investigation into hand-raising is an example of a structured observation</p> <p>1 mark for identifying that the researcher is counting the number of times she sees a specific behaviour; hand-raising</p> <p>1 mark for explaining that the researcher is not freely looking at any other behaviours even if they are relevant to her investigation</p> <p>Credit other relevant responses.</p>	2 2 AO2	
2.	<p>The psychologist uses covert observation to collect data</p> <p>Describe how overt observation differs from covert observation</p> <p>AO1 – 2 marks</p> <p>Students must show understanding and knowledge of both overt and covert observations.</p> <p>1 mark for knowing that covert observations use deception to learn about behaviour without the participants' knowledge</p> <p>1 mark for knowing the overt observations involve making the participants aware of what they are doing and asking for consent</p> <p>AO3 – 1 mark</p> <p>1 mark for distinction which is typically evaluative, e.g. covert observation is likely to produce more valid responses than overt observation</p> <p>Credit other relevant points</p>	3 2 AO1 1 AO3	Marks are not awarded for identifying implicit opposites
3. a)	<p>Describe one strength of using naturalistic observation in this study</p> <p>1 AO1 mark for explaining one strength of a naturalistic observation</p> <p>1 AO2 mark for explaining the strength in the context of the study</p> <p>1 AO2 mark for relating the strength to the context of the study</p> <p>e.g. One strength is that participants are likely to behave naturally (1) because this is their normal environment (1) and therefore the children are likely to raise their hands as they normally would giving the psychologists a valid measure of hand-raising (1)</p>	3 1 AO1 2 AO2	If more than one strength is written about then use the strength that awards the highest mark

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Chapter 2

Check your understanding!

Q1. The question suggests that the person might feel angry which might lead the person to have been angry (1); instead it could be reworded as 'How did that kind of treatment make you feel?' (1)

1 mark for suggestion of leading question / not being neutral

1 mark for altering the question but still asking for the same / similar response

Q2. One advantage of Likert scales is that the results are easy to analyse (1). For example, from 'always' through to 'never', it is easy to work out the percentage of people who 'always' agree with a statement compares to other answers (1). Easy analysis reduces the effort for the researcher and allows for a greater number of participants which increases the generalisability of the results (1).

1 mark for identification of an advantage of Likert scales (e.g. ease of analysis, percentages can be calculated, complete, reduced effort required on the part of the participant – in comparison to open questions)

2 marks for further elaboration of the advantage

Q3. Possible differences include:

- Open questions allow for different types of information (1)
- Open questions are much easier to analyse (1)
- Open questions take much longer (and more effort) to respond to (1)

1 mark for each of any of the above, or other correct differences – minor elaboration (1)

Q4. Possible differences include:

- The style of the interview is different: Structured is more formal, unstructured is more informal (1)
- Unstructured interview is flexible and questions can be generated spontaneously (1)
- Structured interview is replicable as the questions and order are the same, whereas unstructured is not (1)

1 mark for each of any of the above, or other correct differences – minor elaboration (1)

Q5. 'Did you find the meeting useful or a waste of time?' (1) 'How did you find the meeting?' (1)

1 mark for any correct closed question, 1 mark for rewording question in a way that is neutral

Q6. One factor that should be considered is whether you want to take a structured or unstructured approach to interviewing (1). This should be considered as it changes the style of the interview; structured uses a formal style, whereas unstructured uses a more conversational and relaxed style. Another factor to consider is the wording of the questions used in the interview (1). For example, avoid leading the interviewee to a particular answer (1). This is important as leading questions can bias the participants' responses, which results in poor validity (1).

1 mark for each factor considered (unstructured vs structured) (e.g. question order and type of response encouraged, neutral questions to encourage more accurate information, it should be considered whether questions should be open or closed, questions should be worded carefully)

4 marks for further explanation of these factors (ideally 2 marks per factor)

- Q7.** One limitation of structured interviews is that the technique is inflexible as it uses a set of predetermined questions. A researcher is unable to ask follow-up questions for clarification or to develop the interview further if necessary. This is important as the researcher is not in control over the quality or quantity of the responses. The researcher has the opportunity to respond to the answers given and ask follow-up questions (1). A structured approach does not develop a sense of rapport between the interviewer and interviewee. It shows a sense of mutual understanding between the two individuals and encourages open communication (1). A lack of rapport is a limitation as the interviewee may be uncomfortable and may not feel that the interviewer may not empathise with them and this reduces the quality of responses (1).

1 mark for each limitation identified (up to two) (e.g. follow-up questions cannot be asked, researcher cannot get across what they truly want to, questions have to be designed carefully, rigidity of information, avoids possible accidental interviewer bias)

4 marks for further explanation of these limitations (ideally 2 marks per factor)

- Q8.** One strength of the questionnaire technique is that the questions are standardised. This means that the questions are exactly the same and follow the same order in every questionnaire. This allows for responses to be recorded and the answers easily compared, and makes the data more reliable (1). A second strength is that a large amount of data can be collected in a short time (1). Once the questionnaire has been designed, it can be sent to a large number of participants. This is not limited by the amount of time the researcher has as they do not need to be present for the data collection. Questionnaires are a more time-efficient and less expensive option than interviews as the researcher does not need to be present (1).

1 mark for each strength identified (up to two) (e.g. large amount of data can be collected in a short time, questionnaires are more time-efficient and less expensive than interviews, researcher does not need to be present)

4 marks for further explanation of these strengths (ideally 2 marks per factor)

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Practice questions (possible answers)

Question	Answer	Marks	Guidance
1	<p>The researcher's hypothesis predicted a significant positive correlation. By referring to the scenario, explain what the researcher was expecting the results to show.</p> <p>AO1 – 1 mark 1 mark for showing understanding of the concept of a positive correlation, for example, that as one variable increases, the other also increases.</p> <p>AO2 – 1 mark 1 mark for applying the concept to this particular scenario.</p> <p>An example of a 2 mark answer: The researcher expected that participants with a high score on their fruit and vegetable consumption (1), would have a high score on their attitudes towards exercise (1) questionnaire.</p>	<p>2</p> <p>1 AO1 1 AO2</p>	<p>If the answer has been related to the study, but is not clear, then restrict to 1 mark.</p>
2	<p>Write a Likert scale question that could have been used to assess attitudes towards exercise.</p> <p>1 mark for a realistic example of a Likert scale question that could be used to study attitudes towards exercise. e.g. Exercise is a necessary part of life. Do you:</p> <div style="text-align: center;"> </div>	<p>1</p> <p>1 AO2</p>	<p>The answer should be marked based on the structure (a Likert scale) rather than accuracy of the content. However, the answer should be clearly related to studying attitudes towards exercise.</p>
3 a)	<p>Describe one strength of using a questionnaire to study attitudes towards exercise.</p> <p>1 AO1 mark for explaining one strength of a questionnaire 1 AO2 mark for explaining the strength in the context of studying attitudes towards exercise 1 AO2 mark for relating the strength to studying attitudes towards exercise</p>	<p>3</p> <p>1 AO1 2 AO2</p>	<p>If more than one strength is written about then use the strength that awards</p>

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Chapter 3

Task 3.1: True or false

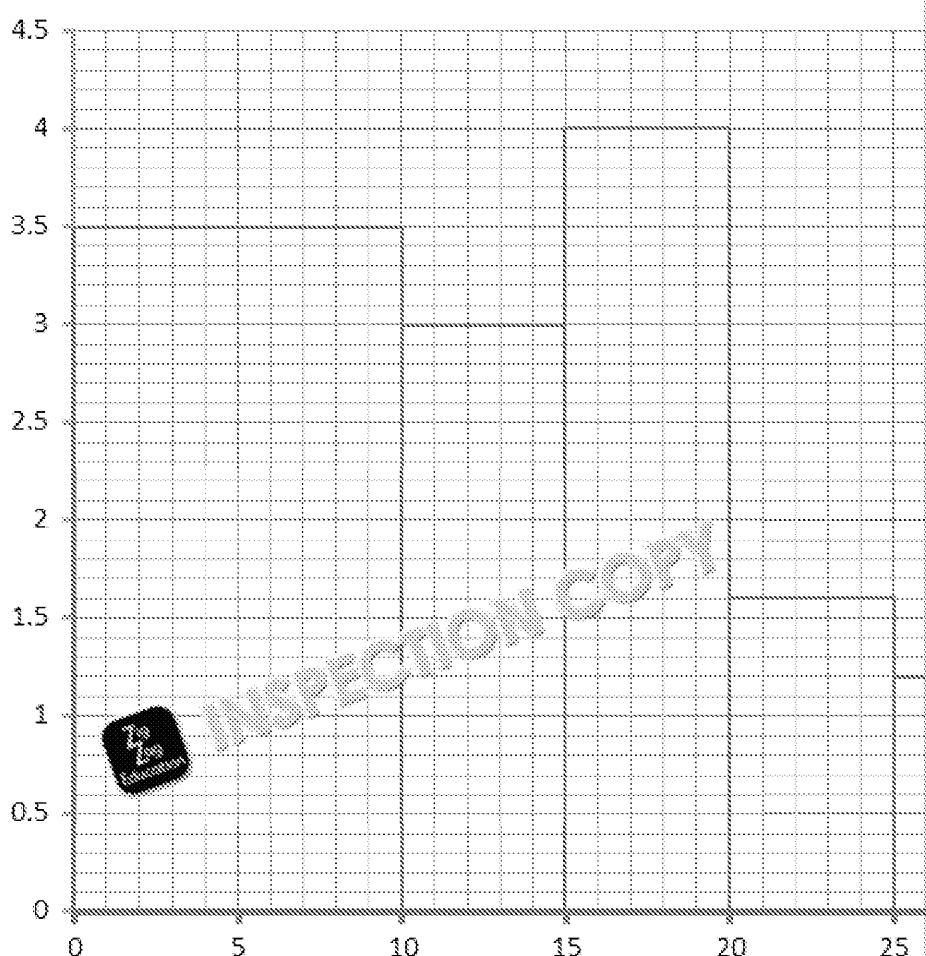
Identify if the statement is true or false

Statement
Secondary data is useful because the researcher gets exactly what they need without the work
A meta-analysis collects a lot of other research and then reviews it for its advantages/disadvantages
Questionnaires can collect both quantitative and qualitative data
Researchers cannot always find all the participants they need to conduct research on primary data
When qualitative research is analysed carefully, it is objective
One problem with meta-analyses is that the researcher cannot control for the quality of the research
Qualitative data can produce rich in-depth information about a particular topic
Quantitative data is easier to analyse than qualitative data
Case studies often integrate different methods of qualitative data
Secondary data can reduce the time spent researching
Open-ended questions include the use of scales

Task 3.2: Working out frequencies using a histogram

Frequency = 3

Task 3.3: Draw a histogram



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Check your understanding! Raw data

Q1. Example table:

Condition 1: Calming music		Condition 2: No music
Participant number	Time (in minutes)	Participant number
1		3
2		4

Q2.

Participant number	Time in milliseconds
1	3258
2	1985
3	2495
4	3921
5	1240

Q3.

	Population
City 1	428,100
City 2	341,000
City 3	1,101,000

Check your understanding! Levels and types of data

Q1. In interval level data the scale is equally spaced, whereas in ordinal level data the

1 mark for identification of difference, typically a comment on the distance between

Q2. Possible differences include:

- Quantitative data is numerical, qualitative data is descriptive
- Quantitative data is easier to analyse
- Qualitative data can require more effort on the part of the participant
- Quantitative data is objective, qualitative data is subjective
- Quantitative data may not reflect what the participant truly wants to say

2 marks for two relevant points

Q3. To obtain qualitative data from an observation an observer might make general observations (see (1)). In contrast, to obtain quantitative data the observer may precisely define a checklist and count the frequency of behaviours (1).

1 mark per type

Q4. One advantage of quantitative data is that it is objective (1). Numerical data can avoid experimenter's bias and statistical analysis clearly identifies whether the result is significant (1).

1 mark identify, 1 mark explain

Q5. One advantage of qualitative data is that it provides rich descriptions of the topic (1). It allows researchers to gain insight that they may have not been privy to had they used more focused questions (1).

1 mark identify, 1 mark explain

Q6. Primary data is data collected for a specific purpose and by the researcher using their own resources (1). Secondary data, where the researcher uses data collected by someone else for their study (1).

1 mark for providing each separate definition (total up to 2), or 1 mark for each definition (total up to 2)

Q7. A meta-analysis collects data from several studies and analyses the results to see if there is a consistent finding (1). It is a type of secondary data because it uses the figures developed by other researchers (1).

2 marks for short explanation, can include definition or short example

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Check your understanding! Descriptive statistics

Q1. Hot:

Mean = 66.3

Median = 63.5

Mode = 63

Range = 29

Cold:

Mean = 60.4

Median = 58.5

Mode = 60

Range = 39.0

The mean of the cold room was slightly lower (60.4 v 66.3), than the mean of the hot room, suggesting that the cold room encourages faster completion. However, the range is much greater in the hot room, suggesting that the mean in the cold room is less affected by outliers.

Q2. Mean = 60.2

Median = 60

Mode = 60

Range = 64

Both the mean and the median average are approximately 60%, suggesting that the majority of students would benefit from extra help. However, a very large range of 64 suggests that there is considerable variation in the amount of help needed, where certain students are offered extra help.

Q3. Mean = 2.7

Median = 3

Mode = 1

Range = 4

The mean average is 2.7 suggesting that people agree with free will more than they disagree. The mode indicates that the most common attitude towards free will is that they 'completely agree', suggesting that people have a tendency to agree with free will.

Q4.

Response	Number of responders	Percentage
Male	70	46.7%
Female	67	44.7%
Did not answer	13	8.7%

Q5.

Area	Sales (in 1,000s)	Percentage
London	32	18.7%
South West	18	10.5%
South East	27	15.8%
East of England	26	15.2%
Other	68	39.8%

Q6.

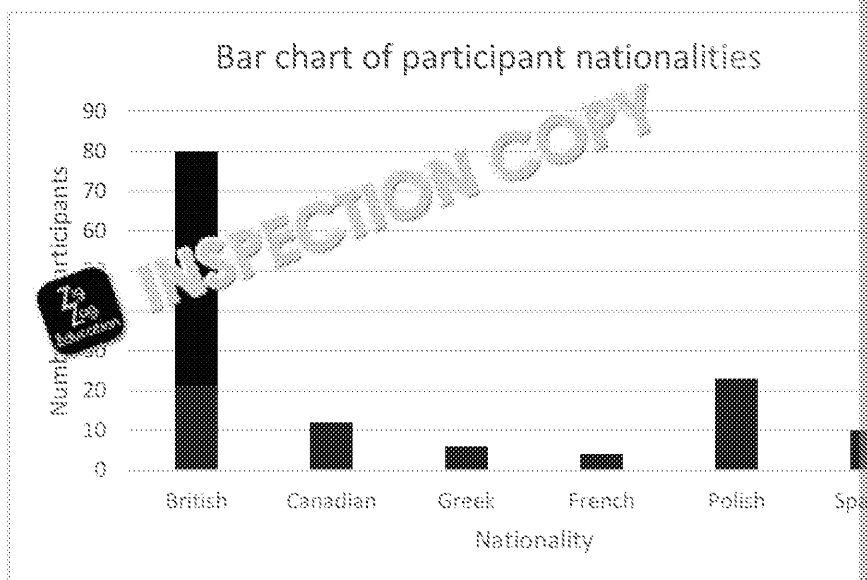
Time	Number of participants	Percentage
$x < 10$	5	16.7%
$10 \leq x < 15$	15	50.0%
$15 \leq x < 20$	5	16.7%
$20 \leq x < 25$	4	13.3%
$x \geq 25$	1	3.3%

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- Q7. a) 23
b) 47
c) No, we cannot see the exact numbers for any age

- Q8. a) 56
b) 8 females
c) Bristol
d) 10
e) College / A Levels

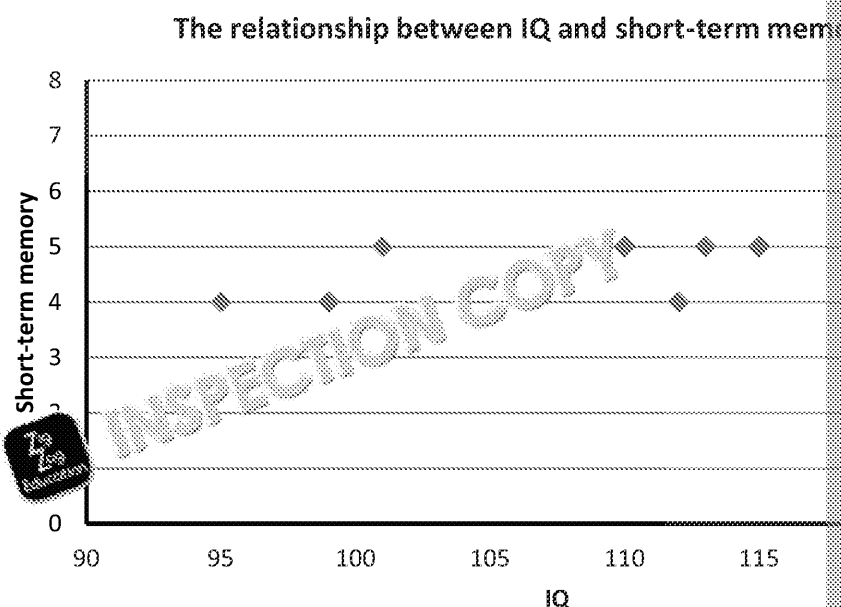
Q9.



- Q10. a) 60
b) Aggressive behaviour
c) It is much more common than aggressive behaviour (14 vs 4)
d) 31
e) 11

- Q11. a) The greater the self-esteem, the greater the score on extraversion (or vice versa)
b) Strong positive correlation

Q12.



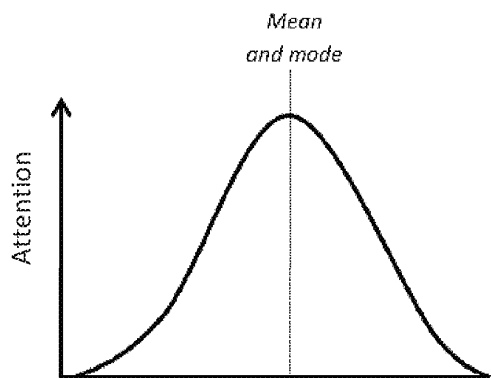
- a) The greater the IQ, the greater the short-term memory (or vice versa)
b) Strong positive correlation

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Check your understanding! Inferential statistics

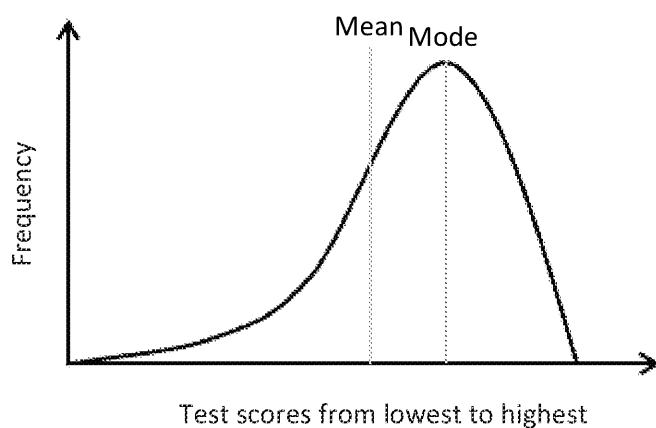
Q1. Normal distribution curve of attention and stress



Q2. Mean and standard deviation

Q3. Skewed distribution curve

- Q4. a) Skewed distribution curve (to the right)
 b) The majority of test scores tend to be higher
 c) and d) see below



- e) The mode is the most common and so it forms the peak as that represents the average, this will be affected by the fact that the majority of values are high to the right.

Q5. The distribution of the data changes which statistical tests you use.

Q6. That the data is normally distributed.

Q7. Spearman's rho (or Pearson's r)

- The data is ordinal or interval
- She has an independent measures design
- She wants to investigate if there is a significant relationship between two variables

Q8. Mann-Whitney U (or unrelated t-test)

- The data is ordinal or interval
- The researcher has an independent measures design
- The researcher wants to know if there is a significant difference between two groups

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Practice questions (possible answers)

Question	Answer	Marks	Guidance
1	<p>Outline how a mean is calculated</p> <p>1 mark for knowing that the sum of the data is calculated</p> <p>1 mark for knowing that the answer is divided by the number of pieces of data</p>	2 2 AO2	
2	<p>Draw a scatter diagram to show the relationship between happiness scores and the hours worked per week</p> <p>Up to 2 marks for plotting the scatter diagram accurately (scales should be appropriate for the measurement). If more than two mistakes are made then no marks are awarded.</p> <p>1 mark for an unambiguous title that refers to both co-variables</p> <p>1 mark for correctly labelling the axes</p>	4 4 AO2	Do not award the fourth mark if one or both of the axes have been mislabelled
3	1 mark for D – 7/1	1 1 AO2	

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Chapter 4

Check your understanding!

- Q1.** The abstract is used by researchers conducting a meta-analysis to help decide whether the study in their analysis (1).

1 mark for identifying a way in which abstracts are used, possible points include: to provide an overview of the study; to decide whether to read a study; to decide whether to

- Q2.** In the results section, the researcher only reports the statistical findings, whereas the researcher considers what the findings really mean (1). By only reporting the statistics, the results section is more objective than the discussion section (1). The discussion section also considers the implications of the findings which helps the reader understand what applications the findings have (1). The results section only states the findings themselves (1).

Up to 3 marks for discussion of differences between results and discussion, possible points include: the results section focuses on the statistical findings, the discussion section focuses on the meaning of the findings; the results section evaluates the findings, the discussion section considers the impact of the research

- Q3.** One reason the discussion section is important in the report is because it gives the reader a chance to see how the discussion section relates the findings back to the hypothesis and the previous research (1). Prior to this, the results section only presents the findings, which does not allow the reader to understand the contribution of the research (1).

A second reason is that the researcher identifies and discusses the study's limitations. The reader needs to be aware of the factors that could influence the validity and reliability of the findings. This allows the reader to judge the value of the findings and what situations the findings can be generalised to (1).

1 mark for each reason identified (up to 2 marks)

2 marks for explanation of each reason (up to 4 marks)

- Q4.** One difference is that a reference list provides details about where a study or information source is located, whereas a citation does not (1). A second difference is that a reference list is written in alphabetical order, whereas a citation is placed immediately before or after the relevant text (1).

2 marks for two differences between in-text citations and reference lists, possible points include: reference lists provide the source of the research; reference lists include the initials of the author; reference lists are written in alphabetical order and in-text citations are placed next to the research

- Q5.** Peer review is used to ensure that only high-quality research is published in psychology (1). The publication of low-quality research it protects the integrity of psychology (1). Research that is not peer-reviewed could have a considerable impact on the population studied and the low-quality research could lead to incorrect conclusions about the population (1).

Up to 3 marks for consideration of the purpose of peer review

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Practice questions (possible answers)

Question	Answer	Marks	Guidance
1.	<p>Outline the purpose of referencing in psychological research</p> <p>1 mark for showing basic understanding and knowledge of referencing, e.g. providing precise information about who, when and where the research is from – this may be shown implicitly</p> <p>1 additional mark for a short or rudimentary explanation of the purpose of referencing, e.g. acknowledge work of others; allow others to look up research; avoid claiming ideas are original</p> <p>Or 2 additional marks for a more complete explanation of the purpose of referencing, e.g. 'referencing gives appropriate credit to the ideas of other researchers (1) and helps to show that the researcher has a comprehensive knowledge of the present topic (1)</p> <p>Credit other relevant responses.</p>	<p>3</p> <p>3 AO1</p>	
2.	<p>Outline the purpose of the results section in a scientific journal article</p> <p>1 mark for showing basic understanding and knowledge of the purpose of the results section, e.g. results section is a section of the report where the statistical results are presented – this may be shown implicitly</p> <p>1 additional mark for a short or rudimentary explanation of the purpose of the results section, e.g. present findings objectively; describe the data; show statistical significance</p> <p>Or 2 additional marks for a more complete explanation of the purpose of referencing, e.g. 'the results section presents the findings objectively (1) which allows the reader to consider the value of the findings without any subjective information from the researcher (1)</p> <p>Credit other relevant responses.</p>	<p>3</p> <p>3 AO1</p>	

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Chapter 5

Practice questions (possible answers)

Question	Answer	Marks	Guidance
1.	<p>You have been asked to investigate whether the colour of paper a maths test is printed on affects performance on the test.</p> <p>Explain how you would conduct an experiment to study if the colour of paper makes a difference or not. As part of your explanation, you need to justify your design choices.</p> <p>You need to refer to</p> <ul style="list-style-type: none"> laboratory control experiments your choice of experimental design one or more factors you would control <p><u>AO1 – 2 marks</u></p> <p>Required to demonstrate understanding and knowledge:</p> <ul style="list-style-type: none"> laboratory OR field experiments your choice of experimental design one or more factors you would control <p><u>AO2 – 6 marks</u></p> <p>Students are awarded AO2 marks for applying their design decisions to the scenario:</p> <ul style="list-style-type: none"> application of the experimental method to the scenario, e.g. all the participants will take the test in a quiet room free from other distractions application of the experimental design to the scenario, e.g. half of the 	<p>12 2 AO1 6 AO2 4 AO3</p>	<p>Level 4: 10 marks Good understanding and knowledge of the required features.</p> <p>Good demonstration of applying understanding and knowledge to the scenario.</p> <p>Good demonstration of justifying design choices.</p> <p>The student's answer meets all required features and demonstrates exact knowledge of each. A high level of understanding is demonstrated through their application. Most or all of the decisions made have been sufficiently justified and some justification may be contextualised to the scenario. The student shows logical and clear reasoning and a well-structured answer. The student's choice of detail is relevant and corroborated. The answer clearly draws on the student's own experience and there are evident links between their investigation and their practical activity.</p> <p>Level 3: 7–9 marks Good understanding and knowledge of the required features.</p> <p>Reasonable demonstration of applying understanding and knowledge to the scenario.</p> <p>Reasonable demonstration of justifying design choices.</p>

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AO3 – 4 marks

Wide discussion of decisions related to the design.

Students should show they can develop their design and procedures via justification of their decisions. Answers will typically be awarded one mark for a sufficiently justified decision and it more marks may be awarded if the justification is well-developed.

Further marks will not be awarded for contextualised justification but this is expected in higher level answers.

Credit other relevant points.

Level 2: 4–6 marks

Reasonable understanding and knowledge of the required features.

Limited demonstration of applying understanding and knowledge to the scenario.

Limited demonstration of justifying design choices.

The student's answer addresses some of the required features and shows some knowledge of them. Evidence of application is limited which demonstrates a basic level of understanding. A weak attempt to justify some of the decisions has been made. The information is somewhat relevant but is hardly structured. Limited evidence is used as support. The response refers to the student's experience and shows implicit links between their investigation and their practical activity.

Level 1: 1–3 marks

Reasonable understanding and knowledge of the required features.

Basic demonstration of applying understanding and knowledge to the scenario.

Basic demonstration of justifying design choices.

The student's answer addresses one or more of the required features and shows some knowledge of it/them. Weak applications are made. There are few to no decision justifications; if present they will be weak. Basic information is shown and presented without structure. Limited evidence is used as support and it may be unclear what the relationship between

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* A Level practice questions (possible answers)

Question	Answer	Marks	Guidance
1.	<p>Identify two findings from the table</p> <p>1 mark for identifying that the mean/median suggests that those in the alcohol condition have slower reaction times</p> <p>1 mark for identifying that there is greater variability in the reaction times in the alcohol condition</p> <p>Credit other relevant points.</p> <p>Explain why a table is appropriate for presenting this data</p> <p>1 mark for explaining that tables can be used to present time data (interval)</p> <p>1 mark for explaining that tables allow for easy comparison between the different conditions</p> <p>Credit other relevant points.</p>	3	
2.	<p>Name and briefly describe the study's experimental design</p> <p>1 mark for naming the design as independent measures (or unrelated groups)</p> <p>1 mark for describing the study correctly, i.e. that the participants are assigned to different conditions</p>	2 2 AO3	Do not award the second mark if the answer suggests that the participants are matched
3.	<p>Explain how the researcher could have randomly allocated his participants to each condition</p> <p>1 mark for suggesting a method that is appropriate for random allocation, e.g. lottery method of drawing names out of a bag</p> <p>1 mark for relating the method to the scenario</p> <p>e.g. the participants' names are all written on pieces of paper and placed into a bag. The first 15 participants' names drawn would be allocated to the alcohol condition, the remaining 15 would be allocated to the no alcohol condition.</p> <p>Credit other descriptions that would create a random sample.</p>	2 2 AO2	The marks are not dependent on each other
4.	<p>Identify three ethical issues that should be considered when conducting this experiment</p> <p>1 mark for each practical ethical issue, e.g. failing to protect the participant from harm, informed consent, being unaware that they can withdraw, etc.</p>	3	Do not award marks to issues that are similar to

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6.	<p>The researcher analysed his data using a Mann–Whitney U test. Provide two reasons for choosing this test with reference to his investigation</p> <p>Up to two marks for any of:</p> <ul style="list-style-type: none"> • Participant interested in the difference between two groups • Independent measures • Data is interval <p>Additional two marks for relating reasons provided to the study e.g. the experimenter investigated whether there was a difference (1) between the alcohol and non-alcohol group (1) e.g. the researcher used an independent measures design (1) by comparing the times of participants in condition A to the times of participants in condition B</p> <p>Credit other relevant points.</p>	 AO2 AO2	
7.	<p>Using the critical value above, explain whether or not the psychologist's research was significant or not</p> <p>1 mark for explaining that the difference was significance at 0.05 1 mark for explaining that the observed value was less than the critical value at 0.05 1 mark for explaining that this is the normal requirement for significance 1 mark for explaining that findings are not significant at other levels</p>	4 4 AO3	
8. a)	<p>Outline each of the features of science below and state how they can be applied to this experiment into reaction times</p> <p>Cause and effect</p> <p>1 AO1 mark for knowledge of one variable affecting another variable</p> <p>1 AO1 further mark for specific relevant terminology, e.g. control of extraneous variables, manipulation of the independent variable</p> <p>1 AO2 mark for applying this feature of science to the study, e.g. the independent variable is whether or</p>	3 2 AO1 1 AO2	

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<p>9. Explain how you would conduct an observation into the differences in how people behave in a school library compared to a public library. As part of your explanation, you need to justify your design choices.</p> <p>You need to refer to:</p> <ul style="list-style-type: none"> • participant or non-participant observation • structured or unstructured observation • event or time sampling • method of collecting data <p>AO1 (3 marks) Required to demonstrate understanding and knowledge:</p> <ul style="list-style-type: none"> • participant or non-participant observation • structured or unstructured observation • event or time sampling • method of collecting data <p>AO2 (5 marks) Students are awarded AO2 marks for applying their design decisions to the scenario, having a checklist for different behaviours seen in the library (for example, talking, reading, asking questions to staff) – structured</p> <p>AO3 (7 marks) Wide discussion of decisions related to the design</p> <ul style="list-style-type: none"> • e.g. non-participant observation would 	<p>15</p> <p>3 AO1 5 AO2 7 AO3</p>	<p>Level 4: 12–15 marks</p> <p>Good understanding and knowledge of the required features.</p> <p>Good demonstration of applying understanding and knowledge to the scenario.</p> <p>Good demonstration of justifying design choices.</p> <p>The student's answer meets all required features and demonstrates exact knowledge of each. A high level of understanding is demonstrated through their application of most or all of the decisions made have been sufficiently justified and some justification may be contextualised to the scenario. The student shows logical and clear reasoning and a well-structured answer. The student's choice of details is relevant and corroborated. The answer overtly draws on the student's own experience and there are evident links between their investigation and their practical activity.</p> <p>Level 3: 8–11 marks</p> <p>Good understanding and knowledge of the required features.</p> <p>Reasonable demonstration of applying understanding and knowledge to the scenario.</p> <p>Reasonable demonstration of justifying design choices.</p> <p>The student's answer meets most or all of the required features and demonstrates mostly exact knowledge of each. Evidence of application is present which shows some level of understanding. Some of the decisions made have been sufficiently justified and at times the justification may be contextualised to the scenario. Some structure and reasoning is present. Most of the information is relevant and corroborated by evidence. The answer draws on the student's own experience and there are some links between their investigation and their practical activity.</p> <p>Level 2: 4–7 marks</p> <p>Reasonable understanding and knowledge of the required features.</p> <p>Limited demonstration of applying understanding and knowledge to the scenario.</p> <p>Limited demonstration of justifying design choices.</p> <p>The student's answer addresses some of the required features and shows some knowledge of them. Evidence of application is limited which demonstrates a basic level of understanding. A weak attempt to justify some of the decisions has been made. The information is somewhat relevant but is hardly structured. Limited evidence is used as support. The response refers to the student's experience and shows inexplicit links between their investigation and</p>
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Glossary

Abstract	A brief overview of your research; read by others who want to read the whole report
Alternate/experimental hypothesis	A prediction on the outcome of the research
Appendices	A section at the end of the report in which information that it does not disrupt the flow of the main text
Association	A relationship or link between two variables suggested in some way
Bar charts	A way of representing frequency information that
Behavioural categories	A report that uses a behaviour checklist of all categories during a session
Cause and effect	The idea that changing one variable causes a change in another; a prediction possible
Closed question	A question with a fixed response, e.g. 'yes', 'no', which restricts how a person can respond to the question
Closed questions	A question with a fixed response, e.g. 'yes', 'no', which a person can respond to the question
Coding frames	A pre-planned list of codes that a researcher can use systematically
Controlled observation	When the researcher manipulates the environment
Correlation	A measure of the association between two variables
Correlation coefficient	A number that describes the strength and direction of the association
Correlation coefficient	A number that describes the strength and direction of the association
Correlational research	A type of study looking at the association between variables
Covert observation	The people being observed are not aware that they are being observed (and so have not given consent)
Critical value	The observed value is compared with this value to determine if the null hypothesis should be rejected
Demand characteristics/effects	When the participant's behaviour is a reflection of the situation; responding to the 'demands' of the situation
Dependent variable (DV)	A variable which measures the presumed effect of the independent variable
Descriptive statistics	Numerical ways of describing the data by identifying the central tendency and spread
Design	A subsection of the methods section in which the researcher describes the design (e.g. independent groups, correlational)
Discussion	A section considering the meaning of the findings, the limitations of the study and the study's strengths and weaknesses
Ecological validity	The extent to which the findings can be generalised to real-world situations
Event sampling	A recording of how frequently an event occurs
Experiment	A type of study that uses manipulation of the independent variable and control to try to establish cause and effect
External validity	The extent to which results are generalisable across settings and populations
Extraneous variables	Variables that may influence the behaviour in addition to the independent variable (IV) and so should be controlled for

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Field experiment	An experiment that occurs in real-life settings but the IV
Fractions	A way of displaying numbers which are not whole
Histograms	A graph that shows frequency data that has been
Independent measures design	Different participants take part in each condition
Independent variable (IV)	A variable which is manipulated to produce a pre variable
Inferential statistics	Statistics that can be used to make inferences from
Internal validity	The extent to which the behaviour is the result of in the IV)
Interval data	Equally spaced data
Interview	A series of spoken questions with the aim of finding interest
Interview bias	Sources of bias in which the style of the interview
In-text citation	When a study is referred to in the text, the author next to it
Introduction	Provides a rationale for the research by looking at unknown
Laboratory experiment	An experiment conducted in an artificial environment control; it involves manipulation of the independent effect
Likert scale	A type of closed question where a person responds scale
Line graph	A graph used to show trends, especially across time
Matched participants design	Each participant is matched to another participant important for the study. Each participant takes part acting as its control.
Materials/apparatus	A subsection of the methods section of a report in things he or she needed to conduct the study
Mean	An average that is calculated by adding together a number of values there are. This measure takes in
Measures of central tendency	Measures that aim to find the central value of a distribution
Median	A type of average that is calculated by ordering the data value
Meta-analysis	A type of secondary data, where information from to find out what the overall result is
Method	A section of a report which describes, in detail, how
Mode	An average that is calculated by ordering the data most often
Mundane realism	A comparison of how similar the study is to real life
Natural experiment	An experiment that occurs in real-life settings without manipulation

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Natural IV	An independent variable that varies naturally with gender
Naturalistic observation	An observation that occurs in the natural environment view their natural behaviour
Negative correlation	As one variable increases, the other variable decreases
Negative correlation	As one variable increases, the other variable decreases
Nominal data	Categorical type data
Non-parametric test	A less powerful inferential test which is used when assumptions required for a parametric test
Non-participant observation	When observation is conducted from a distance by an observer
Normal distribution	A bell-shaped curve where the peak is the mean value of the data
Null hypothesis	States there will be no effect
Objective	Free from errors caused by subjective interpretation
Observation	A research methods technique in which data is gathered on behaviour
Observed value	The output of an inferential statistical test
Observer bias	When observers know the desired goal or outcome and unintentionally interpret the data that way
Observer effect	When the presence of an observer alters behaviour
One-tailed (directional) hypothesis	A hypothesis that predicts the direction of the hypothesised effect
Open question	A question that allows the person to respond with qualitative data
Open question	A question that allows the person to respond with qualitative data
Operationalisation	Precisely defining your variables so that a hypothesis can be tested
Operationalisation	Precisely defining your variables so that a hypothesis can be tested
Opportunity sampling	A sampling method in which the sample is drawn from the study and meets the required criteria for participation
Ordinal data	Ordered or ranked data that may not have an equal interval
Outlier	An extreme point that differs from the other results
Overt observation	It is clear that the person is being observed for research purposes
Parametric test	An inferential test that should only be used when assumptions are met
Participant observation	When the observer has a high level of interaction with the observed
Peer review	A process by which research is evaluated by experts in the field
Percentages	A number that compares an amount to the total
Perfect correlation	You are able to perfectly predict what the value of one variable is from the other
Pie chart	A visual method of presenting frequency data so that the whole is represented
Population	The people who are relevant to your research

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Positive correlation	As one variable increases, the other variable also increases
Positive correlation	As one variable increases, the other variable also increases
Primary data	Data that is collected by the researchers to study a particular topic
Procedure	A subsection of the methods section of a report that describes how the study was conducted
Qualitative	In-depth exploration of non-numerical data to understand the meaning in different contexts
Qualitative data	Data of a more in-depth nature which provides greater detail and can be analysed
Qualitative research	A methodology that generates data of a more in-depth nature which provides greater detail but is more difficult to analyse
Quantitative data	Data of a numerical nature which can be easily analysed
Quantitative research	A methodology that generates data of a numerical nature which can be easily analysed
Quasi-experiment	An experiment that uses naturally occurring IVs; the researcher does not manipulate the IV or randomly allocate participants to conditions
Questionnaire	A series of written questions with the aim of finding out what people think or what interest
Random sample	A sample that is drawn so that members of the population have an equal chance of being selected
Randomly assigned	Assigning participants to their conditions randomly
Range	A measure of spread that is calculated by subtracting the lowest value from the greatest value
Rapport	A relationship built on mutual understanding and trust
Ratio	A way of presenting the data so that it shows the relationship between two variables
Reactivity	The participants may react to the setting they are in or the presence of the researcher; they are aware they are being observed may intentionally change their behaviour
Reference	Providing information about the author of the study and the year it was published
Reliability	The extent to which results are consistent, across different studies or different researchers
Repeated measures design	The same participants take part in all of the study conditions
Research aim	What the study intends to research
Research question	The question you are trying to answer with your research
Results	A description of the study's findings in terms of statistical significance and how they explain the findings
Sample	The group of participants that have been selected to take part in the study
Sample/participants	A subsection of the methods section of a report in which the researcher describes the sample
Sampling	The method of selecting participants from the population to take part in your study
Scatter diagram	A graph that shows correlational data where each point represents an individual participant
Secondary data	Data that is created from looking at primary sources of data
Self-report	A Research method that gathers data by asking the participants about their thoughts and interest
Semantic differential rating scale	A type of closed question where participants rate a concept on a scale that has polar-opposite adjectives on either end

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Semi-structured interview	An interview that has a mixture of fixed and non-fixed questions, using fixed questions and then follow-up questions.
Significant figures	A way of rounding a number so that only a certain number of figures are present.
Skewed distribution	A bell-shaped curve that is skewed towards one side.
Snowball sampling	A sampling method where the researcher recruits participants nominate their associates to be the next participants.
Social desirability bias	When a person alters their answer to avoid negative judgement.
Standard deviation	A measure of spread that uses every point of data.
Standard form	An alternative way of writing very large or very small numbers.
Standardisation	The procedure and materials of the experiment are standardised so that other researchers could replicate the experiment exactly.
Structured interview	An interview with a set of ordered questions that must be asked in the interview.
Structured observation	An observation in which the researcher plans in advance what to record during the observation session. The observer records only what is relevant even if they are relevant to the research aims.
Tables	A way of easily organising data using columns and rows.
Tally chart	A type of frequency table in which the frequency of each category is recorded using tally marks.
Time sampling	A recording that uses regular intervals and reports whether a behaviour is present or absent in a time frame.
Two-tailed (non-directional) hypothesis	A hypothesis that predicts that there will be an effect, but does not specify the direction of the effect.
Type I error	When we reject the null hypothesis when we should not.
Type II error	When we accept the null hypothesis when we should not.
Unstructured interview	An interview that does not have a specific set of questions, it is more comparable to an everyday conversation. The researcher asks open-ended questions or questions that they wish to cover which are determined by the interviewee.
Unstructured observation	An observation in which the researcher records what they see without any specific behaviours to record.
Variance	A measure of dispersion that looks at how scores vary from the mean.
Volunteer/Self-selected sampling	Participants self-select; they choose to participate in the study.
Zero correlation	Points are dispersed randomly and there is no relationship between the variables.

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