



# **End-of-Topic A4 Quick-Mark Homeworks**

for GCSE AQA Combined Science

*Biology Topics 1–4*

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# Teacher's Introduction

These End-of-Topic Quick-Mark Homeworks are designed to test and consolidate students' knowledge of the **AQA GCSE (9–1) Combined Science** course, **Biology Topics 1–4**.

The first half of the Biology course is split into 12 topics, each covered by at least 40 questions, for a total of over 570 questions.

## Remember!

Always check the exam board website for new information, including changes to the specification and sample assessment material.

The questions increase in difficulty across each homework, with an extension section at the bottom of each homework. The **Fundamentals** section on each homework is targeted at students aiming for grade 4–5. The **Challenge** section is targeted at students aiming for grade 6. The **Extension** section is targeted at students aiming for grade 7 and above. All Higher-tier-only content is in the extension section, so the main body of the homework is suitable for students completing Foundation-tier exams.

All of the topics are in the same order as in the specification.

Maths questions and some shorter-answer questions may contain working or explanation that is not required in the answer so that students can more easily understand and follow difficult answers.

The homeworks are intended to be used at the end of each topic, but they can also be used at the end of the course to aid revision. Alternatively, you may choose to use them as tests in class or for students to work through by themselves or in pairs to test their understanding of the course material.

The first set of fundamentals questions for each homework are presented at the back of the pack for use with weaker students who may struggle with the full homework. These can be cut down the middle to use one test at a time or test two topics at a time.

Answers are presented at the back of the resource, enabling students to check their answers, or teachers to mark students' work, quickly and easily.

I hope you find this resource useful in your teaching.

April 2025

## Specification Reference Table

Homework	Title	Specification Reference
1	Cell Structure	4.1.1
2	Cell Division	4.1.2
3	Transport	4.1.3
4	Digestion and Enzymes	4.2.1–4.2.2.1
5	Heart, Blood Vessels, CHD	4.2.2.2–4.2.2.4
6	Non-communicable Diseases and Health Issues	4.2.2.5–4.2.2.7
7	Plant Tissues, Organs and Disease	4.2.3
8	Infectious Disease	4.3.1.1–4.3.1.5
9	Human Defence and Vaccination	4.3.1.6–4.3.1.7
10	Drugs and Drug Discovery	4.3.1.8–4.3.1.9
11	Photosynthesis	4.4.1
12	Respiration	4.4.2

# Topic 1 — Cell Structure

## Fundamentals

1. Which organisms contain chloroplasts?
2. Inside which cell structure does aerobic respiration take place?
3. Name the structure that contains the genetic material in plant and animal cells.
4. Name the structure that controls what enters and leaves the cell.
5. Where does photosynthesis take place in plant cells?
6. Which cells do not have a nucleus but have a ring of DNA instead?
7. Name a structure in plant cells which contains cellulose.
8. Which cell types have a complex cell structure including a nucleus?
9. Name the structures inside bacteria which contain DNA, apart from the main ring of DNA.
10. Which cell types do not have mitochondria?
11. What do the ribosomes make?
12. Which cell types have ribosomes?
13. Explain how a plant cell differs from an animal cell.
14. Why is cellulose important for plant cells?
15. How are root hair cells adapted for absorption?
16. How is a sperm cell adapted for fertilising an egg?

1. Name the structure of energy from light.
2. Name the pigment that absorbs light.
3. In what form is DNA in a prokaryotic cell?
4. Which cells have a cell wall?
5. Which cell types have large central vacuoles, and what is their function?
6. Which cell types have a large central vacuole?
7. How is magnification calculated?
8. Name the smallest structures visible in a light micrograph.
9. Name the cells responsible for the absorption of water and minerals.
10. Why are electron microscopes used instead of light microscopes?
11. What is 0.002 mm in micrometres ( $\mu\text{m}$ )?
12. Explain why a light micrograph has a lower resolution than an electron micrograph.
13. Explain how nerve impulses are transmitted rapidly.
14. How are muscle cells adapted for contraction?
15. Why are xylem vessels adapted for transport?
16. Why doesn't a sperm cell have a large central vacuole like a plant cell?

## Extension

1. Name the structures in plants which are responsible for the translocation of sugars.
2. A specimen is  $5\text{ }\mu\text{m}$  wide; calculate the image width in mm if the magnification is  $\times 200$ .
3. What is the real width of an onion cell at  $\times 100$ , in  $\mu\text{m}$ , if the image is  $6.9\text{ mm}$  wide?
4. A chloroplast is  $0.0022\text{ mm}$  long. Write this in standard form.
5. What is  $0.005\text{ mm}$  in micrometres ( $\mu\text{m}$ )?
6. Name the structures which can transfer DNA from one bacterial cell to another.
7. Where in a muscle cell would energy be released from for contraction?
8. Where in a pancreatic cell would the hormone insulin be made?
9. What type of energy beam is used in powerful modern microscopes?
10. What is known as the two points of a chromosome?
11. By which process are root hair cells formed?
12. Name the cells in a root hair cell.
13. Explain why a root hair cell must be very long.
14. Why is electron microscopy used instead of light microscopy?
15. Why must a specimen be stained for electron microscopy?
16. Explain how a light micrograph is formed.
17. Why do light micrographs have a lower resolution than electron micrographs?
18. Why would a root hair cell not be able to absorb water if it had a large central vacuole?

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## Topic 2 — Cell Division

### Fundamentals

1. Name the X-shaped structures which contain DNA.
2. What is one complete cell division called?
3. Starting with one cell, how many cells will there be after two cell cycles?
4. What is the name for cell division where body cells divide to produce new cells?
5. Name the tissue where stem cells are found in humans.
6. Name the cells found in bone marrow which produce blood cells.
7. Where are stem cells found in plants?
8. Name the part of plants where growth occurs.
9. Name one advantage of using stem cells from yourself to repair part of your body.
10. Where are genes found?
11. What is the name for a large group of bacteria which came from one cell?
12. What is differentiation?
13. What is a clone?
14. Explain what happens before a cell can divide by mitosis.

1. What are the two types of mitosis?
2. Which important structures are found in a cell divides?
3. Which stem cells are found in humans?
4. Body cells have how many chromosomes?
5. Where would you find stem cells in plants?
6. Which type of stem cells are found in plants?
7. What is the name of the tissue which can form all the other tissues in the body?
8. Name the undifferentiated cells which can form many different types of cells.
9. Name the drugs which can cause cancer.
10. Why are chromosomes important in the process of mitosis?
11. What is the meaning of the word 'clone'?
12. What happens to the chromosomes when they are lined up at the cell plate?
13. How are chromosomes separated during mitosis?

### Extension

1. What do chromosomes look like in a non-dividing cell?
2. What does DNA look like in a cell undergoing mitosis?
3. Genetically, how do the daughter cells produced during mitosis compare to the parent cell?
4. By which process would a damaged human liver repair itself?
5. How many chromosomes are present in a human gamete?
6. Why is it important for DNA to replicate during the cell cycle?
7. How could scientists produce insulin-producing cells for treating diabetes?
8. Which type of cells are found in the meristematic tissue of a plant?
9. Name a cell which is found in the meristematic tissue of a plant.
10. What happens to the cells in the meristematic tissue of a plant?
11. Name two stem cells found in the meristematic tissue of a plant.
12. What are the two types of stem cells found in the meristematic tissue of a plant?
13. Give an application of stem cells from meristematic tissue.

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# Topic 3 — Transport

## Fundamentals

1. Name the process by which a plant cell gains water from the soil.
2. Which process causes perfume molecules to spread through the air?
3. By which process do we absorb sugar (sucrose) across the walls of the small intestine?
4. Name the structures found in plant roots which absorb mineral ions.
5. Name the blood vessels which enter the blood in the lungs.
6. If the surface area increases, what happens to the rate of diffusion?
7. Name the only molecule which can move by osmosis.
8. Name the waste product which is removed from the blood by the kidneys.
9. Which process requires energy to move substances from low to high concentration?
10. Name the structures found in fish gills which increase the surface area of the gills.
11. If the temperature is increased, what happens to the rate of diffusion?
12. Where in the human body are the alveoli found?
13. What is diffusion?
14. What is active transport?
15. How are plant roots adapted for absorption of water?
16. Explain how the leaves are adapted for gas exchange.
17. What happens to a red blood cell if it is placed into pure water?
18. How is the villus adapted for efficient absorption?

1. Name the process by which mineral ions from the soil are absorbed by plant roots.
2. Name the process by which water moves from the soil into the plant roots.
3. Name the process by which glucose moves from the small intestine into the blood.
4. Calculate the surface area to volume ratio of a cell with a surface area of 2 cm<sup>2</sup> and a volume of 2 cm<sup>3</sup>.
5. Which cell structure is involved in active transport?
6. Name the process by which water moves from the soil into the plant roots.
7. What is the effect of increasing the rate of diffusion?
8. Name one feature of a fish gill which increases the rate of diffusion.
9. Name the structures found in fish gills which increase the surface area of the gills.
10. Which phrase describes the movement of some substances across a cell membrane?
11. How are fish gills adapted for efficient diffusion?
12. What is a countercurrent exchange system?
13. Why does a thin layer of water increase the rate of absorption than a thick layer?
14. Why do fish gills have a countercurrent exchange system?
15. Why does a villus have a large surface area?
16. Explain how a root hair is adapted for efficient absorption.

## Extension

1. What happens to plant cells when they are placed into pure water?
2. Calculate the surface area to volume ratio of a cell with a surface area of 10 cm<sup>2</sup> and a volume of 1.5 cm<sup>3</sup>.
3. Name the process whereby water molecules move from a higher to a lower water potential.
4. What is the percentage increase if the starting mass is 25 g and the mass at the end is 45 g?
5. Name the independent variable for the potato chip osmosis experiment.
6. Name the process that occurs when a drop of ink is placed in water and the ink particles spread out.
7. Which definition defines an organism consisting of many cells?
8. Name the process whereby amino acids are absorbed into the blood from the small intestine.
9. Why can a single-celled organism obtain all of its oxygen through its surface?
10. Which calculation for the potato chip osmosis experiment?
11. Where does gas exchange occur in a leaf's surface?
12. Name the process by which water moves across the villi.
13. How is the alveolus adapted for efficient diffusion?
14. Why can't root hairs absorb water from the soil by diffusion?
15. In a fish gill, blood flows in the opposite direction to water. How does this increase the rate of diffusion?
16. Explain the difference between active transport and osmosis.
17. Why would an inhibitor be used to prevent a cell from taking up minerals?
18. Explain why unicellular organisms do not have lungs.

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## Topic 4 — Digestion and Enzymes

### Fundamentals

1. What is the name for a group of cells which are working together to do the same job?
2. What is the name for a group of tissues working together to do the same job?
3. Name the organ system responsible for the breakdown and absorption of food.
4. Name the enzyme which breaks down lipids.
5. Name the enzyme which breaks down proteins.
6. Which organ releases hydrochloric acid?
7. Which organ produces bile?
8. Name a gland which produces amylase.
9. Name the reagent used to test for sugars.
10. Name the product formed when proteins are broken down by protease.
11. Which piece of laboratory equipment is used to control temperature?
12. What is the pH inside the stomach?
13. What is the name for the best pH an enzyme works at?
14. Describe how you would test for protein in a sample.
15. Describe the test for starch.
16. Describe the function of the digestive tissues.
17. What are the two main functions of the small intestine?
18. What are the functions of the enzymes?

1. Name the type of tissue found in the gut which secretes enzymes and hormones.
2. Name the organ which produces both amylase and protease.
3. A food gives positive results for both Benedict's and biuret reagents. Which food groups are present?
4. Name the enzyme which breaks down hydrogen peroxide.
5. What is the name given to a solution which maintains the same level?
6. Where would glycerol and fatty acids be found in high concentration in the digestive system?
7. Where would amino acids be found in high concentration in the digestive system?
8. Calculate the rate if time taken for amylase to break down all the starch is 60 seconds.
9. What term is used to describe the change in shape of an active site due to bonds breaking?
10. Enzymes are made up of many amino acids joined together.
11. Lipids are bonded together by covalent bonds.
12. Describe the function of the enzyme amylase.
13. Why does the pH of the stomach not protect it from the enzymes?
14. Explain why the pH of the stomach is not a problem for digestion.
15. Why does the pH of the stomach not protect it from the enzymes?
16. Why can a very small enzyme break down a very large molecule?
17. How does a very small enzyme break down a very large molecule?

### Extension

1. Name the type of tissue found in the gut which secretes enzymes and hormones.
2. Name the organ which produces both amylase and protease.
3. A food gives positive results for both Benedict's and biuret reagents. Which food groups are present?
4. Name the enzyme which breaks down hydrogen peroxide.
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16. Why can a very small enzyme break down a very large molecule?
17. How does a very small enzyme break down a very large molecule?

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# Topic 5 — Heart, Blood Vessels

## Fundamentals

- Which type of cell carries oxygen around the body?
- Name the microscopic air sacs found in the lungs.
- Name the organ system responsible for pumping blood around the body.
- Which are the smaller chambers of the heart?
- Name the largest blood vessel which carries blood away from the heart.
- Name the artery which, if blocked, can cause a heart attack.
- Which type of blood vessels carry blood back to the heart?
- Which vein sends blood from the body back to the heart?
- Which artery sends blood to the body from the heart?
- How many chambers does the heart have?
- How many ventricles does the human heart have?
- Which drugs can lower levels of cholesterol in the blood?
- Why would some people not want to take statins?
- How do valves work?
- How are red blood cells adapted for their function?
- How are alveoli adapted for their function?
- How do heart valves become damaged?
- What is the coronary artery to become narrow?

- Name the cell for blood clotting.
- Which vein returns blood to the lungs?
- Which artery takes blood to the lungs?
- Name the blood vessel with the thickest walls.
- Name the cells which carry oxygen.
- If the resting heart rate is 70 bpm, after exercise it is 140 bpm, what is the percentage increase?
- Which chamber of the heart is the largest?
- What sort of tissue is the heart muscle made from?
- If 1200 ml of blood is pumped out of the heart in 30 seconds, what is the flow rate in ml/min?
- Which gas is at a higher concentration in veins than in arteries?
- Which blood vessel carries blood from the heart to the body?
- Name the process of clotting the blood.
- Why does the heart have valves?
- How do stents in the heart work?
- Why is the blood in the arteries oxygenated?
- How are capillaries adapted for gas exchange?
- Explain why an athlete's heart is better than a human heart.

## Extension

- Name the artery which supplies oxygen to the heart muscle.
- Name the only vein which carries oxygenated blood.
- If the heartbeat is irregular and changes from minute to minute, which part of the heart is not functioning properly?
- Where is the natural heart pacemaker located?
- Which blood vessels have thick muscular walls?
- What is the rate of blood flow if 105 ml of blood flows through an artery in 45 ml/min?
- Give a risk factor for coronary heart disease.
- Name the liquid part of blood.
- If the heart rate is 105 bpm, and after resting it is 85 bpm, what is the percentage decrease (to 2 sf)?
- Name the process of blood clotting.
- Name the artery which carries blood from the heart to the lungs.
- Explain what is meant by the term 'heart failure'.
- Why is blood in the arteries oxygenated?
- Explain why the heart has valves.
- Explain how the heart pumps blood.
- How are lung capillaries adapted for gas exchange?
- What is the difference between the systemic and pulmonary circulation?

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## Topic 6 — Non-communicable Diseases and

### Fundamentals

1. Name a factor which could contribute to an unhealthy lifestyle.
2. What is a tumour?
3. Name an example of a non-communicable disease.
4. Name an organ affected by cardiovascular disease.
5. Name an organ damaged by drinking too much alcohol.
6. Which blood vessel can become blocked, leading to a heart attack?
7. Name a substance found in food which may lead to the narrowing of arteries.
8. Name a treatment for heart failure.
9. Name a drug used to help prevent heart attacks.
10. Name a disease linked to the use of sunbeds.
11. Cancer is the uncontrolled growth of what?
12. Explain how a stent works.
13. Explain what is meant by the phrase 'non-communicable disease'.
14. Explain what is meant by a risk factor.
15. Explain an advantage of using a mechanical heart.
16. What is a communicable disease?
17. Explain a disadvantage of a stent operation.

1. What is meant by a risk factor?
2. What is cancer?
3. Which type of cell is involved in cancer?
4. Name a drug which is used to treat heart disease.
5. Name a side effect of statins.
6. Which blood vessel is affected in heart disease?
7. Which substances are blocked by statins?
8. Name the good fat found in food.
9. Which important nutrient is lost in heart disease?
10. Name a risk factor for heart disease.
11. Name a risk factor for cancer.
12. What is the difference between a mechanical valve and a biological valve?
13. Explain a risk factor for heart disease.
14. Why would a heart attack be dangerous?
15. Explain why using a mechanical heart is dangerous.
16. Why have cancer rates increased?
17. Explain how cancer spreads.

### Extension

1. Which non-communicable disease causes symptoms including excessive thirst, hunger and fatigue?
2. Which type of tumour is localised and contained within a membrane?
3. Which type of cholesterol is bad for you?
4. Name two substances delivered to heart muscle by the coronary arteries.
5. Name an effect of chronic alcoholism on the body.
6. Name two risk factors for type 2 diabetes.
7. Name the process leading to a blood clot.
8. Name an example of a carcinogen.
9. Name an effect of a heart attack.
10. By which organ system are hormones transported to other parts of the body?
11. Name a virus which causes cancer.
12. How do diabetes and heart disease affect the body?
13. Explain the advantage of a stent.
14. Explain why the heart is dangerous if an artery is blocked.
15. How do coronary arteries supply the heart?
16. Explain why malignant cancer is more dangerous than benign cancer.

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# Topic 7 — Plant Tissues, Organs and

## Fundamentals

1. Name the plant tissue which transports water and ions.
2. Name the plant tissue which transports sugars.
3. Name the plant organ where photosynthesis takes place.
4. Where do translocation take place?
5. Name the plant organ which absorbs nitrate ions.
6. From which plant organ does evaporation of water take place?
7. Where are sugars translocated from?
8. Name the small pores in a leaf where gas exchange takes place.
9. Name a mineral ion needed for making proteins in plants.
10. What effect does increased temperature have on the rate of transpiration?
11. What is transpiration?
12. Describe the structure of xylem.
13. What is the job of guard cells in leaves?
14. Why do plants close their stomata at night?
15. What is translocation?
16. How do plants absorb mineral ions by active transport?

## Ch

1. Name the plant tissue which transports water and ions.
2. Name the plant tissue which transports most chloroplasts.
3. Name the cells which control the opening and closing of stomata.
4. What is the name for the process of transpiration in the plant and out of the leaf?
5. Guard cells are found in the epidermis of a plant leaf?
6. Name the plant virus which causes mosaic disease on the leaves.
7. What effect does increased temperature have on the rate of transpiration?
8. Name the mineral ion needed for making proteins in plants.
9. Name the tissue found in the epidermis of a plant leaf?
10. Name the outer covering of a plant leaf which prevents water loss.
11. Which tissue consists of cells with thick walls?
12. Why don't plants grow in the shade?
13. How could you measure the rate of transpiration?
14. How are palisade cells adapted for photosynthesis?
15. Why do plants which live in dry areas have a slower rate of transpiration than plants which live in wet areas?
16. How are guard cells adapted to control the opening and closing of stomata?
17. Describe the structure of a leaf.

## Extension

1. Name the plant tissue which transports sucrose.
2. Name the plant organ where potassium ions are absorbed.
3. Name a mineral ion found in plant fertiliser.
4. Name the waterproof substance found on the upper surface of leaves.
5. Which plant cells have a thicker cell wall on one side of the cell?
6. Which tissue type is found on the surface of organs in both plants and animals?
7. How does increased airflow affect the rate of transpiration?
8. What colour do plants turn if magnesium ions are deficient in the soil?
9. How does increased temperature affect the rate of transpiration?
10. Name the plant tissue which transports water and ions.
11. Explain how increased temperature affects the rate of transpiration.
12. Explain why decreased humidity affects the rate of transpiration.
13. How do guard cells control the opening and closing of stomata?
14. Why do plants which live in dry areas have a slower rate of transpiration than plants which live in wet areas?
15. How is xylem adapted for transport of water and ions?
16. Explain why plants which live in dry areas have a slower rate of transpiration than plants which live in wet areas.

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# Topic 8 — Infectious Disease

## Fundamentals

1. What is the name for a microorganism which can cause a disease?
2. How can the influenza virus spread from one person to another?
3. Which virus can cause AIDS?
4. Name a bacterium that can cause food poisoning.
5. How have diseases like measles been controlled in the UK?
6. What is the name of a dead or weakened form of a pathogen used to protect us?
7. Which of these pathogens has the smallest size – bacterium, virus or fungus?
8. Name one symptom of malaria.
9. Name one symptom of measles.
10. What is damaged by HIV, leading to infections?
11. Explain how an infectious disease could be spread.
12. Explain how mosquitoes spread malaria.
13. Explain how mosquito nets prevent malaria.
14. Why is hand-washing important for our health?
15. Why is vaccination important?

1. Name an example of a disease.
2. Name the symptoms of a disease, such as cough and fever, and explain how they are caused.
3. What do bacteria cause?
4. Name a virus that causes disease.
5. Name a viral disease.
6. Name the two main ways in which mosquitoes spread malaria.
7. Which bacterium causes food poisoning?
8. How is HIV transmitted?
9. Name one way in which a person can become infected by HIV.
10. Explain how a disease can be transmitted from one person to another.
11. Name a disease that is caused by a bacterium.
12. Explain how a disease can be spread by a vector.
13. Explain how a disease can be spread by direct contact.
14. Explain how a disease can be spread by the air.
15. Explain how a disease can be spread by water.

## Extension

1. Name a disease that is caused by a fungus.
2. Which treatment would be given for a plant fungal disease?
3. Name the disease which is sexually transmitted and can be treated with antibiotics.
4. Name a disease of tomatoes which is caused by a virus.
5. Which system of the body is attacked by HIV?
6. Name a fungal disease of humans caused by direct contact.
7. How can someone become infected with salmonella?
8. Name the vector for malaria.
9. What is a disease that is caused by a virus?
10. Which kingdom do viruses belong to?
11. Which sexually transmitted disease can be treated with antibiotics?
12. Explain how the spread of a disease can be controlled.
13. How do viruses damage the body?
14. Why is it becoming more difficult to treat gonorrhoea?
15. Explain how vaccination can prevent food poisoning.
16. Explain how bacteria can cause disease.

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## Topic 9 — Human Defence and Vaccination

### Fundamentals

- Which part of the body prevents the entry of pathogens?
- Name the substance in the trachea which traps pathogens.
- Which system of the body defends against pathogens?
- Which cells detect against pathogens?
- Name the proteins released by the body which combine with antigens.
- Name the marker found on pathogens which stimulates an immune response.
- MMR protects people against measles, mumps and which other disease?
- What does a vaccine consist of?
- Which type of blood cell release antibodies?
- Which word is used to describe an outbreak of a disease?
- What do we call a programme that immunises people against diseases?
- What is immunity?
- Explain how the stomach protects the body from disease.
- Apart from being a barrier, how do the skin provide protection against pathogens?
- How does the nose prevent the entry of pathogens?
- What is a possible problem with vaccination?

### Challenge

- Name the substance which kills bacteria.
- Name a structure which defends the body.
- What do white blood cells do with antigens?
- Name the substance which kills a pathogen which stimulates an immune response.
- What is the process by which white blood cells engulf bacteria?
- Which cells of the immune system remember a pathogen?
- Name an illness which causes vomiting and diarrhoea.
- Name a disease which can be prevented by vaccination.
- Which plant disease can develop on the leaves of a plant?
- Which type of molecule is an antigen?
- What do vaccinations do?
- Explain how skin protects the body from disease.
- Explain an advantage of having a vaccine.
- Explain how white blood cells protect the body from disease.
- Explain what happens when a white blood cell engulfs a pathogen.
- Explain what it means to be vaccinated against a particular disease.
- How do antitoxins work?

### Extension

- What happens to bacteria which have been brought up by cilia and mucus?
- Name the organ of the digestive system which protects against pathogens.
- Which hostile environmental condition can destroy pathogens?
- Which type of white blood cell synthesises antibodies?
- Which cells are left in the body after a first encounter with an antigen?
- How are most vaccines administered?
- Name for a large outbreak of influenza across several countries.
- Which process destroys a pathogen during phagocytosis?
- Which word describes an allergic reaction?
- Which word describes an antigen which binds to an antibody?
- Explain how a vaccine stimulates an immune response.
- How does the secondary immune response differ from the first?
- Explain how vaccination protects the unvaccinated.
- Why are most vaccines given to children?
- Why do antibodies bind to antigens?
- Why do antibodies cause a positive biuret test?

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## Topic 10 — Drugs and Drug Disc

### Fundamentals

1. Name the drugs which give pain relief.
2. What type of drug is penicillin?
3. Which word describes bacteria that cannot be killed by an antibiotic?
4. Which drugs can kill bacteria?
5. Name the serious bacterial infection which cannot be treated by an antibiotic.
6. Name the drug used to reduce a fever.
7. Name the type of pathogen which causes a sore throat which cannot be treated with antibiotics.
8. What is the name given to the sugar pill given to the control group in a drug trial?
9. What do we call the testing carried out on a drug to determine its safety and efficacy?
10. What would drugs be tested on before they are used for animal testing?
11. What does 'double-blind' mean?
12. Explain why painkillers do not cure diseases.
13. Explain why antibiotics will not treat viral illnesses.
14. What does efficacy mean?
15. What is a clinical trial used for?
16. What is meant by drug dosage?

1. What are the drugs known as?
2. Name the type of drug that makes antibodies.
3. Name a common drug.
4. Which heart drug is a foxglove plant?
5. Name an antibiotic product of penicillin.
6. From which plant is penicillin made from?
7. Which type of drug is used by antibiotics?
8. Explain what a drug trial is.
9. What is meant by efficacy?
10. Why must results be peer reviewed?
11. Why are antibiotics so dangerous?
12. Why would drugs be tested on animals?

### Extension

1. Name the process whereby the DNA base sequence is altered.
2. Which phrase describes a patient feeling better although they were given a sugar pill?
3. What are drugs tested on before they are administered to animals or people?
4. State two types of people that would be used at the clinical stage of drug testing.
5. When bacteria mutate and they cannot be killed by an antibiotic, they have developed this.
6. Which process involves other scientists checking your results and conclusions, prior to publication?
7. State two factors that could lead to a drug trial.
8. Under what conditions are clinical trials carried out?
9. How does the body respond to a drug?
10. How can doctors use the results of drug trials?
11. How do viruses develop resistance to antiviral drugs?
12. Why are viruses so dangerous?

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# Topic 11 — Photosynthesis

## Fundamentals

1. Which green pigment found in plants can trap light energy?
2. Which sugar is produced in photosynthesis?
3. Name the gas given off during photosynthesis.
4. Name a reactant of photosynthesis which is a gas.
5. What does low light intensity have on the rate of photosynthesis?
6. What effect does increasing the temperature have on the rate of photosynthesis?
7. Name the large molecule which is the stored form of energy in plants.
8. Name the large molecule found in plant cell walls.
9. Where does most of the photosynthesis take place in a plant?
10. In which cells does photosynthesis take place?
11. Which cell parts contain chlorophyll?
12. How would you measure the gas given off in photosynthesis?
13. How would you test for starch formed in photosynthesis?
14. Fruits contain sugars. How would you test for the presence of sugar in a fruit?
15. Explain why sugars formed in photosynthesis are moved to the roots.
16. What would sugars be needed for in the roots of a plant?

1. What is the name of the process of photosynthesis?
2. What is the role of light in photosynthesis?
3. Which aquatic plant is used in the pondweed photosynthesis experiment?
4. What is the test for glucose?
5. Where do plants store energy?
6. Through which structures do plants obtain carbon dioxide?
7. What colour does iodine turn when tested with iodine?
8. Which part of the plant stores energy?
9. Where does the energy for photosynthesis come from?
10. Limiting factors are light intensity and what else?
11. Photosynthesis converts light energy into what type of energy?
12. How would you measure the rate of photosynthesis in an investigation?
13. How can temperature affect the rate of photosynthesis?
14. Explain why high temperatures can reduce the rate of photosynthesis.
15. Why is plant growth affected by low light intensity?
16. Explain why starch is a good storage molecule for plants.
17. How does a plant transport sugars?

## Extension

1. What type of chemical reaction is photosynthesis?
2. How many carbon atoms does a glucose molecule have?
3. Which energy-releasing process uses the glucose formed in photosynthesis?
4. In the pondweed photosynthesis experiment, which substance provides carbon dioxide?
5. Cellulose is made from which important sugar?
6. How is the heat from the lamp controlled in the pondweed photosynthesis experiment?
7. When calculating the rate of photosynthesis, which two factors would you measure?
8. Which molecules are denatured at high temperatures, limiting plant growth?
9. If light intensity is the independent variable, name two control variables.
10. Calculate the light intensity from the pondweed experiment.
11. Plants convert carbon dioxide into glucose. Name the mineral ion used in this process.
12. Plants deprived of carbon dioxide die. Explain why.
13. How would you measure the rate of photosynthesis to determine which factor is limiting?
14. Explain how a grower can increase crop yield.
15. Explain how you can measure the rate of photosynthesis using carbon dioxide and temperature.
16. Explain how you can measure the rate of photosynthesis using light intensity and temperature.
17. How are distance and time related in an inverse square law?

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# Topic 12 – Respiration

## Fundamentals

1. Which cells carry out respiration?
2. Name the life process which releases energy.
3. Name the gas given off during respiration.
4. Which gas is needed for respiration?
5. What does anaerobic mean?
6. What does aerobic mean?
7. Which product of anaerobic respiration causes muscle fatigue?
8. Respiration involves the breakdown of which substance?
9. What does respiration release apart from carbon dioxide and water?
10. Which animals need energy to maintain a constant body temperature?
11. Explain why breathing rate needs to go up during exercise.
12. Explain what is meant by breathing rate.
13. Explain why muscles need respiration.
14. Explain what is meant by metabolism.
15. Explain why the rate of respiration increases during exercise.
16. Explain why aerobic respiration is better than anaerobic respiration.

## Extension

1. Which type of chemical reaction is respiration?
2. What is released in an exothermic reaction?
3. Name the storage molecule which is broken down to release glucose in the liver.
4. Why is a layer of liquid paraffin used in yeast fermentation experiments?
5. Cells involved in active transport contain large numbers of which cell structures?
6. If one reactant in respiration is oxygen, name the other.
7. Which small molecules are built into proteins using energy from respiration?
8. How would the rate of respiration be measured in a yeast fermentation experiment?
9. What gas causes bread to rise?
10. What is the chemical equation for aerobic respiration?
11. Name the anaerobic products of yeast fermentation in bread and beer.
12. Plant roots grow in soil. Write the equation for the breakdown of glucose to carbon dioxide and water.
13. How would you measure the rate of respiration by taking pulse rate?
14. Why does anaerobic respiration release much less energy than aerobic respiration?
15. Explain how the rate of respiration changes after exercise.
16. Why do birds have a high metabolic rate?
17. Why does the rate of respiration change, even at rest?

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# Fundamentals Tests

## Topic 1 — Cell Structure

- 1 Which organisms contain chloroplasts?
- 2 Inside which cell structure does aerobic respiration take place?
- 3 Name the structure that contains genetic material in plant and animal cells.
- 4 Name the structure through which what enters and leaves a cell.
- 5 Where does photosynthesis take place in plant cells?
- 6 Which organisms do not have a nucleus but have a ring of DNA instead?
- 7 Name a structure in plant cells which contains cellulose.
- 8 Which cell types have a complex cell structure including a nucleus?
- 9 Name the structures inside bacteria which contain DNA, apart from the main one.
- 10 Which cell types do not have mitochondria?
- 11 What do the ribosomes make?
- 12 Which cell types have ribosomes?
- 13 Explain how a plant cell differs from an animal cell.
- 14 Why is cellulose important for plant cells?
- 15 How are root hair cells adapted for absorption?
- 16 How is a sperm cell adapted for fertilising an egg?

## Topic 2 — Cell Division

- 1 Name the structures which contain DNA.
- 2 What is the complete cell division called?
- 3 Starting with one cell, how many cells will there be after two cell cycles?
- 4 What is the name for cell division where body cells divide to produce new cells?
- 5 Name a location where stem cells are found in humans.
- 6 Name the cells found in bone marrow which produce blood cells.
- 7 Where are stem cells found in plants?
- 8 Name the part of plants where growth occurs.
- 9 Name one advantage of using stem cells from yourself to repair part of your body.
- 10 Where are genes found?
- 11 What is the name for a large group of bacteria which came from one cell?
- 12 What is differentiation?
- 13 What is a clone?
- 14 Explain what happens when a cell can divide by mitosis.

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### Topic 3 — Transport

- 1 Name the process by which a plant cell gains water from the soil.
- 2 Which process causes perfume molecules to spread through the air?
- 3 By which process do we absorb sugar (glucose) across the walls of the small intestine?
- 4 Name the structures found in plant roots which absorb mineral ions.
- 5 Name the gas which enters the blood in the lungs.
- 6 If the surface area increases, what happens to the rate of diffusion?
- 7 Name the only molecule which can move by osmosis.
- 8 Name the waste product which is removed from the blood by the kidneys.
- 9 Which process requires energy to move substances from low to high concentration?
- 10 Name the structures found in fish gills which increase the surface area of the gills.
- 11 If the temperature is increased, what happens to the rate of diffusion?
- 12 Where in the human body are the alveoli found?
- 13 What is diffusion?
- 14 What is active transport?
- 15 How are plant roots adapted for the absorption of water?
- 16 Explain how the alveoli are adapted for gas exchange.
- 17 What happens to a red blood cell if it is placed into pure water?
- 18 How is the villus adapted for efficient absorption?

### Topic 4 — Digestion and Enzymes

- 1 What is the name for a group of cells which are working together to do the same function?
- 2 What is the name for a group of tissues working together to do the same function?
- 3 Name the organ system responsible for the breakdown and absorption of food.
- 4 Name the enzyme which breaks down lipids (fats).
- 5 Name the enzyme which breaks down proteins.
- 6 Which organ releases hydrochloric acid?
- 7 Which organ produces bile?
- 8 Name a gland which produces amylase.
- 9 Name the reagent used to test for sugars.
- 10 Name the product formed when proteins are broken down by protease.
- 11 Which piece of laboratory equipment is used to control temperature?
- 12 What is the pH inside the stomach?
- 13 What is the name for the best pH an enzyme works at?
- 14 Describe how you would test for protein in a sample.
- 15 Describe the test for starch.
- 16 Describe the function of glandular tissues.
- 17 What are the two main functions of the small intestine?
- 18 What are enzymes?

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## Topic 5 — Heart, blood vessels, CH

- 1 Which type of cell carries oxygen around the body?
- 2 Name the microscopic air sacs found in the lungs.
- 3 Name the organ system responsible for pumping blood around the body.
- 4 Which are the smaller chambers of the heart?
- 5 Name the type of blood vessel which carries blood away from the heart.
- 6 Name the artery which if blocked can cause a heart attack.
- 7 Which type of blood vessels carry blood back to the heart?
- 8 Which blood vessels send blood from the body back to the heart?
- 9 Which artery sends blood to the body from the heart?
- 10 How many chambers does the heart have?
- 11 How many ventricles does the human heart have?
- 12 Which drugs can lower levels of cholesterol in the blood?
- 13 Why would some people not want to take statins?
- 14 How do valves work?
- 15 How are red blood cells adapted for their function?
- 16 How are alveoli adapted to their function?
- 17 How can heart valves become damaged?
- 18 What causes the coronary artery to become narrow?

## Topic 6 — Non-Communicable Diseases and H

- 1 Name a factor which could contribute to an unhealthy lifestyle.
- 2 What is a tumour?
- 3 Name an example of a non-communicable disease.
- 4 Name an organ affected by cardiovascular disease.
- 5 Name an organ damaged by drinking too much alcohol.
- 6 Which artery can become blocked, leading to a heart attack?
- 7 Name a substance found in food which may lead to the narrowing of arteries.
- 8 Name a treatment for heart failure.
- 9 Name a drug used to help prevent heart attacks.
- 10 Name a disease linked to the use of sunbeds.
- 11 Cancer is the uncontrolled growth of what?
- 12 Explain how a stent works.
- 13 Explain what is meant by the phrase 'non-communicable disease'.
- 14 Explain what is meant by a risk factor.
- 15 Explain an advantage of using a mechanical heart.
- 16 What is a non-communicable disease?
- 17 Explain a disadvantage of a stent operation.

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## Topic 7 — Plant Tissues, Organs and Diseases

- 1 Name the plant tissue which transports water and ions.
- 2 Name the plant tissue which transports sugars.
- 3 Name the plant organ where photosynthesis takes place.
- 4 Where does translocation take place?
- 5 Name the plant organ which absorbs mineral ions.
- 6 From which plant organ does transpiration of water take place?
- 7 Where are sugars translocated from?
- 8 Name the small pores in a leaf where gas exchange takes place.
- 9 Name a mineral ion needed for making proteins in plants.
- 10 What effect does increased temperature have on the rate of transpiration?
- 11 What is transpiration?
- 12 Describe the structure of xylem.
- 13 What is the job of guard cells in leaves?
- 14 Why do plants close their stomata at night?
- 15 What is translocation?
- 16 How do plants avoid being eaten by animals?

## Topic 8 — Infectious Disease

- 1 What is the name for a microorganism which can cause a disease?
- 2 How can the influenza virus spread from one person to another?
- 3 Which virus causes AIDS?
- 4 Name a bacterium that can cause food poisoning.
- 5 How has the disease measles been controlled in the UK?
- 6 What is the name of a dead or weakened form of a pathogen used to protect?
- 7 Which of these pathogens has the smallest size – bacterium, virus or fungus?
- 8 Name one symptom of malaria.
- 9 Name one symptom of measles.
- 10 What is damaged by HIV, leading to infections?
- 11 Explain how an infectious disease could be spread.
- 12 Explain how mosquitoes spread malaria.
- 13 Explain how mosquito nets prevent malaria.
- 14 Why is hand-washing important for our health?
- 15 Why is vaccination important?

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## Topic 9 — Human Defence and Vaccination

- 1 Which part of the body prevents the entry of pathogens?
- 2 Name the substance in the trachea which traps pathogens.
- 3 Which system of the body defends against pathogens?
- 4 Which blood cells protect against pathogens?
- 5 Name the proteins released by the body which combine with antigens.
- 6 Name the marker found on pathogen cells which stimulates an immune response.
- 7 MMR protects the body against measles, mumps and which other disease?
- 8 What do vaccines consist of?
- 9 Which type of blood cell release antibodies?
- 10 Which word is used to describe an outbreak of a disease?
- 11 What do we call a programme that immunises people against diseases?
- 12 What is immunity?
- 13 Explain how the stomach protects the body from disease.
- 14 Apart from being a barrier, how does the skin provide protection against pathogens?
- 15 How does the nose prevent the entry of pathogens?
- 16 What is a possible problem with vaccination?

## Topic 10 — Drugs and Drug Development

- 1 Name the drugs which give pain relief.
- 2 What type of drug is penicillin?
- 3 Which word describes bacteria that cannot be killed by an antibiotic?
- 4 Which drugs can kill bacteria?
- 5 Name the serious bacterial infection which cannot be treated by any antibiotic.
- 6 Name a drug used to reduce a fever.
- 7 Name the type of pathogen which causes a sore throat which cannot be treated by antibiotics.
- 8 What is the name given to the sugar pill given to the control group in a drug trial?
- 9 What do we call the testing carried out on a drug to determine its safety?
- 10 What would drugs be tested on before they are used for animal testing?
- 11 What does 'double-blind' mean?
- 12 Explain why painkillers do not cure diseases.
- 13 Explain why antibiotics will not treat viral illnesses.
- 14 What does efficacy mean?
- 15 What is a clinical trial used for?
- 16 What is meant by drug usage?

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## Topic 11 — Photosynthesis

- 1 Which green pigment found in plants can trap light energy?
- 2 Which sugar is produced in photosynthesis?
- 3 Name the gas given off during photosynthesis.
- 4 Name a reactant of photosynthesis which is a gas.
- 5 What effect does low light intensity have on the rate of photosynthesis?
- 6 What effect does increasing the temperature have on the rate of photosynthesis?
- 7 Name the large molecule which is the stored form of energy in plants.
- 8 Name the large molecule found in plant cell walls.
- 9 Where does most of the photosynthesis take place in a plant?
- 10 In which cells does photosynthesis take place?
- 11 Which cell parts contain chlorophyll?
- 12 How would you measure the gas given off in photosynthesis?
- 13 How would you test for starch formed in photosynthesis?
- 14 Fruits contain sugars. How would you test for the presence of sugars in fruit?
- 15 Explain how sugars formed in photosynthesis are moved to the roots.
- 16 What would sugars be needed for in the roots of a plant?

## Topic 12 — Respiration

- 1 Which cells carry out respiration?
- 2 Name the life process which releases energy.
- 3 Name the gas given off during respiration.
- 4 What is needed for respiration?
- 5 What does anaerobic mean?
- 6 What does aerobic mean?
- 7 Which product of anaerobic respiration causes muscle fatigue?
- 8 Respiration involves the breakdown of which substance?
- 9 What does respiration release apart from carbon dioxide and water?
- 10 Which animals need energy to maintain a constant body temperature?
- 11 Explain why breathing rate needs to go up during exercise.
- 12 Explain what is meant by breathing rate.
- 13 Explain why muscles need respiration.
- 14 Explain what is meant by metabolism.
- 15 Explain why the rate of respiration increases during exercise.
- 16 Explain why aerobic respiration is better than anaerobic respiration.

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# Answers

## Topic 1 — Cell Structure

### Fundamentals

1. Plants
2. Mitochondrion/mitochondria
3. Nucleus
4. Cell membrane
5. Chloroplasts
6. Bacteria/prokaryotes
7. Cell wall
8. Eukaryotes
9. Plasmids
10. Prokaryotes/bacteria
11. Protein
12. Eukaryotes and prokaryotes
13. A plant cell has a cell wall / a permanent vacuole / chloroplasts for photosynthesis – an animal cell does not
14. Cellulose is very strong, forms cell walls and provides support for the cell
15. They have a large surface area / many mitochondria
16. A sperm cell has a tail for swimming / mitochondria for energy / contains digestive enzymes to break down the outer layer of the egg

### Challenge

1. Mitochondrion/mitochondria
2. Chlorophyll
3. Circle/ring of DNA / chloroplast
4. Prokaryotes/bacteria
5. Eukaryotes
6. Eukaryotes
7. Image size divided by real size
8. Ribosome
9. Root hair (cells)
10. Increased magnification / increased resolution
11.  $2 \times 10^{-3}$
12. An electron microscope uses electrons, which have a shorter wavelength
13. Nerve cells have long processes with many connections to other cells
14. Muscle cells have many mitochondria to supply energy
15. Xylem cells are hollow to allow fluids/water and ions to flow through them
16. So there is more space for oxygen inside the cell

### Extension

1. Phloem
2.  $5 \times 200 = 1,000 \mu\text{m}$
3.  $6.9 \text{ mm divided by } 1000 = 6.9 \times 10^{-3} \text{ mm}$
4.  $2.2 \times 10^{-3} \text{ mm}$
5.  $0.005 \times 1000 = 5 \text{ mm}$
6. Plasmids
7. Mitochondrion/mitochondria
8. Ribosome / endoplasmic reticulum
9. Electron beam
10. Resolution / resolving power
11. Active transport
12. Osmosis
13. So that light rays can pass through the eye
14. Many structures are small, so light energy, as the wavelength is high. Electrons have a shorter wavelength, meaning they can see smaller structures. Higher magnification means higher resolution, meaning they can see smaller structures.
15. DNA is invisible/cannot be seen with a light microscope
16. Phloem are long, thin cells with cytoplasm. Sugars move through the cytoplasm from one cell to the next for transport. Mitochondria provide energy for this process.
17. Resolution is limited by the wavelength of the light used.
18. Onion cell structure is different from animal cells. The nucleus and other organelles can be distinguished.

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## Topic 2 — Cell Division

### Fundamentals

1. Chromosomes
2. Cell cycle
3. 4
4. Mitosis
5. Embryo, bone marrow
6. Stem cells
7. Meristem, shoot tip, root tip
8. Meristem
9. No rejection / they are genetically identical to you
10. On chromosomes
11. Colony
12. Process by which a cell changes and becomes specialised for its job
13. A cell / an organism which is genetically identical to another
14. Chromosomes must copy themselves / DNA must be replicated / chromosomes become visible and cell structures are copied

### Challenge

1. Daughter cells
2. DNA
3. Bone marrow
4. Two
5. Meristem, shoot tip, root tip
6. Embryonic stem cells
7. Meristem
8. Stem cells
9. Antibiotics
10. Identical chromatids / 4 / on an arm on the X shape
11. Average / taken for one cell to divide into two cells
12. Chromosomes (chromatids) separate and move to opposite ends of the cell
13. They are attached to (spindle) fibres which pull the chromosomes (chromatids) to opposite ends of the cell

### Extension

1. Spread out throughout in chromosomes
2. Coiled up / condensed
3. They are identical
4. Mitosis
5. 23
6. So that when cells divide the correct number of chromosomes is maintained
7. Use embryonic stem cells
8. Therapeutic cloning
9. Blood cell
10. Chromosomes must copy themselves / DNA must be replicated / cell growth / structures (such as nucleus, mitochondria, etc.) are copied
11. Ribosomes, mitochondria, etc.
12. Clones can be produced / used to preserve rare breeds / select clones which are disease-resistant
13. To protect rare species / disease-resistant clones

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## Topic 3 — Transport

### Fundamentals

1. Osmosis
2. Diffusion
3. Active transport / facilitated diffusion
4. Root hair cells
5. Oxygen
6. Increases
7. Water
8. Urea
9. Active transport
10. Gill filaments/gill lamellae
11. Increases / moves faster / speeds up
12. Lungs
13. The spreading out of particles in a solution or a gas, which results in a net movement from an area of higher concentration to an area of lower concentration
14. The movement of substances against the concentration gradient / from an area of low concentration to an area of high concentration using energy/ATP
15. The roots have root hairs to increase the surface area for osmosis
16. Alveoli have thin walls, a large surface area and an efficient blood supply
17. It takes up water by osmosis and will burst
18. It has a thin surface, a large surface area, and an efficient blood supply

### Challenge

1. Active transport
2. Osmosis
3. Diffusion
4.  $6/2 = 3$ , so the surface area to volume ratio = 3:1
5. Mitochondrion/mitochondria
6. Osmosis
7. Rate of diffusion increases
8. They are thin/flat
9. Stoma/stomata
10. Partially permeable
11. Gills have a large surface area / thin surface / rich blood supply
12. A current in which one liquid flows in the opposite direction to another
13. A thin surface has a short diffusion distance/pathway
14. To maintain a concentration gradient for oxygen along the length of the gill
15. A dense capillary network means there is a steep concentration gradient, so absorption is faster
16. Active transport using energy from ATP from respiration

### Extension

1. They take in / absorb
2.  $10/1.5 = 6.67$ , so the surface area to volume ratio = 6.67:1 or 1:0.15
3. Osmosis
4.  $45 - 25 = 20$ ; percentage increase = 80 % increase
5. Concentration of
6. Diffusion
7. Multicellular
8. Active transport
9. It has a large surface area
10. Percentage change
11. Stomata
12. Respiration
13. Thin walls so a short diffusion distance; a rich blood supply; concentration gradient
14. Because the concentration is higher than in the root hair cells
15. Blood flowing in the capillaries maintains the concentration gradient
16. Diffusion does not require energy; osmosis and active transport are involved
17. The inhibitor would stop the active transport and active transport
18. Unicellular organisms have a large surface area to volume ratio to meet their requirements by diffusion

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# Topic 4 — Digestion and Enzymes

## Fundamentals

1. Tissue
2. Organ
3. Digestive system
4. Lipase
5. Protease
6. Stomach
7. Liver
8. Salivary gland / pancreas
9. Benedict's
10. Amino acids
11. Water bath / electric heater
12. 2
13. Optimum
14. Add biuret reagent – if colour changes from blue to purple, protein is present
15. Add iodine solution – if the colour changes from brown to blue-black, starch is present
16. Glandular tissues secrete enzymes and hormones
17. Produces/releases enzymes, and absorbs digested food
18. Enzymes speed up chemical reactions in the body and remain unchanged

## Challenge

1. Epithelial/epithelium
2. Muscular tissue / smooth muscle
3. Pepsin/protease
4. Amylase/carbohydrase
5. Gall bladder
6. Small intestine
7. Optimum temperature
8. Large intestine
9. Rate = amount changed ÷ time; 20/40, so rate is 0.5 cm<sup>3</sup> per second or 0.5 cm<sup>3</sup>/s
10. Proteins
11. Starch
12. Stomach / pancreas / small intestine
13. Salivary glands, pancreas
14. Enzymes have an active site which only the correct shape of substrate will fit
15. An enzyme has an active site whose shape will only fit one substrate / food group
16. Bile emulsifies lipids, thereby increasing the surface area for lipase to work
17. A high temperature increases kinetic energy, causing the bonds holding the shape to break

## Extension

1. Glandular tissue
2. Pancreas
3. Reducing sugar assay
4. Catalase
5. A buffer / buffer solution
6. Small intestine
7. Stomach / small intestine
8. Rate = amount changed ÷ time; 20/40, so rate is 0.5 cm<sup>3</sup> per second or 0.5 cm<sup>3</sup>/s. we say that rate is 0.017 s<sup>-1</sup>.
9. Denaturation/denature
10. Amino acids
11. Glycerol and fatty acids
12. Induced fit is where the enzyme's active site shape slightly changes to fit the substrate. The substrate can have a shape that fits the active site but not the enzyme's active site.
13. The active site of an enzyme fits starch but not sucrose.
14. Products of digestion are absorbed into the blood to build up larger molecules. Enzymes are used to release energy from food.
15. Bonds are broken in food. Not all bonds have the same strength. Some are broken at lower temperatures.
16. Because an enzyme is specific, it only works on one substrate without being changed.
17. Bile salts are alkaline. They emulsify lipids for faster lipase action / emulsification of lipids for faster digestion.

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# Topic 5 — Heart, Blood Vessels, CHD

## Fundamentals

1. Red blood cell / erythrocyte
2. Alveoli
3. Circulatory system
4. Atria/atrium
5. Artery
6. Coronary artery
7. Veins
8. Vena cava
9. Aorta
10. 4
11. 2
12. Statins
13. Side effects / the statins might not work
14. They prevent the backflow of blood
15. They have a large surface area for absorbing oxygen; they do not contain a nucleus, which allows more space for carrying oxygen
16. Large surface area, thin walls and a rich supply of blood
17. An infection or a heart attack can weaken heart valves
18. A build-up of fatty deposits in the artery wall

## Challenge

1. Platelets
2. Pulmonary vein
3. Pulmonary artery
4. Capillaries
5. White blood cells / leukocytes
6. Percentage increase =  $\frac{\text{new} - \text{original}}{\text{original}} \times 100 = \frac{95 - 70}{70} \times 100 = 35.7\%$  increase
7. Left ventricle
8. Muscle / cardiac muscle
9. Rate = flow/time =  $1200/30 = 40$  ml per second
10. Carbon dioxide
11. Capillaries
12. Diffusion
13. To make sure blood flows from atria to ventricles and not backwards
14. Widen the lumen/space inside the artery
15. The heart pumps blood at high pressure into the arteries, so blood can quickly reach the lungs / rest of the body
16. Thin walls which reduce the diffusion distance
17. The replacement heart is less likely to be rejected

## Extension

1. Coronary artery
2. Pulmonary vein
3. Pacemaker
4. Right atrium
5. Arteries
6. Rate = flow/time
7. Obesity / high blood pressure / smoking
8. Plasma
9. Percentage decrease =  $\frac{\text{original} - \text{new}}{\text{original}} \times 100 = \frac{100 - 80}{100} \times 100 = 20\%$  decrease
10. Phagocytosis
11. Pulmonary artery
12. Antibody/antitoxin
13. Two circulations – one to the lungs and back, and another to the rest of the body and back
14. Blood consists of red blood cells, white blood cells, platelets and plasma. Each has particular jobs
15. If they have high cholesterol, they can lower the cholesterol to reduce the risk of a heart attack or stroke
16. Haemoglobin joins oxygen to form oxyhaemoglobin
17. Lungs have a large surface area and an extensive blood supply
18. Can have a higher pressure to maintain a higher blood flow to the muscles

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## Topic 6 — Non-communicable Diseases and Health

### Fundamentals

1. Stress / poor diet / lack of exercise / drugs / alcohol
2. A mass of cells showing uncontrolled cell division
3. Asthma / diabetes / coronary heart disease / cancer
4. Heart (accept artery)
5. Liver / brain
6. Coronary artery
7. Cholesterol / saturated fat / LDL
8. Drugs / heart transplant
9. Statins / beta-blockers
10. Skin cancer
11. Tissue
12. Keeps the artery open / improves blood flow
13. A disease which cannot be spread from person to person / does not involve a pathogen
14. A lifestyle or genetic factor which increases the likelihood of developing a disease
15. Less chance of rejection by the patient as the mechanical heart is made from plastic and metal
16. A disease which can spread from person to person
17. Risk of bleeding / infection / heart attack during procedure

### Challenge

1. A state of physical and mental well-being
2. Uncontrolled cell division
3. Mitosis
4. Beta blockers
5. Muscle weakness / fatigue / long-term / kidney damage
6. Coronary arteries
7. Cholesterol
8. HDL / high-density lipoprotein / unsaturated
9. DNA
10. Smoking/alcohol/virus/carcinogen
11. Alcohol
12. A biological valve comes from a person or an animal; a mechanical valve does not / is made from plastic and metal
13. Rejection due to mismatched tissue type / bleeding due to surgery / infection due to bacteria entering the wound
14. Tissue type not matched / foreign antigens
15. A sunbed uses UV light which is linked to increasing mutations in the DNA of skin cells
16. Better/earlier diagnosis/screening/treatment
17. Earlier detection leads to earlier treatment and more successful outcome / less chance of the cancer spreading

### Extension

1. Type 2 diabetes
2. Benign
3. LDL / low-density lipoprotein
4. Glucose / oxygen
5. Cirrhosis of the liver
6. Obesity / lack of exercise
7. Thrombosis
8. Ionising radiation
9. chemical or ionising radiation
9. Low birth weight
10. Circulatory system
11. HPV / human papillomavirus
12. Stimulate uptake of glucose by cells; glucose is used for energy
13. Statins reduce cholesterol levels thereby reducing the risk of heart attack / developing coronary heart disease
14. The muscle is damaged and more cells are needed for repair
15. Build-up of fatty deposits on the walls of coronary arteries leading to a narrower lumen
16. When cancer cells are removed they could spread to other parts of the body which are inaccessible to treatment

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# Topic 7 — Plant Tissues, Organs and Disease

## Fundamentals

1. Xylem
2. Phloem
3. Leaf
4. Phloem
5. Root
6. Leaf
7. Leaves and roots
8. Stomata/stoma
9. Nitrate/magnesium
10. Increases
11. Uptake of water via roots, transport of water up plant stem, loss of water from a plant by evaporation
12. Xylem consists of dead cells lined with lignin which forms tubes
13. Guard cells control the opening and closing of stomata and control gas exchange and water loss
14. To reduce water loss
15. Movement of dissolved sugars from leaves/roots to other parts of the plant through phloem
16. Have thorns / release poisons / mimic dangerous plants or animals

## Challenge

1. Spongy mesophyll
2. Palisade mesophyll
3. Guard cells
4. Transpiration stream
5. Lower epidermis / epidermal tissue
6. TMV / tobacco mosaic virus
7. Decreases/reduces
8. Magnesium
9. Meristem
10. Waxy cuticle
11. Xylem
12. Chlorophyll is needed to absorb light for photosynthesis to make sugars needed for growth
13. Use a potometer to measure the rate of water uptake by a plant
14. They have large numbers of chloroplasts / are near the surface so receive lots of light
15. Magnesium is needed for chlorophyll; without chlorophyll, plants cannot photosynthesise and grow
16. Guard cells have a kidney shape / uneven cell wall thickness / thicker cell wall on the side of the stoma to allow opening and closing
17. Phloem consists of companion cells and sieve tubes: sieve tubes have pores in the end walls to allow cell sap to pass through

## Extension

1. Phloem
2. Root
3. Nitrate/magnesium
4. Wax
5. Guard cells
6. Epidermis
7. Increases
8. Yellow
9. Decreases/reduces
10. Meristem
11. Increased light intensity so more water vapour will diffuse
12. Decreased humidity concentration gradient so water vapour will diffuse
13. Guard cells become turgid causing a gap to open
14. Chlorophyll is needed for photosynthesis
15. Xylem consists of dead cells: xylem is lined with lignin to keep water within
16. The underside is more sheltered from wind so water loss by evaporation is reduced. If the top surface, too much water is lost the day

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## Topic 8 — Infectious Disease

### Fundamentals

1. Pathogen
2. (Cough/sneeze) droplets inhaled
3. HIV
4. Salmonella/E.coli
5. Vaccination
6. Vaccine
7. Virus
8. Fever/chills
9. Red rash
10. Immunity / immunity
11. By inhaling droplets in the air spread by coughs and sneezes / direct contact / contaminated food
12. By biting an infected person and transferring the pathogen by biting another person
13. Sleep under a mosquito net to prevent mosquito bites and stop the transmission of malaria
14. Removes pathogens from our hands so less likely to spread or catch a disease
15. Reduces diseases in the population / protects against infections

### Challenge

1. Virus/bacterium/fungus/protist
2. Measles
3. Toxins
4. Tobacco mosaic virus / TMV
5. HIV/measles/influenza
6. Malaria
7. *Salmonella*
8. Antiretroviral drugs
9. Unprotected sex, shared needles used in drug use, mother to child
10. Using condoms
11. Malaria
12. Gains entry to, and replicates inside the cell, which bursts, releasing more virus particles
13. Prevent virus from replicating
14. By inhaling droplets in the air from coughs and sneezes which contain the virus
15. Bite an infected person; take up the pathogen; transfer the pathogen when they bite another person

### Extension

1. Rose black spot
2. Antifungal/fungicide
3. Gonorrhoea
4. Tobacco mosaic virus
5. Immune system
6. Athlete's foot / thrush
7. By eating contaminated food
8. Mosquito
9. An organism which can cause disease
10. Protista
11. HIV
12. Preventing the virus from spreading and by using mosquito nets
13. They replicate inside the cell and can be damaged
14. Resistant strains are not killed using antibiotics
15. Vaccine will prevent disease as there is no infection
16. They release toxins

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# Topic 9 — Human Defence and Vaccination

## Fundamentals

1. Skin / mucus membranes
2. Mucus
3. Immune system
4. White blood cells / leukocytes
5. Antibodies
6. Antigen
7. Rubella
8. Weakened / dead foreign pathogen/antigens
9. White blood cells / leukocytes
10. Epidemic
11. Vaccination
12. When you can produce antibodies quickly against a particular pathogen
13. Stomach releases hydrochloric acid which kills pathogens
14. Skin releases substances which kill pathogens
15. The nasal cavity contains hairs and mucus to trap pathogens
16. Side effects / allergic reaction / ineffective vaccine

## Challenge

1. Hydrochloric acid / HCl
2. Trachea/bronchus/bronchi
3. Antibodies
4. Antigen
5. Phagocytosis
6. Memory cells
7. Food poisoning
8. Smallpox
9. Rose black spot
10. Protein
11. Antibody
12. Skin is a barrier so prevents entry of pathogens / secretes antimicrobials which kill pathogens
13. Controls diseases and prevents epidemics / produces herd immunity which protects people who have not been vaccinated
14. Engulf pathogens / foreign cells and digest them using enzymes
15. They are digested by enzymes
16. Immunity means that your white blood cells know how to mass-produce a specific antibody against that pathogen
17. They counteract toxins produced by bacteria

## Extension

1. They are swallowed
2. Hydrochloric acid
3. Stomach
4. Extreme pH/temperature
5. B cells / B lymphocytes
6. Memory cells
7. Injection
8. Epidemic/pandemic
9. Digestion (using enzymes)
10. Anaphylaxis
11. Specific/specificity
12. A vaccine stimulates the production of specific antibodies
13. More antibodies are produced and more quickly
14. Unvaccinated people get the disease because they don't have it on
15. Many vaccines contain live pathogens which are digested if given orally
16. Antibodies are produced by B cells and only recognise one specific pathogen

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## Topic 10 — Drugs and Drug Discovery

### Fundamentals

1. Painkillers / named drug
2. Antibiotic
3. Resistant
4. Antibiotics
5. MRSA
6. Aspirin/paracetamol
7. Virus
8. Placebo
9. Clinical trial
10. Cells/tissue
11. Neither the patient nor the doctor knows which subjects have taken the drug or a placebo
12. They relieve symptoms, i.e. provide pain relief, but cannot kill pathogens or reverse disease
13. Antibiotics only kill bacteria and not viruses because viruses are inside host cells
14. How well a drug works
15. To test whether a new drug is effective and safe
16. Concentration of a drug and how often it should be given

### Challenge

1. Side effects
2. B lymphocyte
3. Penicillin / other correct antibiotic
4. Digitalis
5. Penicillin
6. Willow / willow tree bark
7. Bacteria
8. Drug dose where it is most effective with fewest side effects
9. The extent to which a drug dosage causes harmful effects
10. Prevents bias / false claims being made about the new drug
11. No antibiotics can kill them so infections are more likely to be fatal
12. Cruelty / ethical reasons / animals are not humans / drugs may not give same result in humans

### Extension

1. Mutation
2. Placebo effect
3. Cell/tissue culture
4. Healthy volunteers
5. Resistance
6. Peer review
7. **Two from:** dosage
8. Severe side effects
9. Improves force of evidence
10. Avoid prescribing
11. Mutation leads to resistant genes with increase in number
12. Viruses have a very short life span, leading to rapid evolution

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# Topic 11 — Photosynthesis

## Fundamentals

1. Chlorophyll
2. Glucose
3. Oxygen
4. Carbon dioxide
5. Reduces/slows
6. Increases
7. Starch
8. Cellulose
9. Leaf/leaves
10. Palisade mesophyll
11. Chlorophyll
12. Count bubbles / use a gas syringe / use an inverted measuring cylinder
13. Use iodine; if colour changes from brown to blue-black, starch is present
14. Add Benedict's reagent, heat, observe colour change from blue to brick red
15. Sugars are translocated from leaves to roots by the phloem
16. Respiration / converted into starch for stored energy

## Challenge

1. Limiting factor
2. Traps light energy
3. Pondweed
4. Benedict's reagent
5. Respiration/air/stomata
6. Stomata
7. Blue-black
8. Root
9. Plants/leaves
10. Carbon dioxide
11. Chemical
12. Vary the distance of a lamp
13. Use a water bath and repeat using different temperatures
14. Photosynthesis needs enzymes and these are denatured by high temperatures
15. Less light for photosynthesis so fewer sugars, hence less biomass
16. Starch is insoluble so prevents osmosis from damaging the cell / a large molecule so contains lots of glucose
17. Use stored energy in starch which is broken down to release glucose for respiration

## Extension

1. Endothermic/endothermic
2. 6
3. Respiration
4. Sodium hydrogen carbonate
5. Glucose
6. Piece of glass bell jar
7. Volume of oxygen
8. Enzymes/proteins
9. Temperature / Celsius
10.  $1/d^2 = 1/25 = 1/5$
11. Nitrate
12. Chlorophyll
13. Heat the plant until it is dead, then weigh it
14. More light / increase enzyme activity
15. Use a heater which can be controlled
16. Divide product for time
17. Light intensity is 1/4

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# Topic 12 — Respiration

## Fundamentals

1. All living cells
2. Respiration
3. Carbon dioxide
4. Oxygen
5. Without oxygen
6. With oxygen
7. Lactic acid / lactate
8. Glucose
9. Energy / ATP
10. Mammals
11. To get rid of carbon dioxide / obtain more oxygen
12. Number of breaths per minute / number of breaths divided by time
13. Energy is needed for muscle contraction
14. The sum total of all the chemical reactions taking place inside the body
15. Muscles need more energy
16. Aerobic respiration releases more energy than glucose

## Challenge

1. Liver/muscle
2. Glycogen
3. Carbon dioxide / ethanol
4. Glucose
5. Glucose
6. Bread / alcoholic drinks
7. Mitochondrion/mitochondria
8. Muscles
9. Brain
10. Lime water
11. Carbon
12. Because heat energy is given off during respiration
13. High temperatures denature enzymes; enzymes are needed for respiration
14. To increase blood flow and deliver more oxygen / remove more carbon dioxide
15. They release lactic acid which causes pain/cramps
16. Oxygen is needed after exercise to remove lactic acid

## Extension

1. Exothermic/exergonic
2. Heat energy
3. Glycogen
4. Prevent air/oxygen from entering conditions anaerobic
5. Mitochondria
6. Glucose
7. Amino acids
8. Use a gas syringe to measure volume per unit time
9. Carbon dioxide
10.  $C_6H_{12}O_6$
11. Fermentation
12. Ethanol
13. Take a large sample to find mean/average per unit time
14. Glucose is not fully oxidised with oxygen in anaerobic conditions
15. Lactic acid is taken back to glucose / converted to carbon dioxide and water
16. Birds need a lot of oxygen
17. The brain needs a lot of glucose for respiration

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