

Teaching Pack

For BTEC First Award in Applied Science

Unit 4: Biology and Our Environment

2nd Edition, 2nd March 2015



POD 4717

science@zigzageducation.co.uk
zigzageducation.co.uk

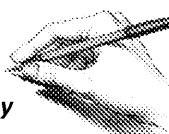
ZigZag is a large community of over 6,000 teachers & educationalists.
Review new titles or publish your own work.

Fancy being involved?

Then register at...

publishmenow.co.uk

The Professional Publishing Community



Alternatively, email new resource ideas directly to...

publishmenow@zigzageducation.co.uk

Contents

Thank You for Choosing ZigZag Education	ii
Teacher Feedback Opportunity	iii
Terms and Conditions of Use	iv
Teacher’s Introduction	1
Suggested Scheme of Work	3
Lesson Plan 1: Variation Within and Across Species	4
Variation and Evolution Questions	7
Lesson Plan 2: Classification of Organisms	10
Lesson Plan 3: Interdependence of Organisms	16
Interdependence of Organisms Questions.....	20
Assignment A: Relationships between Different Organisms and their Environment	23
Lesson Plan 4: Human Activities that Alter Ecosystems	26
Human Activities that Alter Ecosystems Questions	29
Lesson Plan 5: How Pollutants Affect Ecosystems	30
How Pollutants Affect Ecosystems Questions.....	33
Lesson Plan 6: Living and Non-Living Indicators of Pollution	36
Indicators of Pollution Questions	38
Lesson Plan 7: Measures to Counteract or Reduce the Impact of Pollutants on Ecosystems	40
Measures to Reduce Our Impact on the Environment Questions.....	46
Assignment B: Effects of Human Activity on the Environment and How to Measure Them	49
Lesson Plan 8: Infectious Diseases	52
Infectious Diseases Questions.....	58
Lesson Plan 9: Non-Infectious Diseases	60
Non-Infectious Diseases Questions	63
Lesson Plan 10: Inheritance of Disease	65
Inheritance of Disease Questions.....	69
Assignment C: Factors that Affect Human Health	71
Answers	74

Teacher's Introduction

This unit is taught over 30 guided learning hours (GLH). Teachers will have different approaches to the balance between teaching and working on assignments, as well as when they carry out assignment work. This scheme of work suggests splitting the time into ten teacher-taught hours, eight assignment lessons and 12 spare lessons for additional assignment time to obtain missed assessment criteria and also catch-up time for students who have missed lessons or need extra support. For differentiation purposes, information that only distinction-level students need is marked in a boxes with a **D** symbol. 'Did you know' boxes are included to give students some fun or useful extra information about the topic – they do not need to know this information to complete their assignments.

This pack contains the following materials:

1. A single-page overview scheme of work
2. Ten lesson plans
3. Notes for each lesson covering all the learning aims between them
4. Questions in non-write-on and write-on format to reinforce learning, with answers
5. Assignments covering all the assessment criteria between them

This resource is designed to be flexible in the following ways:

- Proposed assignment tasks have been put into suggested slots after the relevant material has been covered.
- The assignments provided in this pack are designed to be independent of each other so that any one can be substituted if you have a preferred assignment from elsewhere.
- For each lesson, there is a lesson plan followed by student notes and questions. Questions are then repeated provided in write-on format. You could use the material in one of the following ways:
 1. Use the notes to support your classroom teaching and then hand out either the non-write-on questions or the write-on questions at the end of the lesson (possibly for homework).
 2. Use the notes to supplement your own notes or the textbook and hand them out at the end of the lesson as a summary with the questions, so students can complete the questions using the notes as support.
 3. Just use the questions (either write-on or non-write-on, as appropriate) at the end of the lesson and subsequently hand out the notes at revision time.

If using this resource for assessed work, then as with all BTEC assignments they must be **internally verified**. Also you must check suitability with the board* and follow the **important disclaimer notice below**.

* Note: Pearson BTEC / Edexcel currently offer a free Assignment Checking Service.

IMPORTANT DISCLAIMER REGARDING ASSESSMENT: if you choose to use the assignments in this resource for assessed work, it is your responsibility to internally verify them and to check with Edexcel that the material you use is suitable. This includes the requirement from September 2014 not to conduct 'interim assessment' within a Learning Aim. You should **not** use the material in this resource for actual assignments unless you have checked their suitability with Edexcel. The awarding body specifies the level of support that students can be given and you **must** check the level of support given in this pack is appropriate to meet these needs and as necessary **adjust and use the resource appropriately to meet these requirements**. Please check for the most up-to-date information from Edexcel at: <http://www.edexcel.com/btec/Pages/default.aspx>. Note that relevant paperwork for practical work, such as observation sheets, should also be obtained from Edexcel. Assignment details and requirements from the awarding bodies sometimes change after their initial published requirements and so you must check that the resource material here is in line with the latest requirements **before use**.

Also available from ZigZag Education

Assignment Pack

Three more sets of assignments for the new BTEC specification to give you a larger choice of assignments.

For more information please visit:
www.zzed.co.uk/btecassignments

Also available from ZigZag Education

Activity Pack

Worksheet-style activities, starter and plenaries matched to the new BTEC specification to supplement this pack and the textbook and give more variety and different approaches.

Practical sheets:

- Teacher sheets for all the suggested practicals and demonstrations for this unit.
- Student method sheets for all the practical experiments outlined in this scheme of work with observation grids.
- Health and safety guidance for demos and practicals.

For more information please visit:
www.zzed.co.uk/btecactivities

Update (July 2014)

A new 'Important Disclaimer Regarding Assessment' has been added in the introduction.

Update: 2nd edition (February 2015)

Following changes to BTEC assessment rules which affect learners registered from 1st September 2014, this resource has been amended to meet these rules:

- Boxes for resubmission dates have been removed from all assignment briefs (pages 23, 49, 71)

In addition, to meet current assessment rules, essential changes have been made, including:

- Assignment briefs each cover one Learning Aim in full. Therefore:
 - Assignments 1 and 2 have been merged and edited (page 23)
 - Assignments 3 and 4 have been merged and edited (page 49)
 - Assignments 5 and 6 have been merged and edited (page 71)
- Teacher's Introduction and Suggested Scheme of Work have been amended accordingly (pages 1, 3)
- Text aimed at students does not refer to Level 1 tasks or criteria (pages 25, 51, 73)
- Each assignment task allows students to access the full range of grades (pages 23, 49, 71)

Other amendments: assignments have been renamed to be consistent with the Learning Aims:

- Merged assignments 1 and 2 have been renamed Assignment A (page 23)
- Merged assignments 3 and 4 have been renamed Assignment B (page 49)
- Merged assignments 5 and 6 have been renamed Assignment C (page 71)

Free updates

Register your email address to receive any future free updates* made to this resource or other Science resources your school has purchased, and details of any promotions for your subject.

Go to [zzed.co.uk/freeupdates](http://www.zzed.co.uk/freeupdates)

** resulting from minor specification changes, suggestions from teachers and peer reviews, or occasional errors reported by customers*

Suggested Scheme of Work

GLH	LP	Title
1	1	Variation within and across species
2	2	Classification of organisms
3	3	Interdependence of organisms
4-6	<i>*Assignment A: Relationships between Different Organisms and the Environment</i>	
7	4	Human activities that alter ecosystems
8	5	How pollutants affect ecosystems
9	6	Living and non-living indicators of pollution
10	7	Measures to prevent or reduce the impact of pollution
11-13	<i>*Assignment B: Effects of Human Activity on the Environment and Human Health</i>	
14	8	Infectious diseases
15	9	Non-infectious diseases
16	10	Inheritance of disease
17-18	<i>*Assignment C: Factors that Affect Human Health</i>	
19-30	<i>**Opportunity for catch-up and obtaining missing assignment criteria</i>	



Learning Aims Note

'All students should' aims are levelled at Level 1 and Pass students, 'most students should' aims are levelled at Merit students and 'some students should' aims are levelled at Distinction students.

	Core
	Specialist
	Specialist

Suggested

* = assigned
** = opportunity to obtain

INSPECTION COPY



INSPECTION COPY

COPYRIGHT
PROTECTED



Lesson Plan 1: Variation Within and Across

Learning Aims










All students should:	Distinguish between variation due to genes and environmental factors Describe the role of genes and the environment in
Most students should:	Explain the role of genes and the environment in
Some students should:	Evaluate the impact of genes and the environment of organisms

Keywords: Genetic variation, environmental variation, genetic mutation, etc.

Starter

Ask students to look at the person next to them. Ask them to write down similarities and differences between the two of them, e.g. hair colour, eye colour, etc.

Main

- Use starter to introduce the concept of individuals being different.
-  Introduce the concept of genetic variation – include a reminder to work in pairs to try to come up with examples of characteristics.
-  Introduce the concept of environmental variation. Again, ask students to work in pairs to come up with examples.
-  Explain how variation leads to evolution through the process of natural selection.
-  Students can investigate camouflage, a specific adaptation to the environment. **Practical:** Students should scatter 20 black and 20 white counters on a black and white card. Record how many counters of each colour can be found against each card background in 20 seconds. Ask students to evaluate the adaptation that each counter had to its background.
-  *Alternative practical:* Adaptations to cold environments. Ask students to place a beaker of water in a beaker with a furry 'coat' created from fake fur or similar material. Measure the temperature of the water in the beaker without no covering. Students should then measure the temperature of the water in the beakers at the beginning of the experiment and again after 1, 2, 3, 4, 5, 10, 15, 20, 30, 45, 60 minutes. Students can use the data they collect to plot a line graph of the temperature of the water in each beaker (the model or real life) to retain heat.
Health and safety note: Ask students to take extra care when measuring the temperature of the water.
-  Explain the concept of natural selection in terms of driving evolution. Use the example of the peppered moth.
-  Ask students to answer Questions 1–6.
-  Go over the answers to Questions 1–6 as a class.
-  Ask students to attempt the 'Further Your Learning Activity' and 'Further Your Learning Questions'.

Plenary

Ask students to write down two examples of genetic variation and two examples of environmental variation from today's lesson.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Variation

Everybody is different; we all have different characteristics. These differences are genetic variation and environmental variation.

Genetic Variation

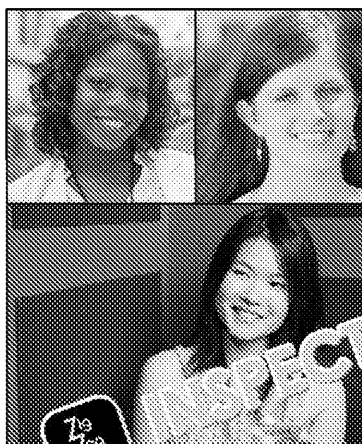
This type of variation is determined by the genes that you inherit from your parents. Genetic variation include eye colour, ear lobes that are attached/unattached, dimples in cheeks.

Environmental Variation

This type of variation is determined by the world around us. For example, the amount of food we eat affects our size.

Variation between and within species is mostly the result of a **combination** of genetic and environmental variation. For example, your skin colour is an example of genetic variation as you inherit your skin colour from your parents. However, if you live somewhere sunny, your skin will have a tendency to be darker and this is an effect of the environment and therefore also an example of environmental variation. Furthermore, a person might have a genetic tendency to be slim but if the environment provides access to abundant food, they may become overweight. This is another example of a combination of genetic and environmental variation.

Characteristic caused by genes	Characteristic caused by the environment	Characteristic caused by genes
<ul style="list-style-type: none"> • Eye colour • Dimples in cheeks • Shape of the ear lobes 	<ul style="list-style-type: none"> • Scars • Language we use 	<ul style="list-style-type: none"> • Weight • Height • Intelligence



We can see a great deal of variation just in humans, including skin colour, eye colour, language and height!

Genetic mutations can be responsible for causing genetic variation. A genetic mutation is a change in the sequence of DNA that codes for a protein. Genetic mutations can be either beneficial or harmful.

Variation can lead to a gradual process known as **evolution** by natural selection.

INSPECTION COPY

COPYRIGHT
PROTECTED



Evolution by Natural Selection

Evolution can be considered an interaction between genes and the environment.

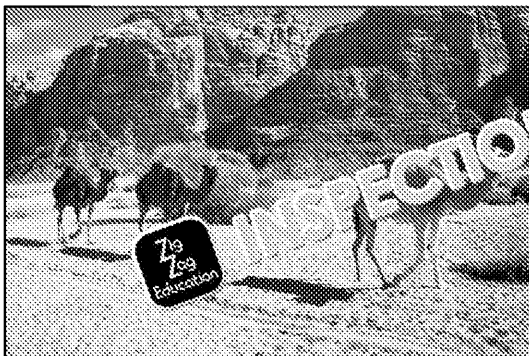
A population of the same organism will contain lots of genetic variants (organisms that are genetically different). Variations in genes mean that some of these organisms will be better adapted for their surroundings (environment) than others. This consequently means that they are more likely to survive than those organisms without the adaptation. The reduced survival rate of organisms without the adaptation can be caused by a number of factors including competition for resources, such as food, sunlight, and predation.

In other words, the environment is 'selecting' the individuals with a specific adaptation which makes them suited to their current environment. This process is known as **evolution by natural selection**.

The organisms that are well adapted to their surroundings survive and go on to reproduce, passing their genes on to their offspring, including the genes that make them well adapted. This means that the number of well-adapted individuals increases in the population and can gradually lead to the **formation of an entirely new species**.

Those individuals without the adaptation may disappear completely. This is known as **extinction**.

Adaptation



Think about how the camel is adapted in which it lives. It has large flat feet for the top of its body for shade and sand from getting in its eyes, and without water. All of these adaptations over generations and enable camels to survive.

Another common adaptation is camouflage against its background. Other animals, which is beneficial if it is being preyed on by a predator.

A Gradual Process

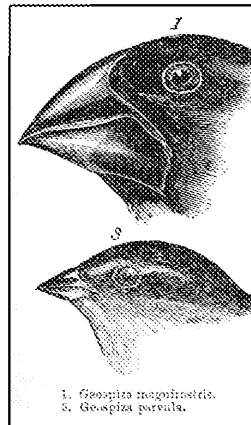
Evolution by natural selection is a very gradual (slow) process that occurs over millions of years. Sudden changes in the environment can have dramatic impacts on species. When species cannot evolve adaptations quickly enough to survive and are therefore

Did you know?

The theory of evolution by natural selection was proposed by a British naturalist **Charles Darwin** in 1859.

He published his theory in a very famous book called **On the Origin of Species**.

At the time, his theory was very controversial. Today, a large body of evidence now supports his theory. It is now the primary explanation for the evolution of life and the extinction of existing ones.



Darwin travelled to the Galapagos Islands and studied a large number of different species of finches. He noticed that the finches had differently sized and shaped beaks depending on the seeds they fed on. This was a result of **natural selection** as they were the most fit for the different types of seeds available.

**COPYRIGHT
PROTECTED**



Case Study – The Kakapo

An example that illustrates how changes in the environment can drive a species to extinction in New Zealand. The kakapo is a giant, nocturnal, ground-nesting, flightless parrot.

New Zealand used to be an island free from predators of this flightless bird but the arrival of land mammals which preyed on it, such as dogs and rats, and animals that compete with it, also led to loss of habitat due to land clearance. These sudden changes meant that the population of kakapos was reduced.

It was estimated in 2010 that there were only 123 birds remaining, and these have now all moved off the mainland to islands that are free from predators.

It would take many thousands of generations for this bird to evolve the ability to fly in order to adapt to its new environment, by which time it would be too late as the bird will most likely be extinct.

Variation and Evolution Questions

- Write a definition for the following terms:
 - genetic variation
 - environmental variation
 - genetic mutation
- Copy and complete the following passage using the words below:

combination genetic variation environmental

Variation between individuals is caused by _____ or _____
is caused by a _____ of both factors. Different eye colours in a
genetic _____. Variation can also be caused by genetic _____.

- Decide whether the following characteristics are a result of genetic or combination of both:
 - eye colour
 - hair colour
 - height
 - weight
 - dimples in cheeks
- What characteristics of the kakapo bird are caused by environmental factors?
- How do environmental factors determine the basis for many characteristics? Try to use your understanding of genetics in addition to what you have learnt in this lesson.
- Describe the theory of evolution by natural selection.

Further Your Learning Activity: Discuss the following question in pairs: What is the most important factor in evolutionary change? Then write down all the different factors you think are important and how important you think each factor is, with reasons.

**COPYRIGHT
PROTECTED**



Variation and Evolution Questions

1. Write a definition for the following terms:

a) genetic variation

.....


b) environmental variation

.....

c) genetic mutation

.....

2. Complete the following passage using the words below:

	combination	genetic	variation	environmental
---	-------------	---------	-----------	---------------

Variation between individuals is caused by _____ or _____

Sometimes it is caused by a _____ of both factors. Different

population are an example of genetic _____. Variation can

_____.

3. Decide whether the following characteristics are a result of genetic or combination of both:

a) eye colour

b) hair colour

c) height

d) weight

e) dimples in cheeks

4. What characteristics and environmental factors make the kakapo bird

Characteristics

.....

Factor

.....

**COPYRIGHT
PROTECTED**



5. How do genes determine the basis for many characteristics? Try to use your understanding of genetics in addition to what you have learnt in this unit.

.....

.....

.....

.....

.....

.....

6. Describe the theory of evolution by natural selection.

.....

.....

.....

.....

.....

.....

.....

.....

.....



INSPECTION COPY

Further Your Learning Activity: Discuss the following question in pairs: What is the most important factor in evolutionary change? Then write down all the different factors you think are important, with reasons.



INSPECTION COPY

COPYRIGHT
PROTECTED



Lesson Plan 2: Classification of Org

Learning Aims






All students should:	Construct simple keys to classify organisms Describe how characteristics are used to classify
Most students should:	Discuss the factors that affect the relationship bet

Keywords: Classification, kingdoms, vertebrates, invertebrates, characteri

Starter

Ask students as a class to give examples of an animal, a plant, a bacterium

Main

-  Introduce the concept of classification of organisms using the or starter exercise.
-  Talk about the characteristics that define each kingdom.
-  Describe the difference between invertebrates and vertebrates. C various students to name an example of a vertebrate and an inv
-  Go through the example of an identification key for imaginary c
-  Ask students to attempt one of the 'Further Your Learning Activ

Plenary

Classify the following organisms into the correct kingdom.

- Lion *Animals*
- Salmonella *Prokaryotes*
- Amoeba *Protists*
- Yeast *Fungi*
- Conifer *Plants*
- Mushroom *Fungi*
- Jellyfish *Animals*
- Fern *Plants*

INSPECTION COPY

COPYRIGHT
PROTECTED



Classification of Organisms

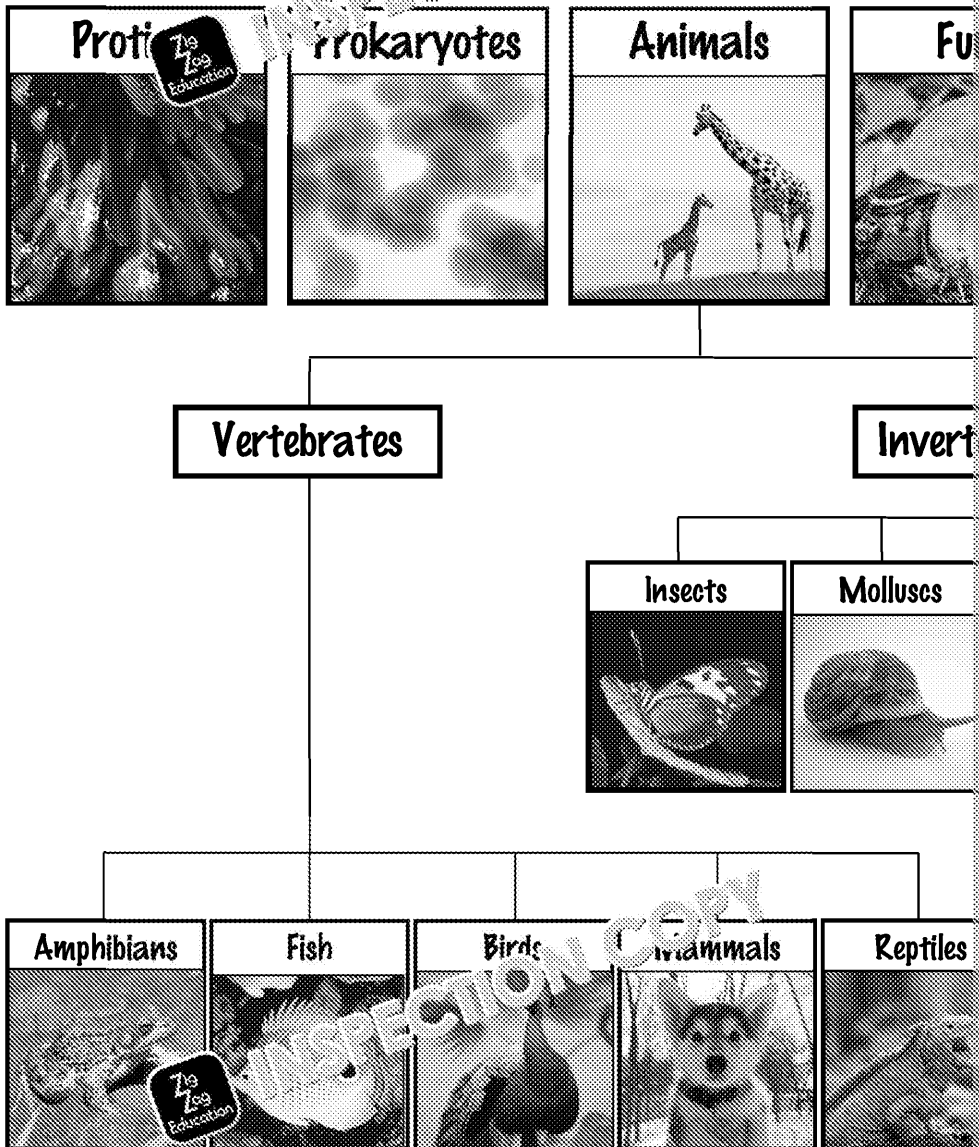
What is Classification?

Classification is the name of the system used to divide living things into groups a characteristics.

Organisms can be classified into five 'kingdoms': **protists, prokaryotes, animals,** shown in the diagram below.

Animals are further divided into two subgroups – **vertebrates** and **invertebrates** and these subgroups are further divided into insects, birds, reptiles, etc.

The five kingdoms and the subgroups of the animals:



INSPECTION COPY

COPYRIGHT
PROTECTED



The Main Characteristics of the Kingdoms

Kingdom	Description	
Protists	The microorganisms (very small organisms) that don't belong in the other kingdoms, i.e. they are not animals, plants, fungi or prokaryotes	
Prokaryotes	Organisms that lack a cell nucleus and do not have chloroplasts or other cellular organelles	
Animals	Multicellular organisms with cellular nuclei. Require food for survival and have a nervous system	Je
Fungi	Simple organisms with cellular nuclei. Acquire nutrients by releasing enzymes on to the nutrient source and then absorbing the products	
Plants	Contain a pigment called chlorophyll which they require to make energy. Their cell walls are made up of a substance called cellulose	

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Vertebrates and Invertebrates

The animal kingdom can be further divided into two subgroups: vertebrates and invertebrates.

Vertebrates are organisms that have a backbone.

Invertebrates are organisms that do not have a backbone.

General Characteristics of Vertebrates

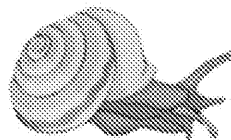
- They are symmetrical on both sides with two pairs of limbs, fins, wings, etc.
- They have an internal skeleton.
- They have more developed organs and systems than invertebrates.
- They have closed circulatory systems – blood circulates the body in blood vessels.
- Their nervous system consists of 2–4 parts.
- The body is covered with skin.



Amphibians	Fish	Birds	Mammals
<ul style="list-style-type: none"> • No scales, hair or feathers • Lay eggs in water • Cold-blooded • Live both in and out of water 	<ul style="list-style-type: none"> • Skin covered with scales • Lay eggs in water • Cold-blooded • Breathe through gills 	<ul style="list-style-type: none"> • Skin covered with feathers • Lay eggs • Warm-blooded • Have wings 	<ul style="list-style-type: none"> • Skin covered with hair • Give birth to offspring • Warm-blooded • Have mammary glands (milk-producing)

General Characteristics of Invertebrates

- They lack a backbone.
- They have a simple nervous system.
- They are either radially symmetrical or bilaterally symmetrical.
- Some have an exoskeleton – a hard outer covering that protects them from predators and prevents water loss.



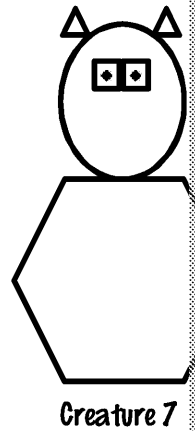
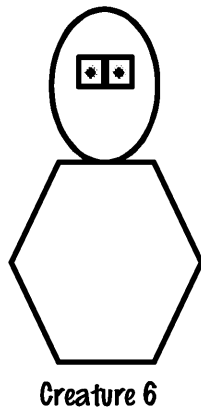
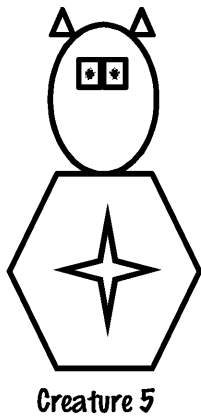
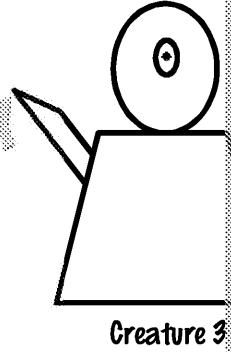
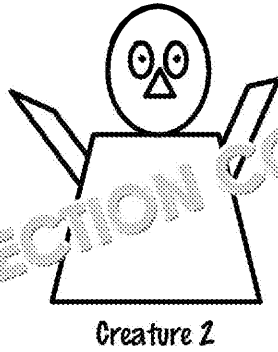
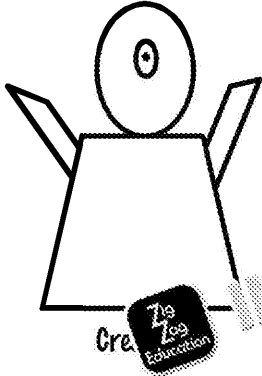
**COPYRIGHT
PROTECTED**



Identification Keys

Biologists use special diagrams or sets of questions called 'keys' to help them identify and recognise. The organisms can then be classified according to their characteristics.

Look at the creatures below.



Here is an example of a key that can be used to identify the creatures above.



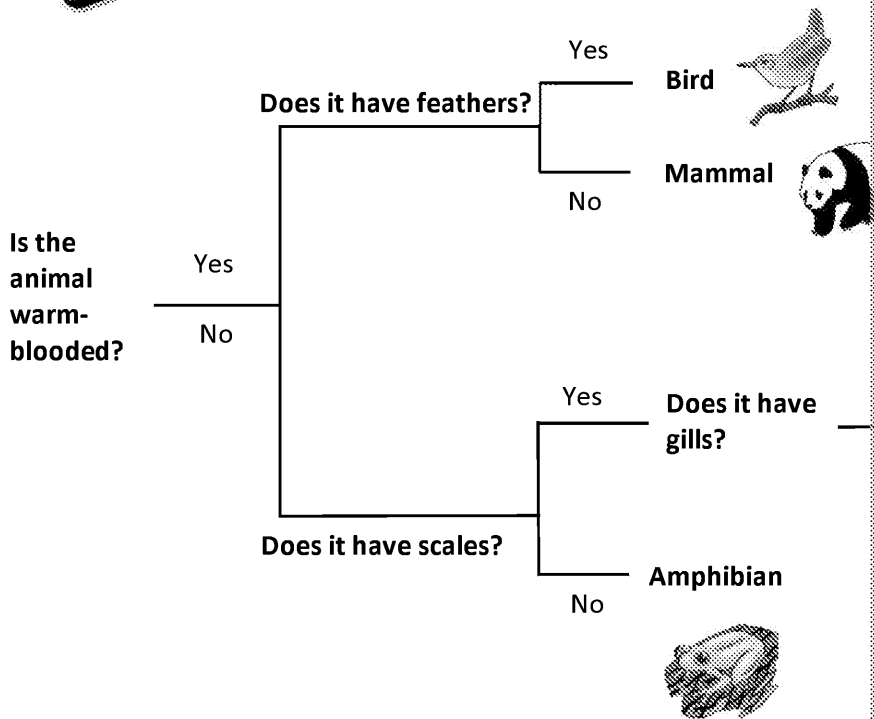
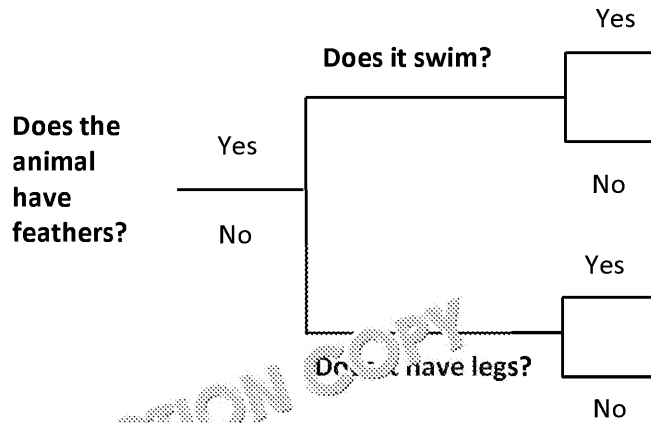
- Part 1**
 - a) The creature has a trapezoid-shaped body
 - b) The creature has a hexagonal-shaped body
- Part 2**
 - a) The creature has one eye
 - b) The creature has two eyes
- Part 3**
 - a) The creature has one arm
 - b) The creature has two arms
- Part 4**
 - a) The creature has a nose
 - b) The creature has no nose
- Part 5**
 - a) The creature has two ears
 - b) The creature has no ears
- Part 6**
 - a) The creature has a star on its body
 - b) The creature does not have a star on its body
- Part 7**
 - a) The creature has a mouth
 - b) The creature has no mouth

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Keys can also be represented as **branch diagrams**. Take a look at the examples below.



Keys can also be used to help identify food chains and food webs. These will be covered in Unit 5.

Further Your Learning Activities

1. Try drawing your own imaginary creatures, give them names and make up their own characteristics. Use the key to identify the creatures you have created.
2. Construct your own key to identify some animals of your choice and explain why you chose those characteristics to classify them.

INSPECTION COPY

COPYRIGHT PROTECTED



Lesson Plan 3: Interdependence of Organisms

Learning Aims







All students should:	Construct food chains and food webs Describe the different ways in which organisms
Most students should:	Discuss the factors that affect the relationship between
Some students should:	Evaluate the impact of genes and the environment on the survival of organisms

Keywords: Food webs, food chains, predators, prey, producers, consumers

Starter

Recap of previous lesson – class mind map – five keywords from last lesson

Main

1. Go over the starter exercise.
2.  Introduce the concept of interdependence between species.
3.  Talk through food chains and food webs.
4. Assess students' understanding by asking questions like: What would happen to rabbits if the bird of prey was removed from the top of the chain? What about the grass? and so on.
5.  Discuss other relationships between species aside from predation.
6. Show YouTube video clip of fish symbiosis – wrasse cleaning the teeth of a shark.
<http://www.youtube.com/watch?v=TOC2Qc2Qedw&feature=related>
7. Show BBC video clip of flowering *Rafflesia arnoldii*:
<http://www.bbc.co.uk/nature/adaptations/Parasitism#p00hm598>
8.  Ask students to answer Questions 1–6.
9.  Go over the answers to Questions 1–6 as a class.
10.  Ask students to complete the 'Further Your Learning Activity'.

Plenary

Nominate one student to answer the following question: 'What is a predator?'
Then ask them to ask another person in the class a question of their choice.

INSPECTION COPY

COPYRIGHT
PROTECTED



Interdependence of Organism

Many organisms in an ecosystem rely on each other for survival, i.e. the survival or existence of the other. This is known as **interdependence**.

The environment that organisms inhabit has an effect on whether they survive or are driven to extinction. For example, extinction of species X could lead to the extinction of a species that relied on it for food. Equally, the extinction of species X could lead to the improved survival of another species due to less competition for resources or fewer predators.

Did you know?

A predator is an animal that kills and eats other animals.

Prey are animals that are eaten by other animals.

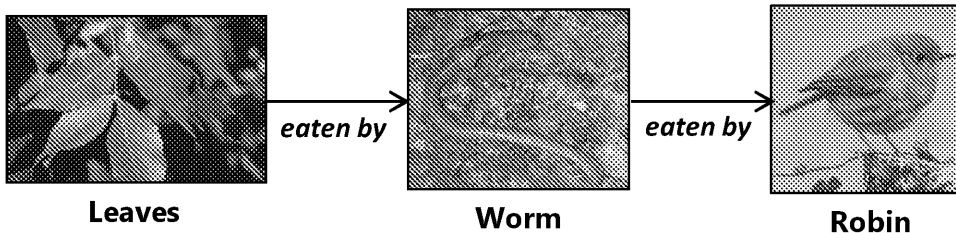
This can be seen most clearly when you investigate predator-prey relationships and food chains and webs.

Food Chains



Food chains show how energy is transferred between organisms. The **arrow indicates the direction of energy transfer**.

An example of a woodland food chain:



We can classify organisms according to whether they get their energy from the sun or from other organisms. In other words, **the characteristics of organisms can be used to determine their position in food chains or webs**.

Organisms that convert light energy from the sun into food energy are known as **producers** and are found at the bottom of food chains. The producer in the food chain above is the grass. Producers produce food and ultimately provide the energy for everything else in the food chain. Plants take up carbon dioxide, water and light energy in a process known as photosynthesis.

Animals, however, are all considered to be **consumers**. They can't make their own food and therefore must consume food for energy. This means the organisms found at higher levels in the food chain above are the worm, the robin and the hawk. Consumers are divided into three groups: primary, secondary and tertiary consumers.

Primary consumers are herbivores – they eat the producers.

Secondary consumers are carnivores and they eat the primary consumers.

Tertiary consumers are also carnivores; they eat the secondary consumers and are sometimes referred to as the **top carnivore** because they are at the top of the food chain. The top carnivore in the example above is the hawk.

Predator-prey relationships are much more complicated than shown above, as many predators eat more than one type of prey and they may have to share those prey resources with other predators.

INSPECTION COPY

COPYRIGHT
PROTECTED



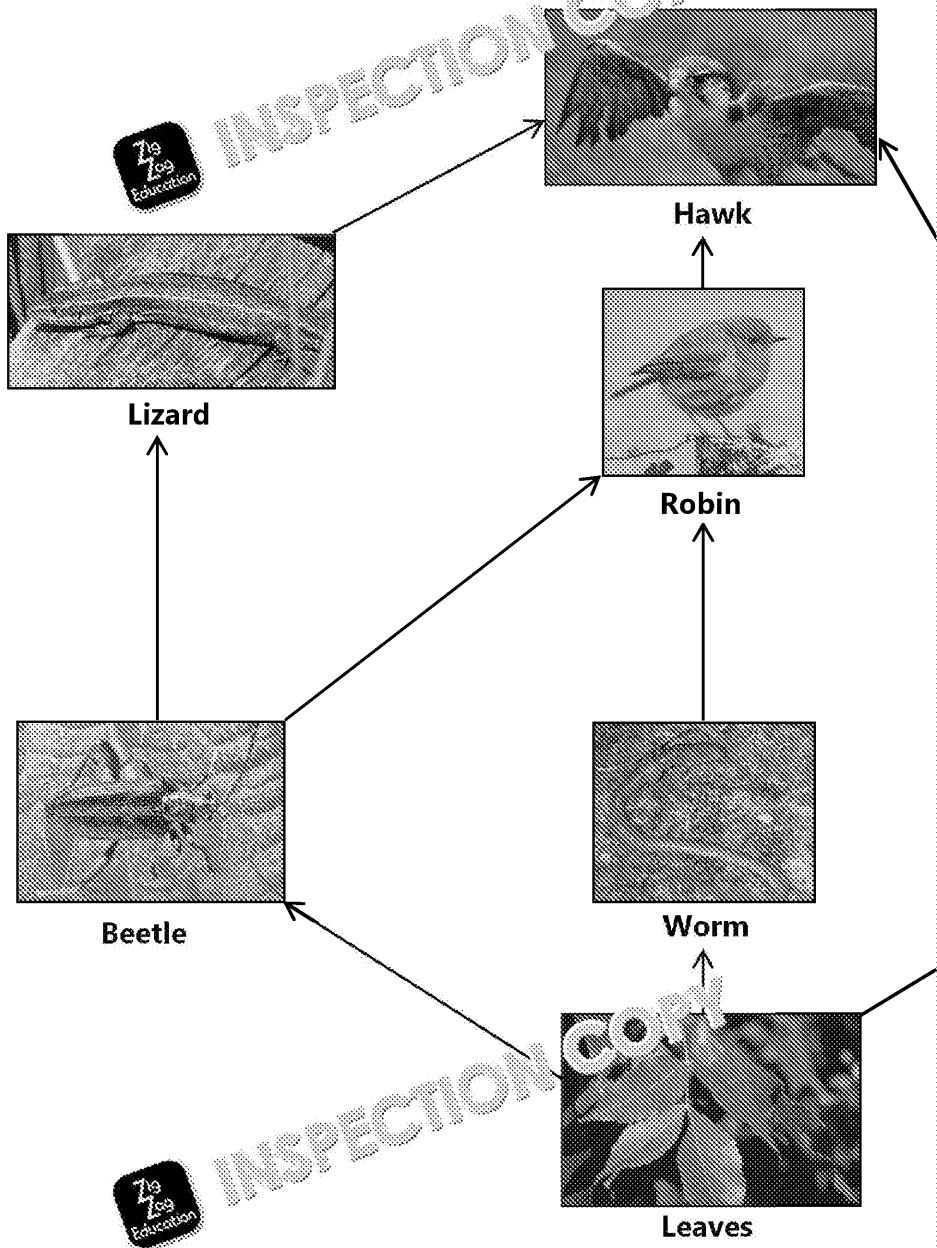
These more complex, interlinked relationships can be illustrated using a **food web**.

Food Webs

Again, as in food chains, the **arrow indicates the direction of energy flow**. Here vole and vole are all competing for the same food resource, leaves. The vole only has two. The hawk has a choice of three items of prey and no competition from another predator.

The balance of these interlinked relationships can easily be disturbed. The removal of one organism below can impact all the other organisms in the food web.

An example of a woodland food web:



INSPECTION COPY

COPYRIGHT
PROTECTED

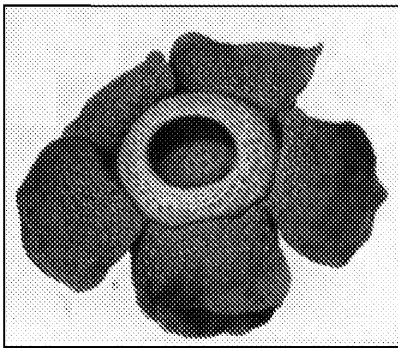


Other Relationships Between Species

Predator–prey relationships aren't the only relationships that exist between species.

For example, there are **mutual relationships**. These are relationships in which two species depend on the existence of one another. An example of this is the cleaner fish and its 'client'. Cleaner fish remove parasites off the surface of other fish, the so-called 'client'. This maintains the health of the client fish. The cleaner fish avoids predation and obtains a free meal!

Another example of a mutual relationship is that of pollination in flowers. The nectar or pollen of the flower provides the pollinator with a food source and the pollinator disperses the plants pollen, aiding the plants reproduction. The mutual relationship between pollinating insects and flowers is one of the most important in biology. We rely on pollinating insects to pollinate flowers and provide the food we eat, so if pollinating insects become extinct or are greatly reduced in numbers, the plants will not be pollinated and we will be in big trouble.



Parasitic relationships are relationships in which one species benefits at the expense of another (the host). Disease outbreaks in a population can have knock-on effects for the rest of the ecosystem. An example of a parasitic relationship is the **Rafflesia arnoldii** flower and its host vine. The flower is a parasite. It obtains its nourishment through the vine; it also uses the vine for physical support. The vine has a diameter of approximately 1 m. The flower is called the 'corpse flower' because it smells of rotting meat.

Another example of a parasitic relationship in biology is that of the tapeworm and its host. Tapeworms are internal parasites that usually live in the intestine of their host. They feed on the nutrients in the host's intestine. A tapeworm infection can cause symptoms such as nausea, weight loss and malnutrition. If the tapeworm cannot survive.

D

Assignment tips: If you are working towards a Distinction in your assignment, you should give evidence relating to how an organism's genes and environment influence its survival. You should be able to evaluate this evidence by considering how important genes and the environment are to the extinction of a species and the formation of new ones.

To help you do this, you should think about the role that genes and the environment play. You could consider genetic mutations, selection pressures and how the different relationships between organisms affect their survival. You can gather this information from your notes and research, but it is important to think really carefully about the concepts involved and to be able to interpret this information. This will really impress your teacher!



**COPYRIGHT
PROTECTED**



Interdependence of Organisms Questions

1. Arrange the following list of organisms into a food chain:

frog *hawk* *snake* *small fish*

2. Arrange the following list of organisms into a food web:

grasshopper *owl* *ladybird*
aphid *caterpillar* *small bird*

3. Consider the food web you have just drawn. Label the producer and the consumers.
4. Copy and complete the following passage using the words below:

benefits *twins* *mutual*

_____ relationships are relationships in which _____ species of one organism benefit from the relationship. Parasitic relationships are relationships in which one organism benefits from the relationship and the _____ of the other.

5. Use your knowledge of keys and classification from last lesson to describe how organisms determine their place in a food chain / food web.
6. Create a diagram to show details of mutual or parasitic relationships.

Further Your Learning Activity: Work in pairs to create a magazine article about how mutual and parasitic relationships affect relationships between organisms. Make sure that you split the work.



INSPECTION COPY

**COPYRIGHT
PROTECTED**



Interdependence of Organisms Questions

1. Arrange the following list of organisms into a food chain:

frog

hawk

snake

small fish

2. Arrange the following list of organisms into a food web:

grasshopper

aphid

owl

caterpillar

ladybird

small bird

3. Consider the food web you have just drawn. Label the producer and the

4. Complete the following passage using the words below:

benefits

two

mutual

_____ relationships are relationships in which _____ species
of one another. Parasitic relationships are relationships in which one of
the _____ of the other.

INSPECTION COPY

COPYRIGHT
PROTECTED



5. Use your knowledge of keys and classification from last lesson to describe how organisms determine their place in a food chain / food web.

.....

.....

.....

.....

.....

.....

6. Create a diagram to show details of mutual or parasitic relationships.



INSPECTION COPY

Further Your Learning Activity: Work in pairs to create a magazine article about how mutual or parasitic relationships affect relationships between organisms. Make sure that you split the work



INSPECTION COPY

COPYRIGHT
PROTECTED



Assignment A: Relationships between Different Organisms a

Learner's name:		
Start date:	Deadline:	Da

Scenario

You have always been passionate about wildlife and nature. After graduating science degree, you started work as a runner for a wildlife programme at the line manager has been very impressed with your work and you are thrilled wh You start work as a natural history presenter and your first task is to share your biology with the BTEC students at your local school. In which, your next task is nature documentaries to be broadcast to a national audience. You travel to Bre titled 'Biodiversity in the Amazon P

Task 1

Firstly prepare presentation to share your knowledge of evolutionary biology your local school. After that, present and film the first episode of a new series broadcast to a national audience.

For the presentation to BTEC students:

Write the script that you will read to the students during your presentation. Begin by discussing some examples of variation that exists between the orga discuss the variety that exists between plants, animals and microorganisms, in different habitats. Explain to the students why this variation exists and give between organisms. Then explain whether the organism's genes or environn examples you have given.

Remember to think about the different characteristics of organisms you have st characteristics.

Then go on to describe and explain to the students how both an organism's g determine which characteristics it will display. Give some examples of charac are caused by genes and explain how they can also be influenced by the facto to in its environment.

Remember to explain how an organism's genes can determine the characteristi by drawing a genetic diagram for a particular characteristic you have studied diagram shows that genes are important.

You then decide to explain the basis behind your greatest passion to the stud by natural selection. Start by introducing the role of genes in evolution and e so important for evolutionary change. Then describe the importance of the e how it affects species survival. Finish this part of the script by explaining how selection has been for life on Earth.

Conclude by assessing how important genes and the environment are for the species extinction. Start by discussing the contribution of each factor in evol up with ev which you could gather from your notes or from additional evidence and make a judgement about which factor has been more importan species and the extinction of other species. Why have you come to this conclu *Remember to relate your answer to the influence that genes and the environme Think about the contribution each factor has on evolutionary change and reme contributing factors you have studied, including genetic mutations and variati*

INSPECTION COPY

COPYRIGHT
PROTECTED



For the first episode of 'Biodiversity in the Amazon Rainforest':

Present and film the episode 'Biodiversity in the Amazon Rainforest'. If you do not have recording equipment, you should present the episode to your teacher. You should be identifying some common rainforest species and the relationships between them.

Part 1: The Characteristics of Rainforest Organisms

Begin the episode by introducing some examples of rainforest organisms from different kingdoms, including both vertebrates and invertebrates. Then explain to the audience which category each organism belongs to, based on its characteristics. Use your knowledge to construct keys to identify and categorise the rainforest organisms. Test your key on an organism and explain to the audience how you can use your key to find out more about it.

Describe to the audience how you used the characteristics of the rainforest organisms to put them into the correct groups. Remember to describe how you did this for each vertebrate and invertebrate organisms.

Part 2: Relationships between Rainforest Organisms

After introducing the rainforest organisms to the audience, you go on to discuss how their characteristics determine the relationships that exist between them. Start with your own knowledge to construct a simple rainforest food chain and a rainforest food web. Use pictures of the organisms to help make your food chain and food web more realistic.

Then go on to explain to the audience how the characteristics of each of the organisms allowed you to identify their place in the food chain and food web. You should also discuss other relationships that exist between organisms in the rainforest and how they help each other for survival.

Conclude the episode by discussing why these interdependent relationships are so important, and discuss why organisms rely on each other. *Think about all of the relationships you have studied and why these may be important in the rainforest. Remember to discuss non-feeding relationships as well as the food chain / food web.*



INSPECTION COPY

**COPYRIGHT
PROTECTED**

Learner's name:	Start Date:
Learner's declaration: I certify that the work submitted for this assignment is my own. I have clearly referred to sources of information and used appropriate referencing. I understand that false declaration is a form of malpractice.	
Learner's Signature:	Date:
Learner's comments for the assessor:	

Teacher's/assessor's name:	
Marking Criteria	
Task:	Criteria:
Task 1	Learner must:
2A.P1	Describe the role of genes and the environment in variation
2A.M1	Explain the role of genes and the environment in evolution
2A.D1	Evaluate the impact of genes and the environment on survival or extinction of organisms
2A.P2	Describe how characteristics are used to classify organisms
2A.P3	Describe the different ways in which organisms show interdependence
2A.M2	Discuss the factors that affect the relationship between different organisms
Deadline:	
Summative feedback:	
Date assessed:	

Internal verifier's name:
Internal verifier's feedback:
Date:

If a learner does not meet the Level 2 criteria, they can be assessed on the Level 1 criteria:	
1A.1	Distinguish between variation due to genes and variation due to environment
1A.2	Construct simple keys to classify organisms
1A.3	Construct food chains and food webs

**COPYRIGHT
PROTECTED**



Lesson Plan 4: Human Activities that Alter Ecosystems

Learning Aims








All students should:	Identify human activities that affect an ecosystem Describe the impact that different human activities have on ecosystems
Most students should:	Analyse the effects of pollutants on ecosystems
Some students should:	Explain the long-term effects of pollutants on living organisms

Keywords: Human impact, ecosystem, deforestation, agriculture, transport

Starter

Recap of previous lesson. Ask students to give an example of a relationship between a species and its environment.

Main

-  Explain what an ecosystem is in terms of communities of species and their interactions.
-  Introduce the concept of deforestation – stress the significance of trees in ecosystems.
-  Talk about the effects of agriculture in terms of methane emissions.
-  Remind students what the greenhouse effect is.
-  Teach about the effects of transport on ecosystems.
-  Ask students to answer Questions 1–5.
-  Go over the answers to Questions 1–5 as a class.

Plenary

Decide if the following statements are true or false.

- | | |
|--|-------|
| 1. Ecosystems can be different sizes. | True |
| 2. Human activities aren't having an effect on ecosystems. | False |
| 3. Deforestation makes carbon dioxide levels decrease. | False |
| 4. Cows contribute to global warming. | True |

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Ecosystems

What is an ecosystem?

An ecosystem can be defined as a community of plants, animals and microorganisms in their environment (habitat) that they live in. Ecosystems exist on different scales – from a micro ecosystem. Larger ecosystems are known as biomes. Examples of these are grassland and mountains.

Whatever their size, all ecosystems exist in a very delicate balance and human actions have consequences.

Human Impact on Ecosystems

Humans are altering ecosystems in a number of ways. An exploding global population, the need for agricultural space to grow food and demands for energy are increasing rapidly. The world's resources are being used up. Our activities are affecting organisms in a number of ways. Deforestation is having an impact on species survival, the pollutants we are producing are affecting the environment, the chains and food webs, and eventually our actions will begin to affect the human population. The points will be covered over the next few lessons when we will discuss different points.

Deforestation

Deforestation is the removal or destruction of areas of forest or woodland. Deforestation is believed to be necessary in order to provide building materials such as timber, enough land to build on and space for agriculture to provide food to support the growing global population.

Deforestation has a number of worrying consequences:

1. **Loss of biodiversity** (variety of life) – destruction of forests destroys the habitats of living organisms, causing the loss of many species. For example, destruction of tropical forests in Borneo is driving the orang-utan towards extinction.
2. **Adds to atmospheric carbon dioxide levels** – when trees grow, they act as stores for carbon dioxide. However, when they are burned or decay as a result of deforestation, they release the carbon dioxide that was stored in them into the atmosphere.

Furthermore, if there are fewer trees growing there are fewer trees to absorb and store carbon dioxide. Not only does the loss of the trees themselves contribute to increasing carbon dioxide levels, but the machinery used to cut them down and transport them to the use of fossil fuels. Therefore, deforestation is one factor that is driving climate change.

Deforestation also affects water cycles and reduces soil quality.



Deforestation

Did you know?
Rainforests cover only 6% of the Earth's surface. Now only 10% of the original rainforest remains. Scientists estimate that approximately 137 million hectares of rainforest have been lost since 1990.

INSPECTION COPY

COPYRIGHT
PROTECTED



Reminder:

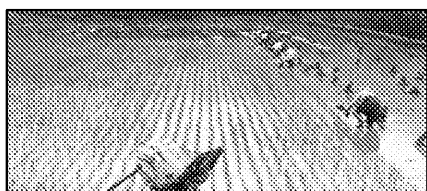
In Unit 2, you will have studied the **greenhouse effect**. Remember that greenhouse gases in the atmosphere, causing the planet to heat up, an effect known as **global warming**. The main greenhouse gases include **carbon dioxide** (CO₂) and **methane** (CH₄).

Possible effects of global warming include a rise in sea levels due to the polar ice melting, disruption of weather and climate patterns. All of these consequences of global warming have a significant impact on ecosystems.

Agriculture

Not only does farming require large amounts of land to grow crops on or graze livestock on, but deforestation; certain farming practices also increase the amount of harmful greenhouse gases that contribute to global warming.

Farming can also produce large amounts of methane. Methane is a gas that contributes to global warming.



Rice growing – paddy fields, the swamped fields, produce large amounts of methane into the atmosphere.

Machinery – agricultural machinery used to prepare land for crops or to transport livestock uses fossil fuels which pollute the atmosphere.



Did you know?

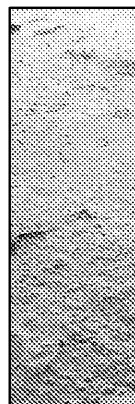
Agriculture is estimated to be responsible for 14% of the world's greenhouse gas emissions.

Cows contribute 25–30% of Britain's methane emissions.

Transportation

Transport affects ecosystems in a number of ways:

- Emissions from **cars**, such as carbon monoxide and carbon dioxide, pollute the atmosphere and contribute to global warming.
- Much of the food we eat comes from abroad and requires transport by **airplanes**. Aeroplanes are responsible for a large amount of emissions that contribute to global warming.
- Petrol comes from crude oil and sometimes the transport of oil across the sea ends in disaster. **Oil spills** can devastate marine ecosystems.
- Furthermore, the **roads** we build break up habitats which might result in biodiversity loss and provide routes for pests and disease to spread.



Oil tanker

COPYRIGHT PROTECTED



Human Activities that Alter Ecosystems Questions

1. Give the definition of an ecosystem.
2. Give two examples of large types of ecosystem.
3. What are the two main effects of deforestation?
4. How does agriculture contribute to global warming?
5. Much of the fruit we like to eat all year round comes from abroad and How could we reduce the amount of environmental damage caused by



Human Activities that Alter Ecosystems Q

1. Give the definition of an ecosystem.
.....
.....
2. Give two examples of large types of ecosystem.
1 2
3. What are the two main effects of deforestation?
1
2
4. How does agriculture contribute to global warming?
.....
.....
5. Much of the fruit we like to eat all year round comes from abroad and How could we reduce the amount of environmental damage caused by
.....
.....
.....



**COPYRIGHT
PROTECTED**



Lesson Plan 5: How Pollutants Affect Ecosystems

Learning Aims



All students should:	Identify human activities that affect an ecosystem Describe the impact that different human activities have on ecosystems
Most students should:	Analyse the effects of pollutants on ecosystems
Some students should:	Explain the long-term effects of pollutants on living organisms

Keywords: Fertilisers, eutrophication, herbicides, pesticides, bioaccumulation







Starter

List 10 scientific words we talked about last lesson.

Main

- Brief recap of previous lesson using students' starter lists.
-  Go over the eutrophication process – use diagrams on the board.
-  Choose one of the following two-week windowsill experiments.

Experiment 1: Ask students to half fill two beakers with pond water. Add 10g of ammonium nitrate (fertiliser) into one of the beakers. Students should observe the water, label them appropriately, place the beakers on a sunny windowsill to reduce evaporation. Ask students to check the jars every lesson and record what they see.

Experiment 2: Ask students to half fill four beakers with water and pond water. Students should add different amounts of monoammonium phosphate (0, 5, 10, or 20 drops), stir the solution and record the amount of oxygen in each beaker using a dissolved oxygen sensor. Ask students to place the beakers on a sunny windowsill and cover them to reduce evaporation. Students should check the beakers every lesson for the next two weeks, record what they see and record the amount of oxygen in each beaker.
-  Introduce the terms herbicide, pesticide and bioaccumulation.
-  Use the Minamata Bay case study as a real world example of bioaccumulation.
-  Use DDT case study as an example of bioaccumulation of pesticides.
- Ask students to work in pairs to do their own research on the effects of pollutants on ecosystems.
-  Ask students to answer Questions 1–8.
-  Go over the answers to Questions 1–8.
-  Ask students to attempt one of the two 'Further Your Learning' activities.

Plenary

Nominate students to give the definition of the following words:
eutrophication, herbicide, pesticide, bioaccumulation

INSPECTION COPY

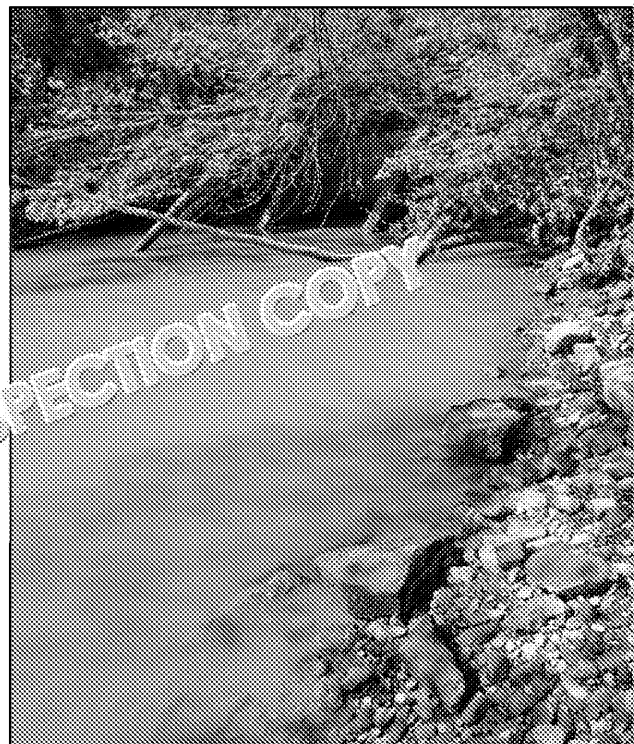
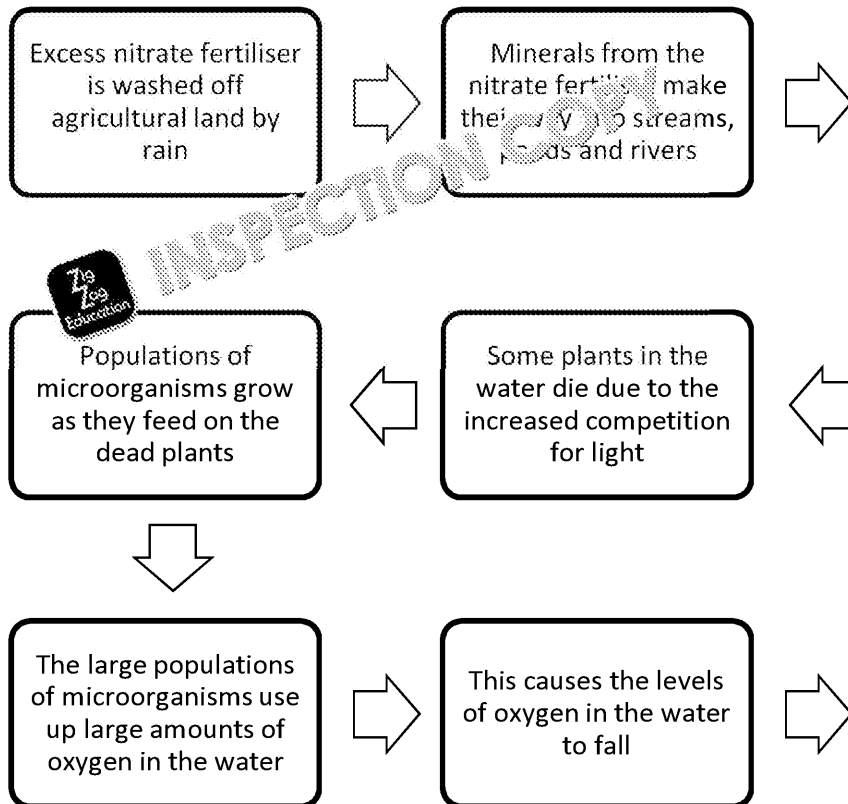
**COPYRIGHT
PROTECTED**



The Effect of Pollutants on Ecosystems

Fertilisers and Eutrophication

Farmers use fertilisers to give their crops the extra nutrients they require to grow. However, the overuse of fertilisers on agricultural land can lead to phosphates which might be missing from the soil. However, the overuse of fertiliser on aquatic ecosystems through a process known as **eutrophication**. The process below and begins when too much fertiliser is used on the land.



The water in this river is green, which shows the extent of algal growth due to eutrophication

INSPECTION COPY

COPYRIGHT
PROTECTED



Use of Herbicides and Pesticides

Farmers use chemicals called **herbicides** and **pesticides** to help them control weeds and pests that might destroy their crops. Unfortunately, many of these chemicals are toxic to living organisms and can build up in food chains. When chemicals build up in food chains, the term **bioaccumulation** is used. Bioaccumulation tends to affect the top predator in food chains.



Key Terms

Herbicide – A chemical that kills plants that are considered to be weeds

Pesticide – A chemical that kills organisms, usually insects, which cause damage to crops

Bioaccumulation – The build-up of toxic substances in an organism / food chain



Case Study – Bioaccumulation and the Poisoning of Minamata Bay

Minamata is a small fishing village in Japan. During the 1950s, the people who lived there experienced unexplained symptoms such as damaged hearing and speech, insanity and, in extreme cases, cats in the village had been reported to be ‘dancing’ in the streets, collapsing and falling in strange symptoms was later identified to be mercury poisoning, but the mystery was how and why. The source of the mercury was later discovered to be industrial waste water from a factory. Mercury from this water had bioaccumulated in fish and shellfish – the food source of the local population. Like mercury cannot be broken down by animal bodies and so it is stored in the tissues. The higher up the food chain, the higher the concentration of the dangerous substance, so the organisms at the top of the food chain are the worst affected.

Case Study – The Effects of DDT

DDT is a particularly powerful pesticide that was widely used in agriculture from the 1950s.

Its use in agriculture is now banned as it has been found to have many damaging effects on the environment. Its primary target is insects. For example, research has found that bioaccumulation of DDT in the food chain is found in the eggshells of birds of prey. Furthermore, it is toxic to many marine animals, including fish. It also causes hormone disruption in humans.

Despite the ban, DDT is still used illegally in parts of India and North Korea. Many African countries still use DDT to control mosquitoes, which are insects that carry the disease malaria. Malaria is a serious disease that causes flu-like symptoms. Without treatment, it can develop into a more serious form and is estimated to kill one million people per year, mostly in sub-Saharan Africa, where treatment cannot be afforded but DDT is an accessible substance to help control the disease.

There are, however, alternatives to using chemicals such as DDT for mosquito control. These include using bed nets at night and destroying mosquito breeding grounds.



D

Assignment tips: If you are working towards a Distinction in your assignment, you should use your knowledge together with additional research to explain how the continued release of chemicals into ecosystems in the future. To do this, you could discuss how the continued release of chemicals affects both humans and entire ecosystems in the future. Remember that we rely on ecosystems for our survival, so most ecosystem damage affects us, even if it doesn't do so directly. Make sure your answer, including the effects on food chains and food webs and how this leads to the extinction of entire species.

**COPYRIGHT
PROTECTED**



How Pollutants Affect Ecosystems Questions

1. Copy and complete the following passage using the words below.

bioaccumulation

herbicides

_____ are chemicals that kill weeds. _____ are chemicals that kill
Some of these chemicals build up in the food chain. This is known as

2. Why do farmers use fertilisers?
3. How can the use of fertilisers lead to the death of fish in streams, ponds and lakes?
4. What is DDT?
5. Why was the use of DDT in agriculture banned?
6. Why do some countries still use DDT? Do you think this is a good idea? Give your opinion and suggest alternatives do you suggest?
7. Create a table to summarise the human activities that affect the ecosystem and how they affect the ecosystem.
8. Do your own research and write a brief report that explains the long-term effects of global warming on living organisms and ecosystems. Mention species survival and food chains/webs, and provide information that illustrates the effects.

Further Your Learning Activities: Choose one of the following activities to complete.

- Carry out your own research at home into how the overuse of fertilisers affects the environment. Find some data that shows the effect that fertilisers are having on the environment. You can tell this from the data. Write up your findings in a short report.
- Carry out your own research at home into how increased levels of carbon dioxide affect global temperature. Find some data that supports this and write up your findings in a short report.



INSPECTION COPY

**COPYRIGHT
PROTECTED**



How Pollutants Affect Ecosystems Questions

1. Complete the following passage using the words below.

bioaccumulation

herbicides

_____ are chemicals that kill weeds. _____ are organisms that destroy crops. Some of these chemicals build up in the _____.

2. Why do farmers use fertilisers?

.....
.....

3. How can the use of fertilisers lead to the death of fish in streams, ponds and lakes?

.....
.....
.....
.....
.....

4. What is DDT?

.....
.....

5. Why was the use of DDT in agriculture banned?

.....
.....
.....
.....

INSPECTION COPY

COPYRIGHT
PROTECTED



Lesson Plan 6: Living and Non-Living Indicators

Learning Aims










All students should:	Identify living and non-living indicators and the measure Describe how living and non-living indicators can be used to measure pollutants
-----------------------------	--

Keywords: Lichens, sulphur dioxide, acid rain, limestone, water pollution, dissolved oxygen levels, nitrate levels

Starter

Class brainstorm on how to measure some pollutants.

Main

-  Introduce the concept of bioindicators.
-  Talk about lichens and how they are affected by pollutant levels. Give students some real examples of lichens. Take the class outside to find them in the school grounds.
-  Talk about water pollution and how it can be detected through changes in freshwater shrimp populations.
-  Introduce the concept of non-living things also acting as indicators. Give an example of acid rain and limestone buildings.
-  Illustrate the effects of acid rain. Pipette 2 mol sulphuric acid (representing the acid rain) onto a piece of limestone (representing the building), and ask students to observe the reaction.
-  Investigate the effect of acid rain on plant growth. Ask students to grow three beans in three test tubes: one of concentrated lemon juice, one of dilute lemon juice and one of water. Label these A, B and C respectively. Students should label the test tubes and water each plant with four tablespoons of the corresponding solution. Place the beans on a windowsill. Water their solution every lesson for two weeks. Keep a diary of what they are watered. Goggles must be worn throughout.
-  Ask students to answer Questions 1–8.
-  Give students 5 minutes to answer Questions 1–8 as a class.
-  Ask students to attempt the 'Further Your Learning Activity' in the Student Book.

Plenary

True or false?

- Lichens are not living things.
- Lichens are sensitive to sulphur dioxide levels.
- When acid rain falls on limestone buildings, a chemical reaction takes place.

INSPECTION COPY

COPYRIGHT
PROTECTED



Indicators of Pollution

Both living and non-living things can act as indicators of pollution in an ecosystem. Changes in the environment are known as **bioindicators**.

Living Indicators

Lichens and Sulphur Dioxide

Lichens are unusual organisms that are made up of two components – a fungus and an alga, that work together to survive. You may not have noticed lichens before, but they grow almost everywhere and can often be found on pavements, walls and gravestones. They obtain their nutrients from the atmosphere rather than from soil, so any change in the atmosphere causes a change in the organism. Lichens respond very quickly to changes in air quality.

In areas with high levels of the atmospheric pollutant **sulphur dioxide** (SO_2) are high, if any, lichens will be present. Sulphur dioxide is released into the atmosphere when we burn fossil fuels. It is also emitted from car exhausts. Lichens that are present will be those that are very resistant to pollution, known as crustose lichens.

Where air is clean, shrubby, hairy and leafy (foliose) lichens will be abundant.

Algae and Freshwater Shrimp and Water Pollution

If we take a sample of water from a stream, river or pond, the organisms contained in the water, i.e. how clean or how polluted it is.

Two organisms that can give us an indication of this are algae and freshwater shrimp.

Algae can be used to detect water acidity, sewage and fertilisers, heavy metals and other pollutants. The presence of algae in a water source can tell us about the level of pollution in that water source. If there is a large, dense growth of algae, it is likely that there are high levels of toxic chemicals in the water which have killed off the other organisms. If there is a huge algal growth, it indicates that the water source has been polluted by a different type of chemical – fertiliser! A water source with normal conditions should have a small amount of algae.



The presence of **freshwater shrimp** in a water source is a good indicator that the water is clean. These creatures can only survive in clean water with low levels of pollutants.

Freshwater shrimp are sensitive to the levels of pollutants in the watercourse they live in.

INSPECTION COPY

COPYRIGHT PROTECTED



Non-Living Indicators

Limestone Buildings and Acid Rain

Acid rain is formed when sulphur dioxide (SO_2) reacts with water and oxygen in the atmosphere to form sulphuric acid. Acid rain is rain with a pH of less than 5. When acid rain falls, it can damage buildings as well as living things.

You should know from your Chemistry studies that, when an acid meets a carbonate, they react.

Limestone is an example of a carbonate, so when acid rain falls on buildings made of limestone, it dissolves the stone, causing erosion and damage to the building. Large amounts of erosion indicate high levels of acid rain.

It is important to note that acid rain does not only damage buildings; it also damages trees and other ecosystems.

Dissolved Oxygen and Nitrate Concentrations and Water Pollution

Oxygen dissolves in water through diffusion from surrounding air, aeration of water or photosynthesis. Fish and other aquatic organisms require dissolved oxygen for respiration. They take up oxygen dissolved in water through their gills or across their skin. Pollution causes a decrease in oxygen concentrations, so the dissolved oxygen concentration of water samples is a good indicator of pollution. Low dissolved oxygen levels indicate high levels of pollution.

Water samples can also be tested for concentration of nitrates. This is another example of pollution. As we learned in our previous lesson, high nitrate levels in water lead to a depletion of dissolved oxygen. Therefore high nitrate concentration in water indicates pollution.

Indicators of Pollution Questions

1. What is a bioindicator?
2. Give an example of a bioindicator.
3. What pollutant are lichens particularly sensitive to?
4. What happens to lichen populations if levels of pollutant are high?
5. Name two bioindicators used to detect levels of water pollution.
6. Give an example of a non-living indicator of pollution.
7. Why does limestone corrode when acid rain falls on it?
8. Copy and complete the following table to summarise what you have learned.

Indicator	Living/Non-living	
Lichen		Living
Water snail		Living
Water shrimp		Living
		Non-living
Dissolved oxygen/nitrate level		

Further Your Learning Activity: Get into small groups and discuss how each indicator can be used to measure levels of pollutants in different ecosystems.

**COPYRIGHT
PROTECTED**



Indicators of Pollution Questions

1. What is a bioindicator?
.....
.....
2. Give an example of a bioindicator.
.....
3. What pollutant are lichens particularly sensitive to?
.....
4. What happens to lichen populations if levels of pollutant are high?
.....
5. Name two bioindicators used to detect levels of water pollution.
1
2
6. Give an example of a non-living indicator of pollution.
.....
.....
7. Why does limestone corrode when acid rain falls on it?
.....
.....
8. Complete the following table to summarise what you have learned in

Indicator	Living/Non-living	
Lichen	Living	Le
Freshwater	Living	
Dissolved oxygen/nitrate level	Non-living	

Further Your Learning Activity: Get into small groups and discuss how each indicator can be used to measure levels of pollutants in different ecosystems.

INSPECTION COPY

COPYRIGHT
PROTECTED



Lesson Plan 7: Measures to Counteract the Impact of Pollutants on Ecosystems

INSPECTION COPY

Learning Aims









All students should:	Describe how recycling and reusing materials can help reduce the impact of human activities on an ecosystem Describe the different methods used to help reduce the impact of human activities on ecosystems
Most students should:	Discuss the advantages and disadvantages of measures to reduce the impact of human activities on ecosystems
Some students should:	Evaluate the effectiveness of methods to reduce the impact of human activities on ecosystems for a given scenario

Keywords: recycling, conservation, reforestation, breeding programmes, pest control, organic fertilisers

Starter

What is renewable energy? Can anyone name some renewable energy sources?

Main

-  Discuss the importance of recycling in relation to natural resources filling up. Ask students to work in small groups to discuss what we don't do anything.
- Ask students what they recycle at home.
-  Introduce conservation techniques – reforestation, coppicing and thinning.
- See if students can name some examples of endangered species.
-  Draw students' attention to the California condor case study – a captive breeding programme.
-  Talk through the advantages and disadvantages of various renewable energy sources.
-  Introduce students to alternatives to chemical pesticides and fertilisers.
-  Ask students to answer Questions 1–10.
-  Check the answers to Questions 1–10 as a class.
-  Ask students to attempt one of the 'Further Your Learning Activities' as homework.

Plenary

Bring in a collection of household waste items. Ask students to identify if they can be reused. If not, come up with creative ideas about how they might be reused.

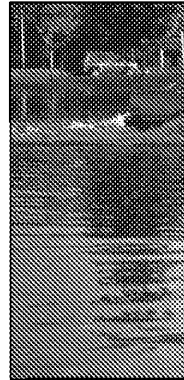
**COPYRIGHT
PROTECTED**



Measures to Reduce Our Impact on the Environment

If we do nothing to reduce our impact on the environment, climate scientists predict serious consequences, including:

- The frequency of natural disasters such as floods, droughts and hurricanes will increase.
- Sea level rises will lead to the flooding of coastal areas, and low-lying cities such as London and New York will be threatened.
- A change in weather patterns will mean reduced rainfall and consequently reduced yield of crops, such as rice and other grains, leading to food shortages.
- Many species will be driven to extinction.



Increased in sea level rise and coastal flooding is one likely consequence of climate change.

It is evident from the above predictions about pollution and its effects on ecosystems that we must do something to reduce or counteract the impact we are having on the environment. There are a number of actions we can take and are taking.

Recycling to Reduce Waste and Energy Consumption

These days, as the human population grows, we are becoming increasingly aware of our use of resources like coal, oil and gas (fossil fuels) that we use for energy and to make products. The amount of rubbish we produce is increasing and the landfill sites where we dispose of our rubbish are filling up. The waste can take hundreds or even thousands of years to break down in landfill sites and, as the waste breaks down, gases that are damaging to the environment (such as methane) are released into the atmosphere.



One way we can reduce our impact on the environment is to recycle. Many household items can be recycled. You might recycle plastics, aluminium cans, paper and glass bottles/jars. You should have a separate bin for your food waste. The government has introduced initiatives such as 'Reduce, Reuse, Recycle', which aim to reduce the effects of being wasteful and reduce their waste.

Supermarkets now encourage us to reduce our plastic bag use by selling 'bags for a charge' for their carrier bags to encourage us to reuse. Profits from the carrier bag charge go to environmental charity.

We are also encouraged to recycle technological items such as mobile phones, printers, and computers. There are special recycling centres that have been set up for this purpose.

As well as recycling, we can also reuse glass jars and tin cans for other purposes.

INSPECTION COPY

COPYRIGHT PROTECTED



How will Recycling and Reusing Materials Help to Conserve Natural Resources?

First, recycling and reusing materials will help to reduce our energy consumption by reducing the energy required to produce materials – making products from recycled materials often uses far less energy than making them from raw materials. For example, in the manufacturing of recycled paper, 64% less energy is required than making the paper from raw materials. In turn, this reduces the amount of fossil fuels used to make the product and therefore reduces the amount of harmful pollutants released into the atmosphere. It is estimated that current UK recycling saves approximately 18 million tonnes of carbon dioxide being released into the atmosphere per year. Secondly, it reduces the amount of waste we produce and also reduces the energy needed for disposal of waste. Furthermore, it conserves natural resources such as coal, oil and natural gas for future generations and also conserves natural habitats.

Advantages and Disadvantages of Recycling

Advantages	Disadvantages
<ul style="list-style-type: none"> • Reduces consumption of natural resources • Cuts carbon dioxide emissions • It often takes less energy to produce something from recycled materials than it does to make the same product from new material. This is especially true for glass. 	<ul style="list-style-type: none"> • Recycled materials sorted and cleaned • Pollutants can be produced in the recycling process itself • Expensive – cost of collection and transport • Not as efficient as reusing

Conservation Techniques

As well as recycling and reusing, it is important to conserve what we still have left.

Reforestation

Reforestation is the process of replanting trees, in an attempt to reverse the effects of deforestation. Planting new trees helps the environment by absorbing carbon dioxide from the atmosphere. It also creates new habitats for wildlife, which might in turn lead to the establishment of new ecosystems, and it stabilises soils.

Coppicing

Coppicing is a traditional woodland management method that involves cutting down young tree stems close to ground level and waiting for new stems to grow for a number of years before cutting them down again. Typically, coppicing is carried out in stages, so not all of the woodland is harvested at once. This process of coppicing is beneficial to biodiversity as it provides a variety of habitats to support many different organisms at any one time.

Replacement Planting

Replacement planting involves replacing plant species in areas from where they have been removed. The replacement species chosen is either the same as the species that was removed or, if this is not appropriate, a species that will perform a similar role in the ecosystem is planted.

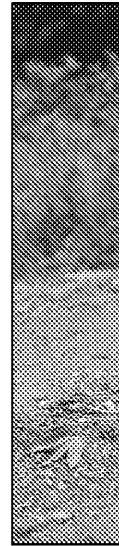
**COPYRIGHT
PROTECTED**



Breeding Programmes

Many zoos take part in **captive breeding programmes** (breeding of endangered species outside their natural habitat) in order to sustain levels of critically endangered species. A critically endangered species is a species that is likely to go extinct unless immediate action is taken to help stabilise populations.

It is hoped that many of the animals that are bred in captivity will be released back into the wild. However, for some species, this will not be possible as reintroducing them back into their natural habitat would be too dangerous. Furthermore we may reach a time when their natural habitat no longer exists.



Right: The giant panda is bred in captivity because its natural habitat is being destroyed



Did you know?

The tiger, polar bear and leatherback turtle are all animals that are considered to be critically endangered.

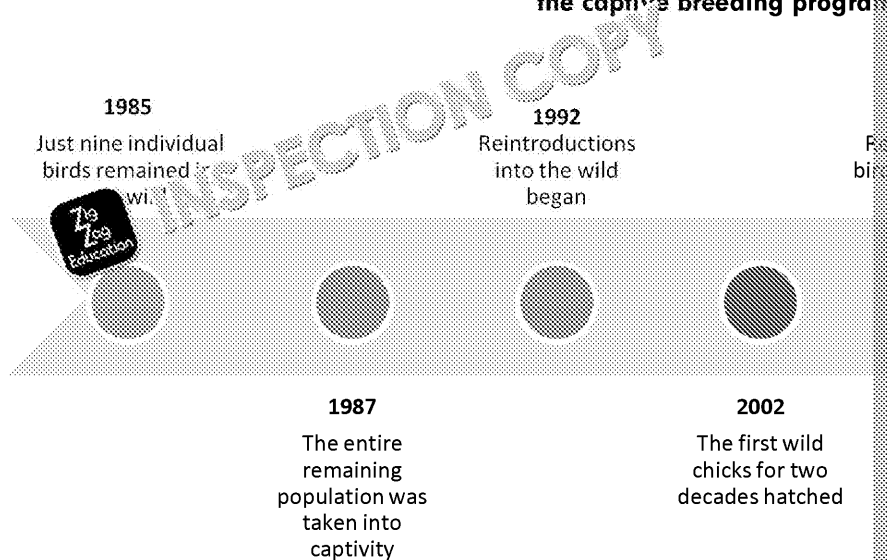
In 2010, studies suggested that only 3,200 tigers remained in the wild.

The Javan rhino, with only two populations existing in the wild, is believed to be the most endangered large mammal on the planet.

Case Study – The California Condor – An Example of a Successful Captive Breeding Programme

The California condor is a large bird that is a member of the vulture family and, like all vultures, it feeds on the remains of dead animals. In the 1980s, it was on the verge of extinction due to habitat loss, lead poisoning, egg collecting and bioaccumulation of pesticides in the food chains. The remaining population was taken into captivity and, thanks to captive breeding efforts, it has now been successfully reintroduced into the wild.

Right: A California Condor being fed by a puppet as part of the captive breeding programme



**COPYRIGHT
PROTECTED**

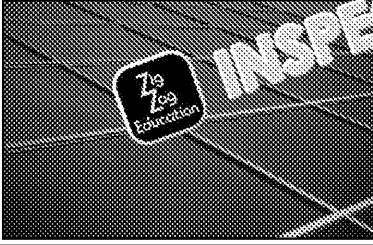
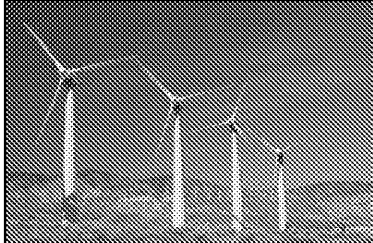


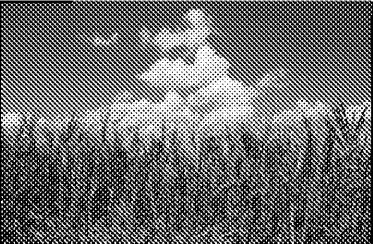


Use of Renewable Resources

The fossil fuels we currently use for energy – oil, coal and natural gas – will not last. They are **non-renewable** energy sources because they will eventually run out.

Renewable energy sources are energy sources that won't run out – for example, solar energy and wave energy.

Ever-increasing and more sophisticated technologies are allowing us to harness the sun. This reduces our reliance on burning polluting fossil fuels for energy. However, each renewable energy source has its own advantages and disadvantages.

Energy source	Advantages	Disadvantages
Solar power 	Solar energy is free and is an unlimited resource.	Weather dependent.
Wind power 	Wind is free. There are few safety risks.	Weather dependent.
Wave power 	Ideal for an island country. Waves are free.	Time consuming to set up.
Hydroelectric power 	Water is free. Creates water reserves as well.	Requires a lot of space.
Biomass 	Cheap. Good way to recycle organic material – we can find waste everywhere.	Weather dependent.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Alternatives to Chemical Fertilisers and Pesticides

Biological Pest Control

Biological pest control is the use of natural enemies to control pests and can be considered an exploitation of a naturally occurring process. It involves the use of predatory insects, wasps or pathogenic nematodes (a type of organism that infects its host with fatal bacterial diseases) to control numbers of pests. An advantage of biological pest control is that it is targeted; biological controls target a narrow range of pests, sometimes a single species. This is far more beneficial for an ecosystem than using a chemical pesticide which kills many species, including those it is not designed to affect. However, the results of biological pest control are not instant – the biological control species may require several weeks to become established and build up sufficient numbers to control the pest population. They can also produce unpredictable and undesirable results – for example, predated a beneficial organism. Species used for biological control include ladybirds to control levels of aphids and dragonflies to control mosquitoes.

Case Study: The Cane Toad – An Example of a Biological Pest Control

The cane toad (*Bufo marinus*) is an amphibian that is native to South America. It was introduced to Australia in 1935 as a biological control for beetles in the sugar-cane industry. However, since its introduction, it has had dramatic negative impacts on biodiversity. This is because it fed not only on the troublesome cane beetles but also on many other insect species too. It also brought foreign disease to native reptiles and is poisonous to many animals which feed upon it, including freshwater crocodiles and domestic pets.



Because this toad has no natural predators in Australia, it has become a pest in itself and scientists are now searching for a biological pest control to reduce numbers of the toad.

This case study illustrates the importance of considering possible effects on biodiversity and biological control into the environment.

Use of Organic Fertilisers



Compost is an organic fertiliser that is commonly used by amateur gardeners.

Organic fertilisers are naturally occurring alternatives derived from organic matter such as manure and compost. Microorganisms in the soil break them down and make nutrients available for the crops to absorb. There are many advantages to using organic fertilisers. The first is that they are a by-product of other processes and do not need to be manufactured like chemical fertilisers, which use fossil fuels. Secondly, enriching the soil with organic matter improves soil structure, prevents erosion and improves its ability to hold water. This prevents the nutrients from being leached away and prevents the contamination of aquatic ecosystems. An advantage of organic fertilisers is that they do not need to be consistently reapplied because they release nutrients at a slower and more steady rate. They also have a complex composition and are more dilute than chemical fertilisers.

COPYRIGHT
PROTECTED



D

Assignment tips: If you are working towards a Distinction in your assignment, use your own knowledge and your own research to describe the various methods and scheme impact upon the ecosystem. You should also be able to evaluate the success of the evidence on whether they have been successful or not. You should also be able to suggest how to improve these methods or how to get more people involved. You could think about how to get more people involved in the methods so far and how effective they have been at reducing our impact on the environment.

Measures to Reduce Our Impact on the Environment Qu

1. Why should we recycle?
2. What is reforestation?
3. Copy and complete the following passage using the words below:

wild
extinct
critically endangered
captive

Many zoos are taking part in _____ programmes in the _____ some species from becoming _____. Many breeding _____ species with the intention of releasing animals _____.

4. What is a renewable energy resource?
5. Give three examples of renewable energy resources and list an advantage of each.
6. List four things that climate scientists predict will happen if we do not protect the environment.
7. What is biological pest control?
8. Give an example of a species that can be used to control numbers of a pest.
9. Name two sources of organic fertiliser.
10. List three advantages of using organic fertiliser as opposed to chemical fertiliser.

Further Your Learning Activities:

1. Write a brief report evaluating the measures taken so far to reduce our impact on the environment and whether they have been successful or not. Mention the methods of recycling. You might like to make suggestions on how to improve current methods, and explain the consequences for humans if our actions to reduce our impact are not successful.
2. Use the Internet to research what green initiatives are active in your local area. Write about them for a local newspaper entitled: 'The benefits of local green initiatives.'

Consider the following points:

- Do you have a local recycling centre?
- What items does your council collect and recycle?
- What does your local supermarket do to reduce waste?

**COPYRIGHT
PROTECTED**



Measures to Reduce Our Impact on the Environment

1. Why should we recycle?

.....
.....
.....
.....

2. What is reforestation?

.....
.....

3. Complete the following passage using the words below:

wild	extinct	critically endangered	captive
------	---------	-----------------------	---------

Many zoos are taking part in _____ programmes in order to _____ some species from becoming _____. Many breeding programmes are used to _____ species with the intention of releasing animals back into the wild.

4. What is a renewable energy resource?

.....
.....

5. Give three examples of renewable energy resources and list an advantage and a disadvantage for each.

Example 1

Advantage

Disadvantage

Example 2

Advantage

Disadvantage

Example 3

Advantage

Disadvantage

INSPECTION COPY

COPYRIGHT
PROTECTED



6. List four things that climate scientists predict will happen if we do not protect the environment.

- 1
- 2
- 3
- 4

7. What is biological pest control?

.....
.....

8. Give an example of a biological pest control that can be used to control numbers of a pest.

.....

9. Name two sources of organic fertiliser.

- 1
- 2

10. List three advantages of using organic fertiliser as opposed to chemical fertiliser.

- 1
- 2
- 3

Further Your Learning Activities:

- 1. Write a brief report evaluating the measures taken so far to reduce our carbon footprint and whether they have been successful or not. Mention the methods of carbon capture. You might like to make suggestions on how to improve current methods of carbon capture, and explain the consequences for humans if our actions to reduce carbon emissions are not successful.
- 2. Use the Internet to research what green initiatives are active in your local area. Write about them for a local newspaper entitled: 'The benefits of local green initiatives.'

Consider the following points:

- Do you have a local recycling centre?
- What items does your local council collect and recycle?
- What does your local supermarket do to reduce waste?

**COPYRIGHT
PROTECTED**



Assignment B: Effects of Human Activity on the Environment and

Learner's name:

Start date:

Deadline:

Date:

Scenario

While studying for your BTEC, you became really interested in environmental issues and joined the Environment Agency as a marine ecologist. Your local forest is a popular visitor attraction through it, but it is very vulnerable to pollution and damage, especially as it is regularly releases waste into the rivers. The local freshwater boating lake has attracted thousands of people for decades, despite the large number of insects that fly over the lake. Recently, your local authority decided to encourage more people to visit the lake and to spray the area around the lake with pesticides to reduce the number of insects. This boosted the number of visitors but unfortunately had an unexpected consequence – the lake has become heavily polluted with additional boats. In addition, the pesticides sprayed by the local authority and visitors are killing the fish and the birds that feed on them. You need to engage visitors and encourage them to do all they can to protect it. In addition, you have been commissioned to study the extent of the pollution in the lake and explain to the directors how the

Tasks

Create a leaflet to distribute to visitors as they arrive at the visitor centre. The leaflet will be used in the presentation to present to the directors.

Task 1: Leaflet for visitors

- Begin by introducing some of the human activities that are damaging the forest. List the human activities that are damaging to the forest in particular, including the pollutants produced by each activity and how the pollutants affect the forest. Go into more detail by describing how each of the pollutants you identify affect the organisms that live in the forest.

Remember to discuss all of the pollutants you have studied in this unit and how they specifically affect forest ecosystems. Remember that the forest ecosystem is not just an addition to terrestrial habitats and contains a wide range of species including

- Then conduct research into a specific forest-damaging activity on the internet and create a graph which demonstrates how the activity is damaging to one of the organisms in the forest. Analyse it and describe what it shows in the leaflet.

Remember to consider all of the habitats in the forest and the possible pollutants that could be next to the forest.

- Conclude by conducting further research to help you explain what impacts the pollutants have on the forest in the future. Consider the forest as a whole, including the different organisms that live in it. Then explain what the future consequences could be for the forest and why it is so important for the visitors to the centre to take action to protect the forest in the present day.

Remember to include the impacts of the pollutants on species survival and the interactions between organisms in the forest.

INSPECTION COPY

COPYRIGHT
PROTECTED



Task 2: Flipchart presentation for the directors

Part 1: Measuring the Pollution

Begin by introducing the methods you used to study the pollution in the non-living indicators you studied to determine the extent of the pollution. Introduce the difference between a living and non-living indicator and state what was measured with each indicator.

You are keen to impress the directors at the meeting so you decide to describe the living and non-living indicators measures and how you used them to measure pollution.

Part 2: How to Reduce the Pollution

You then go on to address how the local authority can act to reduce the pollution. Start by describing the benefits of providing recycling bins next to the lake. Describe the everyday materials that visitors can recycle and take home to reuse. Then describe the benefits of recycling and how it will benefit both the lake ecosystem and the local area. *To help you with this part of the assignment, you could think about the things that you have seen that have a benefit on the environment.*

Inform the directors of the methods they could introduce to reduce the pollution. Describe how these methods would reduce the impact of pollutants both in the lake and the local area, now and in the future. Then introduce the general benefits of recycling and how it could be used to encourage recycling in the area.

Think about how the methods could be used to counteract the impact of human activity referring to the specific pollutants that affect it. When introducing methods to reduce pollution in ecosystems, you might like to refer to similar methods you have seen in your own area that they have had.

In order to give the directors a balanced view of the methods that can be used to reduce pollution in the lake and the local area, you decide to discuss both the advantages and potential disadvantages of the methods.

Remember to discuss the methods used to encourage recycling in the local area and how they can be used to reduce the level of pollution in the lake.

Conclude the presentation by evaluating the success of the methods at reducing pollution. Assess the methods in terms of both the number of people who have taken part and the effects they have had on other ecosystems. Use the information from your notes and from additional research. Then weigh up the pros and cons and suggest improvements to the methods that the directors can use within their authority.

Remember to suggest improvements to methods we are currently using or have seen in your area. Also comment on alternative methods to those already discussed.

INSPECTION COPY



INSPECTION COPY

COPYRIGHT
PROTECTED



Learner's name:	Start Date:
Learner's declaration: I certify that the work submitted for this assignment is my own. I have clearly referred to sources of information and used my own work. I understand that false declaration is a form of malpractice.	
Learner's Signature: _____	Date: _____
Learner's comments for the assessor:	

Teacher's/assessor's name:	
Marking Criteria	
Task:	Learner must:
1 – Leaflet	2B.P4 Describe the impact that different human activities have on ecosystems
	2B.M3 Analyse the effect of pollutants on ecosystems
	2B.D2 Explain the long-term effects of pollutants on living organisms and ecosystems
2 – Flipchart presentation	2B.P5 Describe how living and non-living indicators can be used to measure levels of pollutants
	2B.P6 Describe the different methods used to help reduce the impact of human activities on ecosystems
	2B.M4 Discuss the advantages and disadvantages of methods used to reduce the impact of human activity on ecosystems
	2B.D3 Evaluate the success of methods to reduce the impact of human activity on an ecosystem, for a given scenario
Deadline: _____	
Summative feedback:	
Date assessed: _____	

Internal verifier's name:
Internal verifier's feedback:
Date: _____

If a learner has not met the Level 2 criteria, they can be assessed on the Level 1 criteria:	
1B.4	Identify human activities that affect an ecosystem
1B.5	Identify living and non-living indicators and the type of pollution they measure
1B.6	Describe how recycling and reusing materials can reduce the impact that they have on an ecosystem

**COPYRIGHT
PROTECTED**



Lesson Plan 8: Infectious Diseases

Learning Aims

All students should:	List the different biological factors that affect human health Describe how pathogens affect human health Identify measures that can be taken to prevent and control the spread of infectious diseases Describe two different treatment regimes: one used to prevent disease and one used to treat a disease
Most students should:	Explain how bacteria can become resistant to antibiotics Discuss the advantages and disadvantages of vaccination
Some students should:	Evaluate the use of antibiotics and vaccination programmes and prevention of childhood illnesses

Keywords: Bacteria, viruses, antibiotics, antibiotic resistance, vaccinations

Starter

Class mind mapping exercise on the board – what makes us ill?

Main

1. Go over the starter exercise.
2. Explain how microorganisms (bacteria and viruses) can affect human health and make us ill.
3. Ask students to name some diseases. Help them classify them according to whether they are bacterial or viral.
4. Talk through examples of bacterial and viral diseases in detail – including how they are spread.
5. Introduce the concept of antibiotics as a method for treating disease. Discuss different types of treatment regimes and how misuse can lead to antibiotic resistance.
6. Testing for antibiotic sensitivity. Provide each student with a petri dish. Ask students to create a bacterial lawn by placing a sterile cotton swab on the agar and carefully swabbing the entire area of the agar plate with the swab. Divide the dish into quarters using a permanent marker pen (this is not the lid) and apply three antibiotic discs of different concentrations to the sections. To the fourth section, students should add a sterile cotton swab. Ask students to put on the lid of the dish and attach it to the base using a rubber band. Incubate the dish at 30 °C until the next lesson. Students can then observe the results in their next lesson (assuming that there are 2-3 days between lessons).
7. Talk about methods used for preventing disease including: vaccination, hand hygiene, food safety.
8. Draw students' attention to the information box on historical health care.
9. Ask students to attempt answer Questions 1-9.
10. Ask students to discuss the answers to Questions 1-9 as a class.
11. Ask students to attempt the 'Further Your Learning Activity' and discuss their answers.

Plenary

Quick quiz: Name the...

- type of microorganism that makes us ill by releasing toxins
- type of microorganism that makes us ill by killing our cells when it infects
- first antibiotic to be discovered

INSPECTION COPY

**COPYRIGHT
PROTECTED**

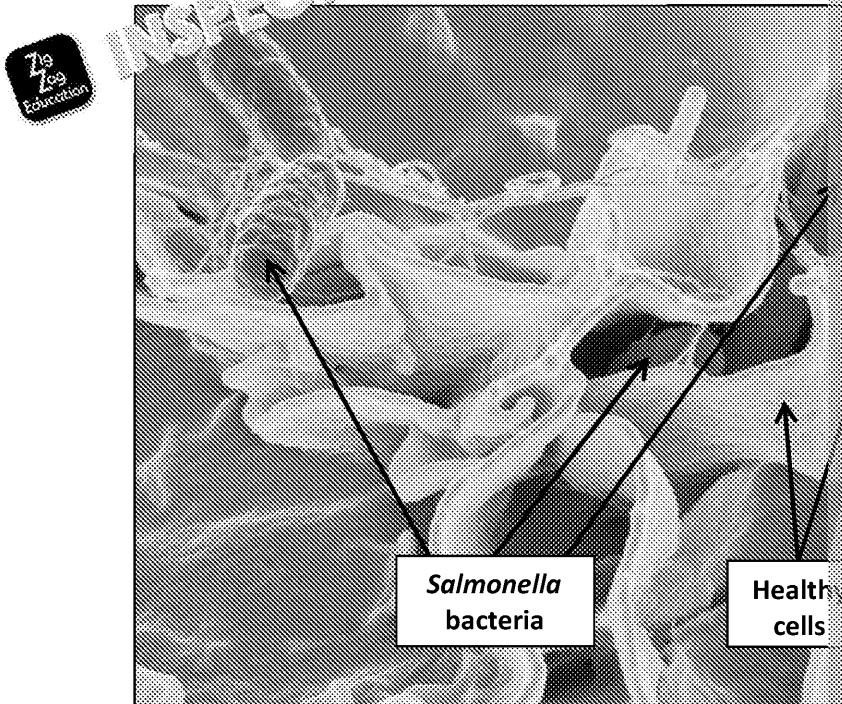


Microorganisms that Cause Disease

A **microorganism** is a very small organism that cannot be seen with the naked eye. A special piece of scientific equipment called a microscope. We will discuss two different types of microorganisms in this lesson – bacteria and viruses. Microorganisms can affect our cells and make us sick. These are referred to as **pathogens**.

Bacteria

Bacteria are microorganisms that can make us ill by producing toxins (poisons) inside our cells. We live in a world surrounded by bacteria. Some of them make us ill – for example, food poisoning – and some of them are good for us, such as the bacteria that live inside our gut.



Salmonella is a type of bacteria that causes food poisoning. This image shows Salmonella bacteria invading health cells.

Tuberculosis (TB) – An Example of an Infectious Bacterial Disease

TB is a contagious bacterial disease that mainly affects the lungs. Symptoms of TB include a persistent cough (a cough that won't go away), weight loss and night sweats. The bacteria are spread through contaminated saliva droplets that are released from the body when someone with TB coughs or sneezes. If left untreated, TB disease can cause significant damage to the lungs and other parts of the body.

INSPECTION COPY

COPYRIGHT
PROTECTED



Viruses

Viruses are microorganisms that make us ill because they infect the living cells of (replicate) inside cells, causing them to burst and die. When cells burst, the virus to travel around the body and infect other cells. The diagram on the following page

Measles – An Example of an Infectious Viral Disease

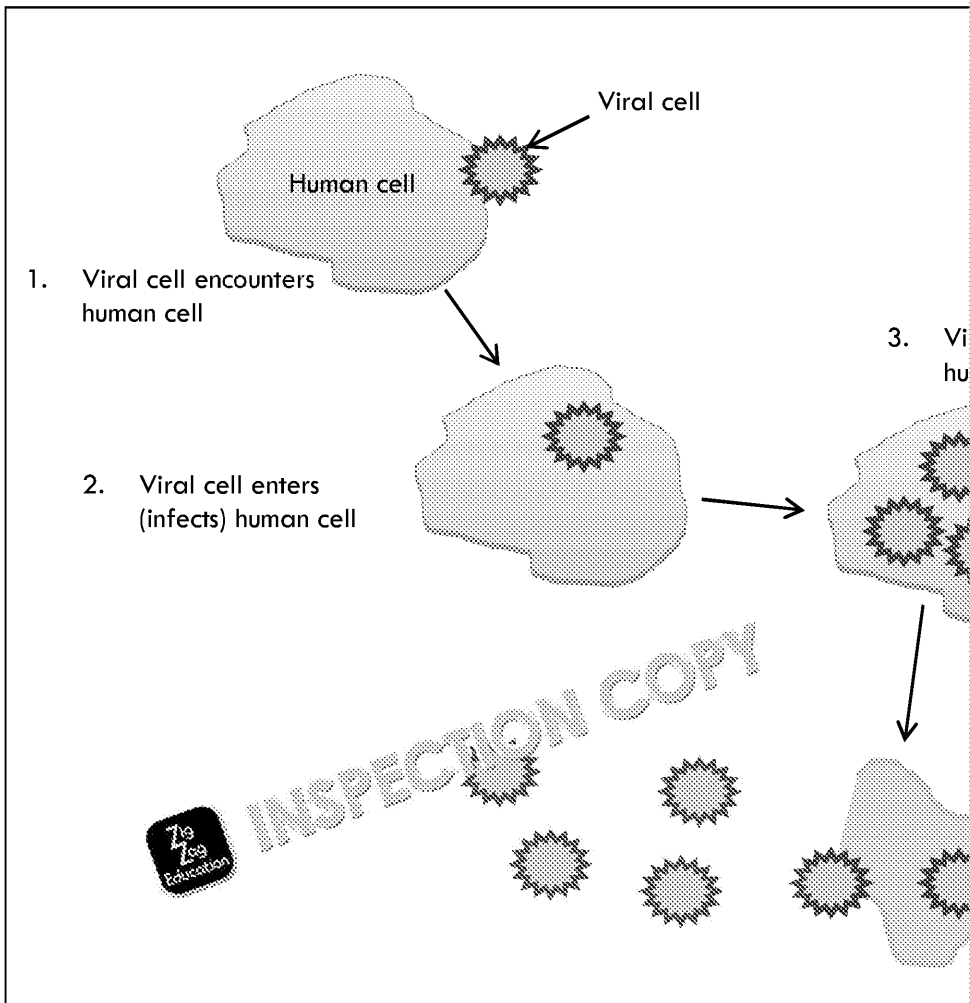
Measles is a highly infectious viral disease that is spread through breathing contact out of the nose and mouth of an infected person. The symptoms include a fever and spotty rash.

Generally, the disease is not treated because the immune system should fight off. However, the disease can be prevented through the use of the MMR (measles, mumps, and rubella) vaccine.

Did you know?

Before widespread vaccination, measles is estimated to have caused approximately 2.6 million deaths worldwide each year. According to the World Health Organisation, the measles vaccine resulted in a 78% reduction in deaths worldwide between 2000 and 2008.

Mechanism of action



COPYRIGHT
PROTECTED

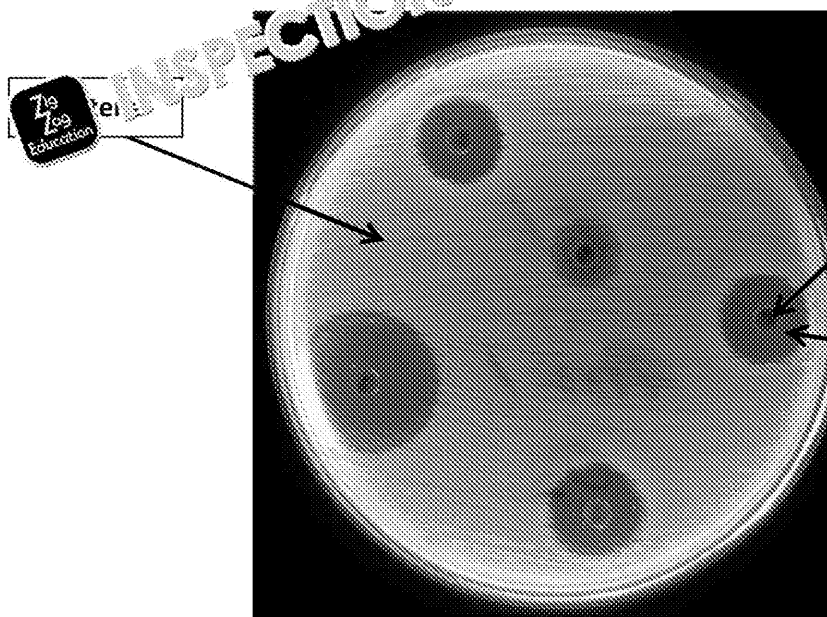


Treating and Preventing Disease

We are fortunate to live in a world where scientific advances have allowed us to prevent diseases caused by microorganisms.

Antibiotics

Antibiotics are drugs used to **treat bacterial infections** (not viral infections). There are many different types of antibiotics, designed for treating infections caused by different types of bacteria. One of the most common antibiotics is a medicine called penicillin. Penicillin is an example of an antibiotic that is used to treat bacterial infections. It was the first antibiotic to be discovered and described for use. Since penicillin was first developed, many other antibiotics have been developed and we can now treat a wide range of bacterial infections.



Antibiotics work by killing bacteria or slowing down their growth. This image shows the action of antibiotics on the bacteria *Staphylococcus aureus*.

Antibiotic Resistance

Antibiotic resistance is a term used to describe a situation where an antibiotic is no longer effective against the bacteria it is designed to treat.

Antibiotic resistance arises for two main reasons: first, the overuse of antibiotics for diseases for which the cause is viral, for which case antibiotics will be ineffective; second, through patients stopping their prescribed course of antibiotics, in other words, ignoring their treatment.

Antibiotic resistance is responsible for the development of 'superbugs' such as *M. Staphylococcus aureus* which are caused by resistant bacteria and very difficult to spread in hospitals where people are more vulnerable to infection and there is more contact between people. For this reason, many superbugs are also known as 'acquired infections'.

Scientists are concerned that, in the future, antibacterial resistance may lead to more deaths from common bacterial infections for which we have no treatment. This would be like going back to the time when many people died from common bacterial infections.

INSPECTION COPY

COPYRIGHT
PROTECTED



Treating and Preventing Childhood Illnesses



A common use of antibiotics is for bacterial infections and sore throats (two of the most common childhood illnesses are caused by bacteria). Antibiotic treatment will be ineffective for viral infections. Some of the most deadly childhood illnesses such as measles and mumps are prevented through vaccination. To prevent these illnesses, the vaccination schedule is followed in the UK.

Age	Vaccines
2 months	<ul style="list-style-type: none"> • DTaP/IPV/Hib (5 in 1) – protects against diphtheria, pertussis (whooping cough), polio and haemophilus • Pneumococcal infection
3 months	<ul style="list-style-type: none"> • DTaP/IPV/Hib 2nd dose • Meningitis C
4 months	<ul style="list-style-type: none"> • DTaP/IPV/Hib 3rd dose • Pneumococcal infection 2nd dose • Meningitis C 2nd dose
12/13 months	<ul style="list-style-type: none"> • Meningitis C 3rd dose • Hib 4th dose • MMR • Pneumococcal infection 3rd dose
3 years and 4 months	<ul style="list-style-type: none"> • MMR 2nd dose • DTaP/IPV (4 in 1 preschool booster)
12–13 years	<ul style="list-style-type: none"> • Cervical cancer (HPV) vaccine
13–18 years	<ul style="list-style-type: none"> • Td/IPV – diphtheria, tetanus and polio booster

Did you know?

In 1998, there was a scare associated with the MMR vaccine when a scientist published a study that the vaccine was linked to autism (a disorder that affects social interaction, communication and behaviour) in children. His findings were later found to be false, but media coverage among parents and many did not have their children vaccinated. This had a dramatic increase in measles cases in subsequent years.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



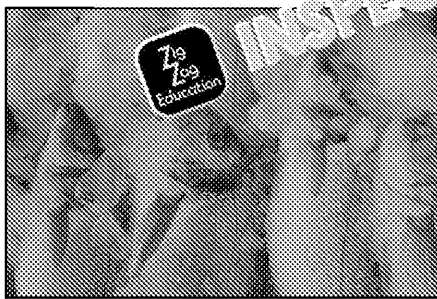
Personal Hygiene

Basic hygiene can also help prevent disease – for example, washing hands after using the toilet and washing hands before preparing or eating food.

Using antibacterial hand gel when visiting hospitals and medical centres helps to prevent the spread of infectious diseases.

Food Safety

Many bacterial infections can be contracted from food that has not been cooked properly. Bacteria can thrive (multiply rapidly) between temperatures of 5 °C and 60 °C.



It is very important that food is stored and cooked correctly

Hot food needs to be cooked to the correct amount of time; this kills any bacteria that are present. Cooked food should be checked with a thermometer (to ensure that its core temperature stays at 70 °C for at least two minutes).

Cold food must be stored at the correct temperature to prevent bacteria from growing on it. For example, chilled food should be stored at temperatures at or below 8 °C and frozen food at -18 °C.

Did you know?

As knowledge of disease increased and antibiotics and vaccines were developed, a number of health campaigns were introduced to raise awareness and help to prevent the spread of infectious disease. For example:

Nineteenth century – public health campaign targeting tuberculosis

1920s – ‘coughs and sneezes spread diseases’

1966 – smallpox eradication campaign

Infectious Diseases Questions

1. What is a microorganism?
2. How do bacteria make us ill?
3. How do viruses make us ill?
4. Give an example of a bacterial infection.
5. Give an example of a viral infection.
6. What can we use to treat bacterial infections?
7. How can we prevent infection?
8. Why is it important to follow an antibiotic treatment regime strictly?
9. What factors can lead to antibiotic resistance?

Further Your Learning Activity: Working in pairs, use the Internet to do your research on the MMR vaccine and write a balanced article on MMR vaccine safety for a local newspaper. Include some secondary data to support your findings.

**COPYRIGHT
PROTECTED**



Infectious Diseases Questions

1. What is a microorganism?

.....
.....

2. How do bacteria make us ill?

.....
.....

3. How do viruses make us ill?

.....
.....

4. Give an example of a bacterial infection.

.....

5. Give an example of a viral infection.

.....

6. What can we use to treat bacterial infections?

.....

7. How can we prevent infection?

.....
.....

8. Why is it important to follow an antibiotic treatment regime strictly?

.....
.....

9. What factors can lead to antibiotic resistance?

.....
.....

Further Your Learning Activity: Working in pairs, use the Internet to do your research on the safety of the MMR vaccine and write a balanced article on MMR vaccine safety covering measles. Include some secondary data to support your findings.

INSPECTION COPY

COPYRIGHT
PROTECTED



Lesson Plan 9: Non-Infectious Dis

Learning Aims











All students should:	List the different social factors that affect human health List some benefits of exercise on health Describe how lifestyle choices can affect human health
-----------------------------	--

Keywords: Smoking, respiratory disease, alcohol, liver disease, recreational activities, skin cancer, diet, deficiency disorders, the benefits of physical activity

Starter

Class discussion: Name some lifestyle choices that are bad for our health.

Main

-  1. Define what a non-infectious disease is.
-  2. Discuss the negative health aspects associated with smoking.
-  3. Discuss the negative health aspects associated with recreational activities. / police forces will bring in samples and give a talk if you book a slot.
-  4. Show students the NHS real stories video: cannabis:
www.nhs.uk/Conditions/Psychosis/Pages/Causes.aspx
-  5. Discuss the negative health aspects associated with alcohol consumption.
-  6. Describe the negative health aspects associated with UV light exposure.
-  7. Discuss the negative health aspects associated with a poor diet.
-  8. Explain how physical activity helps to keep the body healthy.
-  9. Ask students to answer Questions 1–6.
-  10. Go over answers to Questions 1– 6.

Plenary

Name five factors that can lead to the development of a non-infectious disease.

INSPECTION COPY

COPYRIGHT
PROTECTED



Non-Infectious Diseases

A number of non-infectious diseases (diseases that are not caused by a pathogen) are caused by the lifestyle choices we make such as smoking, diet, consuming alcohol and exposing ourselves to too much ultraviolet (UV) light. They can also be caused by

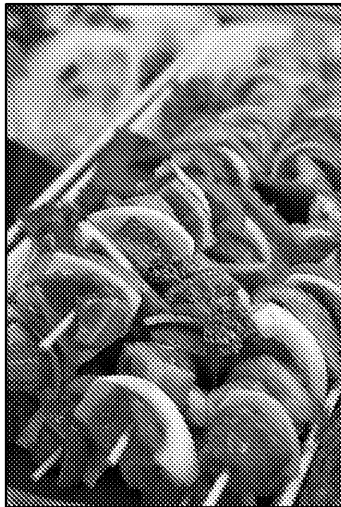
Recreational Drugs and Mental Illness

There is an increasing amount of evidence that links recreational drug use to mental illness. Mood disorders, anxiety disorders and psychotic disorders can all be caused by using drugs such as cocaine, speed and LSD.

Long-term cannabis use can be linked to an early development of psychosis. Psychosis is a condition where a person can't distinguish between reality and their imagination. Current research claims that cannabis users are 40% more likely to suffer from a psychotic illness than non-users.



Inadequate Diet and Deficiency Diseases



Eating a poor diet can result in the body becoming deficient in vitamins and minerals that it needs to function correctly.

Deficiency in the mineral iron leads to a condition called iron deficiency anemia. Iron is an important component of red blood cells, the cells that carry oxygen around the body. Without iron, our blood can't carry as much oxygen, leading to symptoms like breathlessness and lethargy. A person diagnosed with iron deficiency anemia should be advised to include more foods that are rich in iron, which include red meat, poultry, fish, and leafy green vegetables (such as spinach).

Deficiency in vitamin C causes a disease called scurvy, which can lead to muscle and joint pain, tiredness and bleeding/swelling of the gums. Citrus fruits and vegetables are all sources of vitamin C, so the diet should be modified to include lots of these. Supplemental

Smoking Cigarettes and Respiratory Disease

Smokers are more likely to suffer from a number of respiratory diseases (diseases that affect breathing) including lung cancer, chronic obstructive pulmonary disease (COPD), bronchitis, emphysema, pneumonia and asthma.

Smoking affects not only the respiratory system but also the circulatory system. Smoking cigarettes leads to the production of carbon monoxide. Carbon monoxide binds to hemoglobin, preventing oxygen from being transported to organs of the body.

In the long term, smoking leads to high blood pressure, increased heart rate and damage to blood vessels. All of these factors result in an increased risk of stroke and heart attack, both of which can be fatal.

INSPECTION COPY

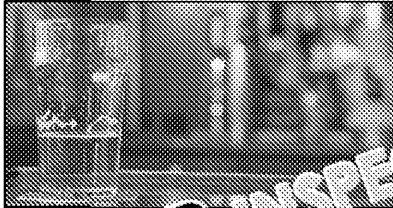
COPYRIGHT
PROTECTED



UV Light and Skin Cancer

Skin cancer is currently the most common form of cancer in the UK. It is caused by long-term exposure to the sun. The ultraviolet rays in sunlight damage the DNA in skin cells. Skin cancer usually presents itself as spots or sores on the skin that do not heal within four weeks. To reduce the risk of developing skin cancer, you should always wear sunscreen when you go out in the Sun and avoid using sun beds.

Alcohol and Liver Disease



Liver disease can be caused by excessive alcohol consumption. Liver disease includes cirrhosis, fatty liver disease, and alcoholic liver disease. Symptoms include fatigue, loss of appetite, nausea, weight loss, and jaundice. Advanced liver disease can result in liver failure.

Poor Air Quality and Asthma

Some scientific studies show that there is a link between poor air quality and asthma. Asthma is a respiratory condition which, when triggered, causes the muscles of the walls of the airways to tighten and become narrower, making breathing difficult and causing wheezing and shortness of breath. Over 80% of people with asthma find air pollution makes their symptoms worse.

Physical Activity Helps to Keep the Body Healthy

Physical activity has many benefits and it can help prevent a number of non-communicable diseases.

Improves Cardiovascular and Respiratory Functions

When we exercise regularly, our heart muscle size increases, making it more efficient at pumping blood around the body. Blood supply to the lungs also becomes more efficient. This, in turn, boosts our energy for carrying out normal activities.

Boosts Mood

Exercise stimulates the release of feel-good chemicals called endorphins from the brain. This leads to an increase in self-esteem and a reduction in stress levels, and it can also aid in the treatment of depression and anxiety-related disorders such as panic attacks.

Reduces the Risk of Certain Diseases

- Slows the process of bone degeneration, which can lead to the disease osteoporosis
- Reduces high blood pressure
- Prevents some types of cancer
- Prevents type 2 diabetes
- Decreases the risk of heart attack and stroke

Controls Weight

Exercise prevents excess weight gain and maintains weight loss by burning off the calories from the food.

**COPYRIGHT
PROTECTED**



Did you know?

The government recommends that adults do at least 30 minutes of moderate activity every day and recommends that children do 60 minutes of activity every day.

Non-Infectious Diseases Questions

1. Link the following non-infectious diseases with their cause:

Skin cancer
Liver disease
Deficiency disease
Mental illness
Respiratory disease
Asthma

Smoking
Poor air quality
Excess UV radiation
Alcohol
Diet
Recreational drugs

2. Name two deficiency diseases and explain their causes.
3. Describe how smoking cigarettes affects human health.
4. Why should we wear sun screen when we are outdoors on sunny days?
5. List four positive benefits of exercise on health.
6. Describe how exercise boosts mood.

INSPECTION COPY



INSPECTION COPY

COPYRIGHT
PROTECTED



Non-Infectious Diseases Questions

1. Link the following non-infectious diseases with their cause:

Skin cancer
Liver disease
Deficiency disease
Mental illness
Respiratory disease
Asthma

Smoking
Poor air quality
Excess alcohol
Alcohol
Diet
Recreation

2. Name two deficiency diseases and explain their causes.

Disease 1

Cause

Disease 2

Cause

3. Describe how smoking cigarettes affects human health.

.....

4. Why should we wear sunscreen when we are outdoors on sunny days?

.....

5. List four positive benefits of exercise on health.

1

2

3

4

6. Describe how exercise boosts mood.

.....

INSPECTION COPY

COPYRIGHT
PROTECTED



INSPECTION COPY

Lesson Plan 10: Inheritance of Disease

Learning Aims

All students should:	List the different inherited factors that affect human health.
Most students should:	Explain the use of pedigree analysis
Some students should:	Evaluate the use of pedigree analysis in the prevention of disease.

Keywords: Genes, chromosomes, alleles, heterozygosity, homozygosity, cystic fibrosis, sickle cell anaemia, Huntington's disease, Punnett squares, pedigree analysis diagrams









Starter

Review of previous lesson. Name a non-infectious disease caused by each of the following choices:

- recreational drug use
- excess UV light exposure
- poor diet
- alcohol consumption
- smoking cigarettes
- poor air quality

(Answers: mental illness; skin cancer; anaemia/scurvy; liver disease; lung emphysema, COPD, pneumonia; asthma)

Main

1.  Review the starter exercise.
2.  Explain inheritance in terms of dominant and recessive alleles.
3.  Investigate some of the genetic traits that exist in the class, for example:
Unattached ear lobes – dominant. Tongue rolling – dominant (70%)
Cleft chin – dominant. Dimples – dominant. Right-handedness – dominant.
4.  Go over examples of Punnett squares.
5.  Go over an example of a pedigree analysis diagram.
6.  Assign students to answer Questions 1– 4.
7.  Go over answers to Questions 1–4 as a class.
8.  Ask students to attempt the 'Further Your Learning Activity'.

Plenary

Write down 10 keywords from today's lesson.

INSPECTION COPY

COPYRIGHT
PROTECTED



Influence of Genes on Human Health

Genetic Diseases

Some diseases are not caused by a pathogen or the consequences of a lifestyle choice but are caused by changes in the genes we receive from our parents.

Genes are sections of **DNA** (DNA is a special chemical that is involved in inheritance). They contain the information needed to make **proteins**. You can think of them like a set of instructions.

Each protein of the human body requires a specific set of instructions to build it. Therefore, each protein requires a specific sequence of DNA.

Sometimes the DNA sequence is changed by a change called a **mutation**. Mutations can change the structure of a protein, which could prevent it from working or they may prevent it from being made at all.

The result of genetic mutations can be a **genetic disease**. Some examples of genetic diseases are sickle cell anaemia and Huntington's disease. These will be discussed later.

You should remember from your unit 1 studies that DNA is split up into sections called chromosomes. Chromosomes are split up into sections called **genes**, which give instructions for characteristics. Each person has two genes for each of their characteristics and if these are different then they are heterozygous. For example, you may possess one allele for brown eye colour and one allele for blue eye colour.

So, why do we only express one eye colour, rather than two? This is explained by the concept of **dominant** or **recessive**, and dominant alleles mask the effect of recessive alleles. For brown eyes, the allele for brown eyes is dominant, and the allele for blue eyes is recessive. So, if you have one dominant allele for brown eyes and one recessive allele for blue eyes, your eyes will be brown. Similarly, if you have two recessive alleles for blue eyes, you will have blue eyes. You will only have blue eyes if you have both of the recessive alleles.

If both of the alleles of a gene are the same we say that the **genotype** (genetic make-up) is **homozygous**; if both alleles of a gene are different we say that the genotype is **heterozygous**.

If we know whether two organisms that mate are homozygous or heterozygous for a particular characteristic, we can predict the alleles that the offspring will inherit and find out the characteristics that they will have.

Using Punnet Squares to Make Genetic Inheritance Predictions

Genetic predictions can be shown using one of two methods: Punnet squares or probability.

The Punnet square below represents a cross between a heterozygous male with brown eyes (Bb) and a homozygous recessive female with blue eyes (bb). Here the dominant allele is represented using 'B' and the recessive allele is represented using 'b'.

		Male	
		B	b
Female	b	Bb	bb
	b	Bb	bb

From the square we can see that there is a 50% chance that the offspring will have brown eyes (Bb) and a 50% chance that the offspring will have blue eyes (bb).

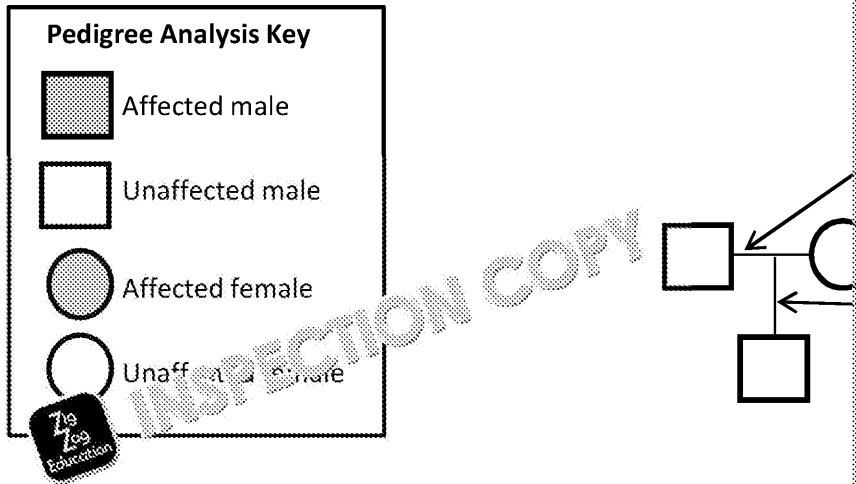
INSPECTION COPY

COPYRIGHT
PROTECTED



Pedigree Analysis

Pedigree analysis is a pictorial version of a Punnet square in the form of a family or male is affected or unaffected by a genetic disease and the chances of their of



Huntington's Disease – Dominant

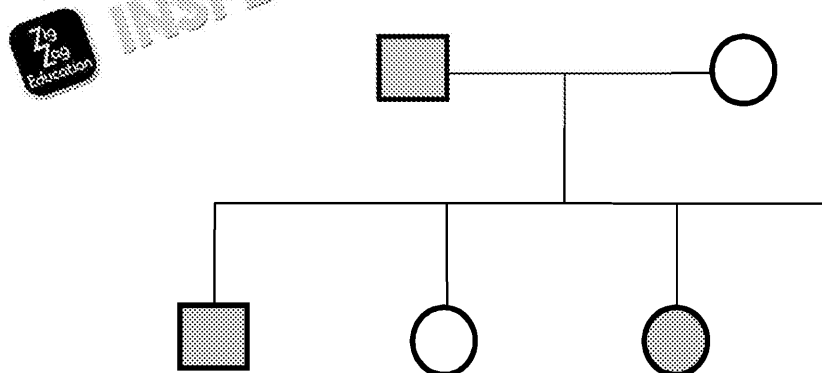
Huntington's disease is a genetic disease that affects the central nervous system cells of the brain to degenerate. Eventually, sufferers lose the ability to walk, talk be caused by a **dominant allele**.

In the Punnet square below, the **dominant allele is denoted as 'H'** the **recessive**

In this example, the father suffers from the disease and is heterozygous dominant suffer from the disease and is homozygous recessive (hh).

		Father	
		H	h
Mother	h	Hh	hh
	h	Hh	hh

Here you can see that the offspring have a 50% chance of inheriting the disease if father was affected by the disease and the mother was not and they had two sons a pedigree analysis for the family would look like this:



**COPYRIGHT
PROTECTED**




Cystic Fibrosis – Recessive

Cystic fibrosis is a genetic disease caused by a **recessive allele**. This means that, as people can be **carriers** of the disease without actually suffering from it themselves.

Cystic fibrosis is a condition diagnosed in childhood in which the sufferer produces thick mucus in the airways and the digestive tract, resulting in breathing difficulties and malabsorption in the gut.

In this example, both parents are heterozygous (Ff) so they are carriers.



		Father	
		F	f
Mother	F	FF	Ff
	f	Ff	ff

Here we can see that the offspring have a 25% (one in four) chance of contracting the disease.

Preventing Childhood Illness Using Pedigree Analysis

Pedigree analysis can be used to determine the risk of having a child with a genetic disorder. The risk of having a child with a genetic disorder may influence the choice of a couple. Pedigree analysis leads to further medical testing as well as genetic counselling. Genetic counselling is a type of support that helps families to cope with the emotional, psychological, social and financial aspects of a genetic disease.

D *Assignment tips: If you are working towards a Distinction in your assignment, you should evaluate the main methods discussed in this part of the unit (vaccination, antibiotics and surgery) and how effective they have been in treating and preventing childhood illnesses. You should also evaluate the methods for their purpose. You could do this by researching historical health care and how successful the methods have been for treating or preventing disease in the past. You should also evaluate the costs and benefits of the methods too, and decide whether the methods should be used. Remember to explain why you came to this judgement in your assignment.*

**COPYRIGHT
PROTECTED**



Inheritance of Disease Questions

1. What is DNA?
2. What do DNA sequences code for?
3. Write down a definition for each of the following words: **genetic mutation** and **heterozygous**.
4. Construct a pedigree analysis diagram to illustrate the cystic fibrosis inheritance to you in the lesson, assuming that the parents have two sons and two daughters, one of whom was affected.

Further Your Learning Activity: Write an article on how genetic disease analysis can be used to prevent the disease. Conduct your research on the internet and then write up the article, including the following points:

- What is cystic fibrosis and what are its symptoms?
- What is genetic analysis and what is it used for?

Then evaluate the use of pedigree analysis in the prevention of cystic fibrosis.

- Is it ethical and right that we can use our scientific knowledge to decide whether to have a child into the world based upon the possibility that it may have a genetic disease?
- What are the negative aspects of living with cystic fibrosis?
- Do the benefits of pedigree analysis outweigh the costs?



INSPECTION COPY

COPYRIGHT
PROTECTED

Inheritance of Disease Questions

1. What is DNA?

.....

2. What do DNA sequences code for?

.....

3. Write down a definition for each of the following words: **genetic mutation** and **heterozygous**.

Genetic mutation

.....

Allele

.....

Homozygous

.....

Heterozygous

.....

4. Construct a pedigree analysis diagram to illustrate the cystic fibrosis inheritance pattern discussed to you in the lesson, assuming that the parents have two sons and two daughters, one of whom was affected.

Further Your Learning Activity Find an article on the genetic disease cystic fibrosis. A pedigree analysis can be used to show how the disease is inherited. Conduct your research on the internet and then write a short article, including the following points:

- What is cystic fibrosis and what are its symptoms?
- What is pedigree analysis and what is it used for?

Then evaluate the use of pedigree analysis in the prevention of cystic fibrosis.

- Is it ethical and right that we can use our scientific knowledge to decide whether to bring a child into the world based upon the possibility that it may have a genetic disease?
- What are the negative aspects of living with cystic fibrosis?
- Do the benefits of pedigree analysis outweigh the costs?

INSPECTION COPY

COPYRIGHT
PROTECTED



Assignment C: Factors that Affect Human Health

Learner's name:

Start date:

Deadline:

Date:

Scenario

You have recently graduated from university with a degree in nursing. While you are very interested in childhood illnesses so you have decided to apply for a nursing position at a children's hospital. The recruitment team were impressed by the enthusiasm you showed in your application so have called you in for an interview. Before your interview, you will be asked to discuss the potential role of antibiotic resistance in global pandemics and to prepare notes on childhood illnesses, which will be asked in three parts.

Task 1

Write an article on the potential role of antibiotic resistance in global pandemics and a set of questions on childhood illnesses, which will be asked in three parts.

For the article on the potential role of antibiotic resistance in global pandemics:

The title of the article is 'Antibiotic resistance – should we be worried?'. Start the article with an introduction to the factors that affect human health, including at least two biological factors, social factors and inherited factors. Finish the article with a conclusion on what it has on the body.

Describe the biological factors you identified in more detail by explaining how they affect the body. Remember to explain this in terms of pathogens and how they act once they enter the body.

Explain how antibiotic resistance arises and how it could potentially cause a global pandemic. Remember to refer to the specific pathogens involved and think about the actions we can take to reduce the likelihood of a pandemic occurring on a personal scale.

Explain how antibiotic resistance arises and how it could potentially cause a global pandemic. Remember to refer to the specific pathogens involved and think about the actions we can take to reduce the likelihood of a pandemic occurring on a personal scale.

For the questions about childhood illnesses:

Prepare the answers that you will give to the following questions when you are asked these down, you could give them in an interview situation, with your teacher or a simulated interviewer.

Part 1: General Treatment Methods

'What are some of the different methods that are used in hospitals to prevent the spread of infections in children?'

To help you answer this question, you should think about the factors you have identified that affect human health and the methods that can be used to prevent or treat them. Remember to include the specific pathogens and the hygiene measures that are taken when providing clinical care in a hospital stay.

'How do these methods work?'

To help you answer this question, you should describe how the methods prevent or treat infections, including the mode of action and how this affects the body. Remember to include one method that is intended to prevent disease and one that is intended to treat disease.

Part 2: Lifestyle Choices

'Why is it important for a child to take regular exercise?'

To help you answer this question, think about the positive effects of exercise on the body and how this can affect a child's health in later life?'

'Why is it important for a child to be taught healthy lifestyle techniques that they can use in later life?'

INSPECTION COPY

COPYRIGHT
PROTECTED



To help you answer this question, think about the effect that unhealthy life health of a child as he or she grows up. Also think about healthy lifestyle ch encourage their child to take part in. Remember to discuss at least four of studied.

Part 3: Medical Techniques

'The hospital has recently implemented a pedigree analysis programme get the job. How does pedigree analysis work and how can it be used?'

To answer this question, explain what pedigree analysis is used for and give analysing the inheritance of genetic diseases. What can pedigree analysis t

'If you get the job, you will be involved in vaccinating children against m are some of the benefits, limitations and potential risks involved in vacci To answer this question, think about the effects that vaccinations have on impress the interviewer by discussing a recent controversy to illustrate one

'How effective have antibiotics, pedigree analysis and vaccination program prevent children from illnesses in the past?'

To answer this question, you should evaluate the effectiveness of the metho have made to children's medicine. Have the methods reduced death rates? effects? Remember to give an example of the use of each method and consi disadvantages too. Then weigh up the evidence you have gathered and use antibiotics, pedigree analysis and vaccinations should continue to be used children. You can find the information you need on the Internet or in your

INSPECTION COPY



INSPECTION COPY

COPYRIGHT
PROTECTED



Learner's name:	Start Date:
Learner's declaration: I certify that the work submitted for this assignment is my own. I have clearly referred to sources of information and acknowledged any help or work. I understand that false declaration is a form of malpractice.	
Learner's Signature:	Date:
Learner's comments for the assessor:	

Teacher's/assessor's name:

Marking Criteria	
Task:	Criteria Learner must:
1	2C.P5 Describe how pathogens affect human health
	2C.P8 Explain how bacteria become resistant to antibiotics
	2C.P9 Describe two different treatment regimes: one used to prevent a disease and one used to treat a disease
	2C.M6 Describe how lifestyle choice can affect human health
	2C.M7 Explain the use of pedigree analysis
	2C.D4 Discuss the advantages and disadvantages of vaccination programmes
	Evaluate the use of antibiotics, pedigree analysis and vaccination programmes in the treatment and prevention of childhood illnesses

Deadline:

Summative feedback:

Date assessed:

Internal verifier's name:

Internal verifier's feedback:

Date:

If a learner has met the Level 2 criteria, they can be assessed on the Level 1 criteria:

1C.7	List the different biological, social and inherited factors that affect human health
1C.8	Identify measures that can be taken to prevent and treat infectious diseases
1C.9	List some benefits of exercise on health

COPYRIGHT PROTECTED



Answers

Lesson Plan 1: Variation and Evolution Questions

- Genetic variation – variation determined by genes you inherit from your parents.
 - Environmental variation – variation determined by the environment.
 - Genetic mutation – change in the base sequence of DNA.
- Variation between individuals is caused by **genetic** or **environmental** variation. A **combination** of both factors. Different eye colours in a population are an example of environmental variation. Variation can also be caused by genetic **mutation**.
- Eye colour – genetic
 - Hair colour – combination
 - Height – combination
 - Weight – combination
 - Dimples in cheeks – genetic
- Characteristics – flightless birds on the ground. Factors – predation by rats and loss of resources, loss of habitat due to human development.
- Genes are the basis for many characteristics, including visible characteristics such as eye colour. These characteristics are caused by genetic variation. Genes are passed on from our parents. Genes also influence factors such as height and weight. These factors are also affected by the environment. Genetic mutations, changes in the DNA sequence, also influence genetic characteristics and increase genetic variation in a population.
- Evolution by natural selection is an interaction between genes and the environment. A population of the same organism will contain lots of genetic variants (organisms with different genes). Variations in genes mean that some of these organisms will be better suited to their surroundings (environment) than others. This consequently means that they will survive and reproduce better than those organisms without the adaptation. The reduced survival rate of organisms without the adaptation can be caused by a number of factors including competition for resources, such as food and shelter. In other words, the environment is 'selecting' those with a specific adaptation that is suited to their current environment. The organisms that are well adapted to their surroundings will survive and reproduce, passing their genes on to their offspring, including the genes that caused the adaptation. This means that the number of well-adapted individuals increases in the population. Over time, this can lead to the formation of an entirely new species. Those individuals without the adaptation will not survive and reproduce, this is known as extinction.

Further Your Learning Activity

Report should mention variation caused by genes, variation caused by environment and how it links variation with environment and likelihood of survival/extinction.

INSPECTION COPY



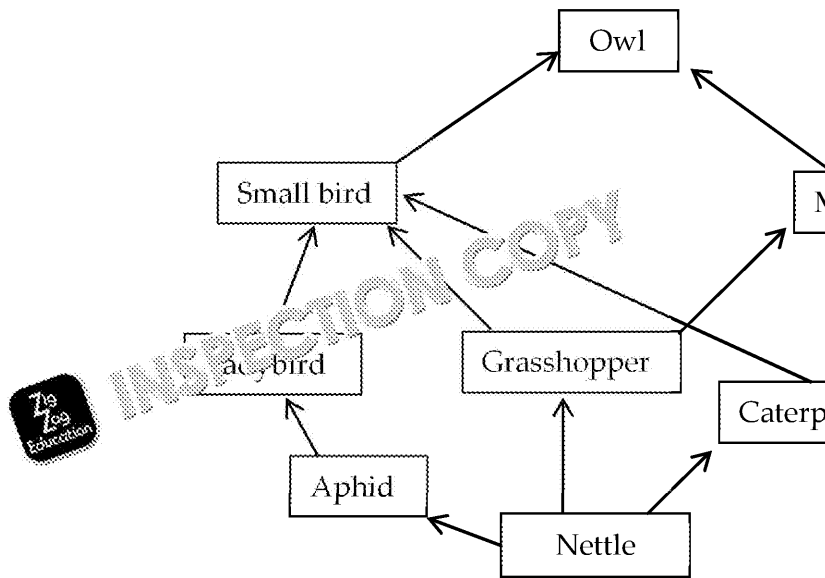
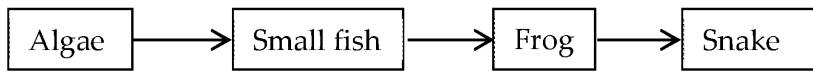
INSPECTION COPY

COPYRIGHT
PROTECTED



Lesson Plan 3: Interdependence of Organisms Questions

- 1.
- 2.



3. Top carnivore – owl. Producer – nettle.
4. **Mutual** relationships are relationships in which **two** species benefit from the relationship.
5. **Parasitic** relationships are relationships in which one organism **benefits** at the expense of the other.
6. Organisms can be classified into one of five kingdoms. These kingdoms influence a food chain. For example, plants belong in a separate kingdom from animals and are always found at the bottom as they are the producers, producing the energy for the chain. Animals are found further up the chain as they are consumers, and carnivores are at the top.
7. Diagrams should stress the following points:
 - Mutual relationship – both organisms benefit from the relationship
 - Parasitic relationship – parasitic organism benefits at the expense of the host

Further Your Learning Activity

Write an article that should comment on predator-prey relationships, mutual relationships and parasitic relationships. Give an example of each and commenting on the factors that affect these relationships.

Lesson Plan 4: Human Activities that Alter Ecosystems Questions

1. An ecosystem is a community of organisms and the habitat they live in.
2. Choose from the following: rainforest, grassland, mountains, desert
3. Biodiversity loss and increased CO₂ levels
4. Methane emissions – cattle and rice production produce methane which is a greenhouse gas.
5. Only eat fruit that is in season in the UK, i.e. eat strawberries in summer, blackberries in autumn. Supermarkets should only sell fruit grown in the UK.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Lesson Plan 5: How Pollutants Affect Ecosystems Questions

1. **Herbicides** are chemicals that kill weeds. **Pesticides** are chemicals that kill other insects. Some of these chemicals build up in the food chain. This is known as **bioaccumulation**.
2. To give their crops extra nutrients that they require to grow
3. By the process of eutrophication. Fertiliser gets into water systems and causes algal blooms. Water plants have too much competition for light, so some die. The number of microorganisms that feed off the dead plants increases. These microorganisms use up the oxygen that is dissolved in the water. This in turn leads to the death of fish and other animals as they do not have access to enough oxygen to survive.
4. A pesticide that was used widely in agriculture between the 1950s and 1970s was DDT.
5. Its use was banned because a number of concerning effects were recognised. DDT bioaccumulation in food chains led to eggshell thinning in birds of prey and it was also toxic to many marine mammals and fish.
6. Used to control numbers of mosquitoes to reduce malaria. Not a good idea due to DDT bioaccumulation. Alternative methods used were bed nets and destroying mosquito breeding sites.
- 7.

Human activity	Pollutants produced	Effects
Farming cattle	Methane	
Growing rice	Methane	
Fertilising soils	Nitrates and phosphates	
Burning fossil fuels	CO, CO ₂ , SO ₂	Global warming
Deforestation	CO ₂	
Using herbicides and pesticides	Toxic chemicals	Bioaccumulation

8. Long-term effects that should be discussed include: use of fertilisers and eutrophication, global warming / climate change, acid rain damage.

Further Your Learning Activities

1. Students should explain how the overuse of chemical fertilisers leads to eutrophication and the damage this causes to aquatic ecosystems. The report should also include secondary effects of fertilisers on ecosystems and an analysis of this data.
2. Students should discuss eutrophication, global warming / climate change and include some data that supports the discussion of at least one of the above topics.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Lesson Plan 6: Indicators of Pollution Questions

1. A bioindicator is a living thing that can be used to help us measure the effect of pollution on the environment.
2. Lichen, algae or freshwater shrimp
3. Sulphur dioxide
4. Lichen populations will decrease
5. Algae and freshwater shrimp
6. Acid rain damage to limestone buildings or dissolved oxygen/nitrate levels of water
7. A chemical reaction takes place when acid reacts with a carbonate. Acid rain reacts with limestone carbonate (calcium carbonate).
- 8.

Indicator	Living or non-living	
Lichen	Living	
Freshwater shrimp	Living	
Limestone buildings	Non-living	
Dissolved oxygen/nitrate levels	Non-living	

Further Your Learning Activity

Presentation should include slides on both living and non-living indicators of pollution: freshwater shrimp / algae; non-living – dissolved oxygen/nitrate concentrations, limestone buildings. Information on the different pollutants they measure.



INSPECTION COPY

**COPYRIGHT
PROTECTED**



Lesson Plan 7: Measures to Reduce Our Impact on the Environment Questions

1. We should recycle because the population is growing, natural resources are filling up. Recycling reduces the energy consumption needed to produce many natural resources; it also reduces the amount of waste that goes to landfill.
2. Reforestation is the process of planting trees in an attempt to reverse the effects of deforestation.
3. Many zoos are taking part in **captive breeding** programmes in the hope that they can prevent species from becoming **extinct**. Many breeding programmes focus on **critically endangered** species in the hope of releasing animals back into the **wild**.
4. A renewable energy resource is an energy source that won't run out.
- 5.

Energy source	Advantages	Disadvantages
Solar power	Solar energy is free and is an unlimited resource.	We can only receive solar energy in daylight. Technology is expensive.
Wind power	Wind is free. There are few safety risks.	Wind turbines are unsightly. They need a lot of energy. Also, the wind doesn't always blow.
Wave power	Waves are free. Only suitable for an island country.	Technology is expensive. Needs a long pipeline from sea to land.
Hydroelectric power	Water is free. Creates water reserves as well.	Requires dam building which can lead to large areas of land being flooded and ecosystems destroyed.
Biomass	Cheap. Good way to recycle organic material – we can find waste everywhere.	We may not have enough land to grow crops. This land could be used for other purposes. Burning of biomass fuels releases greenhouse gases.

6. Rise in sea levels, reduction in crop yields/famine, more natural disasters. Mass extinction.
7. Biological pest control is the use of natural enemies to control numbers of pest species.
8. Ladybird
9. Manure and compost
10. Do not need to be manufactured, improve soil structure and do not need to be transported.

Further Your Learning Activities

1. Report should cover the following points:
 - recycling and reusing materials
 - reforestation and coppicing
 - captive breeding
 - use of renewable energy sources
 - biological pest control
 - use of organic fertilisers
 - suggest ways of improving the above methods or suggest alternative methods
 - explain consequences if nothing is done to reduce impact, e.g. rise in sea levels leading to famine, mass extinction and an increase in frequency of natural disasters
2. Report should cover the following points:
 - an example of a local recycling centre
 - a list of the items that the council collects/recycles
 - the ways that the local supermarket takes to reduce waste
 - the benefits of any local green schemes such as reduction in CO₂ emissions

**COPYRIGHT
PROTECTED**



Lesson Plan 8: Infectious Diseases Questions

1. A microorganism is a very small living thing that can only be seen using a microscope.
2. Bacteria make us ill by producing toxins that poison our cells.
3. Viruses make us ill by replicating inside our cells, causing them eventually to die.
4. Tuberculosis
5. Measles
6. Antibiotics.
7. Infection can be prevented through use of vaccinations, good personal hygiene and good practices regarding food preparation and storage.
8. It is important to follow an antibiotic treatment regime strictly because not doing so can lead to antibiotic resistance.
9. Through overprescription of antibiotics or through patients not completing their course of antibiotics.

Further Your Learning Activity

Article should include information about the MMR vaccine scare and its link to autism. The scare stopped many parents from having their children vaccinated and consequently led to a rise in the number of measles cases. Article should also include the dangers of measles – a highly infectious viral disease that can be prevented through the MMR vaccine. Article should also include some secondary data.



Lesson Plan 9: Non-Infectious Diseases Questions

- | | | |
|---------------------|---|-----------------------|
| 1. Skin cancer | → | Smoking |
| Liver disease | → | Poor air quality |
| Deficiency disease | → | Excess UV light |
| Mental illness | → | Alcohol |
| Respiratory disease | → | Diet |
| Asthma | → | Recreational drug use |
2. Anaemia – caused by lack of iron. Scurvy – caused by vitamin C deficiency.
 3. Smoking cigarettes causes respiratory problems including COPD, lung cancer, pneumonia and asthma.
 4. To protect us from the harmful effects of UV light
 5. Improves cardiovascular and respiratory functions, boosts mood, reduces risk of obesity and weight.
 6. Exercise boosts mood through stimulating the release of 'feel-good' chemicals, leading to a reduction in stress and increase in self-esteem.



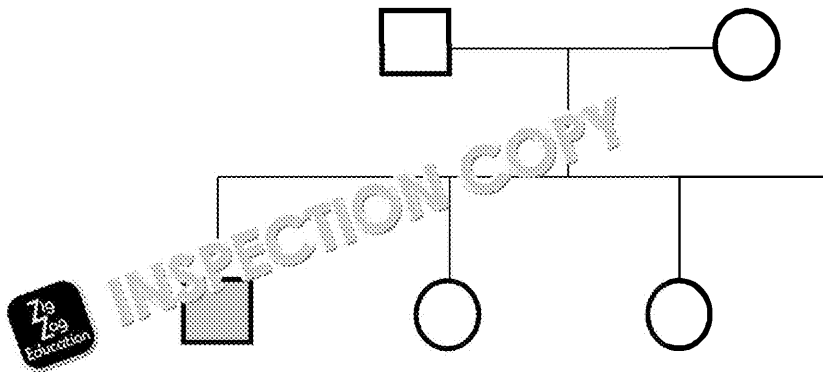
INSPECTION COPY

**COPYRIGHT
PROTECTED**



Lesson Plan 10: Inheritance of Disease Questions

1. A special chemical involved in inheritance
2. Proteins
3. **Genetic mutation** – a change in the base sequence of DNA
Allele – different forms of a gene
Homozygous – describes and organism carrying two of the same alleles of a pair of chromosomes
Heterozygous – describes and organism carrying two different alleles of a pair of chromosomes
4. Pedigree analysis diagram for cystic fibrosis



Further Your Learning Activity

Article should explain what cystic fibrosis is, its causes and symptoms. Article should include an explanation of pedigree analysis and a description of how it can be used to predict the inheritance of a genetic disorder. Article should consider the ethical issues associated with this technique – for example, is it ethical to use genetic knowledge to decide whether or not to bring a child into the world based upon the risk of a genetic disorder? They should then balance this argument with the negative aspects of genetic testing to form the main part of their evaluation.

INSPECTION COPY

INSPECTION COPY

COPYRIGHT
PROTECTED

