

Starters and Plenaries

for AS / A Level Year 1 Edexcel B Biology

Update v1.2, September 2021

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Teacher's Introduction

This resource follows the new Edexcel specification B, covering units 2–4 of the AS / A Level specification. While most activities cover ideas from one topic only, occasionally two or three related topics may be grouped into one activity. Each activity is designed to be used as either a starter or plenary, but many are suitable to be used for either. Additional notes and guidance often provide suggestions on how to use the activity differently as a starter or plenary, and may also provide extension ideas and/or suggestions for homework activities.

On the next page you will find an overview table with the names and contents of each activity. This table also provides a syllabus reference for each activity and highlights how the activities are distributed over the three sections of the A Level specification.

For each activity you will find both a photocopiable worksheet or activity and an accompanying page of teacher's notes. Teacher's notes provide instructions and answers for each activity, as well as additional notes, timings and other information.

February 2018

Update v1.1, August 2019

p. 5 – Two of the carbohydrate diagrams have been corrected.
p. 28 – The number labelling on the TEM images has been corrected.

Update v1.2, September 2021

p. 5 – The sixteenth carbohydrate diagram has been corrected.

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* resulting from minor specification changes, suggestions from teachers and peer reviews, or occasional errors reported by customers

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#	Topic	Activity Title
1	Carbohydrates	Carbohydrates: Card Sort
2	Lipids	Lipid Structure
3	Proteins	Hexagon Connections
4	DNA	Nucleic Acid and ATP Structure
5	Genes and Chromosomes	Genes and Chromosomes
6	Protein Synthesis	Triangular Dominoes
7	Mutation	Types of Mutation
8	Enzymes	Dominoes: Enzymes Quiz
9	Inorganic Ions	Importance of Inorganic Ions
10	Water	Water!
11	Prokaryotic Cells	Prokaryotes
12	Eukaryotic Cells	Cell Structure and Function
13	Microscopy	Silent Sentences
14	Viruses	Viruses
15	Mitosis	Back-to-back: The Cell Cycle
16	Meiosis and Genetic Variation	Generating Diversity
17	Sexual Reproduction	Sexual Reproduction in Animals and Plants
18	Classification	Classifying Species
19	Classification – Five Kingdoms	Grouping Organisms
20	Adaptations	Sickle-cell Anaemia

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#	Topic	Activity Title
21	Biodiversity and Communities	Calculating Biodiversity
22	Genetic Diversity	Investigating Diversity
23	Surface Area	Surface Area
24	Membranes and Transport	Passive Transport
25	Active Transport and Exocytosis	With a Little Energy – Transport Requiring
26	Gas Exchange	Adaptations for Gas Exchange
27	Circulatory System	The Heart
28	Haemoglobin	Transporting Oxygen
29	Transpiration	Transporting Water
30	Translocation	Transporting Sugar

Notes:

S/P = intended for use as either a starter or plenary

S (P) = intended for use as a starter but possible to adapt for use as a plenary with a suggestion provided

Activity 1: Carbohydrates

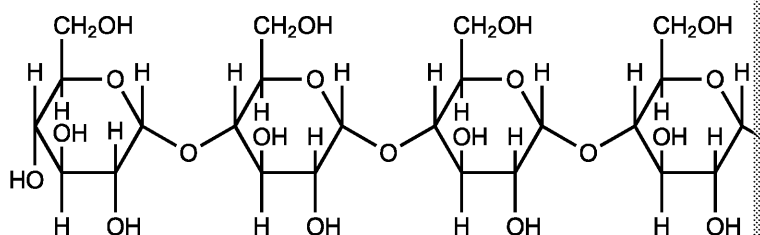
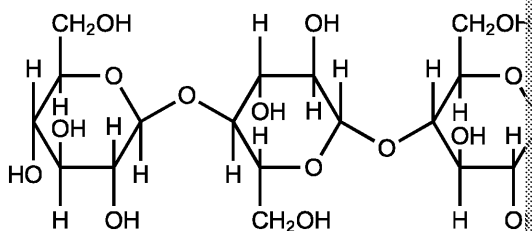
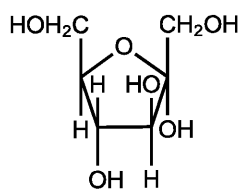
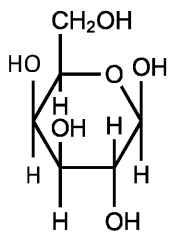
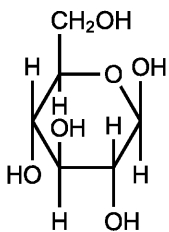
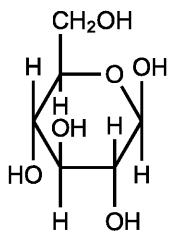
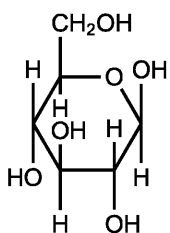
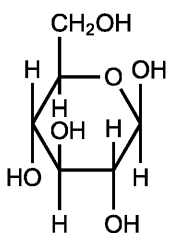
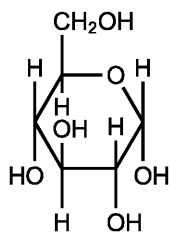
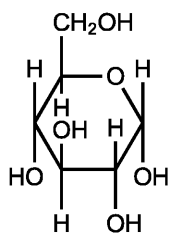
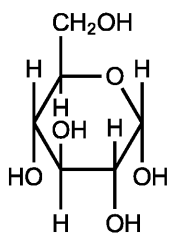
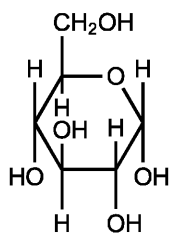
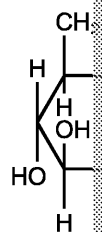
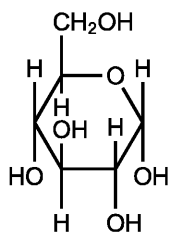
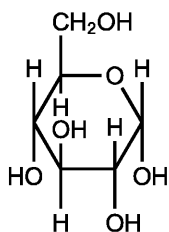
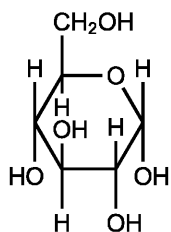
Activity name	Carbohydrates: card sort			
Aim	To introduce the terms ‘monosaccharide’, ‘disaccharide’ and ‘polysaccharide’ and the formation of glycosidic bonds between monosaccharides			
Instructions	<p>There are two main parts to this activity:</p> <ol style="list-style-type: none">Pupils are asked to separate the molecules into three groups (monosaccharides, disaccharides and polysaccharides).<ul style="list-style-type: none">Pupils are told that the molecules fall into one of three categories and they must place them into monosaccharides, disaccharides and polysaccharides.If pupils have low English ability, are unlikely to recognise the prefixes or are unsure where to start after a minute has passed, they can be given the beginning with these prefixes or asked to think of words beginning with these prefixes. This can then be led to the conclusion that mono = one, di = two, tri = three, etc. with the task.Pupils ‘match’ the molecules, finding the monosaccharides which form the disaccharides and polysaccharides.<ul style="list-style-type: none">Pupils are told that disaccharides and polysaccharides are made from monosaccharides.They are then asked to find the monosaccharides which join to form the disaccharides and polysaccharides. <p>Extension / Lead into the main lesson:</p> <ul style="list-style-type: none">Pupils could be asked to identify which molecule must be ‘lost’ when monosaccharides join together – thus leading into an explanation of the formation of a glycosidic bond.			
Timings	Grouping monosaccharides, disaccharides and polysaccharides: 2–5 minutes Matching disaccharides/polysaccharides with constituent monosaccharides: 2–5 minutes (ideas about formation of a glycosidic bond)			
Required prior knowledge	Sufficient level of English to recognise prefixes mono-, di-, and poly- Basic chemistry knowledge – ability to recognise H, O, C, and lines between atoms Knowledge of common molecules or compounds made from these elements would also be useful.			
Intended use	The activity is designed to be used as a starter, but may also be used as a main activity or for learning.			
Specification reference	Edexcel 1.1 Note: the names of different saccharides, relationships between structures and the biochemical tests for sugars and starch are not covered in this activity.			
Additional notes and guidance	If used as a plenary, pupils will already know how a glycosidic bond is formed. This card sort activity to consolidate understanding. Additionally, they may be asked to identify the monosaccharides which form the disaccharides and polysaccharides, as they will have learnt the names of these molecules in the previous lesson. Note: At some point during the lesson the teacher should ensure that the pupils understand that polysaccharide molecules will be much longer than the molecules used in the activity. For example, α-glucose molecules are found in both amylose (starch) and glycogen. Pupils may be asked ‘What is wrong with this activity?’ or ‘How is this activity incomplete?’ at this point by themselves, as well as other points such as an inability to identify the monosaccharides to create the larger molecules.			
Answers	α-glucose M	α-glucose M	α-glucose M	α-glucose M
	α-glucose M	α-glucose M	α-glucose M	α-glucose M
	α-glucose M	β-glucose M	β-glucose M	β-glucose M
	β-glucose M	β-glucose M	galactose M	galactose M
	Fructose M	cellulose (β-glucose)		
	starch/amylose/glycogen (α-glucose)			
	(note M=monosaccharide, D=disaccharide, P=polysaccharide)			

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Activity 1: Carbohydrates: card

1. Cut out the molecules below and group them into what you think are 'monosaccharide' and 'polysaccharide'.
2. Can you work out which monosaccharides go together to make each disaccharide?

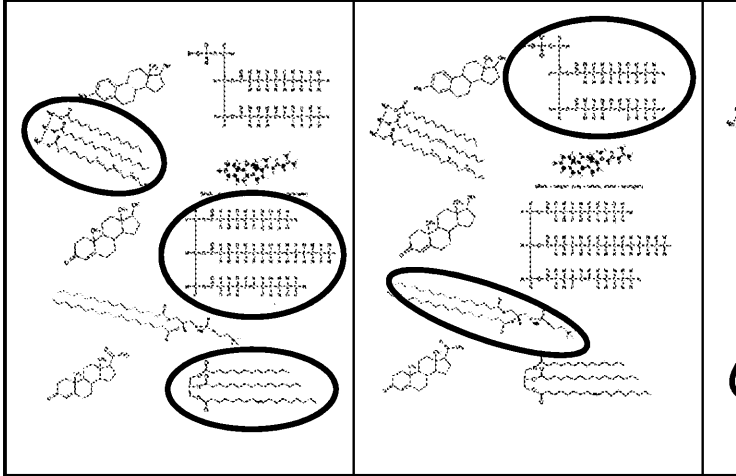


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Activity 2: Lipids

Activity name	Lipid structure
Aim	Pupils learn to distinguish between triglycerides and phospholipids More-able pupils will identify parts of the structure which affect the phospholipids.
Instructions	<ul style="list-style-type: none"> The pupil sheet shows a number of lipid molecules. Pupils are first into three groups based on similarities between the molecules. For which group of molecules they think are 'triglycerides', 'phospholipids'. Pupils, especially those who are more able, or those also taking to focus on the structure of the triglycerides and phospholipids structures, features or functional groups which may affect the these groups. Pupils may also be asked to consider the presence of double bonds and how these may affect the physical properties of these molecules.
Timings	5 minutes for the initial grouping activity + 5–10 minutes for class/group discussion
Required prior knowledge	Sufficient level of English to recognise the prefix tri- Basic chemistry knowledge – ability to recognise H, O, C, P, and single atoms as single and double bonds.
Intended use	Starter
Specification reference	Edexcel 1.2 Notes: <ol style="list-style-type: none"> The condensation reaction and formation of ester bonds as well as not covered in this activity. Steroid molecules are included in this activity to make pupils aware of lipid, but they are not required to remember any details about the specification.
Answers	<p>The molecules should be grouped as shown in the table below:</p>  <p>Structure and properties of triglycerides:</p> <ul style="list-style-type: none"> Non-polar molecule / made of non-polar bonds → hydrophobic <p>Structure and properties of phospholipids:</p> <ul style="list-style-type: none"> Phosphate group is hydrophilic Fatty acid tails are hydrophobic <p>Double bonds and physical properties:</p> <ul style="list-style-type: none"> More double bonds → increased fluidity and lower melting point Double bond causes a 'kink' → molecules cannot pack closely together

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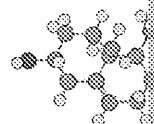
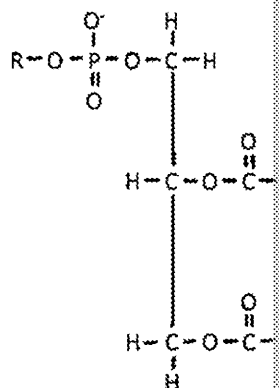
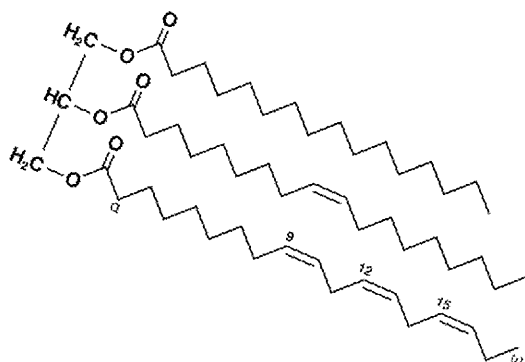
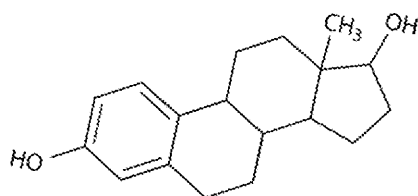
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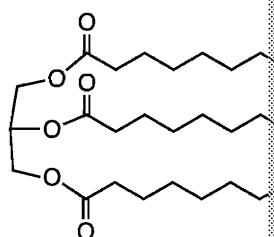
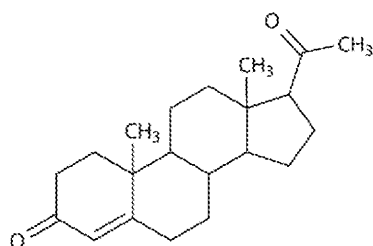
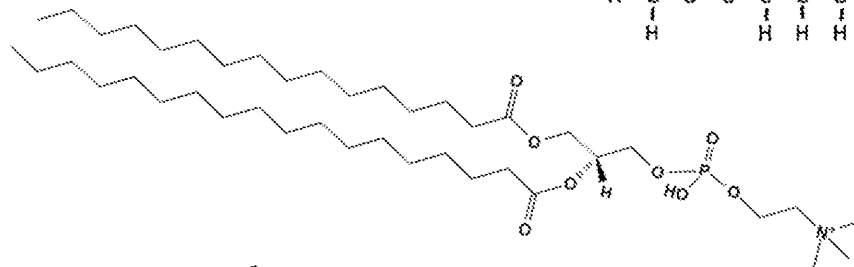
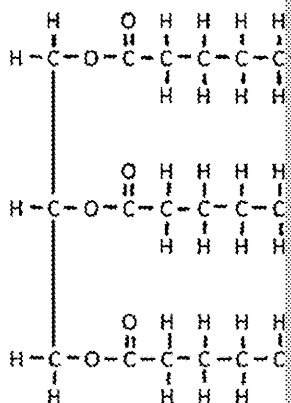
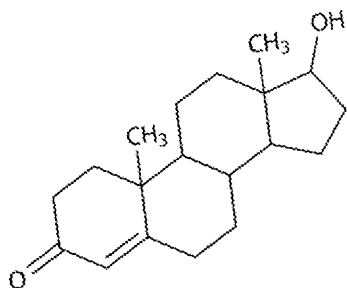
Activity 2: Lipid structure

Look at the molecules below. Do you see similarities between some of them? Do one molecule, using three different colours to group the molecules into three groups you can see.

The molecules are either **triglycerides**, **phospholipids** or **steroids**. Also, circle the to match each group to a name.



(Black = oxygen, grey = carbon)



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Activity 3: Proteins

Activity name	Hexagon connections
Aim	Consolidate understanding of proteins
Instructions	<ul style="list-style-type: none"> The hexagon pictures on p. 9 should be photocopied and cut Pupils are first asked to arrange the hexagons by making links encouraged to make links on as many sides as possible. Any as pupils can justify their choice. They can then come up with Some words have been provided in the hexagons in order to However, teachers may wish to remove these words to provide able pupils. This will also leave the activity more open-ended The hexagons can be stuck onto the blank pupil worksheet. A few pupils could be asked to share their ideas with the class lesson.
Timings	5–10 minutes (+ 10–30 minutes for homework/extension)
Required prior knowledge	Pupils do need knowledge of proteins in order to make the necessary Other basic (GCSE level) biology would be useful for making connections
Intended use	Plenary
Specification reference	Edexcel 1.3 Note: This is quite an open-ended activity – how much of the specification depend on the connections which pupils make between the hexagons not be covered.
Additional notes and guidance	As an extension or homework activity, pupils can be asked to draw hexagons on their worksheet. A discussion of their picture choices used as a starter to a following lesson or during a later revision lesson
Answers	<p>There is no one set of correct answers for this activity. Any justified Some expected connections include:</p> <p><u>Rhino's horn is made from keratin, a fibrous protein</u></p> <p><u>Amino acids are used in the body for growth and repair</u></p> <p><u>Amino acids are the monomers of proteins/polypeptides; other biological and nucleotides</u></p> <p><u>Blood contains haemoglobin, a quaternary protein</u></p> <p><u>Blood carries glucose and other simple nutrient molecules</u></p>

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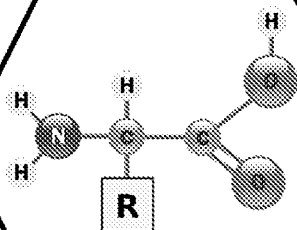
Rhino's horn



Growth
rep



Amino acid

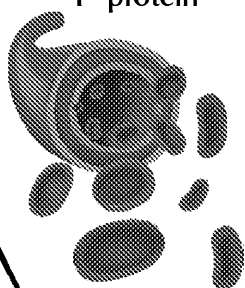


Glucose



Nucle

Haemoglobin – a
4° protein



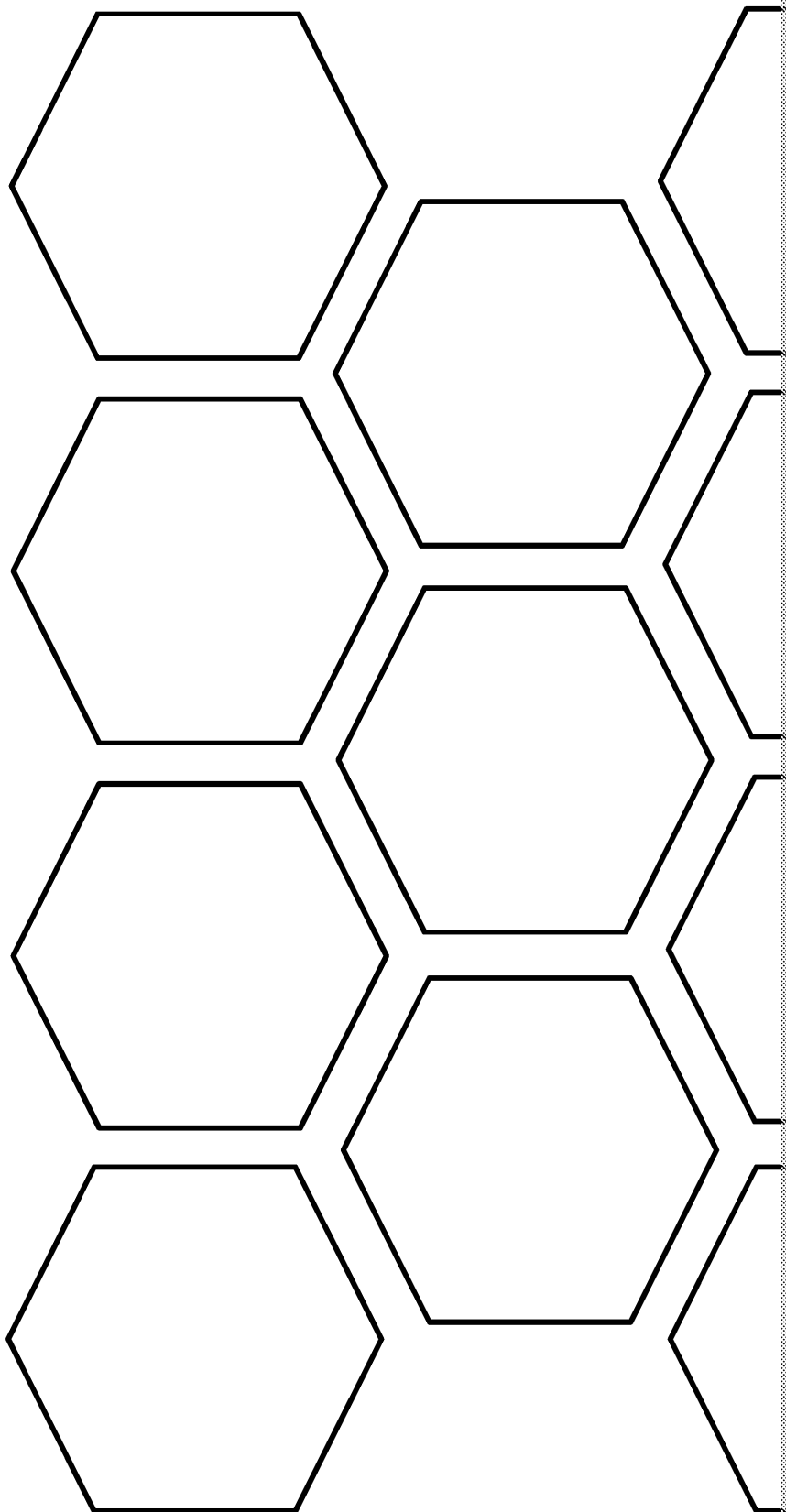
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Activity 3: Hexagon connecti

What connections can you make between the pictures?

Place your hexagons into the grid below by making connections between the sides. As many connections as possible. Can you make suggestions for things to go in the boxes? You are able to **justify** where you place your hexagons.



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Activity 4: DNA

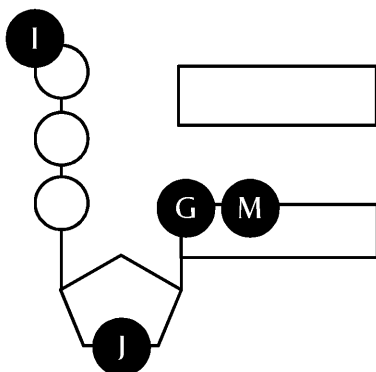
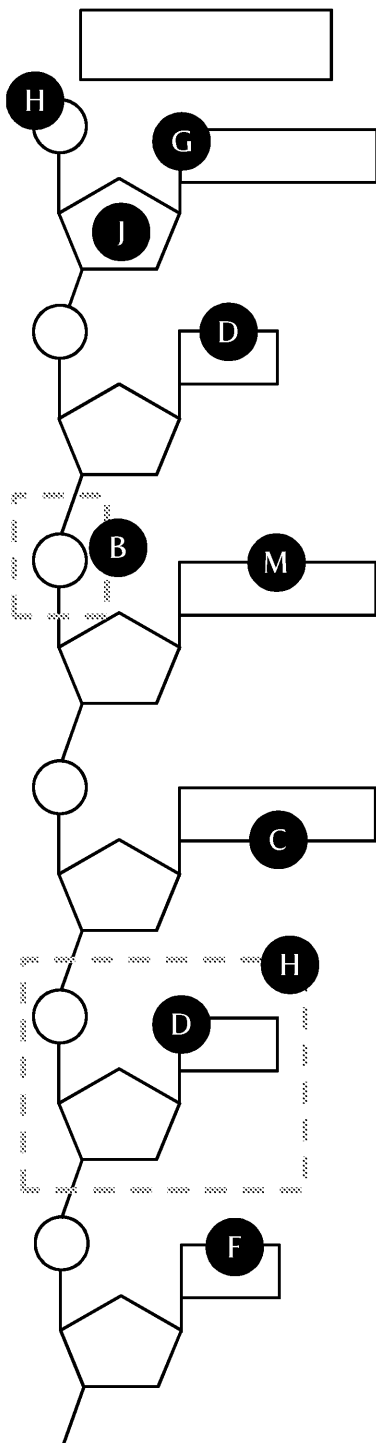
Activity name	Nucleic acid and ATP structure
Aim	To identify the structural features of nucleic acids and ATP
Instructions	<p>In this activity, pupils need to identify three molecules as either DNA or RNA and label the structures within the molecules.</p> <p>There is a grey box above each molecule in which pupils should write the name of the molecule.</p> <p>Key terms associated with the structure of these molecules are written in a grey box on the next page. Pupils are expected to match these words or phrases to the letter (A-M) beside each.</p>
Timings	This activity is expected to take around 5 minutes to complete.
Required prior knowledge	Pupils will need to have been introduced to the key terminology for nucleic acids: nucleotide, base, ribose, deoxyribose, adenine, cytosine, guanine, thymine, phosphodiester bond, hydrogen bond.
Intended use	Plenary
Specification reference	<p>Edexcel 1.4i, iv-v</p> <p>Note: This activity looks mainly at the structure of nucleic acids. The part of the specification (3.1.5.2) that is covered is complementary base pairing through recognition of hydrogen bonds between complementary bases.</p>
Additional notes and guidance	<p>This activity is intended to be used as a plenary at the end of a lesson on nucleic acids and ATP. However, it may also be used as a starter, perhaps after learning about the structure of nucleic acids. In this way, it can help to link the two topics.</p> <p>The activity may also be a useful component to a revision lesson.</p>
Answers	<p>Diagram titles:</p> <p>Top-left = RNA</p> <p>Bottom-left = ATP</p> <p>Right = DNA</p> <p>Diagram labels:</p> <p>A = Deoxyribose</p> <p>B = Phosphodiester bond</p> <p>C = Guanine</p> <p>D = Cytosine</p> <p>E = Complementary base pairs</p> <p>F = Uracil</p> <p>G = Nitrogen-containing base</p> <p>H = Nucleotide</p> <p>I = Phosphate group</p> <p>J = Ribose</p> <p>K = Thymine</p> <p>L = Hydrogen bond</p> <p>M = Adenine</p>

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Activity 4: Nucleic acid and ATP structures



1. Identify which of the molecules is DNA, which is RNA, and which is ATP.
2. Match the words below to the structures in the molecules by writing the matching letter by each word.

Deoxyribose

Ribose

Phosphate group

Nitrogen-containing base

Adenine

Cytosine

Guanine

Thymine

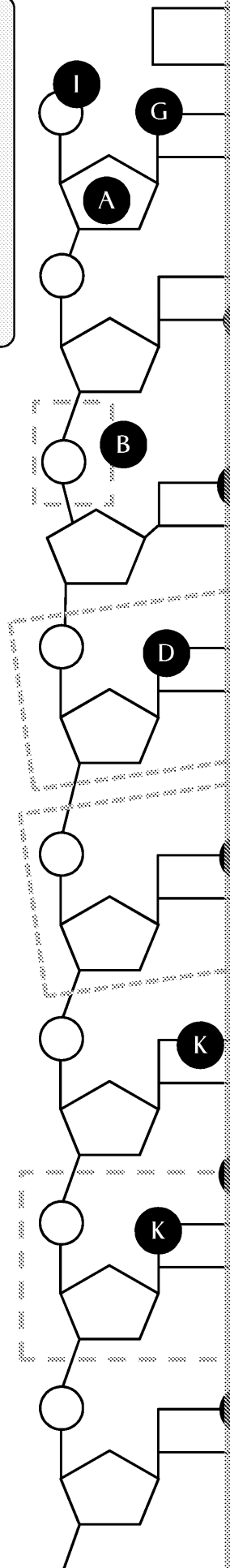
Uracil

Phosphodiester bond

Complementary base pairs

Nucleotide

Hydrogen bond



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Activity 5: Genes and chromosomes

Activity name	Genes and chromosomes
Aim	Solidify understanding of the link between DNA, genes and proteins on this topic.
Instructions	Pupils must use the keywords provided to complete paragraphs relating to the topic.
Timings	5–15 minutes depending on language ability. (EAL pupils may take longer.)
Required prior knowledge	Knowledge of key terms would be useful but not essential, especially if the relevant syllabus was covered by pupils at GCSE level, this activity could also be used to test recall and understanding of prior learning.
Intended use	Plenary
Specification reference	Edexcel 1.4 iii, vii
Additional notes and guidance	This activity is probably best used as a plenary, to solidify and check understanding of relevant terms. However, it may also work as a starter, forcing pupils to think about the link between different terms and molecules, especially with more-able pupils. If the relevant syllabus was covered by pupils at GCSE level, this activity could also be used to test recall and understanding of prior learning.
Answers	<p>A gene is a base sequence of DNA which codes for a functional RNA molecule. tRNA molecules are coded by DNA and are used with ribosomes to translate the sequence of amino acids in a polypeptide molecule.</p> <p>Each amino acid in the polypeptide molecule is coded for by a sequence of three DNA bases, called a triplet. The amino acid is coded for by the DNA sequence ACC which is transcribed into the mRNA sequence UGG.</p> <p>In eukaryotes, most of the DNA is non-coding. This non-coding DNA sequence, called introns, can be found between the genes in a chromosome. The coding regions of a gene are called exons.</p>

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Activity 5: Genes and chromosomes

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Gene A

DNA code	mRNA	Amino acid sequence of Protein A
T	A	
A	U	Start
C	G	
T	A	
T	A	Lysine
C	G	
G	C	
G	C	Proline
C	G	
T	A	
C	G	Serine
G	C	
T	A	
A	U	Methionine
C	G	
G	C	
T	A	Histidine
A	U	
A	U	
T	A	Tyrosine
G	C	
C	G	
G	C	Alanine
G	C	
C	G	
G	C	Alanine
C	G	
T	A	
A	U	Isoleucine
T	A	
G	C	
A	U	Leucine
C	G	
T	A	
C	G	Arginine
T	A	
A	U	
C	G	Tryptophan
C	G	
C	G	
G	C	Alanine
T	A	
A	U	
A	U	Phenylalanine
G	C	
A	U	
T	A	Stop
C	G	

The paragraphs below describe and function of DNA, genes and at the bottom of the box to complete the paragraphs.

A _____ is a base sequence codes for a functional RNA molecule. _____ and _____ molecules code for ribosomes to generate a particular set of amino acids in a _____ molecule.

Each amino acid in the polypeptide chain is coded for by a sequence of three _____ bases, called a triplet. For example, the amino acid Alanine is coded for by the DNA sequence _____, which codes for the mRNA sequence _____.

In eukaryotes, most of the DNA is non-coding DNA, such as multiple _____ repeats. These can be found between the genes and are also non-coding regions within the genes. The coding regions are called _____.

Use some of these words to complete the paragraphs.
triplet, DNA, gene, coding, sequence, mRNA, tRNA, rRNA, serine, alanine

Activity 6: Protein synthesis: transcription and translation

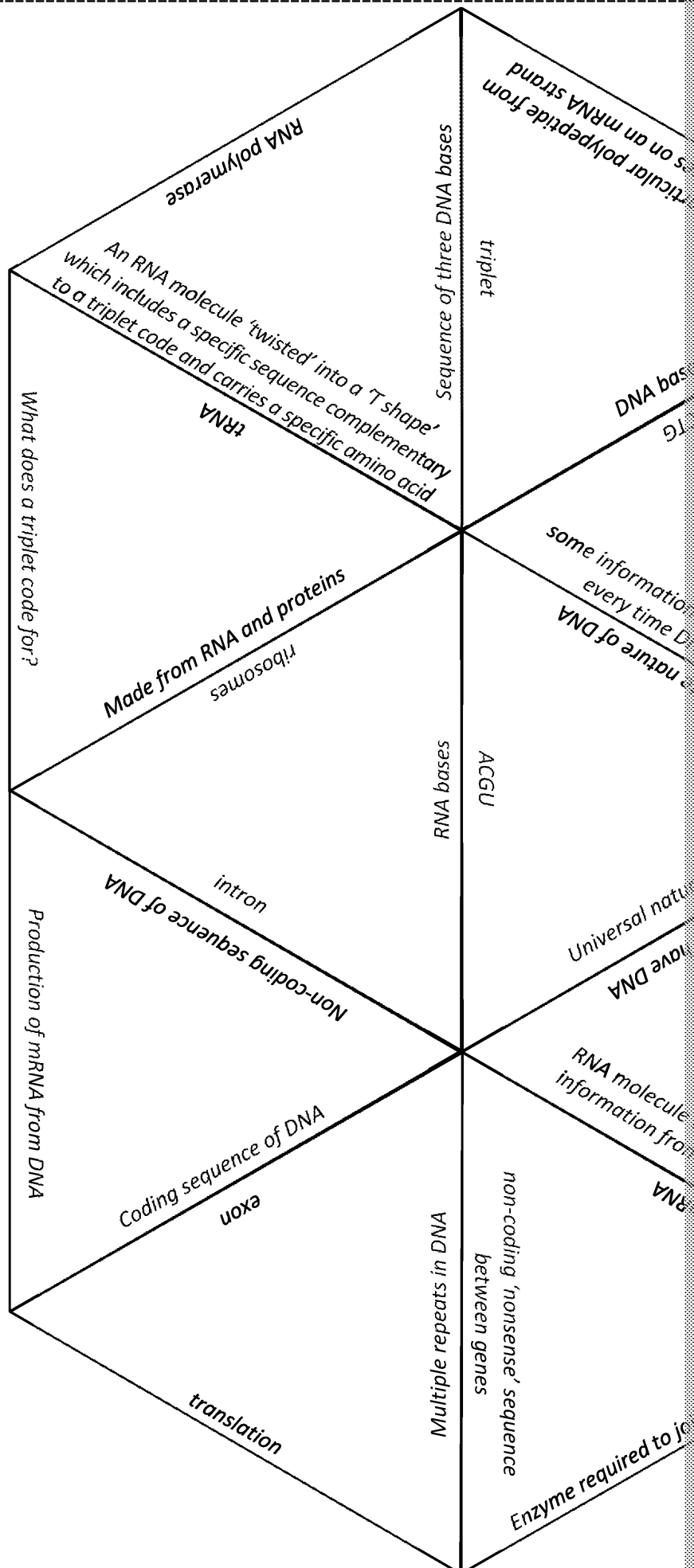
Activity name	Triangular dominoes
Aim	To reinforce understanding of key terms and the processes of transcription and translation
Instructions	<p>The triangles should be cut out to make the triangular dominoes by cutting along the lines. Pupils can work individually or in groups and should try to arrange the dominoes by matching the bases on the dominoes' sides. There are multiple possible combinations.</p> <p>The teacher should monitor pupils during the activity to pick up on any misconceptions. If pupils are working in groups, monitoring their discussions can also help to identify areas of the topic which pupils may be struggling with.</p>
Timings	5–15 minutes: Pupils who finish early can be asked to find a different arrangement
Required prior knowledge	Knowledge of transcription and translation, as well as the structure of DNA and RNA
Intended use	Plenary
Specification reference	Edexcel 1.4v-vii
Additional notes and guidance	
Answers	<p>As these dominoes are triangular, there are multiple possibilities for the arrangement of the triangles. However, the sides should always be paired correctly as follows:</p> <p><i>Sequence of three DNA bases: triplet</i></p> <p><i>All organisms have DNA: DNA is universal</i></p> <p><i>Some information may be lost every time DNA is transcribed: mutation</i></p> <p><i>ACGU: RNA bases</i></p> <p><i>ACGT: DNA bases</i></p> <p><i>Made from RNA and proteins: ribosome</i></p> <p><i>An RNA molecule 'twisted' into a 'T shape' which includes a specific amino acid: tRNA</i></p> <p><i>What does a triplet code for?: an amino acid</i></p> <p><i>Non-coding sequence of DNA: intron</i></p> <p><i>Coding sequence of DNA: exon</i></p> <p><i>Multiple repeats in DNA: non-coding 'nonsense' sequence between genes</i></p> <p><i>RNA molecule which carries genetic information from DNA to the ribosome: mRNA</i></p> <p><i>Enzyme required to join mRNA nucleotides: RNA polymerase</i></p> <p><i>Production of a particular polypeptide from a sequence of bases: translation</i></p> <p><i>Production of mRNA from DNA: transcription</i></p>

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Activity 6: Triangular domino



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Activity 7: Mutation

Activity name	Types of mutation																																																																																																				
Aim	To consider the types of mutation which may occur (base deletion, substitution) and the effect that these may have on the subsequent therefore protein produced.																																																																																																				
Instructions	Pupils should use the diagrams to identify each of type of mutation amino acid sequence produced during subsequent translation. The transcription and translation practice. An amino acid coding wheel this, which can be photocopied and shared between students.																																																																																																				
Timings	10–15 minutes																																																																																																				
Required prior knowledge	This will depend on how the activity is going to be used (see additional resources). Pupils will certainly need to recognise the DNA and mRNA base sequence translation will also certainly help.																																																																																																				
Intended use	Starter/Plenary																																																																																																				
Specification reference	Edexcel B (9BI0) 1.4: DNA and protein synthesis (viii-ix)																																																																																																				
Additional notes and guidance	If used as a starter: Pupils should be given the names of the different types of mutation (insertion and substitution), and asked to figure out which one is which. As long as they know the meaning of these words in everyday English. Use the diagrams to see the kind of effect each of these types of mutations has on the sequence/primary structure of a protein.																																																																																																				
Answers	<p>Boxes left → right</p> <p>Box 1: Base Insertion One base is added to the sequence, resulting in a change of many amino acids.</p> <p>Box 2: Base Substitution One base is changed, this may or may not result in the change of one amino acid in the given example nothing changes.</p> <p>Box 3: Base Deletion One base is removed from the sequence, resulting in a change of many amino acids.</p> <p>Box 4 (bottom): What type of mutation causes this disease? <i>Base substitution</i> What change is made to the amino acid sequence? <i>A single amino acid is changed from valine to isoleucine / the amino acid associated with codon 6 is changed from valine to isoleucine</i></p> <p>Normal sequence:</p> <table><tr><th>Codon</th><th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th></tr><tr><td>DNA</td><td>CAC</td><td>GTG</td><td>GAC</td><td>TGA</td><td>GGA</td><td>CTC</td><td>CTC</td><td>TTC</td><td>AGA</td></tr><tr><td>mRNA codon</td><td>GUG</td><td>CAC</td><td>CUG</td><td>ACU</td><td>CCU</td><td>GAG</td><td>GAG</td><td>AAG</td><td>UCU</td></tr><tr><td>tRNA anticodon</td><td>CAC</td><td>GUG</td><td>GAC</td><td>UGA</td><td>GGA</td><td>CUC</td><td>CUC</td><td>UUC</td><td>AGA</td></tr><tr><td>Amino acid</td><td>Val</td><td>His</td><td>Leu</td><td>Thr</td><td>Pro</td><td>Glu</td><td>Glu</td><td>Lys</td><td>Ser</td></tr></table> <p>Mutated sequence:</p> <table><tr><th>Codon</th><th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th></tr><tr><td>DNA</td><td>CAC</td><td>GTG</td><td>GAC</td><td>TGA</td><td>GGA</td><td>CAC</td><td>CTC</td><td>TTC</td><td>AGA</td></tr><tr><td>mRNA codon</td><td>GUG</td><td>CAC</td><td>CUG</td><td>ACU</td><td>CCU</td><td>GUG</td><td>GAG</td><td>AAG</td><td>UCU</td></tr><tr><td>tRNA anticodon</td><td>CAC</td><td>GUG</td><td>GAC</td><td>UGA</td><td>GGA</td><td>CAC</td><td>CUC</td><td>UUC</td><td>AGA</td></tr><tr><td>Amino acid</td><td>Val</td><td>His</td><td>Leu</td><td>Thr</td><td>Pro</td><td>Val</td><td>Glu</td><td>Lys</td><td>Ser</td></tr></table>	Codon	1	2	3	4	5	6	7	8	9	DNA	CAC	GTG	GAC	TGA	GGA	CTC	CTC	TTC	AGA	mRNA codon	GUG	CAC	CUG	ACU	CCU	GAG	GAG	AAG	UCU	tRNA anticodon	CAC	GUG	GAC	UGA	GGA	CUC	CUC	UUC	AGA	Amino acid	Val	His	Leu	Thr	Pro	Glu	Glu	Lys	Ser	Codon	1	2	3	4	5	6	7	8	9	DNA	CAC	GTG	GAC	TGA	GGA	CAC	CTC	TTC	AGA	mRNA codon	GUG	CAC	CUG	ACU	CCU	GUG	GAG	AAG	UCU	tRNA anticodon	CAC	GUG	GAC	UGA	GGA	CAC	CUC	UUC	AGA	Amino acid	Val	His	Leu	Thr	Pro	Val	Glu	Lys	Ser
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tRNA anticodon	CAC	GUG	GAC	UGA	GGA	CUC	CUC	UUC	AGA																																																																																												
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Activity 7: Types of mutation

Each of the diagrams below shows a particular form of genetic mutation. For each type of mutation depicted, and describe the effect that it has on the amino acid translation of the subsequent mRNA strand?

<p>TACCGATGCTAGCCGTATCGTAGC</p> <p>AUGGCUACGAUCGGCAUAGCAUCG</p> <p>Met-Ala-Thr-Ile-Gly-Ile-Ala-Ser</p> <p>TACCGATGCTAGCCGTATCGTAGC</p> <p>AUGGGCUACGAUCGGCAUAGCAUCG</p> <p>Met-Gly-Tyr-Asp-Arg-His-Ser-Ile-</p>	<p>TACCGATGCTAGCCGTATCGTAGC</p> <p>AUGGCUACGAUCGGCAUAGCAUCG</p> <p>Met-Ala-Thr-Ile-Gly-Ile-Ala-Ser</p> <p>TACAGTTGCTAGCCGTATCGTAGC</p> <p>AUGGCAACGAUCGGCAUAGCAUCG</p> <p>Met-Ala-Thr-Ile-Gly-Ile-Ala-Ser</p>	<p>TACCGATGCTAGCCGTATCGTAGC</p> <p>AUGGCUACGAUCGGCAUAGCAUCG</p> <p>Met-Ala-Thr-Ile-Gly-Ile-Ala-Ser</p> <p>TACCGATGCTAGCCGTATCGTAGC</p> <p>AUGGCUACGAUCGGCAUAGCAUCG</p> <p>Met-Ala-Thr-Ile-Gly-Ile-Ala-Ser</p>
<p>Type of mutation:</p> <p>.....</p> <p>How is the amino acid sequence affected?</p> <p>.....</p> <p>.....</p>	<p>Type of mutation:</p> <p>.....</p> <p>How is the amino acid sequence affected?</p> <p>.....</p> <p>.....</p>	<p>Type of mutation:</p> <p>.....</p> <p>How is the amino acid sequence affected?</p> <p>.....</p> <p>.....</p>

One disease caused by a genetic mutation is sickle-cell anaemia. Look at the DNA abnormal alleles, below.

What type of mutation causes this disease?

Complete the mRNA sequence, and use this to determine the tRNA anticodons and amino acids produced.

What change is made to the amino acid sequence?.....

First 15 codons of the normal haemoglobin allele:

Codon	1	2	3	4	5	6	7	8	9	10
DNA	CAC	GTG	GAC	TGA	GGA	CTC	CTC	TTC	AGA	CGG
mRNA codon										
tRNA anticodon										
Amino acid										

First 15 codons of the abnormal sickle-cell haemoglobin allele:

Codon	1	2	3	4	5	6	7	8	9	10
DNA	CAC	GTG	GAC	TGA	GGA	CAC	CTC	TTC	AGA	CGG
mRNA codon										
tRNA anticodon										
Amino acid										

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Activity 8: Enzymes

Activity name	Dominoes: enzymes quiz
Aim	Pupils will use knowledge from the lesson to identify the correct a
Instructions	<ul style="list-style-type: none"> The activity provides 20 domino cards which should be printed a Each pupil is given one card. All of the cards need to be used If you have fewer than 20 pupils, you could give an extra card If you have more than 20 pupils, the pupils could be paired u competition – see ‘additional notes’ below). Either the teacher or a designated pupil can start by asking the The pupil who thinks they have the correct answer to the que the teacher agrees that this is correct, the pupil can then read The answer to the last question is on the first card, bringing y pupil/teacher and concluding the activity.
Timings	5–10 minutes
Required prior knowledge	Basic knowledge of enzymes and enzyme action
Intended use	Plenary
Specification reference	Edexcel 1.5 Note: This activity does not allow pupils to become familiar with g catalysed reactions or to develop ideas regarding investigating fac
Additional notes and guidance	<p>This activity is best done at the end of a lesson on enzyme activity, the following lesson to recap / check understanding before doing a</p> <p>activity.</p> <p>Using the activity as a competition:</p> <ol style="list-style-type: none"> 1. Divide the class into two equal teams. The pupils are then pa 2. The class is divided into groups (size dependent on the teach <p>of cards, except the first card. The cards are divided among t</p> <p>cannot be allowed to see each other’s cards as this would give</p> <p>string of answers. The game continues as normal, but as ever,</p> <p>must answer quickly to score a point for their team.</p>
Answers	The cards are printed in the order they should be spoken, with the second card, etc. The left column comes first, from top to bottom column. The answer to the last card is on the first card.

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Activity 8: Dominoes: enzyme

Denature at higher temperatures	Enzymes are examples of which type of biological molecule?	Competitive inhibitor
Protein	Name a variable that increases the rate of an enzyme-controlled reaction.	Enzyme–substrate complex
Substrate concentration	Which type of enzyme inhibitor changes the shape of the active site?	Only sucrose can fit the active site of sucrase
Non-competitive inhibitor	Where are enzymes found in the human body?	It does not bind to the active site
Almost everywhere	Name two variables which have an optimum value for the highest rate of enzyme activity.	Inhibitors
Temperature and pH	Which model states that the shape of the active site changes as a substrate binds to it?	It depends on the optimum value for the enzyme
Induced-fit model	How do enzymes increase the rate of biological reactions?	Arctic cod
They lower the activation energy required	Why can't an enzyme usually function at high temperatures?	In the stomach
Hydrogen bonds holding the enzyme's 2° and 3° structures are broken	What is the name given to this process?	The shape of the active site is changed
Denaturation	Which type of enzyme inhibitor can attach to the active site?	The rate increases and then suddenly drops

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Activity 9: Inorganic ions

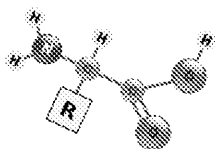
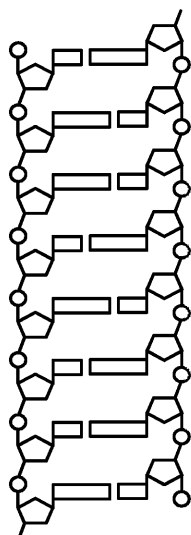
Activity name	Importance of inorganic ions
Aim	Pupils should develop an understanding of the wide-reaching importance of identifying the role of specific ions in a range of biological situations.
Instructions	The worksheet shows four varied situations in which a specific ion is highlighted. Pupils must first identify the important ion – this could be done by asking questions. Pupils must then describe the role of this ion in the given situation.
Timings	5–10 minutes
Required prior knowledge	Pupils will need to know what an ‘inorganic ion’ is. Some knowledge would also be desirable: <ul style="list-style-type: none"> pH role of haemoglobin in carrying oxygen transport of substances across cell membranes structure of DNA and ATP
Intended use	Starter
Specification reference	Edexcel B (9BI0) 1.6: Inorganic ions Note: Not all key inorganic ions mentioned in the specification are covered.
Additional notes and guidance	This activity is designed to be used as a starter, to introduce the components in many biological situations. The situations shown in the worksheet are in more detail. Plenary/extension/homework ideas: <ol style="list-style-type: none"> Ask the pupils to think of other situations in which ions are important. For example, the importance of magnesium in the chlorophyll molecule, the structure of bone, or the importance of nitrates for protein building in plants. Ask pupils to research the importance or main uses of the other ions mentioned in the specification: Ca^{2+}, K^+, NH_4^+, NO_3^-, HCO_3^-, Cl^-, OH^-.
Answers	<p>DNA and amino acids are essential molecules for all known life in bacteria. NO_3^- is the important ion Plants are able to absorb nitrogen in the form of nitrate ions. This allows them to produce DNA, RNA and amino acids. Animals in turn get nitrogen from their food.</p> <p>Chlorophyll is a complex molecule required by plants for photosynthesis. Mg^{2+} is the important ion This ion is an essential component of the chlorophyll molecule. Without it, plants cannot perform photosynthesis and photosynthesis cannot occur.</p> <p>Calcium pectate is an important component of the pectin layer in the cell walls of adjacent cells. Ca^{2+} is the important ion Pectin includes $-\text{COOH}$ or $-\text{COO}^-$ groups which are negatively charged. These groups provide a powerful attractive force between adjacent pectin molecules. <i>Note: If used as a starter, pupils will probably not be familiar with pectin (though they may have briefly looked at pectin when studying eukaryotes). This may therefore be more challenging than the others. However, they should be able to identify the negative charge shown in the pectin molecule, and the positive charge shown in the calcium ion.</i></p> <p>Hydrolysis of ATP to ADP and Pi provides the energy required for many biological processes. PO_4^{3-} is the important ion. Phosphate ions allow the transfer of electrons during reactions with oxygen, providing energy for chemical reactions in the body. <i>Note: If following the specification in order, pupils will not yet have covered the structure of ATP. They may not be able to give the full explanation above. They should be able to identify the phosphate group as an important component of ATP and ADP. The teacher may then wish to discuss this during feedback at the end of the activity.</i></p>

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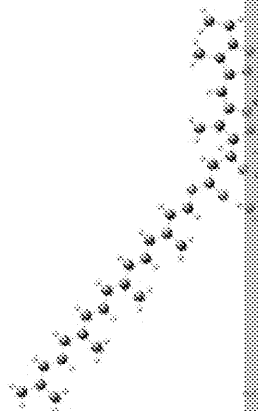
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Activity 9: Importance of inorganic



Chlorophyll
molecule
for photosynthesis



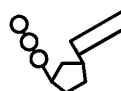
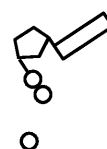
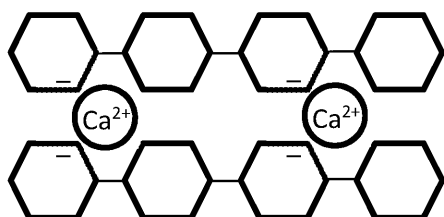
DNA and amino acids are essential molecules for all known life including plants, animals and bacteria.

What is the importance of inorganic ions?

For each diagram:

- identify the important ion
- describe the role of this ion in the given situation

Calcium pectate is an important component of the pectin layer in plants, helping to 'cement' the cell walls of adjacent cells.



Hydrolysis of ATP
energy required

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Activity 10: Water

Activity name	Water!
Aim	Pupils will think about some of the chemical and physical properties of water and its importance in a range of biological situations.
Instructions	There are four situations shown in pictures on the worksheet. Pupils must first determine what the picture is showing and then write their answer in the box provided below the picture. They should then determine which property of water is most important in this situation, identifying the important properties by writing them down.
Timings	10 minutes
Required prior knowledge	It would be helpful if pupils are already familiar with the properties of water: vaporisation, heat capacity, cohesion, metabolite, solvent.
Intended use	Starter or plenary
Specification reference	Edexcel 1.7
Additional notes and guidance	Extension idea: Ask pupils to put the five properties in order of importance with 1 as the most important and explaining their reasoning.
Answers	<p>Picture 1: A person running (pupils may note high rate of respiration) Important properties: <i>metabolite</i> (for respiration) <i>high latent heat of vaporisation</i> (to cool the runner as his sweat evaporates) <i>solvent</i> (nutrients carried in the blood to the runner's cells for respiration) <i>high heat capacity</i> (the runner's body contains a lot of water; the body must be able to maintain his body temperature, i.e. it will not heat up easily)</p> <p>Picture 2: An insect 'skating' on a pond surface Important properties: <i>cohesion</i> (the surface tension of the water allows the insect to stand on the surface) <i>high heat capacity</i> (the insect's environment stays at a relatively constant temperature)</p> <p>Picture 3: Small (single-celled) organism living in (pond) water Important properties: <i>high heat capacity</i> (the organism's environment stays at a relatively constant temperature) <i>solvent</i> (food for the organism is dissolved in the water – nutrients can pass through the organism's cell membrane)</p> <p>Picture 4: Transpiration from a leaf Important properties: <i>high latent heat of vaporisation</i> (the plant is cooled as water evaporates from the leaves) <i>cohesion</i> (cohesion between water molecules allows the plant to pull water up to the leaves – transpiration pull) <i>solvent</i> (minerals are brought from the roots to the leaves dissolved in the water)</p>

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Activity 10: Water!

Some of the main chemical and physical properties of water are written in a cloud below. Each diagram shows a common biological situation. You must first determine which property is most important for this situation – write your description in the box provided. Then, identify which of the properties is most important for this situation. Your teacher may ask you to think about the level of importance by numbering them in order 1–5 with 1 as the most important.

Water has a **high latent heat of vaporisation**

Metabolite in reactions such as condensation and hydrolysis

Water has a **high latent heat of vaporisation**

Water has a **high heat capacity**

Strong cohesion between water molecules

Water has a **high heat capacity**

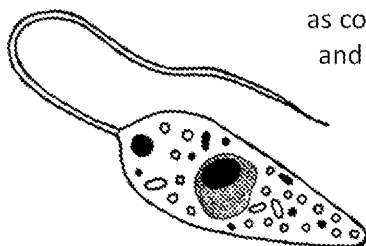
Important **solvent**

Important **solvent**

Water has a **high latent heat of vaporisation**

Metabolite in reactions such as condensation and hydrolysis

Metabolite in reactions such as condensation and hydrolysis



Water has a **high heat capacity**

Strong cohesion between water molecules

Water has a **high heat capacity**

Important **solvent**

Important **solvent**

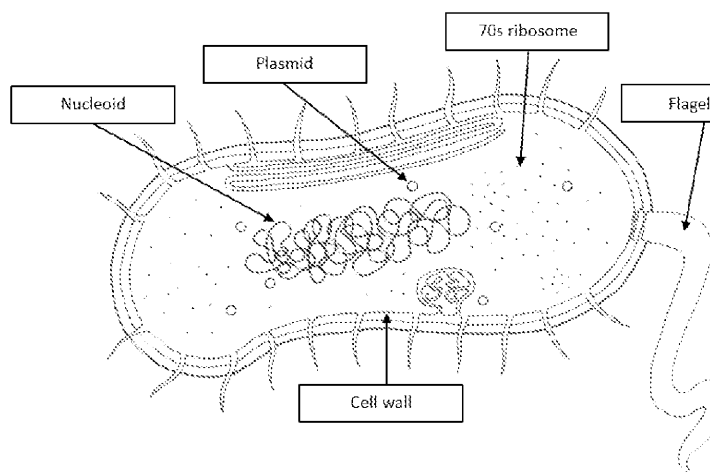
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Activity 11: Prokaryotic cells

Activity name	Prokaryotes
Aim	To explore the similarities and differences between Gram-positive bacteria.
Instructions	Pupils should first label the diagram, identifying: nucleoid, plasmid, cell wall. Pupils should then use the table provided to summarise the differences between Gram-positive bacteria and Gram-negative bacteria.
Timings	10 minutes
Required prior knowledge	
Intended use	Starter/plenary
Specification reference	Edexcel B (9BI0) 2.1: Eukaryotic and prokaryotic cell structure and
Additional notes and guidance	If used as a starter, pupils will need to be given a reference source for Gram-positive cell walls and Gram-negative cell walls as well as Gram-negative bacteria.



Answers

Differences to a eukaryotic cell:

- No membrane-bound organelles
- DNA is not contained within a nucleus
- Single loop of DNA (not in chromosomes)
- Flagellum (different to some eukaryotic cells)
- Cell wall made of peptidoglycan
- Smaller

	Gram-positive bacteria	
Peptidoglycan	Thick layer	
Cell membrane	Cytoplasmic membrane only	
Crystal violet dye	Retained by peptidoglycan layer	
Appearance after gram staining	Purple	
Susceptibility to antibiotics	High	
Reason for antibiotic susceptibility	Lack of outer membrane	e

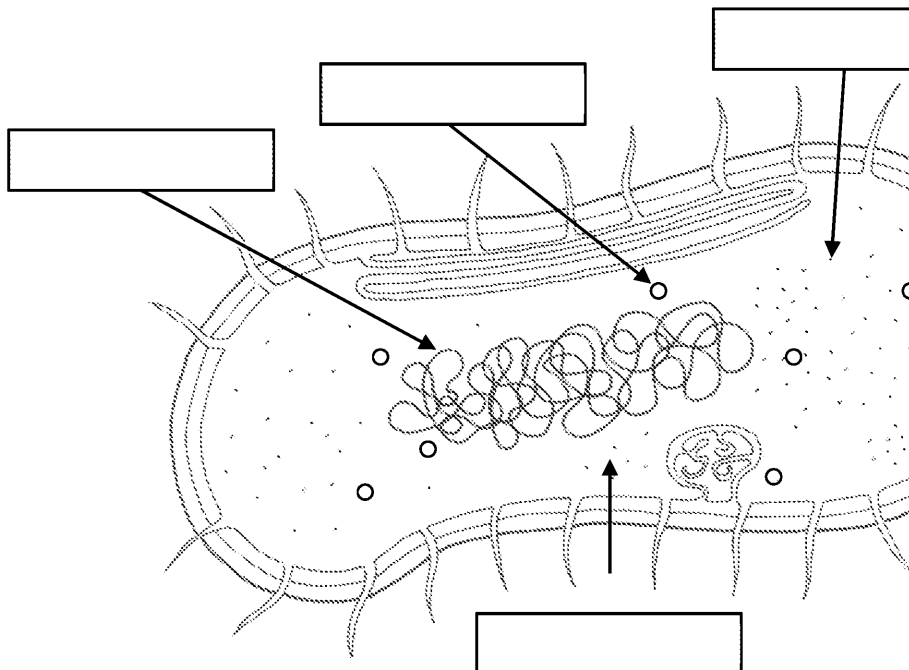
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Activity 11: Prokaryotes

Label the diagram below to identify some of the key features of prokaryotic cells
describe three differences between a prokaryotic cell and a eukaryotic cell.



Three differences:

1.
2.
3.

Complete the table below, describing the differences between Gram-positive bacteria

Extension: Can you think of any other differences between these two major groups? Add them to the table.

	Gram-positive bacteria	Gram-negative bacteria
Peptidoglycan layer		
Cell membrane		
Crystal violet dye		
Appearance after gram staining		
Susceptibility to antibiotics		
Reason for antibiotic susceptibility		

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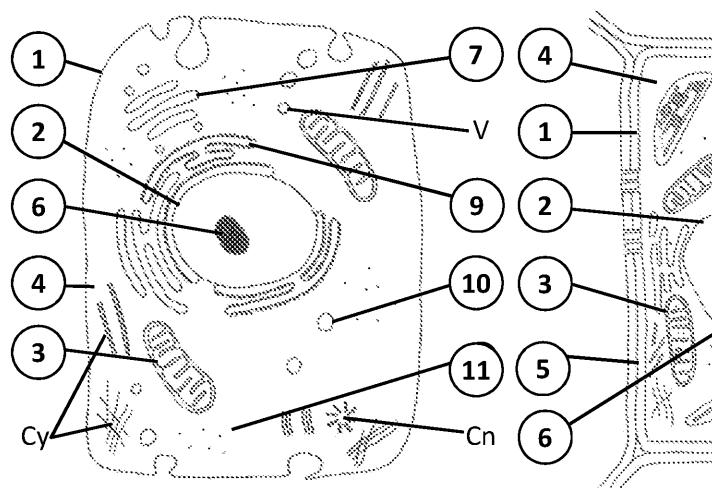
Activity 12: Eukaryotic cells

Activity name	Cell structure and function
Aim	To identify cellular structures in diagrams and electron micrographs
Instructions	Pupils must match the names and functions of the cellular structures. They must then also identify these structures on the cell diagrams. They can do this by labelling the structures 1–12 or by drawing label lines.
Timings	10–15 minutes It is expected that matching the names and functions will take around 10 minutes. Identifying structures on electron micrographs is likely to vary between pupils.
Required prior knowledge	Basic knowledge of cellular structure from GCSE
Intended use	Starter or plenary
Specification reference	Edexcel 2.1 Note: The worksheet focuses only on eukaryotic cell structure.
Additional notes and guidance	Extension ideas: 1. Identify other organelles/structures, e.g. plasmodesmata, centrioles. 2. Ask pupils to identify which of the structures are also found in prokaryotes. Are there any structures found in both prokaryotes and eukaryotes? Are there any structures found only in eukaryotes?

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Extension idea 1: Some extra organelles are identified above:
 Cy = cytoskeleton (larger microtubules, smaller microfilaments)
 Cn = centriole
 V = vesicle
 P = plasmodesmata

Extension idea 2:

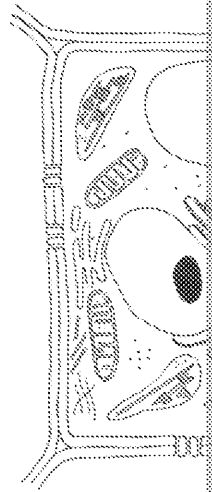
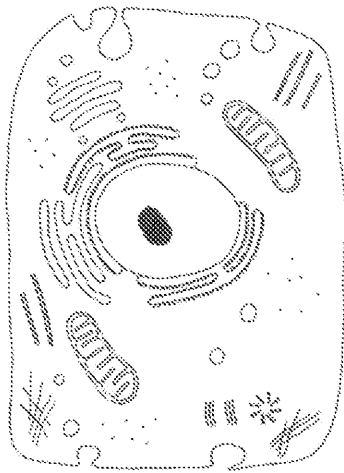
- Structures also found in prokaryotes include: cell surface membrane, ribosomes
- The cytoplasm of prokaryotes lacks membrane-bound organelles
- The cell wall of a bacterium consists of glycoprotein (murein)
- The ribosomes of prokaryotes are smaller than those in eukaryotes
- Prokaryotic cells often include:
 - Flagella (some eukaryotic cells also have these)
 - DNA plasmids and circular DNA

Answers

1. Cell surface membrane	To maintain shape and organism structure in plants and fungi	5
2. Nucleus	Modification and packaging of proteins before export out of the cell	7
3. Mitochondrion	Storage of water in plants – helps to maintain the cell's water potential	8
4. Cytoplasm	Provides energy through generation of ATP in respiration	3
5. Cell wall	Everything within the cell membrane excluding the nucleus	4
6. Nucleolus	A region of the nucleus in which ribosomes are assembled	6
7. Golgi body	Where genetic information is stored. Controls cell activities.	2
8. Vacuole	Releases lysozymes to digest unwanted items inside the cell	1
9. Rough endoplasmic reticulum (RER)	Controls movement of molecules in or out of the cell	1
10. Lysosome	Production and packaging of proteins to be used outside of the cell	9
11. Ribosome	Photosynthesis	1
12. Chloroplast	Production of proteins	1

Activity 12: Cell structure and function

Label the diagrams with the cellular structures listed below.



Match the name, function and an EM image for each cellular structure.

Note: It may not be possible to identify the cell surface membrane or ribosomes on the EM images.

1. Cell surface membrane	To maintain shape and organism structure in plants and fungi
2. Nucleus	Modification and packaging of proteins before export out of the cell
3. Mitochondrion	Storage of water in plants – helps to maintain the cell's water potential
4. Cytoplasm	Provides energy through generation of ATP in respiration
5. Cell wall	Everything within the cell membrane excluding the nucleus
6. Nucleolus	A region of the nucleus in which ribosomes are assembled
7. Golgi body	Where genetic information is stored. Controls cell activities.
8. Vacuole	Releases lysozymes to digest unwanted items inside the cell
9. Rough endoplasmic reticulum (RER)	Controls movement of molecules in or out of the cell
10. Lysosome	Production and packaging of proteins to be used outside of the cell
11. Ribosome	Photosynthesis
12. Chloroplast	Production of proteins

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Activity 13: Microscopy

Activity name	Silent sentences
Aim	To develop pupils' appreciation of the uses and limitations of different types of microscope.
Instructions	<p>The cards in the worksheet provide eight sentences on the use of microscopes. Pupils should print and cut out before the lesson, with one set per group of four. Pupils should be divided into groups of four. Each person in the group should be given one column on the sheet. If you need to have three or five pupils in a group, divide randomly, but equally, between the group members.</p> <p>Each pupil should place their cards on the table and try to make the best match. They can look at the cards of their other group members, and they may give advice to their group, but they are not allowed to take cards or ask for them in any way. No talk and they should not use body language to ask for cards either.</p> <p>This activity may take a little explaining and could take some time. It is a good way to help to develop team work and self-discipline. EAL pupils could be given extra help to help the activity go quicker, while also developing verbal English skills.</p> <p>A more straightforward alternative is to give a complete set of cards to each group. A full set of sentences.</p> <p>Note: To make preparation for the lesson easier, and to keep track of the cards, it is a good idea to print each set on a different colour of paper. This makes it easier after cutting and to prevent cards from different sets getting mixed up.</p>
Timings	5–15 minutes
Required prior knowledge	Understanding of the terms 'resolution' and 'specimen' and nm as a unit of measurement.
Intended use	Starter or plenary
Specification reference	Edexcel 2.1vi Note: This activity focuses on the uses and limitations of different types of microscope. It does not cover calculation involving magnification, cell fractionation or ultrastructure.
Additional notes and guidance	<p>This activity can be used either as a plenary, solidifying pupils' understanding of the uses and limitations of microscopes, or as a starter, to get pupils thinking about the uses and limitations of microscopes. If pupils finish the activity quickly, a possible plenary or starter could be to give pupils a series of scenarios, asking them to choose the best type of microscope for each scenario.</p> <p>Some possible scenarios to use in this activity include:</p> <ul style="list-style-type: none"> To view the 3D structure of a virus (SEM – gives high-resolution images) To view the mouthparts of a flea/mosquito/hairs on an ant (SEM – gives high-resolution images of the outer surface) To view movement of daphnia in water (light microscope – simple and easy to use) To view internal cell structure (TEM – high-resolution image of internal structures)
Answers	<ol style="list-style-type: none"> Electron microscopes have much higher resolution than optical microscopes. The resolution of an electron microscope is around 5 nm. The optical light microscope cannot be used to view specimens at high magnification. Scanning electron microscopes can be used to view specimens at high magnification. Scanning electron microscopes produce 3D images of an object. Transmission electron microscopes can be used to make detailed images of internal structures of a cell. Only the optical light microscope can be used to observe living specimens. Electron microscopes require specimens to be placed inside a vacuum; therefore, specimens must be dead.

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Activity 13: Silent sentences

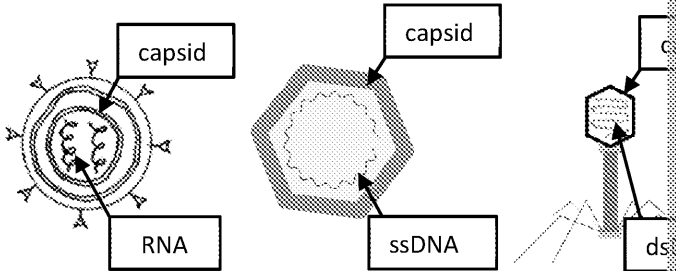
Electron	microscopes	have much
resolution	than optical	light
The resolution	of an electron	microscope
The optical light	microscope	cannot be used
specimens	as small as a virus.	Scanning electron
be used to view	specimens	as large as
Scanning	electron	microscopes
3D images	of an object's	surface.
electron	microscopes	can be used to
images of	structures	inside a cell.
optical light	microscope	can be used to
living specimens.	Electron	microscopes
specimens	to be placed	inside a vacuum
metal staining;	Therefore,	specimens must

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Activity 14: Viruses

Activity name	Viruses
Aim	To introduce the topic of viruses and develop an awareness of the how they are classified based on genetic material.
Instructions	Pupils are given some basic information regarding viruses. They show features of genetic material and capsid, in the four examples given which virus is from each of the named groups. This may be a bit tricky starter. However, it is quite possible that pupils have seen images of viruses. After labelling the diagrams, pupils are asked to use their prior knowledge to identify killing viruses and treating viral infections. This provides an opportunity to use prior knowledge and also provides a lead in to the main lesson, by expanding on what they have brought up.
Timings	5 minutes for labelling diagrams + 10 minutes for brainstorm activity
Required prior knowledge	Pupils are expected to have prior knowledge of proteins, distinguishing between living and non-living (i.e. very small, non-living particles) and also a basic understanding of the benefits of breast milk (from KS3/GCSE).
Intended use	Starter
Specification reference	Edexcel B (9BI0) 2.2: Viruses (i, iii, iv)
Additional notes and guidance	
Answers	<p>Boxes on left (top to bottom):</p> <ol style="list-style-type: none"> 1. RNA retrovirus = HIV 2. ssDNA virus = Parvovirus 3. dsDNA virus = Lambda phage (bacteriophage) 4. RNA virus = Ebola  <p>Mind map: Due to the open-ended nature of this activity, a wide range of ideas are expected. However, the following ideas should be present at least:</p> <ul style="list-style-type: none"> - Killing viruses: <ul style="list-style-type: none"> - High temperature <ul style="list-style-type: none"> - Denatures the protein of the protein coat and kills it - Damages/destroys viral DNA/RNA thus killing it or preventing it from replicating - Some strong chemicals could destroy the protein coat - Treating viral infections: <ul style="list-style-type: none"> - More problematic <ul style="list-style-type: none"> - Most methods used to kill viruses could also kill/injure the host - Prevention better than cure <ul style="list-style-type: none"> - Vaccination - Antibodies to support body's own immune system (from previous infections)

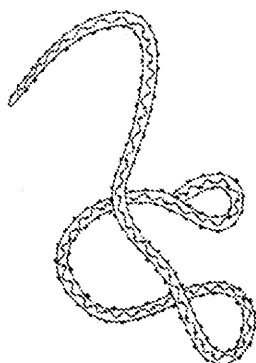
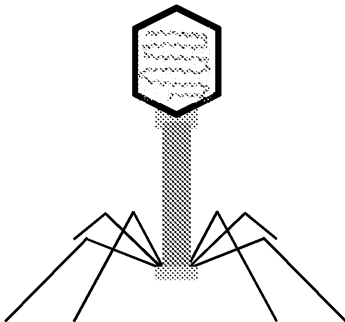
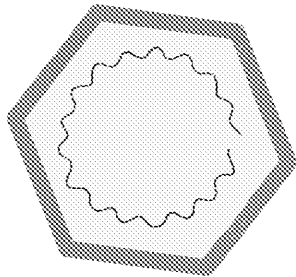
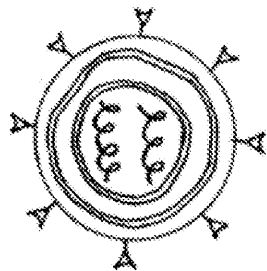
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Activity 14: Viruses

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Viruses

The structure of a virus usually consists of:

- nuclear material
- a capsid (protein coat) surrounding the nuclear material
- other protein parts
- (sometimes) a membrane envelope

Viruses are classified according to the type of genetic material they contain and their method of reproduction.

- single-stranded DNA virus (ssDNA)
- double-stranded DNA virus (dsDNA)
- RNA virus, e.g. Ebola
- RNA retrovirus, e.g. HIV

The diagrams on the left show examples of the viruses listed above.

Can you identify which virus is which type?

Write the virus classification in the boxes below.

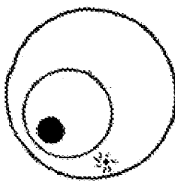
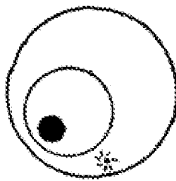




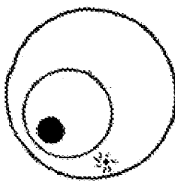
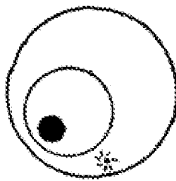




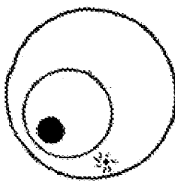
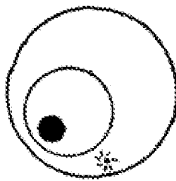




Try to label each diagram, identifying the genetic material.

Using your prior knowledge of biology, the structure and function, and health and disease, discuss how you might kill viruses and treat viral infections.

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Activity 15: Mitosis

Activity name	Back-to-back: the cell cycle						
Aim	To develop understanding of the phases of the cell cycle.						
Instructions	Pupils must be put into pairs. Between them, each pair will have a worksheet that has six missing parts in the phase diagrams or information to each other to complete their diagrams and information. This should be for communication only, with pupils sitting back-to-back so that they cannot see each other's work. Once they are finished they should compare their worksheets to see if they are correct.						
Timings	10–15 minutes						
Required prior knowledge	Names of cellular structures such as chromosomes, chromatids, spindle fibres, centrioles, nuclear envelope would be useful but not essential, as pupils can describe them in their own words.						
Intended use	Starter or plenary						
Specification reference	Edexcel 2.3i-ii Note: This activity focuses on the cell cycle, including interphase and mitosis. Uncontrolled cell division leading to tumours and cancer is not covered. Asexual reproduction in viruses is covered in the next activity.						
Answers	<p>The complete information should be as in the table below.</p> <p>The written information will be easier to complete, as the pupils only have to fill in the missing parts and ask their partner for the relevant missing information.</p> <p>There is likely to be some variation in the students' drawings. This is acceptable as long as it is representative of the cell cycle.</p> <p>For person 1, ensure that:</p> <ul style="list-style-type: none">two centrosomes are shown in G2spindle fibres are attached to centromeres of chromosomes in metaphasethe smaller chromosome is lined up alongside the other at the metaphase plate <p>For person 2, ensure that:</p> <ul style="list-style-type: none">a centrosome is drawn in the S-phase cellthe left-hand side of the cell is a mirror image of the right-hand side in anaphasethere is one copy of each chromosome in each daughter cell in telophase <table><tr><td><p>The main growth phase of the cell.</p><p>Interphase G1</p></td><td><p>DNA replicates</p><p>Interphase S-phase</p></td><td><p>Cell prepares for mitosis. Spindle begins to form.</p><p>Interphase G2</p></td></tr><tr><td><p>Spindle fibres pull chromosomes to line up at the centre of the cell.</p><p>Metaphase</p></td><td><p>Chromatids separate and move to opposite ends of the cell.</p><p>Anaphase</p></td><td><p>Nuclear envelope reforms. Cytokinesis divides the cell into two daughter cells.</p><p>Telophase</p></td></tr></table>	<p>The main growth phase of the cell.</p>  <p>Interphase G1</p>	<p>DNA replicates</p>  <p>Interphase S-phase</p>	<p>Cell prepares for mitosis. Spindle begins to form.</p>  <p>Interphase G2</p>	<p>Spindle fibres pull chromosomes to line up at the centre of the cell.</p>  <p>Metaphase</p>	<p>Chromatids separate and move to opposite ends of the cell.</p>  <p>Anaphase</p>	<p>Nuclear envelope reforms. Cytokinesis divides the cell into two daughter cells.</p>  <p>Telophase</p>
<p>The main growth phase of the cell.</p>  <p>Interphase G1</p>	<p>DNA replicates</p>  <p>Interphase S-phase</p>	<p>Cell prepares for mitosis. Spindle begins to form.</p>  <p>Interphase G2</p>					
<p>Spindle fibres pull chromosomes to line up at the centre of the cell.</p>  <p>Metaphase</p>	<p>Chromatids separate and move to opposite ends of the cell.</p>  <p>Anaphase</p>	<p>Nuclear envelope reforms. Cytokinesis divides the cell into two daughter cells.</p>  <p>Telophase</p>					

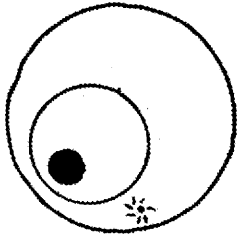
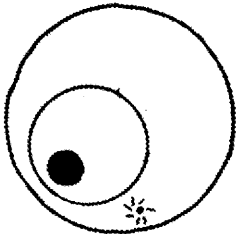
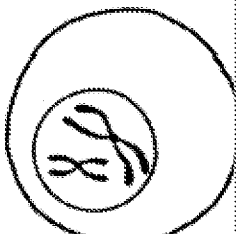


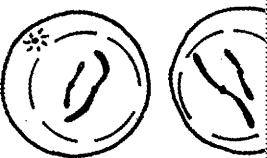
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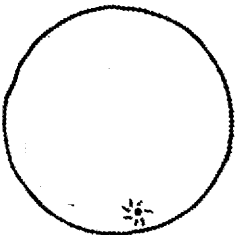
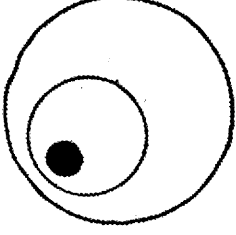
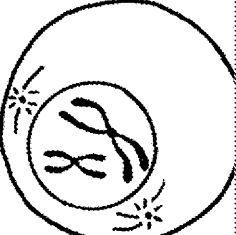
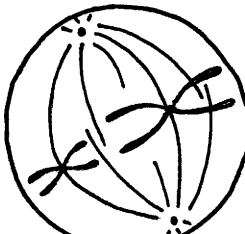




Activity 15: Back-to-back: the cell cycle

The cell cycle and mitosis: Person 1

<p>The main growth phase of the cell.</p>  <p>.....</p>	<p>..... replicates</p>  <p>Interphase S-phase</p>	<p>Cell prepares for mitosis Spindle begins to form.</p>  <p>Interphase G2</p>
<p>Spindle fibres pull chromosomes to line up</p>  <p>Metaphase</p>	<p>Chromatids separate and move to opposite ends of the cell.</p>  <p>Anaphase</p>	<p>..... Cytokinesis divides the cell in half.</p>  <p>Telophase</p>

The cell cycle and mitosis: Person 2

<p>The main growth phase of the cell.</p>  <p>Interphase G1</p>	<p>DNA</p>  <p>Interphase S-phase</p>	<p>.....</p>  <p>Interphase G2</p>
<p>..... to line up at the centre of the cell.</p>  <p>Metaphase</p>	<p>Chromatids separate and move to opposite ends of the cell.</p>  <p>Anaphase</p>	<p>Nuclear envelope reform</p>  <p>Telophase</p>

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Activity 16: Meiosis and genetic variation

Activity name	Generating diversity
Aim	To develop understanding of the stages of meiosis and its importance in reproducing organisms.
Instructions	There are two sections to this activity.
Timings	10–15 minutes As this activity requires some writing, EAL pupils may take significantly longer.
Required prior knowledge	An ability to identify the cell structures involved in cell division will be essential.
Intended use	Starter/plenary
Specification reference	Edexcel B (9BI0) 2.3: Eukaryotic cell cycle and division (iv–vii)
Additional notes and guidance	
Answers	<p>Boxes: top → bottom</p> <p>Note: Pupils are not expected to include information in brackets. However, the following is additional information for the teacher, and in case gifted students are asked to explain the processes.</p> <p>Box 1: Translocation Changes the karyotype of the cell. Caused when all or part of a chromosome breaks off and attaches to a non-homologous chromosome. (The diagram shows both a reciprocal translocation where two non-homologous chromosomes exchange segments and a non-reciprocal translocation where a segment from one chromosome moves to another non-homologous chromosome.)</p> <p>Box 2: Crossing-over Crossing-over during prophase generates great variation among gametes.</p> <p>Box 3: Independent assortment Independent assortment of chromosomes results in a high number of possible combinations in the gametes even without crossing-over (this is equal to 2^n, where n is the number of chromosome pairs).</p> <p>Box 4: Non-disjunction Non-disjunction results in an abnormal number of chromosomes – too many in some daughter cells and too few in other daughter cells. This will have large impacts on the viability of the resulting organisms.</p> <p>Box 5: Random fertilisation Random selection of a sperm and an egg (or other gametes) also increases genetic variation in members of a species.</p>



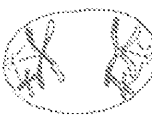
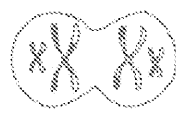
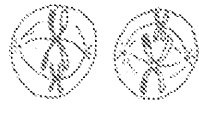
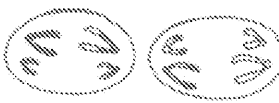
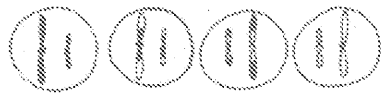
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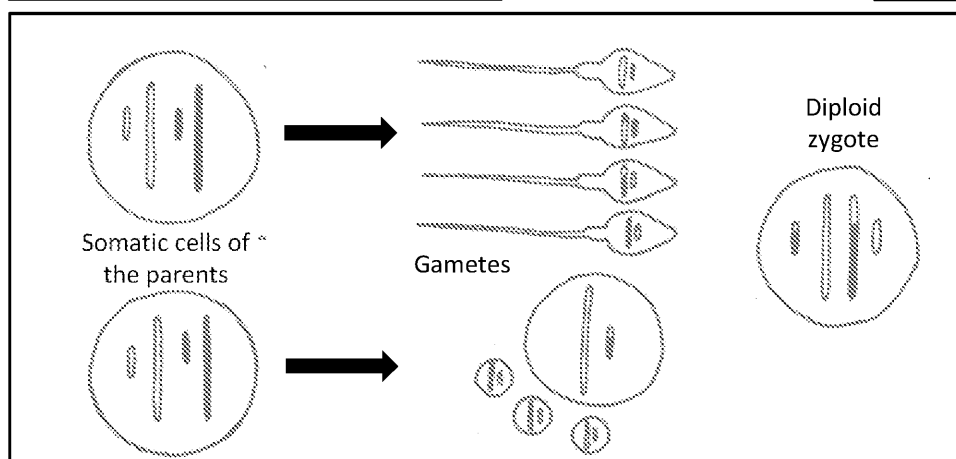
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Activity 16: Generating diversity

Each of the diagrams on this page depicts something which generates or increases members of the same species. For each diagram, identify the process depicted and the variation.

	Process: How genetic variation is affected:
	
	Process: How genetic variation is affected:
	
	Process: How genetic variation is affected:
	
	Process: How genetic variation is affected:



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Activity 17: Sexual reproduction

Activity name	Sexual reproduction in animals and plants		
Aim	Develop understanding of various steps in the process of sexual reproduction in flowering plants.		
Instructions	Pupils are given a description of specific parts of the process of sexual reproduction in flowering plants. They are asked to identify the function of this feature.		
Timings	10–15 minutes		
Required prior knowledge	Dependent on how the activity is used. See below.		
Intended use	Plenary (but see notes on how to use as a starter)		
Specification reference	Edexcel B (9BI0) 2.4: Sexual reproduction in mammals, and 2.5: Sexual reproduction in flowering plants		
Additional notes and guidance	For the majority of pupils, this activity may be more suitable as a plenary learning from the lesson. However, it could be used as a starter to assess prior learning. Pupils fill in what they know at the start of the lesson in one colour, and then fill in their additional learning in another colour.		
Answers			
	Group	Process	
	Animals	Oogenesis generates only one viable egg and three polar bodies	The egg must carry all the organelles for the first cell division. The other three cells are small and nutrient-rich.
		Spermatogenesis generates four motile sperm	Maximise the number of sperm. Most will be lost.
		In species which use external fertilisation, sometimes billions of sperm are released by each male	Maximises the chance of fertilisation. Most sperm will be 'lost'. It is also likely to be high energy cost of different males.
	Plants	Pollen grains form in the anther, while the embryo sac forms in the ovule	This separation of male and female parts ensure cross-pollination.
		The pollen grain contains two important cells – a generative cell and a tube cell	The generative cell will develop into two sperm. The tube cell 'grows' into a pollen tube.
Double fertilisation occurs in the embryo sac		One sperm fertilises the egg. The other sperm combines with two polar bodies, forming the endosperm.	

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Activity 17: Sexual reproduction in animals

More complex organisms, including the majority of plants and animals, use sexual reproduction to generate gametes, and these gametes fuse together during fertilisation to generate a zygote which will develop into a new organism.

Although all sexually reproducing organisms use meiosis to generate gametes, the process varies between major groups, and is also different for the generation of male and female gametes. The table below highlights some of the key features of gamete formation and fertilisation in animals and plants. For each one, can you explain the function of this part of the process?

Group	Process	
Animals	Oogenesis generates only one viable egg and three polar bodies	
	Spermatogenesis generates four motile sperm	
	In species which use external fertilisation, sometimes billions of sperm are released by each male	
Plants	Pollen grains form in the anther, while the embryo sac forms in the ovule	
	The pollen grain contains two important cells – a generative cell and a tube cell	
	Double fertilisation occurs in the embryo sac	

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Activity 18: Classification — Classifying Species

Activity name	Classifying species
Aim	To solidify understanding of the meaning of species and also check hierarchy.
Instructions	This is a simple fill-in-the-gaps exercise which will help to solidify p makes a species a species. Pupils are also required to identify the groupings of three organisms.
Timings	5–10 minutes EAL learners may take longer due to developing language skills.
Required prior knowledge	Prior GCSE level understanding of species and genus would be use
Intended use	Starter/plenary
Specification reference	Edexcel 3.1i-v
Additional notes and guidance	The words required to fill in the blanks are not provided to mainta force pupils to read the text carefully. The words to complete the table rows could be removed to provid second section of the worksheet.
Answers	Words to fill-in the blanks should appear in the following order: reproduction, similar, selectively, created/made/produced, genet Table: Domain: <i>Eukaryotes</i> (<i>Chlamydomonas</i> , Blue shark, Domestic cat – Order: <i>Carnivora</i> (Hyena, Seal, Domestic cat – Persian) Family: <i>Felidae</i> (Caracal, Lion, Domestic cat – Persian) Species: <i>Felus catus</i> (Domestic cat – Manx, Munchkin, Persian) NB Pupils are not expected to know the species. Each species is id information.

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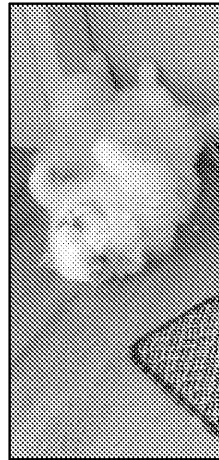


Activity 18: Classifying species

Introduction to species

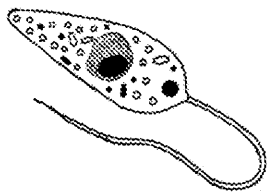
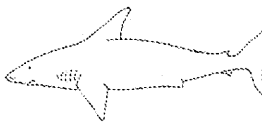


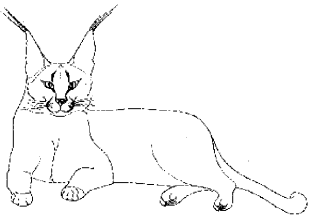

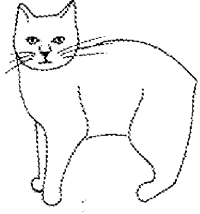
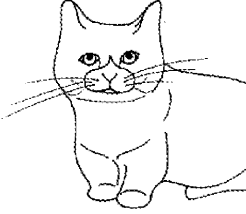
Fill in the gaps:

Members of the same species are able to mate and produce fertile offspring. A fertile organism is one which is capable of Usually members of the same species look quite while members of different species look different. However, this is not always the case. Dogs and cats have been bred by humans for hundreds of years. In doing so we have hundreds of breeds which can look quite different. Despite these different appearances, their are still similar enough that they are able to breed – they can mate and produce fertile offspring. This tells us they are the same species.



For each row of the table, use the words below to identify the lowest level of classification that can describe all three species, and name the group to which the three species belong.

Kingdom *Felidae* Class *Felus catus* Domain *Carnivora* Animalia
Order *Mammalia* Genus *Family* *Eukaryotes* *Chordata*

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Activity 19: Classification — five kingdoms

Activity name	Grouping organisms
Aim	For pupils to develop an appreciation of the difficulties faced by taxonomists in classifying species or updating existing classifications of organisms, and the impact of new technologies to clarify relationships.
Instructions	<p>Pupils should first be introduced to the task.</p> <p>Pupils should be reminded of the concept of phylogenetic classification based on evolutionary relationships. Traditionally, classification is based on observable characteristics. Teachers may want to recap earlier (KS2) work on the five kingdoms. Working in pairs, or groups of three or four, pupils are given cards with organisms on them. They should try to show evolutionary relationships between the organisms. They must be able to explain why they have placed organisms in the same group. Pupils can be asked either to group the cards into any groups they think appropriate, or to group the cards using the five kingdoms system. After a short discussion on which cards were difficult to group. This can also be done using the three-domain system.</p>
Timings	10–15 minutes
Required prior knowledge	
Intended use	Starter
Specification reference	<p>Edexcel B (9BI0) 3.1: Classification (v–vii)</p> <p>Note: This is meant to be a thought-provoking exercise and, as such, should not be used to develop students' understanding of classification. However, it should be used to highlight some of the difficulties with traditional methods of classification and to help pupils to appreciate that advances in genetic techniques have led to new classifications that they help to clarify evolutionary relationships.</p>
Additional notes and guidance	<p>Pupils should be quite familiar with the five-kingdom system of classification. Some organisms may not fit easily into the groupings they are familiar with. Points to note include:</p> <ul style="list-style-type: none"> • Archaea and bacteria are morphologically similar and are separated by molecular (genetic) data. Some DNA of archaea is shared with bacteria. • Oomycetes are 'fungus-like' protists that often reproduce sexually. Some are infectious, others are saprophytic. • Euglena are autotrophic and mixotrophic protists, capable of photosynthesis like green algae as secondary endosymbionts. • The parasites that cause malaria and African sleeping sickness (Trypanosoma) are single-celled organisms that reproduce asexually. However, the nucleus can usually be easily seen under the microscope) and they are classified as protists. <p>Other points for discussion or a possible plenary activity could revolve around the classification of oomycetes (in the SAR clade – chromista) and slime moulds (related to both animals and fungi).</p>
Answers	<p>If using the five-kingdom classification system, the cards should be grouped as follows:</p> <p>Animals: Platypus (1), Planarian (flatworm) (4)</p> <p>Plants: Liverwort (5), Banana palm (9)</p> <p>Fungi: Yeast (8), Chytrid fungus (15)</p> <p>Protocista: <i>Phytophthora infestans</i> (oomycete responsible for potato blight) (6), Euglena (7), <i>Trypanosoma brucei</i> (sleeping sickness parasite) (3)</p> <p>Monera (bacteria): <i>Borrelia</i> spp. (3), <i>Mycobacterium tuberculosis</i> (3), <i>acidarmanius</i> (12), Cyanobacterium (13), Methanogen (14)</p> <p>If using the three-domain system:</p> <p>Archaea: 12, 14</p> <p>(Eu)bacteria: 3, 11, 13</p> <p>Eukaryotes: 1, 2, 4, 5, 6, 7, 8, 9, 10, 15</p>

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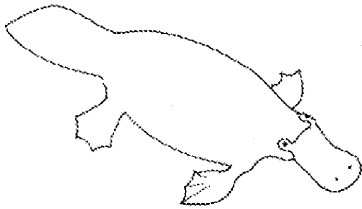
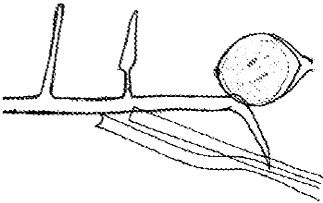
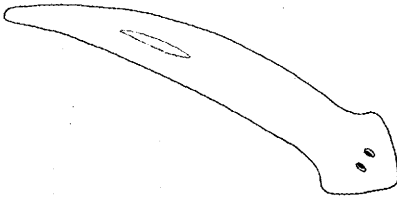

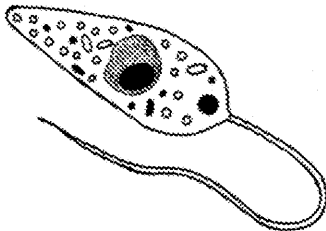
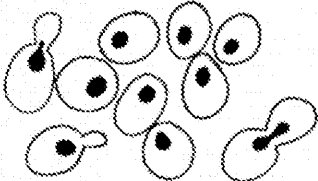
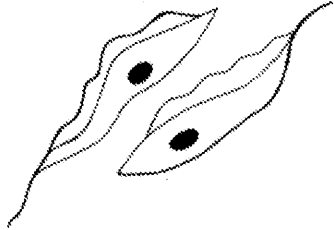
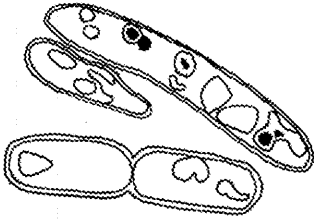
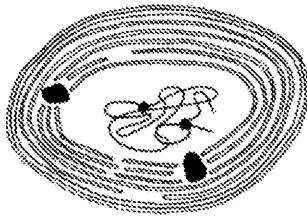
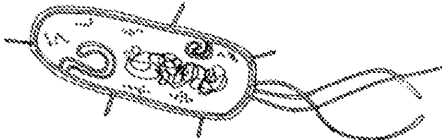


Activity 19: Grouping organisms

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 <p>Lays eggs</p> <ul style="list-style-type: none"> • Venomous • Large organism 	 <ul style="list-style-type: none"> • Causes potato late blight • Reproduces using spores • Microscopic
 <ul style="list-style-type: none"> • Microscopic • Reproduces asexually • Lives in a range of environments 	 <ul style="list-style-type: none"> • Photosynthetic autotroph • Produces sperm, eggs and spores during life cycle
 <ul style="list-style-type: none"> • Photosynthetic autotroph • Motile • Microscopic 	 <ul style="list-style-type: none"> • Reproduces asexually through budding • Single-celled
 <ul style="list-style-type: none"> • Causes African sleeping sickness • Microscopic 	 <ul style="list-style-type: none"> • Causes TB • Microscopic • Reproduces asexually
 <ul style="list-style-type: none"> • Photosynthetic autotroph • Mostly marine • Microscopic 	 <ul style="list-style-type: none"> • Produces methane • Survives in anoxic conditions • Common symbiont

Activity 20: Adaptations

Activity name	Sickle-cell anaemia
Aim	Provide pupils with practice in putting the principles of natural selection into situations, and to highlight the idea that whether an allele is advantageous or disadvantageous is dependent on the environment in which the population lives.
Instructions	Pupils are provided with an introduction to sickle-cell anaemia and the concept of natural selection, including the ability to provide resistance to malaria. They are also provided with a diagram showing how natural selection has acted upon this allele in the Northern European population. Pupils must describe how the process of natural selection with respect to the population of Sub-Saharan Africa.
Timings	10 minutes Note: EAL pupils may require more time due to reading speed, reading ability.
Required prior knowledge	Understanding of the process of natural selection
Intended use	Plenary
Specification reference	Edexcel 3.2i Note: Generation of new alleles through random mutation, selection (stabilising) and types of adaptation (anatomical, physiological or behavioural).
Additional notes and guidance	
Answers	<ol style="list-style-type: none"> 1. The population shows variation in the haemoglobin protein. Some have normal haemoglobin; a few have sickle-cell haemoglobin. 2. Those individuals who possess the sickle-cell allele are resistant to malaria. 3. Those individuals with sickle-cell live longer and produce more offspring. 4. The sickle-cell allele is passed on to the next generation more frequently. 5. Over time and several generations the frequency of the sickle-cell allele increases.

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Activity 20: Sickle-cell anaemia

Sickle-cell disease is caused by a mutation in the gene which is used to produce haemoglobin. Sickle-cell problems for people who carry the sickle-cell allele and can result in a shortened life span, though this has become less common as our medical care has developed. There is also a sickle-cell trait. People who have sickle-cell haemoglobin are resistant to malaria – a disease common in sub-Saharan Africa. The table below shows how natural selection acts on the population in Northern Europe who carry the sickle-cell allele. Your task is to complete the table for the population of Sub-Saharan Africa. How would natural selection have acted differently?

Northern European population



Sub-Saharan African population



The population shows variation in the haemoglobin protein. Most individuals have normal haemoglobin; a few have sickle-cell haemoglobin.

There are no benefits to having sickle-cell haemoglobin.

Those individuals with sickle-cell die younger and have fewer children.

The allele for sickle-cell is not passed on to the next generation as often as the allele for normal haemoglobin.

Over time and several generations the frequency of the sickle-cell allele in the population decreases.

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Activity 21: Biodiversity and communities

Activity name	Calculating biodiversity																																																																																																												
Aim	Provide practice in calculating an index of diversity.																																																																																																												
Instructions	Pupils are given the formula for calculating an index of diversity. biodiversity index for two communities. Data on the community which pupils must complete in order to calculate the biodiversity																																																																																																												
Timings	10–15 minutes depending on mathematical literacy of pupils																																																																																																												
Required prior knowledge	Understanding of key terms: habitat, species, diversity																																																																																																												
Intended use	Starter/plenary																																																																																																												
Specification ref.	Edexcel 3.3i–ii																																																																																																												
Additional notes and guidance	<p>If this is used as a starter, the students will first need to be introduced using the given formula (Simpson’s index). The results of the activity discussion on the effects of farming practices on biodiversity.</p> <p>If this is used as a plenary, pupils will already be aware of how we can expect the diversity of the plantation to be less than that of the rainforest provides pupils with an opportunity to practice calculating an index of diversity.</p> <p><i>Extension idea:</i> Discussion on sampling communities – pupils can seem realistic. Are there enough species? Is it possible to sample? Are ‘n’ numbers representative of the whole population? Why? Pupils are guided to the idea that usually only one taxonomic group is sampled dependent partly on the sample methods used. This is part of the taxonomic group. Differences in the population size between different habitats and the index due to lowering species evenness.</p>																																																																																																												
Answers	<table><thead><tr><th>Species</th><th>n</th><th>n/N</th><th>(n/N)²</th></tr></thead><tbody><tr><td>Tree shrew</td><td>17</td><td>0.283</td><td>0.08</td></tr><tr><td>Common kestrel</td><td>1</td><td>0.017</td><td>0.00</td></tr><tr><td>Spider hunter (small bird)</td><td>2</td><td>0.033</td><td>0.00</td></tr><tr><td>Red-wattled lapwing</td><td>5</td><td>0.083</td><td>0.00</td></tr><tr><td>Tree sparrow</td><td>5</td><td>0.083</td><td>0.00</td></tr><tr><td>Mynah bird</td><td>30</td><td>0.500</td><td>0.25</td></tr><tr><td>Sum</td><td>N=60</td><td colspan="2">Σ(n/N)² = 0.345</td></tr><tr><td colspan="4">D = 1 – 0.345 = 0.655</td></tr></tbody></table> <table><thead><tr><th>Species</th><th>n</th><th>n/N</th><th>(n/N)²</th></tr></thead><tbody><tr><td>Variable squirrel</td><td>9</td><td>0.100</td><td>0.01</td></tr><tr><td>Giant squirrel</td><td>3</td><td>0.033</td><td>0.00</td></tr><tr><td>Macaque</td><td>7</td><td>0.078</td><td>0.00</td></tr><tr><td>Tree shrew</td><td>10</td><td>0.111</td><td>0.01</td></tr><tr><td>Palm civet</td><td>3</td><td>0.033</td><td>0.00</td></tr><tr><td>Binturong</td><td>1</td><td>0.011</td><td>0.00</td></tr><tr><td>Yellow-throated marten</td><td>3</td><td>0.033</td><td>0.00</td></tr><tr><td>Great hornbill</td><td>5</td><td>0.055</td><td>0.00</td></tr><tr><td>Oriental pied hornbill</td><td>4</td><td>0.044</td><td>0.00</td></tr><tr><td>Red-whiskered bulbul</td><td>8</td><td>0.088</td><td>0.00</td></tr><tr><td>Spider hunter (small bird)</td><td>5</td><td>0.055</td><td>0.00</td></tr><tr><td>Thick-billed green pigeon</td><td>5</td><td>0.055</td><td>0.00</td></tr><tr><td>Four-lined tree frog</td><td>10</td><td>0.111</td><td>0.01</td></tr><tr><td>Asian painted frog</td><td>15</td><td>0.167</td><td>0.02</td></tr><tr><td>Oriental whip snake</td><td>2</td><td>0.022</td><td>0.00</td></tr><tr><td>Sum</td><td>N=90</td><td colspan="2">Σ(n/N)² = 0.090</td></tr><tr><td colspan="4">D = 1 – 0.090 = 0.910</td></tr></tbody></table> <p>Which habitat has the greatest biodiversity? Rainforest</p> <p>Is this what you expect? Yes. Farming practices reduce biodiversity sources and often increasing the amount of toxins in the environment</p>	Species	n	n/N	(n/N) ²	Tree shrew	17	0.283	0.08	Common kestrel	1	0.017	0.00	Spider hunter (small bird)	2	0.033	0.00	Red-wattled lapwing	5	0.083	0.00	Tree sparrow	5	0.083	0.00	Mynah bird	30	0.500	0.25	Sum	N=60	Σ(n/N) ² = 0.345		D = 1 – 0.345 = 0.655				Species	n	n/N	(n/N) ²	Variable squirrel	9	0.100	0.01	Giant squirrel	3	0.033	0.00	Macaque	7	0.078	0.00	Tree shrew	10	0.111	0.01	Palm civet	3	0.033	0.00	Binturong	1	0.011	0.00	Yellow-throated marten	3	0.033	0.00	Great hornbill	5	0.055	0.00	Oriental pied hornbill	4	0.044	0.00	Red-whiskered bulbul	8	0.088	0.00	Spider hunter (small bird)	5	0.055	0.00	Thick-billed green pigeon	5	0.055	0.00	Four-lined tree frog	10	0.111	0.01	Asian painted frog	15	0.167	0.02	Oriental whip snake	2	0.022	0.00	Sum	N=90	Σ(n/N) ² = 0.090		D = 1 – 0.090 = 0.910			
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Activity 21: Calculating biodiversity

This worksheet provides information about the number of vertebrate animal species in a palm oil plantation and the estimated number of species found in an equal area of rainforest. Use Simpson's Index of Diversity (D) to calculate the species biodiversity in each habitat. The formula is $D = 1 / \sum (n/N)^2$, where N is the total number of individuals in the sample and n is the number of individuals within a species.

Palm oil plantation

Species	n	n/N	(n/N) ²
Tree shrew	17		
Common kestrel	1		
Spider hunter (small bird)	2		
Red-wattled lapwing	5		
Tree sparrow	5		
Mynah bird	30		
Sum	N =	Σ(n/N) ² =	
D = 1 – Σ(n/N) ²			

Rainforest of equal area

Species	n	n/N	(n/N) ²
Variable squirrel	9		
Giant squirrel	3		
Macaque	7		
Tree shrew	10		
Palm civet	3		
Binturong	1		
Yellow-throated marten	3		
Great hornbill	5		
Oriental pied hornbill	4		
Red-whiskered bulbul	8		
Spider hunter (small bird)	5		
Thick-billed green pigeon	5		
Four-lined tree frog	10		
Asian painted frog	15		
Oriental whip snake	2		
Sum	N=	Σ(n/N) ² =	
D = 1 − Σ(n/N) ²			

Which habitat has the greatest biodiversity?

Is this what you expect? Why?

.....

Activity 22: Genetic diversity

Activity name	Investigating diversity
Aim	Practise interpreting data relating to genetic diversity.
Instructions	Pupils should read the introduction and work through the questions relating to the genetic diversity in four populations of variable size. Pupils should consider reasons for the observations.
Timings	10 minutes
Required prior knowledge	Pupils will not be able to complete the worksheet until they have learned about genetic diversity. The questions in the worksheet also link to previous work on genetic diversity among a population.
Intended use	Plenary
Specification reference	Edexcel 3.3ii-iii
Additional notes and guidance	The point of this exercise is to get pupils to interpret data regarding genetic diversity. Some of the causes of variation. The longer answers below show possible reasons. Pupils may have other ideas.
Answers	<p>Which data from the table can be used to determine genetic diversity?</p> <p>‘Number of different fur colours’ and ‘percentage of polymorphic gene loci’.</p> <p>Which of these data would be the most reliable? Why?</p> <p>Percentage of polymorphic gene loci – the measurement covers many different characteristics so it is probably affected by only one gene or a small number of gene loci. An analysis of the actual DNA which is likely to be more reliable than phenotypes – where heterozygotes cannot be identified. (Not all alleles are visible in a phenotype.)</p> <p>Which population shows:</p> <p>the greatest diversity? <u>Mae Wong National Park</u></p> <p>the least diversity? <u>Koh Chang Island</u></p> <p>Can you explain the pattern of diversity shown in the data?</p> <p>Note: Pupils are not expected to include all of the following ideas or reasons of their own which are feasible.</p> <p>Mae Wong National Park and Khao Yai National Park have high levels of diversity. They are large range areas and expected large populations.</p> <p>Lumpini Park has a slightly smaller diversity, due to small population size. The Lumpini Park population has probably only been isolated for a short time. It would have been isolated by the urbanisation of Bangkok, i.e. < 50 years. It is well fed, meaning that the population may still be quite large.</p> <p>Koh Chang is an island and, therefore, the squirrel population is likely to be small; there may have been significant inbreeding leading to a low level of diversity.</p>

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Activity 22: Investigating diversity

The variable squirrel *Callosciurus finlaysonii* is a small squirrel species found in the habitats of South East Asia. It can be found in a wide variety of colours including brown or red-brown, and also often shows two colours, with a darker colour on the back and a lighter colour on the underside. Other patterns are also known.



Fifteen individuals were captured at random in four different populations around Bangkok. The data collected is shown in the table below.

Population	Mean body mass (g)	Mean age (months)	Number of different fur colours	population size
Khao Yai National Park	243 ± 23	66 ± 12	8	15
Koh Chang Island	259 ± 18	62 ± 14	4	15
Lumpini Park (Central Bangkok)	297 ± 35	73 ± 18	1	15
Mae Wong National Park	252 ± 28	64 ± 10	8	15

Which data from the table can be used to determine genetic diversity?

.....

Which of these data would be the most reliable? Why?

.....

.....

Which population shows:

the greatest diversity?

the least diversity?

Can you explain the pattern of diversity shown in the data?

.....

.....

.....

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Activity 23: Surface area

Activity name	Surface area
Aim	To consider and identify structural features which can provide an increased SA:V ratio.
Instructions	Pupils are given diagrams of four everyday objects and four biological diagrams, pupils must order from largest to smallest SA:V ratio, by number. Once pupils have finished they could be asked to discuss in small groups. What order did you choose? Were there any pairs which you were unsure of?
Timings	<5 minutes (5–10 minutes if including group discussion)
Required prior knowledge	If teaching EAL learners, ensure understanding of the terms surface area and volume.
Intended use	Starter
Specification reference	Edexcel 4.1
Additional notes and guidance	<p>You may wish to follow the activity with a short discussion. Try to identify common features which lead to increased surface area (to volume ratio):</p> <ul style="list-style-type: none"> • a flat or long, thin shape • size (smaller objects have larger SA : V ratios) • column or 'finger-like' projections (as in the toothbrush and microvilli) <p>You could follow the activity with calculation of the SA : V ratio of a few objects: a brick (12 mm × 2 mm × 0.5 mm), <i>Chlamydomonas</i> (roughly spherical, approx. 10 µm diameter), root hair cell (using round numbers within the normal range: 'cylinder' 1000 µm, diameter of 'cylinder' 10 µm, main cell body diameter 20 µm) and micro-villi/epithelial cell of the ileum (each microvillus is approx. 1 µm long and 0.1 µm wide, epithelial cell of the ileum may have up to 1,000 microvilli).</p>
Answers	<p>Everyday objects:</p> <p>Clockwise from top left: 2–4–3–1</p> <p>1 = toothbrush head 2 = sheet of paper 3 = coffee mug 4 = book</p> <p>Biological structures:</p> <p>Clockwise from top left: 4–3–1–2</p> <p>1 = microvilli 2 = root hair cell 3 = single-celled organism 4 = planaria (very small / microscopic multicellular organisms)</p>

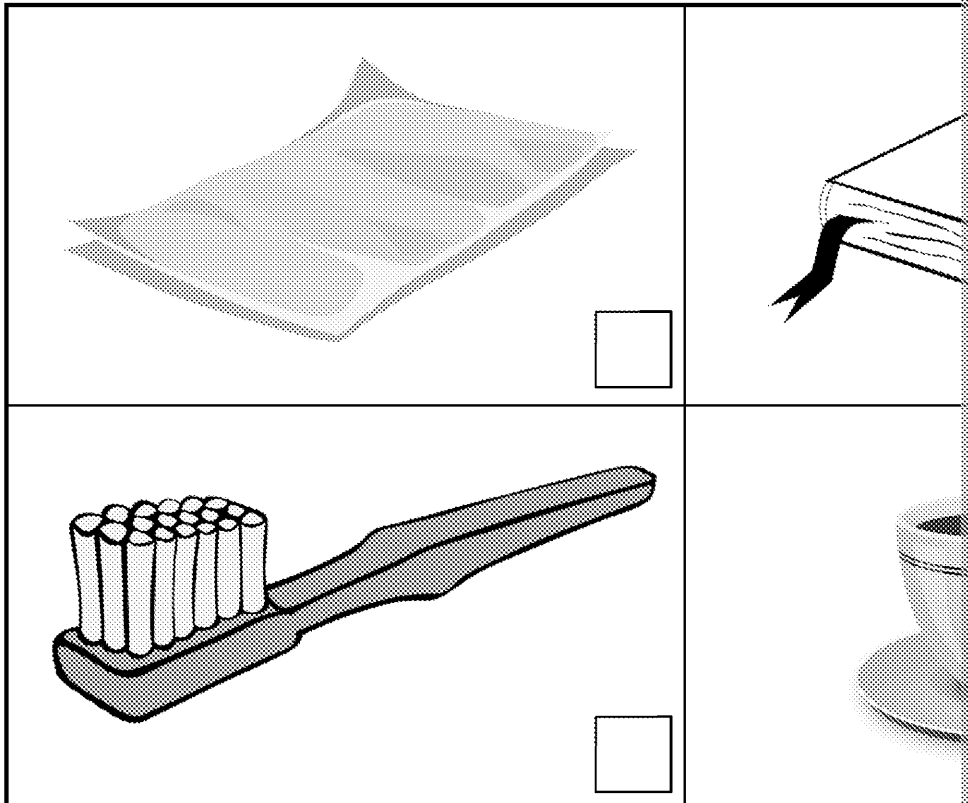
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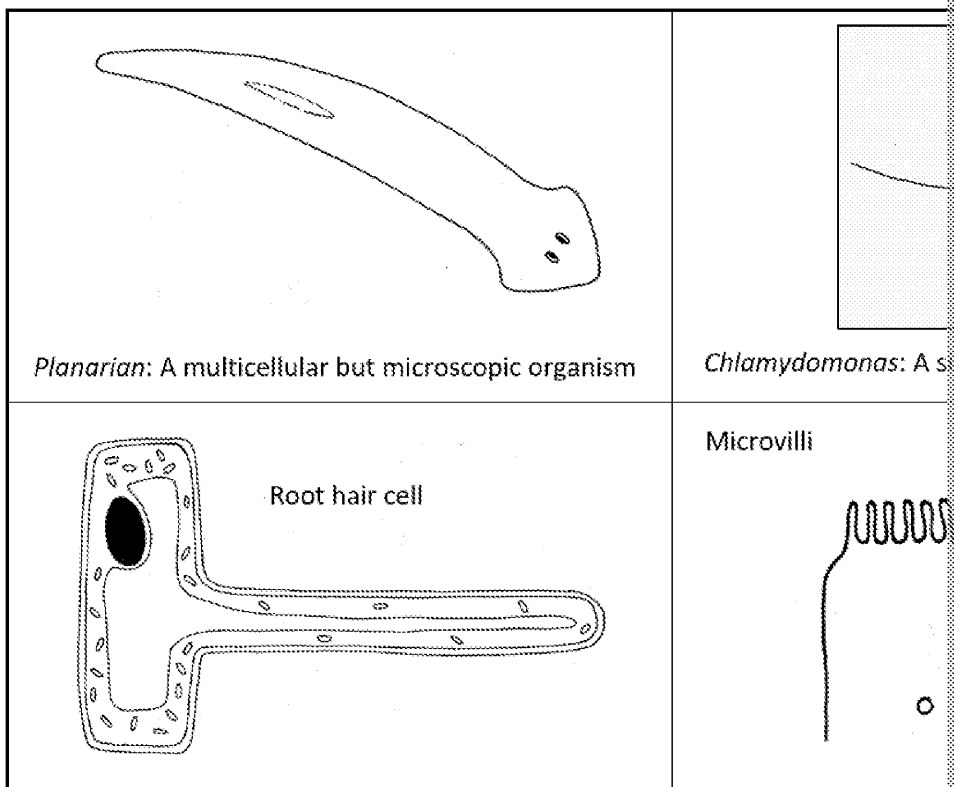


Activity 23: Surface area

Which of the following everyday objects has the largest surface area to volume ratio? Rank the objects from largest to smallest surface area by numbering the boxes 1–4.



Which of the following biological structures has the largest surface area to volume ratio? Rank the structures from largest to smallest surface area by numbering the boxes 1–4.



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Activity 24: Membranes and transport

Activity name	Passive transport
Aim	To identify features of the fluid mosaic model of membrane structure and the differences between different methods of passive transport
Instructions	Instructions for the pupils are given on the worksheet. Pupils should: <ol style="list-style-type: none"> 1. Label the cell membrane diagram 2. Annotate the sections of the diagram for 'simple diffusion', 'facilitated diffusion' and 'osmosis', identifying the features of the diagram and explaining their significance for passive transport.
Timings	10–15 minutes
Required prior knowledge	Knowledge of the properties of phospholipids
Intended use	Plenary
Specification reference	Edexcel 4.2i-iii Note: Active transport, co-transport and adaptation of cells specialise in this activity but are covered in the following pages.
Additional notes and guidance	This activity is designed to be used as a plenary to recap and solidify knowledge of the three types of passive transport across membranes. If pupils have not covered the fluid mosaic model of membrane structure in a previous lesson, labelling the diagram could be a starter to recap that knowledge before moving on to diffusion. The activity could also be used as a plenary, or pupils could use it as an aid to note taking.
Answers	<p>Fluid mosaic model – clockwise from top right:</p> <ol style="list-style-type: none"> 1. Protein-lined pore 2. Cholesterol 3. Peripheral protein / extrinsic protein 4. Integral protein / intrinsic protein / (allow) transport protein 5. Glycoprotein 6. Glycolipid <p>Simple diffusion – clockwise from top right:</p> <ol style="list-style-type: none"> 1. Allows simple diffusion of polar molecules, e.g. water, ions 2. Sometimes very small polar molecules, such as water, can move through the lipid bilayer 3. Prevents movement of polar and charged molecules <p>Facilitated diffusion – top to bottom:</p> <ol style="list-style-type: none"> 1. Channel protein: Allows free movement of molecules down their concentration gradient through a pore. 2. Carrier protein: Allows movement of a specific molecule down its concentration gradient by changing shape. <p>Osmosis – left to right:</p> <ol style="list-style-type: none"> 1. High water potential. Many free water molecules. 2. Low water potential. Few free water molecules. <p>Water will move to this side of the membrane.</p>

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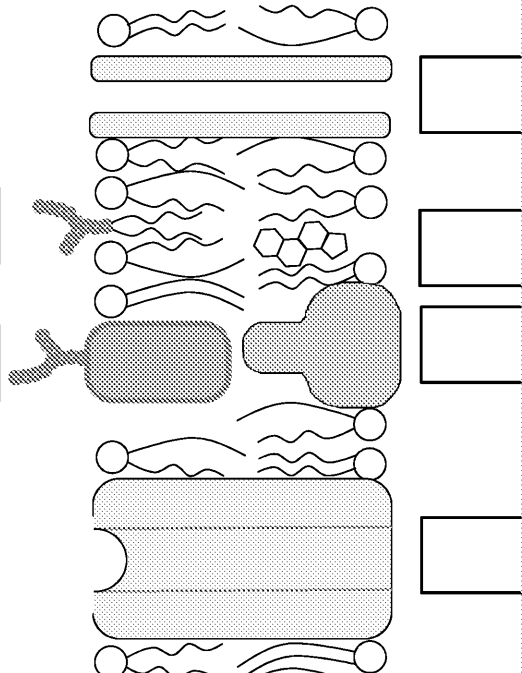
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Activity 24: Passive transport

The fluid mosaic model:

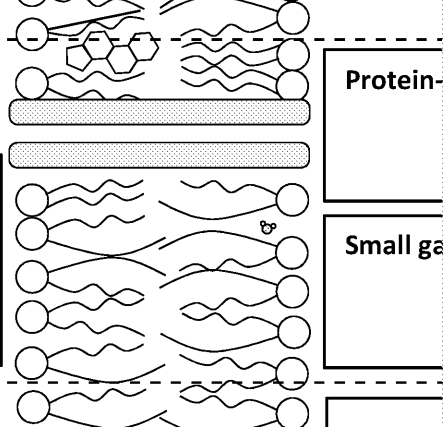
Label the diagram.



Simple diffusion:

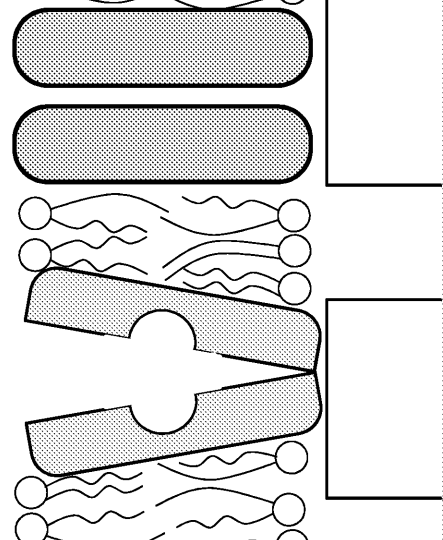
Explain the significance of each item for simple diffusion.

Hydrophobic phospholipid bilayer



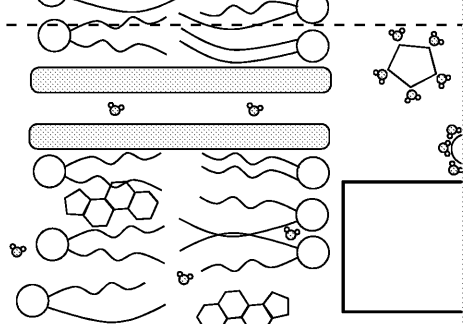
Facilitated diffusion:

Explain the significance of each item for facilitated diffusion.



Osmosis:

Describe the conditions on each side of the membrane and how these affect movement of water.



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Activity 25: Active transport and exocytosis

Activity name	With a little energy – transport requiring ATP
Aim	Develop understanding of how molecules can be moved against the concentration gradient using ATP as a source of energy.
Instructions	Pupils must order the diagrams into a sequence of events by writing the number in the box at the bottom right of each diagram. Pupils can also be asked to try to describe what is happening in the diagrams. This is useful if the activity is used as a plenary.
Timings	Less than 5 minutes to order the diagrams. 10–15 minutes if pupils are also asked to describe what is shown in the diagrams.
Required prior knowledge	Pupils should be able to recognise the phospholipid bilayer and integral proteins. Knowledge of ATP structure and function will also be useful, in order to understand its ability to provide energy for the movement of a substance against the concentration gradient.
Intended use	Starter/plenary
Specification reference	Edexcel 4.2i-iii
Additional notes and guidance	<p>Using the activity as a starter: The activity can be used to introduce the topic by asking pupils to think about the processes of active transport and exocytosis. Pupils can order the diagrams and then discuss in groups or as a class why they chose the particular position in the sequence. What feature of the diagram made them choose a particular position in the sequence?</p> <p>Using the activity as a plenary: The activity can be used to summarise the understanding from the lesson. It can also be used to help improve the ability to give accurate descriptions. To achieve this, pupils could be asked to describe what is happening in each diagram. This activity could be followed by pupils comparing their descriptions with each other. How are their descriptions different? Which keywords? Which description for each diagram is better? Why? Could they be combined to create a better description?</p>
Answers	<p>Active transport: Clockwise from top left = 2–3–1–4</p> <ol style="list-style-type: none">1. Molecule has a higher concentration on the inside of the cell. The molecule is able to enter a specific transport protein.2. ATP activates the specific transport protein.3. Change in the shape of the transport protein (due to activation) moves the molecule to the outside of the cell.4. ADP and P⁺ are released from the transport protein, returning it to its original shape. <p>Exocytosis: Clockwise from top left = 3–1–2–4</p> <ol style="list-style-type: none">1. Substance to be transported is packaged into a vesicle inside the cell.2. On reaching the cell surface membrane, the vesicle's outer layer merges with the phospholipid bilayer of the cell surface membrane.3. When the inner layer of phospholipids reaches the outer layer, the two layers merge, causing the vesicle to 'open up' and release the substance into the space outside of the cell.4. The cell surface membrane returns to normal. (The vesicle has disappeared and the vesicle contents have been released.)

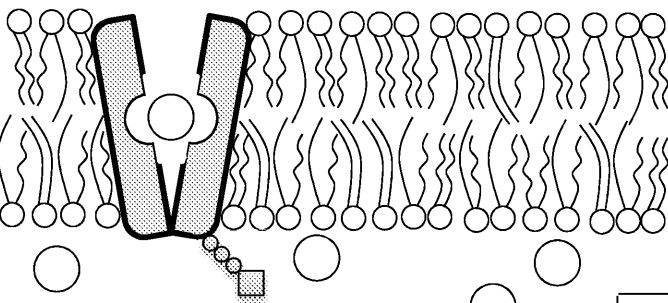
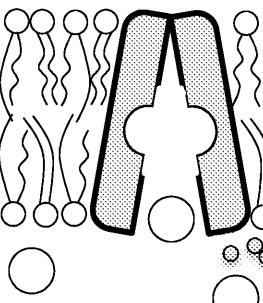
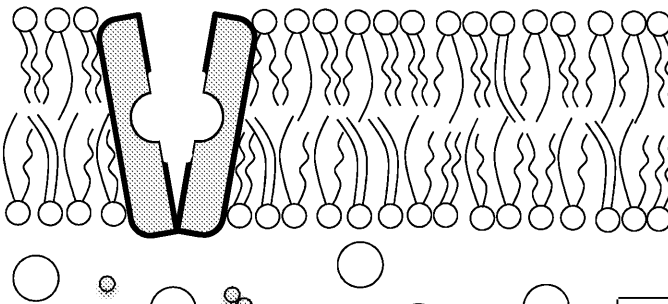
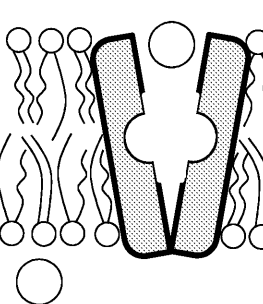
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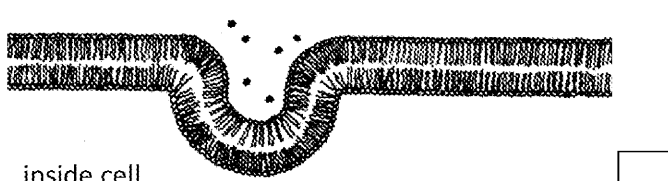
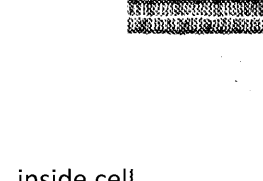
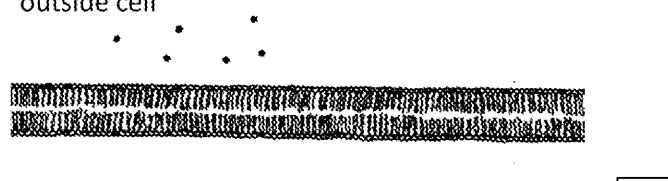
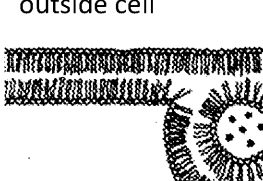


Activity 25: With a little energy – transpo

Active Transport: Order the sequence of events by numbering the boxes from 1 to 4. I suggest what is happening in each diagram.

<p>outside cell</p>  <p>inside cell</p>	<p>outside cell</p>  <p>inside cell</p>
<p>outside cell</p>  <p>inside cell</p>	<p>outside cell</p>  <p>inside cell</p>
<p>What might be happening:</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 	

Exocytosis: Order the sequence of events by numbering the boxes from 1 to 4. I suggest what is happening in each diagram.

<p>outside cell</p>  <p>inside cell</p>	<p>outside cell</p>  <p>inside cell</p>
<p>outside cell</p>  <p>inside cell</p>	<p>outside cell</p>  <p>inside cell</p>
<p>What might be happening:</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 	

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Activity 26: Gas exchange

Activity name	Adaptations for gas exchange
Aim	To highlight the universal nature of many adaptations of gas exchange
Instructions	Pupils are presented with diagrams of gas exchange surfaces in four mammals (humans), plants). Their task is to identify the features of function of gas exchange.
Timings	10 minutes
Required prior knowledge	Pupils will need to have some knowledge of circulation from GCSE area to volume ratio if the activity is to be used as a starter.
Intended use	Starter or plenary
Specification reference	Edexcel 4.3 Note: Ventilation and the mechanism of breathing, and the gross surface area to volume ratio, are not covered in this activity.
Additional notes and guidance	Using the activity as a starter: Assuming pupils have already covered to volume ratio in biology, the activity can be used as a starter, into the adaptations of gas exchange surfaces. Knowledge of circulation also be useful to pupils if the activity is used as a starter. Using the activity as a plenary: The activity could be used at the end of humans, to show how many adaptations of gas exchange surfaces. Single-celled organisms are not shown in this worksheet, but teachers post-activity discussion.
Answers	Adaptations to increase surface area: Insect trachea: highly branched into smaller and smaller tubes Gills: gill lamellae and filaments Alveoli: highly branched network of capillaries and shape of alveoli Leaf: substomatal air space and interconnecting air spaces through of mesophyll exposed to the atmosphere Maintenance of a concentration gradient: Insect trachea: walls of smallest trachioles made from single cells Gills: countercurrent Alveoli: continuous circulation of blood to remove oxygen and bring Leaf: CO ₂ constantly used up in photosynthesis Thin membrane/barrier – reduces distance for diffusion / gas exchange Insect trachea: single layer of cells Gills: capillaries of gill lamella, single-cell thick Alveoli: single layer of epithelial cells Leaf: diffusion occurs across the cell wall and cell membrane of the through open stomata

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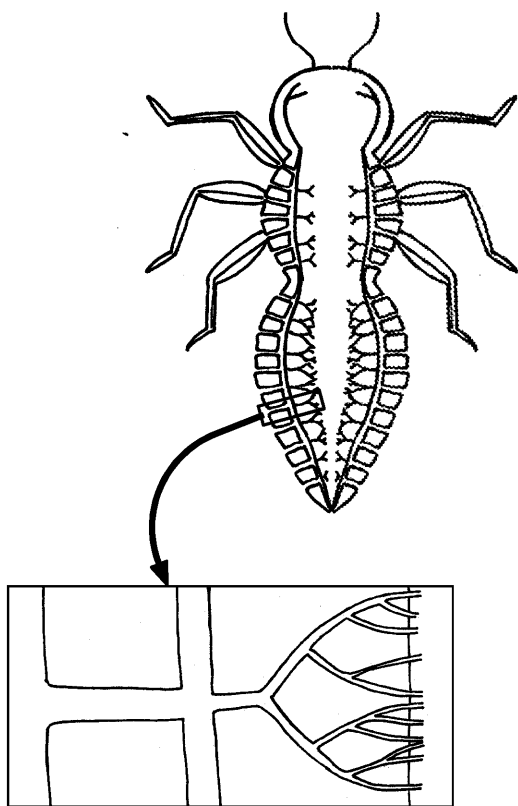
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Activity 26: Adaptations for gas ex

In the boxes below, try to identify the features of each organ which help it to perform

The tracheal system of an insect

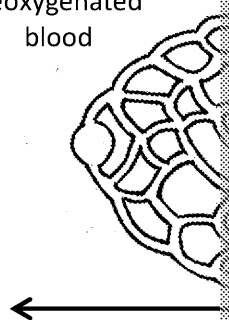


The gills of a fish

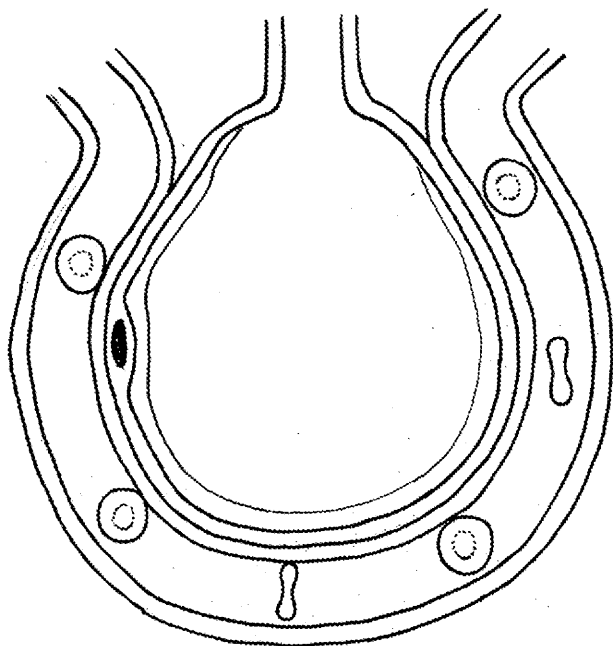
Gill filament

GILL LAMELLA

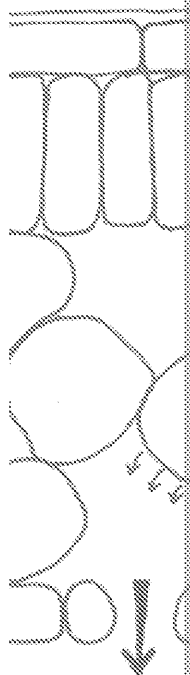
deoxygenated
blood



Alveoli in the human lungs



The leaves of dicotyledon



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Activity 27: Circulatory system

Activity name	The heart			
Aim	Recap and check understanding of GCSE level content of the heart and blood vessel teaching in more depth.			
Instructions	This worksheet provides an unlabelled diagram of the human heart and blood vessel. Pupils are expected to label the heart diagram and compare the blood vessel to the table provided.			
Timings	10 minutes			
Required prior knowledge	Pupils will be required to recall GCSE level content of the circulatory system.			
Intended use	Starter/plenary			
Specification reference	Edexcel 4.4i–v			
Additional notes and guidance	Note: The bicuspid valve is also known as the mitral valve.			
Answers	Heart diagram: Labels clockwise from top right: aorta, pulmonary artery, <i>left pulmonary artery</i> , <i>bicuspid valve</i> , left ventricle, septum, right ventricle, (inferior) vena cava, right pulmonary veins, pulmonary valve, (superior) vena cava.			
	Comparison table:			
		Artery	Vein	Capillary
	Muscular tissue	Thick	Thin	None
	Elastic tissue	Yes	No	
	Lumen	Small	Large	
	Valves	No		None
Blood pressure		Low		

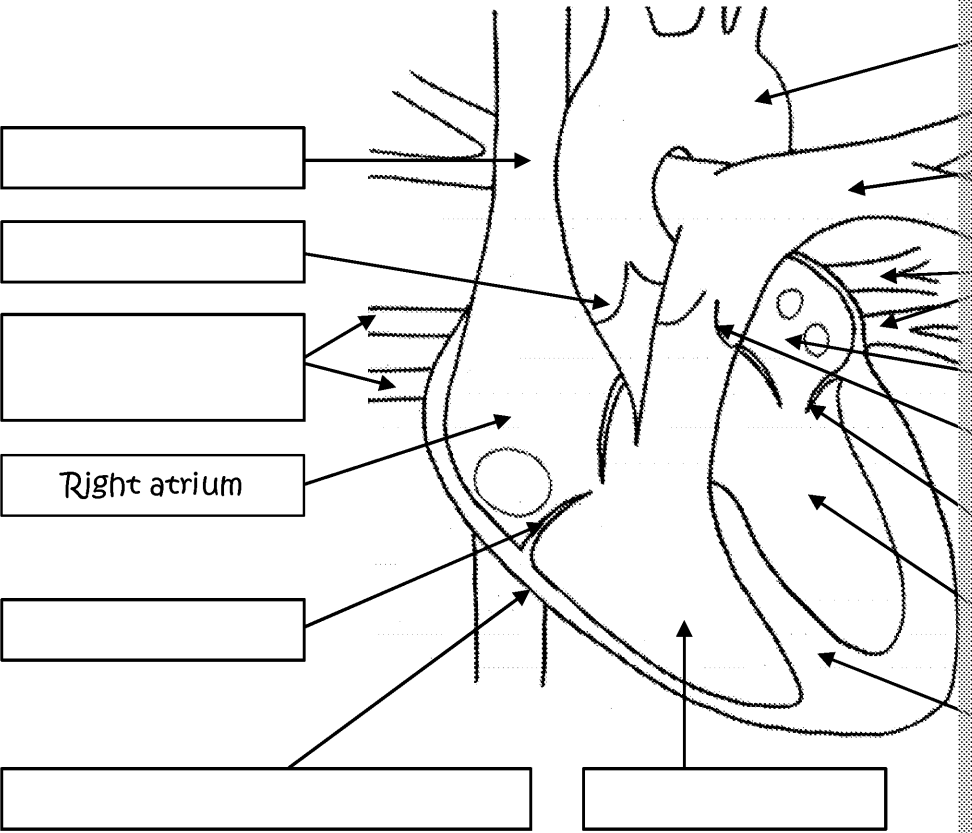
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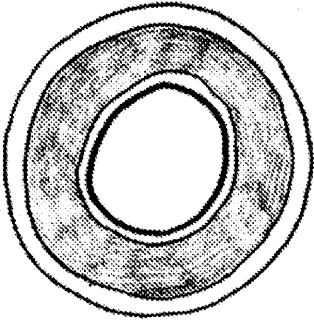
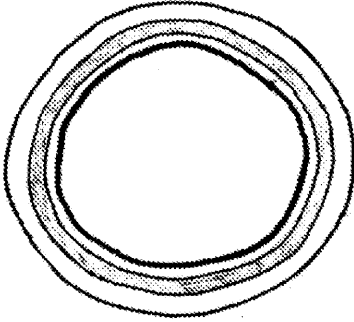


Activity 27: The heart

Label the diagram to include the names of the heart chambers, the valves and the into and out of the heart.



Complete the missing information in the table below.

Vessel type		
Structural feature		
Muscular tissue		
Elastic tissue		
Lumen		
Valves		Yes
Blood pressure	High	

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Activity 28: Haemoglobin

Activity name	Transporting oxygen
Aim	Develop understanding of oxygen dissociation from oxyhaemoglobin conditions.
Instructions	Pupils are given four graphs showing the oxygen dissociation curve and in different conditions. Two of these are actually the same (for haemoglobin). Pupils must match the haemoglobin type and condition and also give a reason for their choice.
Timings	10 minutes
Required prior knowledge	Pupils will need to be familiar with oxygen dissociation curves.
Intended use	Starter/plenary
Specification reference	Edexcel 4.5i-iii Note: The structure of the circulatory system, including the heart and blood vessels, is covered in this activity.
Additional notes and guidance	<p>If used as a starter: (5 mins) should be spent introducing the concept of a 'normal' curve for adult haemoglobin in humans. Some pupils may have encountered this in Biology and this could also serve as a recap of GCSE work. The teacher should ensure they understand what the dissociation curve shows, including the axes and the shape. Pupils should make pupils aware of normal arterial pressure (75–100 mm Hg) and venous pressure (0–120 mm Hg) to help them understand the dissociation of oxygen in the body's tissues.</p> <p>Pupils can then be given the worksheet to think about how different conditions affect the oxygen dissociation curve. (5–10 minutes)</p> <p>If used as a plenary: The worksheet could be used at the end of a lesson on the circulatory system. During such a lesson, pupils may have considered the differences between foetal and maternal blood pressure and so be more ready to understand the differences in the oxygen dissociation curve.</p>
Answers	<p>Graph 1: Avian haemoglobin (interchangeable with graph 3) Birds are adapted to flight, often at high altitudes where the air pressure is low. The haemoglobin of birds must have a higher affinity for oxygen to allow them to carry enough oxygen at altitude.</p> <p>Graph 2: Haemoglobin – normal curve Curve is 'in the middle'. It should be further right than foetal and below the curve showing haemoglobin in the presence of CO₂.</p> <p>Graph 3: Foetal haemoglobin (interchangeable with graph 1) Foetal blood has a lower pressure. Foetal haemoglobin has a higher affinity for oxygen and so carries oxygen at lower pressure.</p> <p>Graph 4: Haemoglobin in the presence of CO₂ Curve is shifted to the right; this shows the Bohr effect / effect of low pH. This allows oxygen to dissociate more easily in tissues where there is a high concentration of CO₂.</p>

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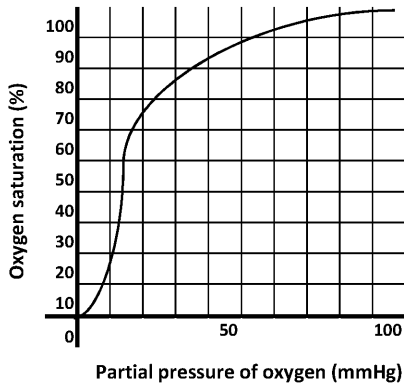
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Activity 28: Transporting oxygen

The graphs below show oxygen dissociation curves for four different circumstances. Each graph shows the dissociation curve for each situation and give a reason for your choice.

- Haemoglobin under normal conditions (normal temperature, normal pressure)
- Foetal haemoglobin under normal conditions
- Haemoglobin with elevated levels of CO_2 in the blood, which lowers blood pH
- Bird haemoglobin, under normal conditions



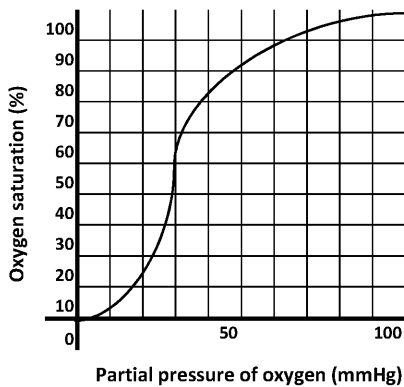
Situation:

Reason for your choice:

.....

.....

.....



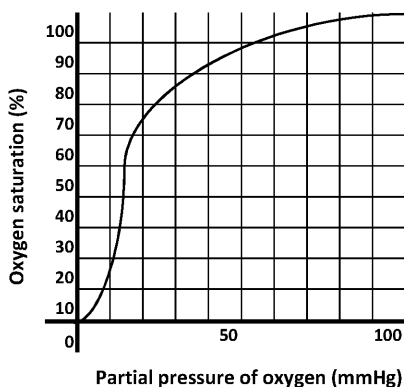
Situation:

Reason for your choice:

.....

.....

.....



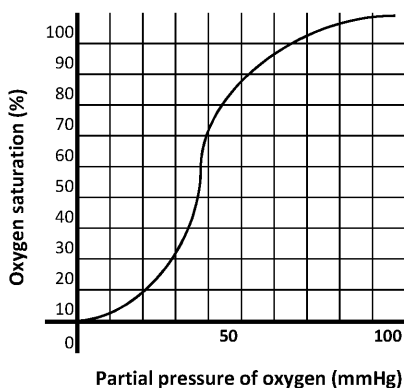
Situation:

Reason for your choice:

.....

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Situation:

Reason for your choice:

.....

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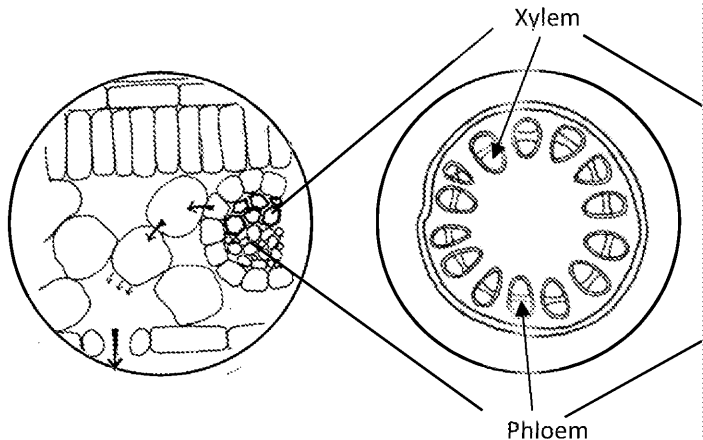
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Activity 29: Transpiration

Activity name	Transporting water
Aim	Provide a basic introduction and overview of transport in plants.
Instructions	Pupils are asked to identify the xylem and phloem vessels in each (stem and leaf) and also to identify factors affecting the rate of transpiration. Pupils on the worksheet also include an extension whereby pupils compare between "normal" plant cells and these specialised cells.
Timings	10 minutes
Required prior knowledge	This activity is designed as a plenary to summarise and check recall from the previous lesson. It may also be suitable as a starter to recap previous work (e.g. from GCSE) or as part of a revision lesson on plant transport.
Intended use	Starter/plenary
Specification reference	Edexcel 4.7iii-iv Note: The scale of the cross sections in this activity is not sufficient to show detail between sieve tube elements and companion cells. Pupils should identify these under the light microscope and/or in micrographs. It is also recommended that pupils draw scientific sketches of their observations under the light microscope.
Additional notes and guidance	
Answers	<p>Labelling of cross sections:</p>  <div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <p>Factors which increase transpiration rate:</p> <ul style="list-style-type: none"> - High/Increasing temperature (but not too high) - Low/Decreasing humidity - High/Increasing concentration of CO₂ - Optimum light intensity <p>Extension: Xylem vessels</p> <ul style="list-style-type: none"> - No nucleus - Often lignified for strength - Cells have no end walls </div> <div style="width: 48%;"> <p>Factors which decrease transpiration rate:</p> <ul style="list-style-type: none"> - Low/Decreasing temperature - High/Increasing humidity - Low/Decreasing concentration of CO₂ - Too low or too high light intensity <p>Extension: Phloem</p> <ul style="list-style-type: none"> - No nucleus - Require companion cells - many mitochondria - End walls of companion cells have sieve plates for movement of substances </div> </div>

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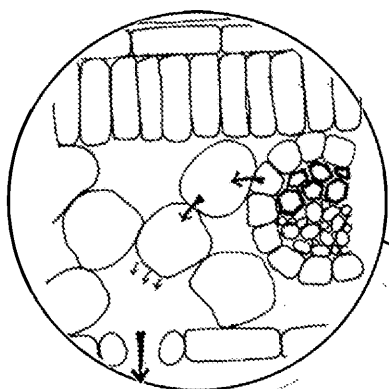
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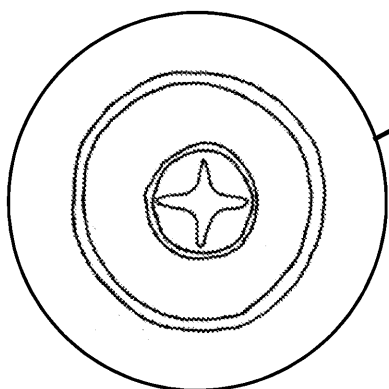
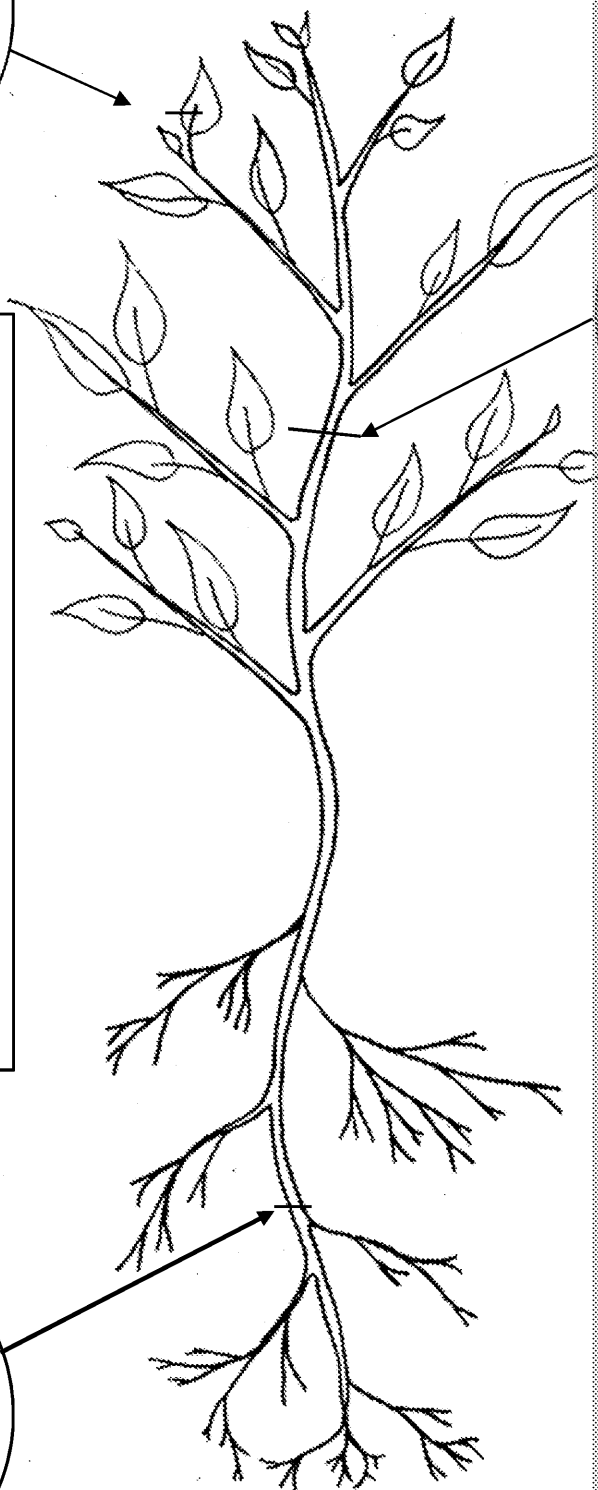
Activity 29: Transporting wa

1. Identify the xylem and phloem vessels in each of the cross sections.
2. Describe the environmental factors which increase or decrease transpiration

Extension: Identify how xylem vessels and p
different to other plant cells.



**Factors which increase
transpiration rate:**



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Activity 30: Translocation

Activity name	Transporting sugar
Aim	To summarise the mechanism of translocation and identify a component
Instructions	<p>The worksheet provides a partially labelled diagram showing the mechanism of translocation. Pupils must complete the missing information. This includes:</p> <ul style="list-style-type: none"> • A description of active loading • A description of unloading • Fill in the blanks in the descriptions of sources and sinks <p>As an extension, pupils are asked to think about how the evidence supports the hypothesis, and to specify which part of the hypothesis the evidence supports.</p>
Timings	10 minutes
Required prior knowledge	Knowledge of intercellular transport (active transport and osmosis) and how the mechanism of translocation works.
Intended use	Plenary
Specification reference	Edexcel 4.7
Additional notes and guidance	<p>An extension idea is included on the worksheet and in the main instructions. The specification states that pupils should cover the 'details of active transport at the sink'. It does not specify a direction of transport or osmosis and so it is important pupils are aware that movement can occur in both directions on where substances are needed most. The evidence using radioactive tracers and could be highlighted in a post-activity feedback or discussion.</p>
Answers	<p>Active loading: The companion cell provides ATP for the active transport of sucrose into the sieve tube. This greatly lowers the water potential of the sieve tube element and water moves into the sieve tube via osmosis. This raises the hydrostatic pressure in the sieve tube.</p> <p>Unloading: The companion cells provide ATP to actively transport sucrose out of the sieve tube, allowing the movement of sucrose to happen more quickly as the concentration in the companion cell might become quite high. As the water potential of the companion cell becomes higher, water moves out of the sieve tube to leave the sieve tube, lowering the hydrostatic pressure.</p> <p>Fill-in-the-blanks expected answers: Sources: sucrose, leaf/leaves Sinks: sucrose, roots</p> <p>Aphid experiments: Shows that there is a higher pressure inside the phloem, which supports the idea that it is a pressure gradient causing the flow of substances. Bark ringing experiments: Shows that assimilates are carried in the phloem (as the ringing but does not help the lower tissues to survive) and that parts of the tree die without access to these substances). Radioactive carbon experiments: Prove that substances cannot be moved against a concentration gradient (as movement is too quick). Also supports the pressure flow hypothesis (as substances move in different directions of movement based on use of substances. e.g. if a root tuber is a sink they will be a sink (and sucrose will move down), if a root tuber is a source it will become a source (and sucrose will move up to the new growing parts).</p>

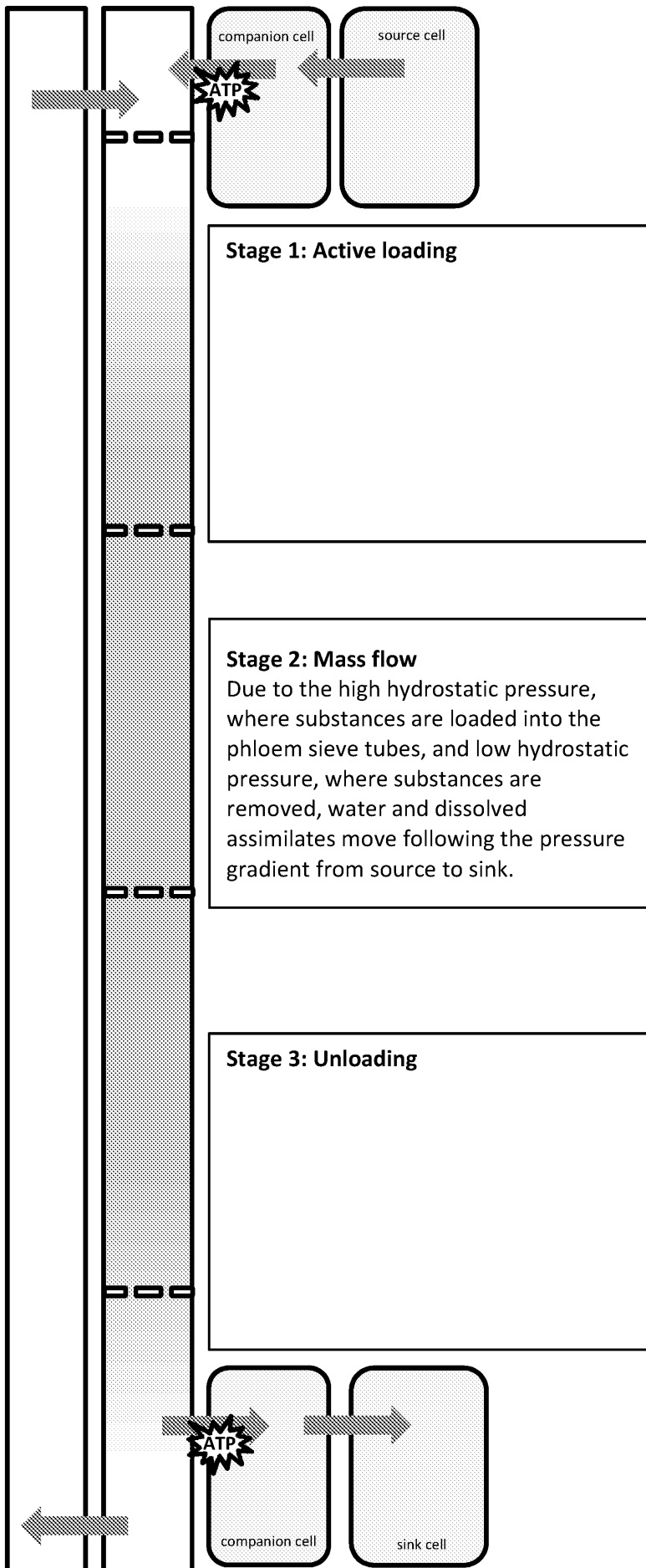
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Activity 30: Transporting sug

Complete the missing information to explain what is shown in the diagram.



The source
(e.g.)
This is
where
.....

The sink
(e.g.)
is where
future
shoots

Extension
The stages
experiment
help us to
substances
Using a se
notebook
mass flow
each piece
can learn

- Aphids
from
aphids
control
(monit
phloem
- In a
circle
a tree
tissue
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