

# **GCSE AQA**

## **Case Studies with Exam Prep**

**Physical Landscapes in the UK: Coastal**  
**The Seven Sisters, Sussex**

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# Teacher's Introduction

This resource has been developed to provide case studies and exam preparation material to support the GCSE AQA specification (8035) **Section C: Physical Landscapes in the UK**.

This detailed case study is on **The Seven Sisters** representing a **coastal landscape** within in the UK.

The case study includes a main content section which can be used as part of a lesson plan or distributed to students for self-guided research; a selection of ICT interactive links to further students' research around each topic and a set of Springboard Images and discussion questions (also available as a PPT file accessible by digital download) which makes a fantastic starter activity.

*A webpage containing all the links listed in this resource is conveniently provided on ZigZag Education's website at **zzed.uk/8798***

*You may find this helpful for accessing the websites rather than typing in each URL.*

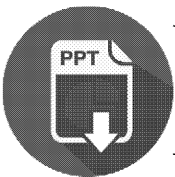


The exam preparation section which follows the case study contains a summary table, bringing together all of the key facts and figures relating to the case study; rapid-fire revision questions (with answers) to help recall and retention of the main points; and an exam-style question and mark scheme, written in the style of the AQA sample material, so that students can practice answering questions relating to case studies and applying relevant knowledge in their answers.

The resource may be used as a source of reference for the required case studies for individual study, or for group work leading to discussion or debate. Subheadings in the information sections are designed to enable tabulated comparisons of social, economic and environmental impacts.

Other detailed case studies are available for this topic area (another coastal landscape, two river landscapes, and two glacial landscapes):

- The Jurassic Coast (Coastal)
- The River Thames (River)
- The River Spey (River)
- Snowdonia (Glacial)
- The Lake District (Glacial)



**A PowerPoint presentation containing the Springboard Images starter activity to accompany this resource is available as a free digital download. Just register for free updates using the link below to download all available content for your school or purchasing site.**

November 2018

## Free Updates!

Register your email address to receive any future free updates\* made to this resource or other Geography resources your school has purchased, and details of any promotions for your subject.

\* resulting from minor specification changes, suggestions from teachers and peer reviews, or occasional errors reported by customers

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# The Seven Sisters

## Part 1: Case Study

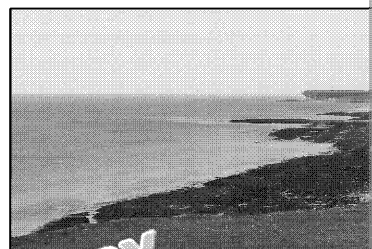
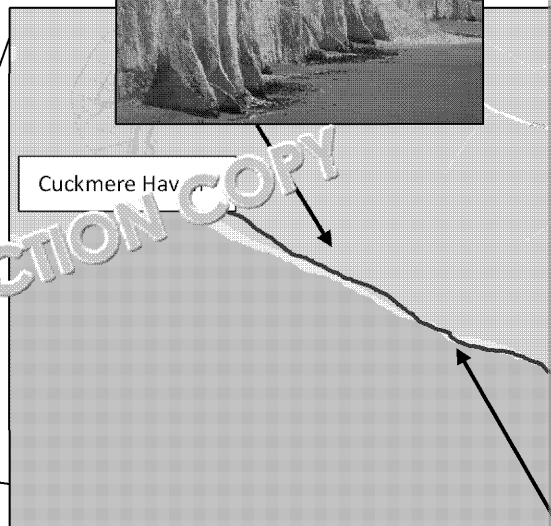


### Content

#### Introduction

The Seven Sisters is a distinctive section of coastline located in the south-east of Eastbourne and in East Sussex. It consists of 280 hectares of white chalk cliffs above sea level. This stretch of coast is part of the South Downs National Park and is owned by the National Trust, showing its national importance.

*Figure 1: Seven Sisters from Cuckmere Haven*



*Figure 2: Seven Sisters cliffs*

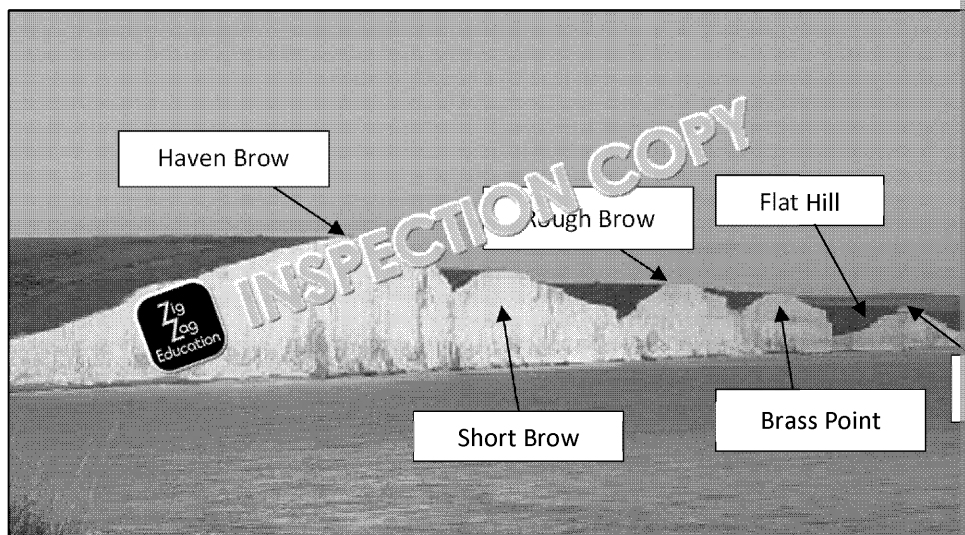
The coastline is particularly popular due to its unique geology, biology and history. The chalk cliffs are rich in fossils from creatures that inhabited the earth millions of years ago. Nowadays, the cliffs and surrounding area create many rare habitats for animals, including seagulls and rock pools for crabs and anemones. The area has also been a site of human history and there is evidence of human activity and settlements from the Second World War. These features, as well as the untouched beauty of the coastline, attract thousands of visitors each year.

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The cliffs are aptly called the Seven Sisters because there are seven cliffs. Each is shown in the photo below.



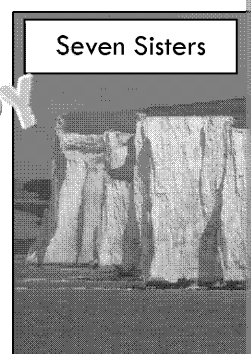
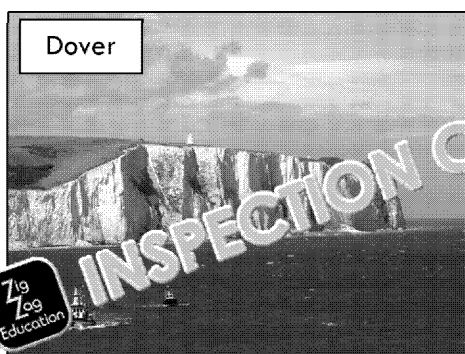
*Figure 3: The names of the Seven Sisters*

These iconic cliffs were formed millions of years ago during the time period of the Cretaceous. At this time, the continents looked completely different to how they do now. The sea level was around 200 metres higher. The Seven Sisters chalk was formed from the build-up of sea creature skeletons on the ocean floor. Over time, the climate changed and the continents shifted in such a way that the chalk has ended up on the coast of England.

The wave-like shape of the cliffs show that they are the remains of a dry valley that was formed when the glaciers were melting at the end of the last ice age. Due to the chalk soaking up water until it reached its full capacity. When the glaciers were melting, the water, full of sediment, reached its capacity. This meant that the meltwater could not be soaked up, instead flowing over the land carving out valleys in the chalk. When the climate changed, the water disappeared, leaving behind the dry valley which we can see today.

### Did you know?

Despite both being chalk cliffs, the Seven Sisters are actually whiter than the cliffs of Dover. Because of this, the Seven Sisters are sometimes used in films as a stand-in for the famous cliffs of Dover!



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## Landforms

The Seven Sisters coastline is home to some interesting coastal landforms. These landforms are mainly formed through erosional processes, such as hydraulic action and abrasion, as well as weathering.

The Seven Sisters are actually retreating at a rate of 50–60 centimetres per year due to a high amount of erosion taking place. This erosion keeps the cliffs white as fresh chalk is constantly being exposed.

Evidence of this erosion can be seen through a row of houses at Birling Gap, which lies at the eastern end of the Seven Sisters. The first photo was taken in 1987 and the second in 2015.

### How weathering

#### Physical weathering

- As chalk is porous, it is weakened by rainfall. If the rain is heavy, the weakening can be significant.

#### Chemical weathering

- Chalk is also a soluble substance. The nature of rainfall causes a chemical reaction that weakens the soluble substance.

#### Biological weathering

- A little sea creature known to create tunnels and weaken the chalk.

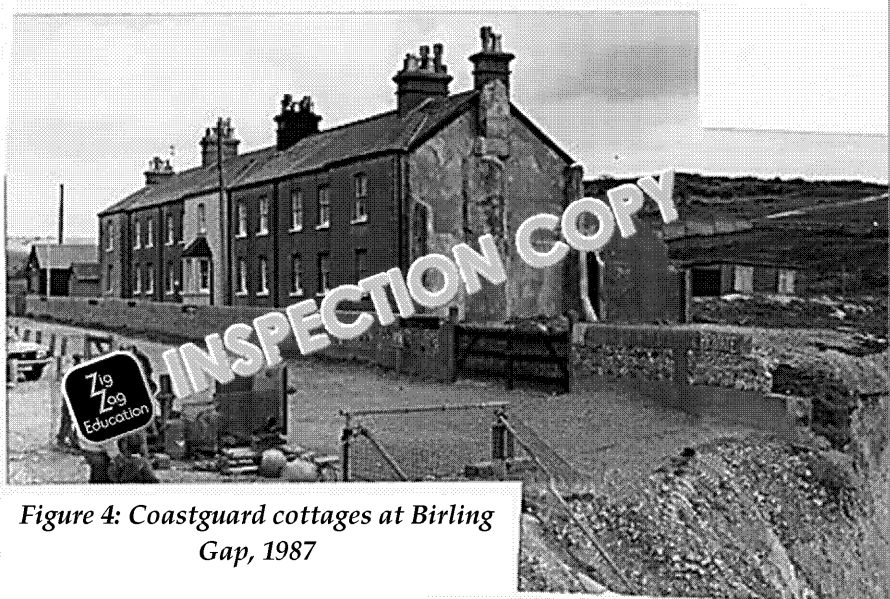


Figure 4: Coastguard cottages at Birling Gap, 1987



Figure 5: Coastguard cottages at Birling Gap, 2015

As you can see, the three-story cottages on the cliff face are now much more exposed and vulnerable to erosion.

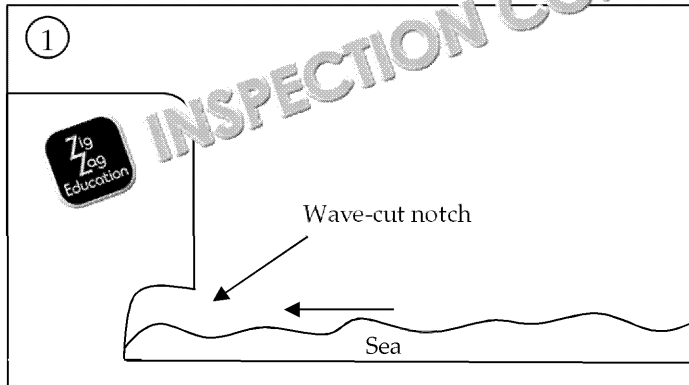
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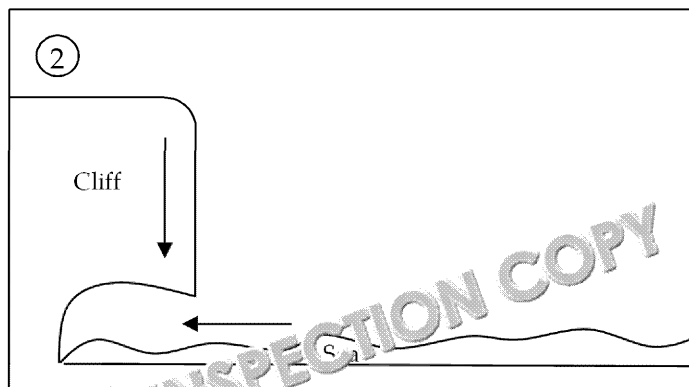
### Wave-cut platforms

Wave-cut platforms are one type of landform that can be found at the Severn. They are formed through the erosional processes of hydraulic action, abrasion and

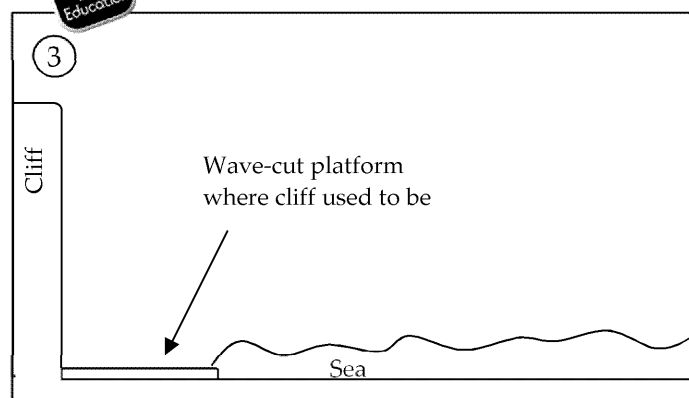
#### The formation of a wave-cut platform



1. The sea first works through the notch and softens the rock at the bottom.



2. Eventually the cliff becomes so steep that it can no longer support itself and collapses.



3. The sea then works back in and retreats further and the platform grows over time.

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The wave-cut platform at Seven Sisters stretches 540 metres out to sea, revealing cliffs have been lost to erosion over time. The platform at Seven Sisters is not only a natural attraction but has led to the formation of rock pools. These rock pools provide important habitats for marine creatures as well as an attraction for visitors. When the cliffs collapse they add material to look for fossils in.



Figure 6: Cliff collapse

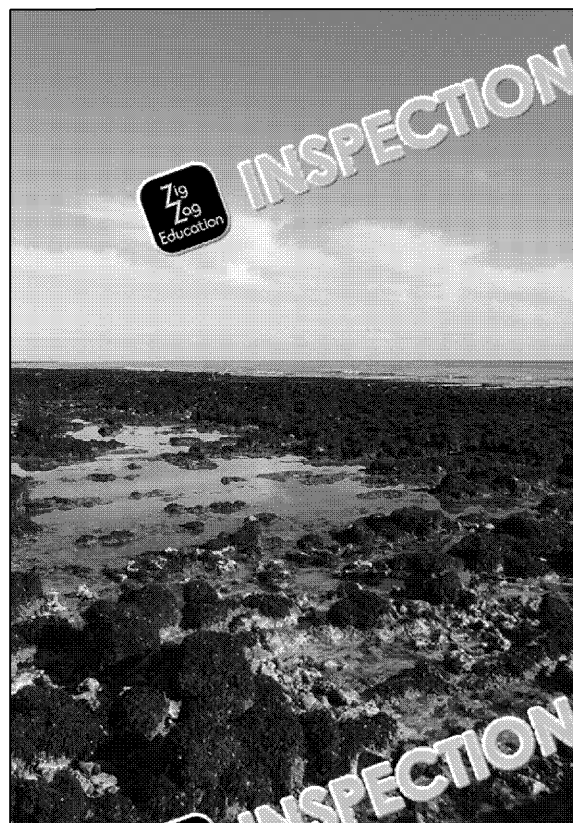
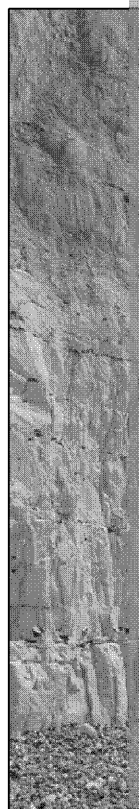


Figure 8: Rock pools on the wave-cut platform

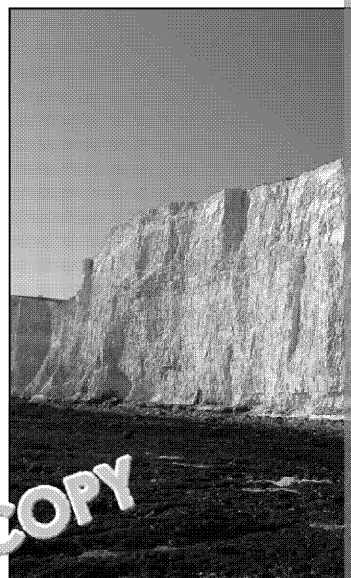


Figure 9: Wave-cut platform

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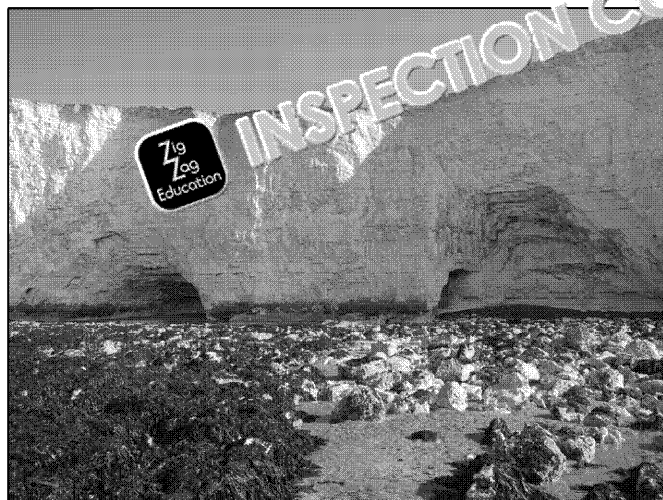




Other erosional landforms that can be found at the Seven Sisters cliffs are caves and stumps. However, they are often quite small and disappear fairly quickly due to erosion.

### *Caves*

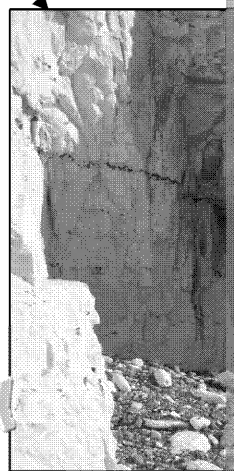
The Seven Sisters cliffs are home to many small caves where the bottom of the cliff is eroded by wave action forming a hollowed-out cave.



*Figure 10: Small caves at Seven Sisters*

### *Arches*

Some caves continue to be eroded by the sea until they erode through to the other side of the cliff, forming an arch.



*Figure 11: Natural sea arch at Seven Sisters*



*Figure 12: Stumps at Seven Sisters*

**Stacks and stumps**  
Eventually these are left as stacks and stumps due to erosional processes which slowly erode the rock.

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## Physical influences on the Seven Sisters

Although the shape of the Seven Sisters coastline has mainly been formed by coastal processes there are other physical factors that influence the effectiveness of both geology and climate have a role to play in shaping the coastline.

### Geology

The beautiful white chalk at Seven Sisters is partly what makes the cliffs so white. Chalk also plays a significant role in creating the shape of the landscape.

Chalk is resistant enough to form the steep cliffs that the Seven Sisters are, but it is also soft enough to be eroded quite easily, keeping the cliffs their notable white colour. The unique and distinctive landscape of the Seven Sisters is partly due to the chalk.

#### Chalk Profile

Type:	Sedimentary limestone
Age:	60–100 million years old
Resistance:	Medium resistance, harder than clays but more easily eroded than other limestones or granite
Human uses:	Blackboard chalks Chalk for sports such as gymnastics Making stone to build houses



Figure 13: A piece of chalk

The geology of Birling Gap cliff is a bit different to that of the chalk cliffs. It is made of a different rock so the cliffs here are eroding at a faster rate than the Seven Sisters cliffs. This has created a small bay.

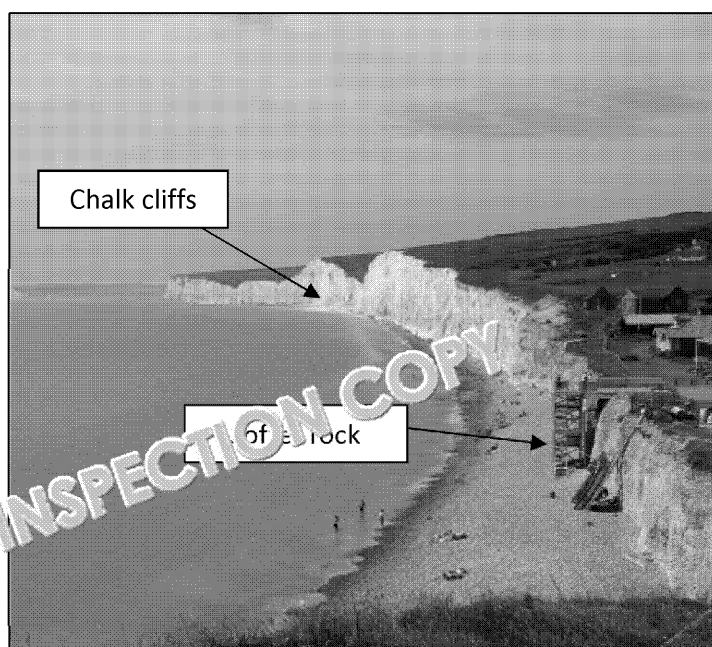


Figure 14: Birling Gap has a slightly different geology to the Seven Sisters

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## Climate

Climate also has a role to play in the shape of the cliffs and the effectiveness

Most winters, a number of storms hit the UK. The heavy rainfall and strong impact on shaping the Seven Sisters cliffs. The most recent and significant storms of 2013/14.

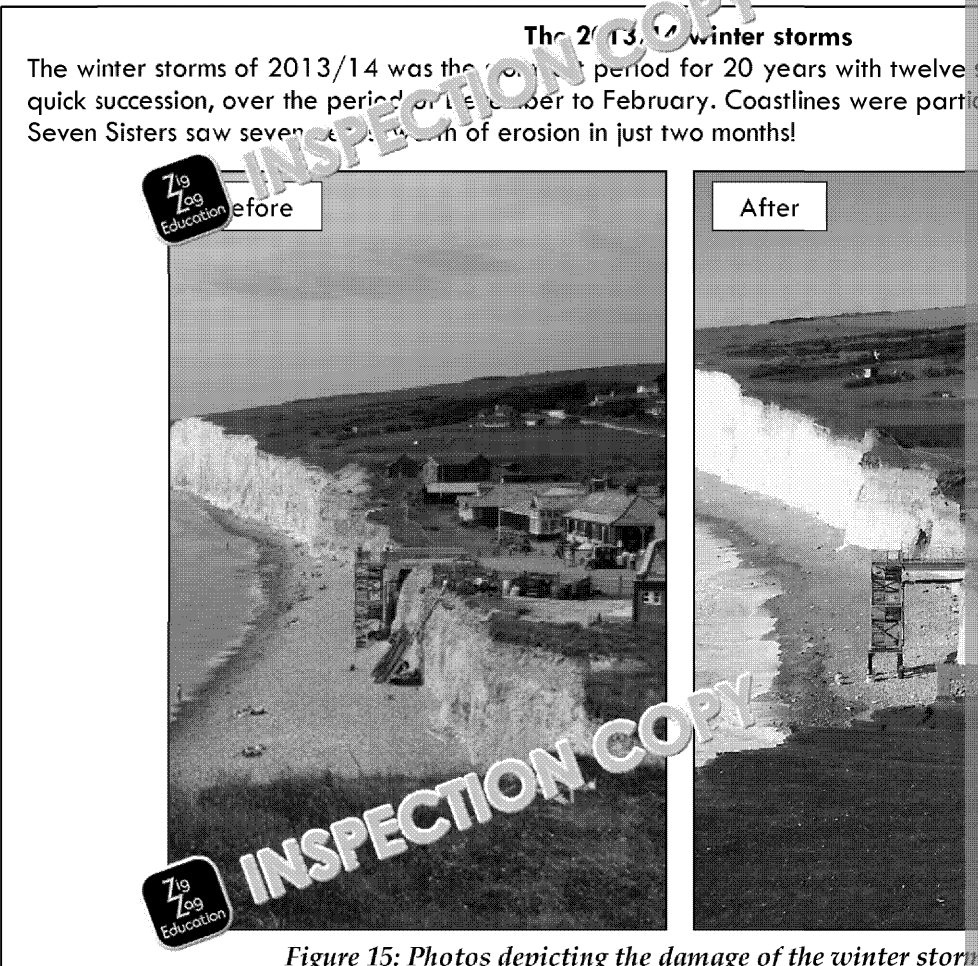


Figure 15: Photos depicting the damage of the winter storms

As you can see in the before and after photos above, the storms caused rapid erosion and changed the shape of the coastline. The stairway down to the beach from the National Trust was removed from underneath it. You can also see that the houses are now considerably

The aftermath of the winter storms were a shock to the National Trust. They had to remove the sun parlour and sun loungers on their property as well as demolish the coastguard cottages.

**Climate change** is a factor that will have considerable effects on the shape of the coastline. There are two main ways that this may occur:

1. *Sea level rise*

An increase in sea level will increase the erosive power of the sea and it will erode at an even faster rate. This could also cause more coastal flooding and the loss of land.

2. *More frequent storms*

Experts are also suggesting that the UK will be subject to more storms in the future, particularly in the south. This is worrisome for areas of the coast that are already badly affected by the Seven Sisters. Storms are unpredictable and can rapidly change the shape of the coastline. The aftermath of the winter storms of 2013/14. More storms will only mean more damage and the coastline will disappear at a faster rate than expected.

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## Human influences on the Seven Sisters

Humans have also had an impact on the Seven Sisters coastline. Evidence from the Seven Sisters shows that humans have used the area throughout human history for the timeline below.

### Historical influence

#### Neolithic (New Stone Age): 5,000 years ago

A circular enclosure was found on a site above Birling Gap. It dates back around 5,000 years but it is still not known what it would have been used for.

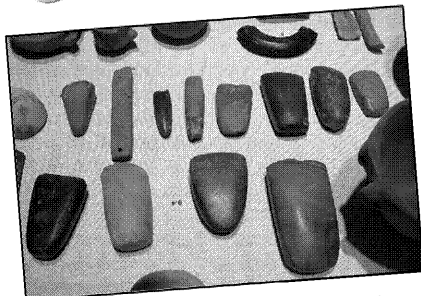


Figure 16: Bronze Age tools

#### The Bronze Age

There is evidence of a settlement site on Bailys Hill.

#### The Normans: AD 1066–1154

On top of Bailey Hill evidence has been found of farming taking place on the hill around the time of the Normans. They've found various old tools as well as pieces of pottery.

#### Coonatto shipwreck

A cargo ship carrying goods from India was washed ashore in 1822. The wreck of the ship is still visible at low tide!

#### Smugglers: eighteenth and nineteenth centuries

Evidence suggests that the Seven Sisters were a popular place for smugglers. Excavations of an old coastguard cabin show it was used to stop smugglers. Half of the site has now been built over.

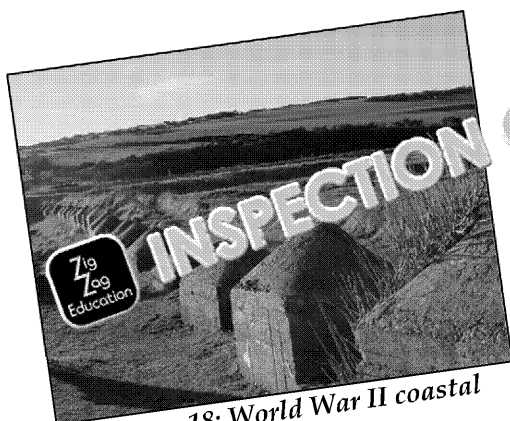


Figure 18: World War II coastal defences

#### World War II: 1939–1945

The cliffs were used as an airfield. Coastal defences were built around the cliffs to protect against incoming invasion.

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There is plenty of evidence from the past of how humans have used the Sea for farming to coastal defences and smuggling. But how are humans influencing the coastline today?

## Coastal management

The main way is through coastal management. This can take many forms, from hard management such as sea walls and groynes to soft management such as beach replenishment.

As the Seven Sisters coastline is owned by the National Trust, they are in charge of deciding the best way to manage it.

### Why might humans manage the coastline?

- To preserve the natural beauty of the coastline
- To protect the villages near the coast
- To protect human property from coastal erosion

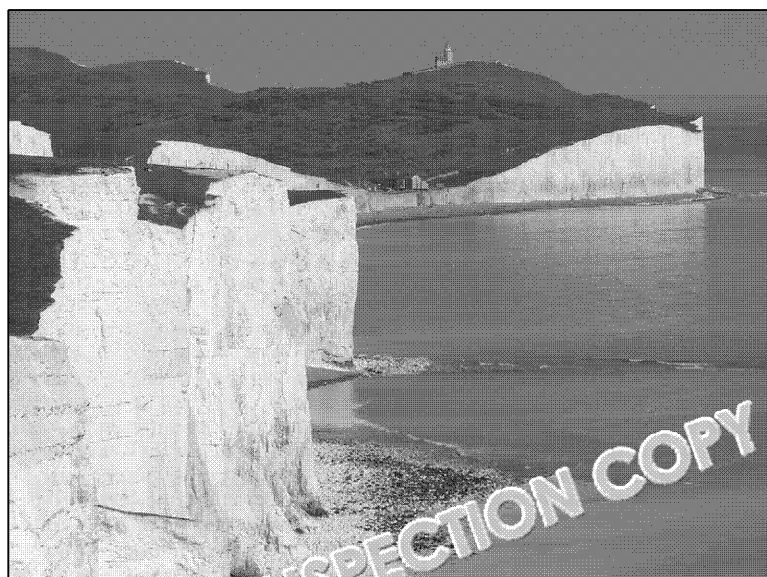


Figure 19: The Seven Sisters are being left to erode naturally

Since 2005, the National Trust has championed the idea of 'managed retreat' to our changing coastline. This means adapt the coastline by spending money on sea walls or groynes, temporary fixes, or engineering not regularly.

The impact of climate change on the UK coastline has been extremely rapid. It occurred at Seven Sisters, proved just how difficult to manage the coastline.

On top of this, the National Trust are thinking ahead to the future and the impact of climate change.

For these reasons, the National Trust decided to implement a 'managed retreat' scheme at Seven Sisters. Essentially, this means letting the coast erode completely naturally and gradually moving coastal buildings and infrastructures back as the coast retreats. This way they are adapting to the changing coastline rather than attempting to manage it.

The National Trust Centre at Seven Sisters Gap has been planned and built in such a way that it will easily be moved back over time.

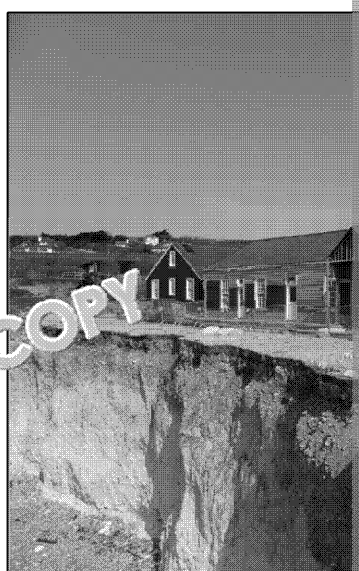


Figure 20: Erosion by National Trust

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### Advantages of the Seven Sisters managed retreat:

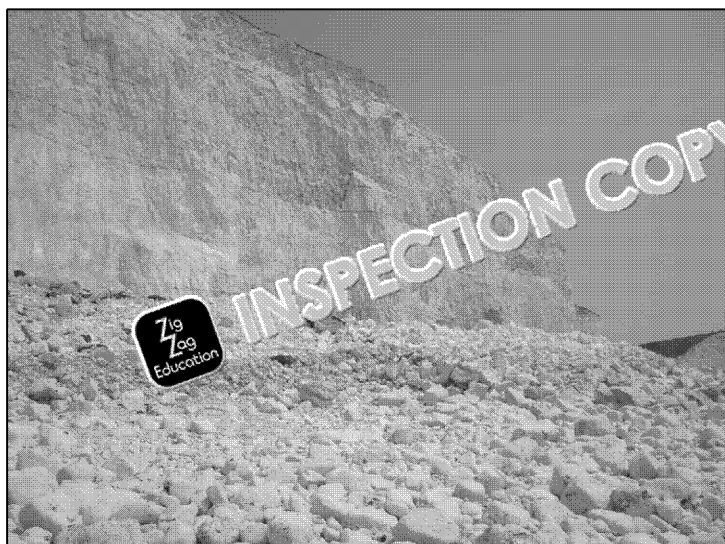


Figure 21: Natural erosion of the Seven Sisters cliffs

- + Lack of any cliffs and the natural form
- + Managed retreat engineering.
- + It is a more sustainable coastline have to continue engineering
- + Keeps the ice erosion is all

### Disadvantages of the Seven Sisters managed retreat:

- Difficult for people who live in the area as nothing is being done to protect their property.
- If hard engineering had been in place, some damage from the winter storms 13/14 could have been prevented.
- Gradual loss of the chalk cliffs, habitats, infrastructure and archaeological history.
- There is no protection on the cliffs and this can be dangerous for people as landslides are frequent occurrences.

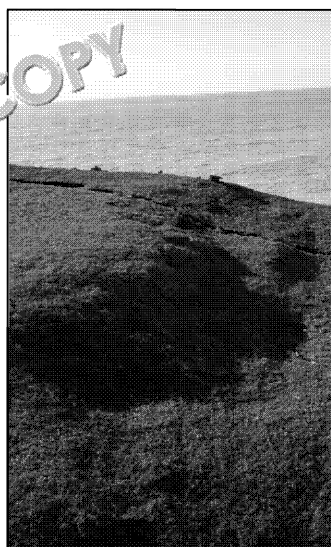


Figure 22: Crack at the edge

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## Fact Table

<b>Location:</b>	East Sussex, south east of the UK
<b>Size:</b>	280 hectares
<b>Height:</b>	80 metres above sea level
<b>Rock type:</b>	Chalk
<b>Age of rock:</b>	100–140 million years old
<b>Resistance level:</b>	Medium
<b>Land owner:</b>	National Trust
<b>Land part of:</b>	South Downs National Park Seven Sisters Country Park
<b>Names of the Seven Sisters:</b>	Haven Brow, Short Brow, Rough Brow, Bell Brow, Lioness Hill, Went Hill
<b>Sea level during the Upper Cretaceous:</b>	200 metres higher than today
<b>Geomorphic processes:</b>	Erosion (hydraulic action, abrasion, attrition) Weathering (physical, chemical and biological)
<b>Rate of cliff retreat:</b>	50–60 centimetres per year
<b>Landforms:</b>	Wave-cut notch Wave-cut platform Caves, arches, stacks and stumps
<b>Length of wave-cut platform:</b>	500 metres
<b>Physical influences on the Seven Sisters:</b>	Geology (rock type) Climate (storms and climate change)
<b>Recent damaging storms:</b>	Winter storms 2013/14
<b>Amount of erosion during those storms:</b>	Seven years' worth in two months
<b>Climate change factors:</b>	Sea level rise and more frequent storms
<b>Human influences on the Seven Sisters:</b>	Historical influence from Neolithic times Coastal management
<b>National Trust's coastal management plan:</b>	Managed retreat, let natural erosion occur

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### Videos

National Trust Shifting Shores Coastal Management Plan

 <https://www.youtube.com/watch?v=4UOWx023m1Q>


National Trust Birling Gap and Seven Sisters Management

 [https://www.youtube.com/watch?v=ZXAgfVj\\_weA&t=29s](https://www.youtube.com/watch?v=ZXAgfVj_weA&t=29s)

Sky News Coastal Erosion after winter storms 2013/14

 <https://www.youtube.com/watch?v=q3hSyskZXhw>

Seven Sisters Cliff Collapse

 <http://www.bbc.co.uk/newsround/26450371>

Archaeology at Seven Sisters

 [https://www.youtube.com/watch?v=I7UY\\_mfz-GQ](https://www.youtube.com/watch?v=I7UY_mfz-GQ)

### News Stories


BBC – Birling Gap Cottages lost to the sea

 <http://www.bbc.co.uk/news/uk-england-sussex-1751995>

BBC- Winter Storms at Seven Sisters 2013/14

 <http://www.bbc.co.uk/news/uk-england-sussex-26386499>

The Guardian Climate Change at Birling Gap

 <https://www.theguardian.com/environment/2018/feb/07/floods-erosion-significant-sites-climate-change>

### Reports

National Trust Shifting Shores Report

 <https://www.nationaltrust.org.uk/documents/shifting-shores-report-2>

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### Springboard 1

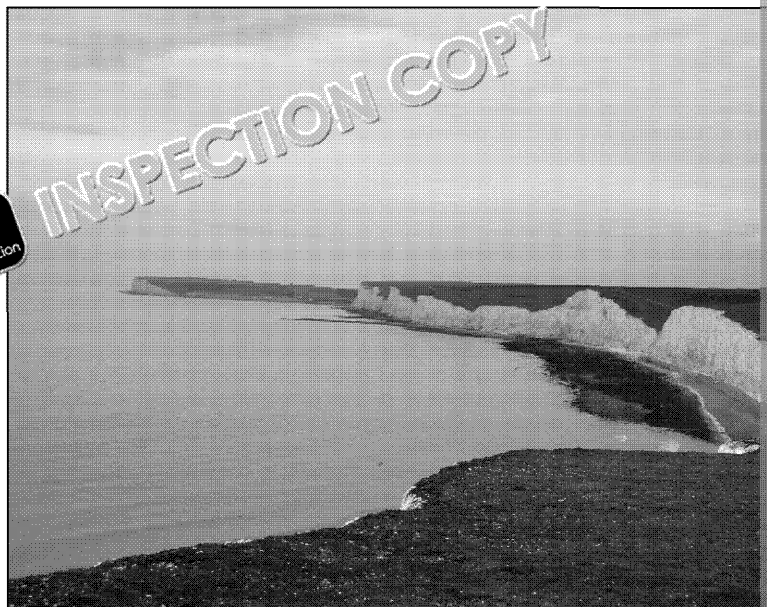


Figure 23: View of the Seven Sisters

1. What is distinctive about this coastline?
2. What features and landforms can you see in this picture?
3. Why might this area be an attractive tourist destination?

### Springboard 2

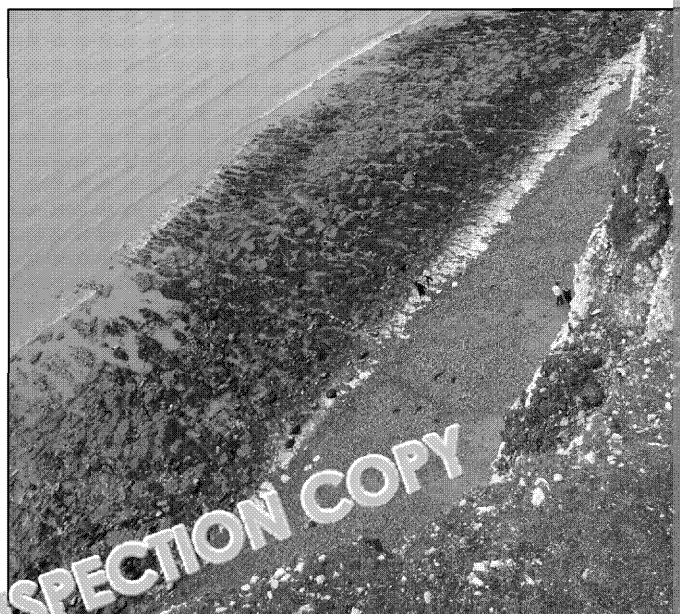


Figure 24: View of wave-cut platform from above

1. What does this image suggest about erosional processes along the Seven Sisters?
2. How was the wave cut-platform formed?
3. What other features has the wave-cut platform at the Seven Sisters created that are important?

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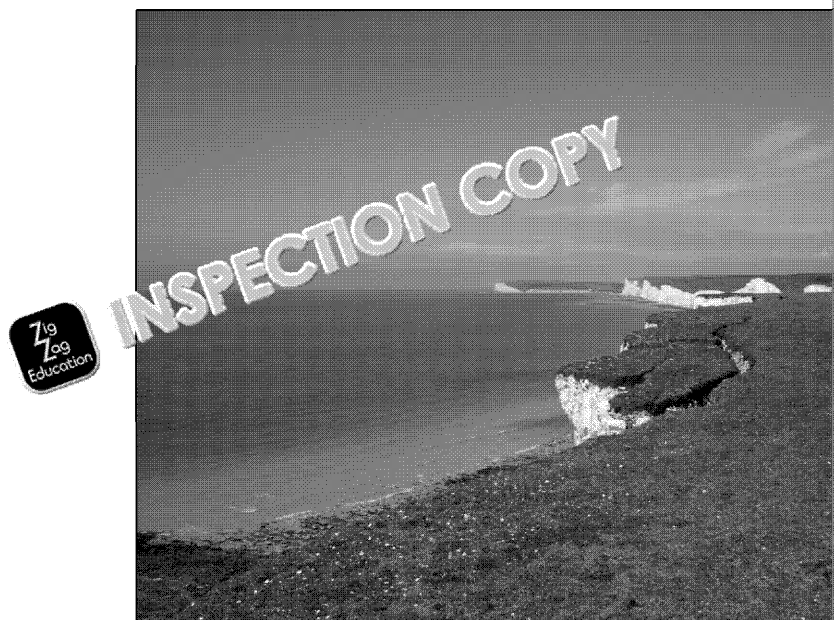


Figure 25: Cracks in the cliff at Seven Sisters

1. How might the crack in the cliff have formed?
2. Suggest some negative consequences of the cliff cracking.
3. Suggest some positive consequences of the cliff cracking.

Springboard 4

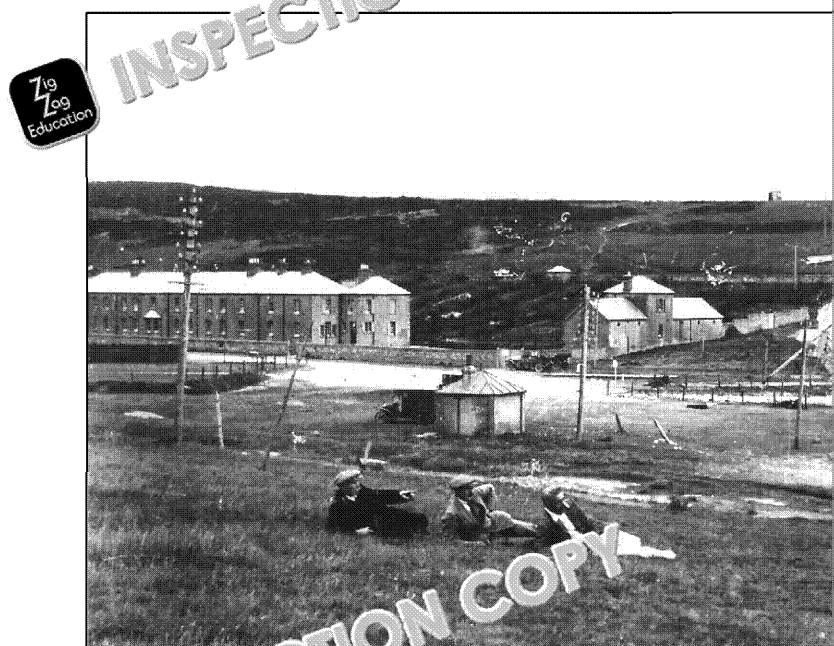


Figure 26: Birling Gap in the 1920s

1. What does this image tell us about what the Seven Sisters were like a hundred years ago?
2. How much of the coastline that can be seen in this picture is now gone?
3. What might the coastline look like in a hundred years from today?

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Figure 27: Filling Gap

1. What does this image show?
2. What effects might the managed retreat at Seven Sisters have on the local community?
3. Discuss the advantages and disadvantages of managed retreat.



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## Springboard Suggested Answers

### Springboard 1

1	<ul style="list-style-type: none"> <li>• White chalk cliffs</li> <li>• Steep cliffs</li> <li>• No development</li> <li>• Natural landscape</li> </ul>
2	<ul style="list-style-type: none"> <li>• Steep cliffs</li> <li>• Wave-cut platform</li> <li>• Valley remnants</li> <li>• Any other valid point(s)</li> </ul>
3	<ul style="list-style-type: none"> <li>• Beautiful natural landscape</li> <li>• Archaeological history</li> <li>• Fossil hunting</li> <li>• Walking</li> <li>• Rock pooling</li> </ul>

### Springboard 2

1	<ul style="list-style-type: none"> <li>• That erosion is happening at a fast rate</li> <li>• Can see evidence of it in the wave-cut platform on the shore</li> <li>• The cliff is also steep and the edge looks like it's falling away so processes are working on this coastline</li> </ul>
2	<ul style="list-style-type: none"> <li>• The wave-cut platform was formed through erosional processes</li> <li>• First the waves carved a wave-cut notch through hydraulic action</li> <li>• With time gradually this notch gets deeper until the cliff overhang collapses</li> <li>• The sediment is washed back into the ocean</li> <li>• A wave-cut platform forms where the cliff used to be</li> </ul>
3	<p>Rock pools</p> <p>These are important because they provide habitats for various sea creatures to come and explore and learn about some of the wildlife at Seven Sisters</p>

### Springboard 3

1	<ul style="list-style-type: none"> <li>• The crack in the cliff has formed through erosion and weathering</li> <li>• Most likely water has seeped into the chalk and caused the rock to expand</li> <li>• This has then caused cracks in the cliff</li> </ul>
2	<ul style="list-style-type: none"> <li>• Could cause a landslide which is dangerous</li> <li>• Loss of cliffs</li> <li>• Could be a habitat for wildlife</li> <li>• Any buildings near the cliff will have to be moved</li> <li>• Any other valid point(s)</li> </ul>
3	<ul style="list-style-type: none"> <li>• Fresh cliff fall keeps the cliffs the unique white colour</li> <li>• It's just letting the natural process of erosion occur keeping the cliffs safe</li> <li>• Any other valid point(s)</li> </ul>

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## Springboard 4

1	<ul style="list-style-type: none"> <li>• There was a considerable more amount of land along the coast</li> <li>• It was used for human settlement</li> <li>• Still not loads of development on the land so still natural coast</li> <li>• There used to be a whole other building nearer to the coast than</li> </ul>
2	<p>Today, there are only three coastguard cottages remaining from the</p> <p>The picture shows the row of coastguard cottages to be a considerable edge. The other building that was nearer the cliff has gone, as have the are lying down in the picture is also no longer there.</p>
3	<ul style="list-style-type: none"> <li>• The coastline will continue to have eroded at a fast rate</li> <li>• It may be faster than the last hundred years due to climate change</li> <li>• The coastguard cottages will have gone and the National Trust may have been moved even further back</li> </ul>

## Springboard 5

1	The image shows one of the coastguard cottages being demolished at the edge of the cliff. Demolishing the house is a form of managed retreat.
2	<ul style="list-style-type: none"> <li>• Loss of history of the site</li> <li>• They may have to move</li> <li>• Loss of property</li> <li>• Loss of coastline</li> </ul>
3	<p><i>Advantages:</i></p> <ul style="list-style-type: none"> <li>• Sustainable</li> <li>• Most natural way of managing the coast</li> <li>• Cheaper</li> </ul> <p><i>Disadvantages:</i></p> <ul style="list-style-type: none"> <li>• Loss of coastline and its history</li> <li>• Conflict with locals</li> <li>• Loss of habitats for wildlife</li> </ul>

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### Summary

#### Seven Sisters

##### Introduction

- ◆ The Seven Sisters is a distinctive section of coastline situated in East Sussex.
- ◆ It consists of 280 hectares of white chalk cliffs that rise 80 metres above sea level.
- ◆ The coast is part of the South Downs National Park and the Seven Sisters Coast is a National Trust site.
- ◆ They are called the Seven Sisters because there are seven cliffs.
- ◆ The cliffs and surrounding area create many rare habitats for wildlife.

##### Formation

- ◆ The chalk was formed during the Upper Cretaceous Period (60–100 million years ago) and was 200 metres higher than it is today.
- ◆ Chalk is formed underwater through the build-up of dead sea creatures over millions of years.
- ◆ The cliffs are the remains of a dry valley which would have formed at the time of the last ice age.
- ◆ At this point the chalk would have been saturated with ice so the meltwater would have carved out a valley.
- ◆ Instead, the meltwater flowed over the land and carved out a valley.
- ◆ When the climate warmed the water disappeared leaving behind the dry valley.

##### Landforms

- ◆ The Seven Sisters are affected by the processes of erosion and weathering.
- ◆ The cliffs are retreating at a rate of 50–60 centimetres each year due to this erosion.
- ◆ This power of erosion can be seen at Birling Gap to the east of the Seven Sisters where the cliff edge is gradually being eroded as more and more of the cliff face is exposed.
- ◆ This erosion also forms many unusual landforms.
- ◆ The Seven Sisters is a large wave-cut platform created by the sea's erosion.
- ◆ Caves, tunnels and stumps can also be found there although they are not as well known.

##### Physical influences on the Seven Sisters

- ◆ Both geology and climate are other physical factors that can influence the coastline.
- ◆ The fact that the Seven Sisters are made of chalk gives them their distinctive steep cliffs.
- ◆ Chalk is a resistant enough rock that the steep cliffs will form but is soft enough to be eroded.
- ◆ Climate also influences the effectiveness of weathering and erosion.
- ◆ Storms can rapidly change the shape of the coastline.
- ◆ The Seven Sisters experienced seven years' worth of erosion in just two months of 2013/14.
- ◆ Climate change may also have an effect on the coastline in the future with rising sea levels and more frequent storms.

##### Human influences on the Seven Sisters

- ◆ Humans have been influencing and using the Seven Sisters coastline since prehistoric times.
- ◆ There is evidence that the area had been used as a burial site during the Bronze Age, as a farm during the eighteenth and nineteenth centuries and as an airfield during World War II.
- ◆ Nowadays the area is a popular place for people to come and enjoy the countryside.
- ◆ Human activity can influence the coastline through coastal management.
- ◆ The area is managed by the National Trust and they have decided it should be allowed to erode naturally and simply managing the retreat of property and infrastructure.
- ◆ This is a sustainable way of managing the coastline that allows for adaptation to the changes of the future.
- ◆ However, it does mean there is a substantial loss of coastline, people's homes and the area's archaeological history.

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## Revision Questions

### Seven Sisters Quick-fire Questions

1	Where is the Seven Sisters coastline situated?	
2	How many hectares do the Seven Sisters cover?	
3	How tall are the Seven Sisters?	
4	Which parks do the Seven Sisters belong to?	
5	Who owns the land that the Seven Sisters are on?	
6	Name two of the Seven Sisters cliffs.	
7	What time period was the chalk of the Seven Sisters made in?	
8	How much higher was the sea level during this time period?	
9	At what rate are the Seven Sisters retreating each year?	
10	How many coastguard cottages at Birling Gap are left today?	
11	What feature forms before a wave-cut platform?	
12	How far does the wave-cut platform at the Seven Sisters reach out to sea?	

13	What other landforms (apart from a wave-cut platform) can be found at the Seven Sisters?	
14	What type of rock is chalk?	
15	How old is chalk?	
16	How resistant is chalk to erosion?	
17	Is the rock at Birling Gap softer or harder than the chalk cliffs?	
18	How much of the Seven Sisters coastline eroded during the winter storms of 2013/14?	
19	Name two consequences of climate change that may affect the Seven Sisters.	
20	In what year did the Coonatto shipwreck happen?	
21	What other human activities have the Seven Sisters been used for in the past?	
22	What type of coastal management is being implemented at the Seven Sisters?	
23	What does this type of management involve?	
24	Name one advantage of this type of management.	
25	Name one disadvantage of this type of management.	

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## Seven Sisters Quick-fire Answers

1	Where is the Seven Sisters coastline situated?	<i>East Sussex, between the towns of Eastbourne and Seaford</i>
2	How many hectares do the Seven Sisters cover?	<i>280 hectares</i>
3	How tall are the Seven Sisters?	<i>Around 80 metres high (above sea level)</i>
4	Which parks do the Seven Sisters belong to?	<i>The South Downs National Park The Seven Sisters Country Park</i>
5	Who owns the land that the Seven Sisters are on?	<i>The National Trust</i>
6	Name two of the Seven Sisters cliffs.	<i>Any of the following:</i> <ul style="list-style-type: none"><li>• <i>Haven Brow</i></li><li>• <i>Short Brow</i></li><li>• <i>Rough Brow</i></li><li>• <i>Brass Point</i></li><li>• <i>Flat Hill</i></li><li>• <i>Bailys Hill</i></li><li>• <i>Went Hill</i></li></ul>
7	What time period was the chalk of the Seven Sisters made in?	<i>The Upper Cretaceous</i>
8	How much higher was the sea level during this time period?	<i>200 metres higher than today</i>
9	At what rate are the Seven Sisters retreating each year?	<i>50–60 centimetres</i>
10	How many coastguard cottages at Birling Gap are left today?	<i>Three</i>
11	What feature forms before a wave-cut platform?	<i>A wave-cut notch</i>
12	How far does the wave-cut platform at the Seven Sisters reach out to sea?	<i>540 metres</i>
13	What other landforms (apart from a wave-cut platform) can be found at the Seven Sisters?	<i>Caves Arches Stacks and stumps</i>
14	What type of rock is chalk?	<i>Sedimentary limestone</i>
15	How old is chalk?	<i>80–100 million years old</i>

16	How resistant is chalk to erosion?	<i>It has a medium level of resistance – harder than clay but much softer than granite for example</i>
17	Is the rock at Birling Gap softer or harder than the chalk cliffs?	<i>Softer</i>
18	How much of the Seven Sisters coastline eroded during the winter storms of 2013/14?	<i>Seven years' worth in two months</i>
19	Name two consequences of climate change that may affect the Seven Sisters.	<i>Sea level rise More frequent storms</i>
20	In what year did the Coonattin Head lighthouse happen?	<i>1876</i>
21	What other human activities have the Seven Sisters been used for in the past?	<ul style="list-style-type: none"> <li>• Neolithic enclosures</li> <li>• Bronze Age burial sites</li> <li>• Farming through Norman times</li> <li>• Smuggling</li> <li>• World War II airfield and coastal defence</li> </ul>
22	What type of coastal management is being implemented at the Seven Sisters?	<i>Managed retreat</i>
23	What does this type of management involve?	<i>It means letting the coast erode naturally and then building the cliffs back – it is adapting to the change</i>
24	Name one advantage of this type of management.	<i>Any of the following:</i> <ul style="list-style-type: none"> <li>• Keeps the cliffs as natural as possible</li> <li>• It's cheaper than hard engineering</li> <li>• Sustainable</li> <li>• Keeps the cliffs white</li> </ul>
25	Name one disadvantage of this type of management.	<i>Any of the following:</i> <ul style="list-style-type: none"> <li>• Loss of coastline</li> <li>• Loss of property</li> <li>• Cliffs are dangerous for people to walk on</li> <li>• Conflict with local people as their homes are at risk</li> </ul>

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## Seven Sisters Extension Questions

1. Explain how the chalk found at the Seven Sisters was formed.
2. Explain how weathering and erosion affect the Seven Sisters.
3. Describe the formation of a cave from a stump.
4. Suggest how the different types of chalk influence the shape of the Seven Sisters.
5. In what ways did the winter storms of 2013/14 affect the Seven Sisters?
6. Discuss the consequences of climate change on the Seven Sisters coastline.
7. Describe how humans have used the Seven Sisters coastline throughout history.
8. Suggest why managed retreat was the chosen management plan for the Seven Sisters.
9. Examine the consequences of this form of coastal management on the Seven Sisters.
10. Evaluate whether hard management would have been the better option for the Seven Sisters coastline.

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## Extension Answers

1. The chalk found at the Seven Sisters was formed millions of years ago during when the sea level was 200 metres higher than it is today.  
The chalk was formed underwater through the build-up of the remains of sea

2. **Weathering:**

- Chalk is porous so rain can seep into the rock and weaken it.
- If the water freezes, it expands and can weaken and crack the rock further.
- Rain is also slightly acidic. Chalk is highly affected by the acidity and weathers faster than other rocks.
- The common Piddock also weakens the rock by boring holes into it and,

**Erosion:**

The sea also causes the cliff to weaken and crack through hydraulic action, ab

3. Caves form through hydraulic action, abrasion and solution weakening the rock. The weaker areas of rock are gradually eroded away forming a hollow cave. Over time the cave continues to erode creating deeper caves. Some erode right through the cliff forming a natural arch.  
Eventually these arches collapse as they give in to erosion.  
This leaves behind stacks which are eventually eroded down to stumps.

4. Chalk is a fairly soft rock with medium resistance to erosion. This creates the Seven Sisters. However, it is not as hard as other limestone rocks which means it is more susceptible to geomorphic processes.  
Chalk is also porous, so it absorbs water making it even more prone to weathering. The process of erosion keeps the Seven Sisters white. It also helps to create so

5. The winter storms of 2013/14 affected the Seven Sisters by:

- Rapidly eroding areas of the cliff (seven years' worth in two months!).
- This meant that one of the coastguard cottages and part of the National Trust building were damaged.
- Caused landslides along the coastline.
- Any other valid point(s).

6. Consequences of climate change on the Seven Sisters:

- Sea level rise could increase the erosional power of the sea increasing the rate of erosion.
- More frequent storms could also increase the rate of erosion on the coastline.
- The erosion from the storms could also be unpredictable and hard to prepare for.
- Summers could be warmer which may increase the visitor numbers to the area, increasing the money but could also increase any environmental damage humans can bring.

7. Humans have been using the Seven Sisters coast for thousands of years:

- During Neolithic times (5,000 years ago) a circular enclosure was built near the coast.
- During the Bronze Age (2,500 years ago) a burial site.
- During the Roman times it was used for farming.
- It was also a common place for smuggling during the eighteenth and nineteenth centuries.
- Used during World War II as an airfield as well as an area of coastal defence.
- Today it is a National Trust area, visited by walkers and sightseers.

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8. Managed retreat may have been chosen for the Seven Sisters because:
  - It's a sustainable form of management.
  - The rate of erosion is so fast that it may not be worth it to try and stop it.
  - The rate of erosion is only going to get worse with climate change.
  - It's the most natural form of management.
  - It's cheaper than hard management.
9. Consequences of managed retreat:
  - Loss of coastline.
  - Loss of history.
  - Loss of some wildlife habitats.
  - There may be conflict with some locals as their properties are not being protected.
  - Coastal areas will also stay looking natural and beautiful.
  - It will also stay undeveloped, keeping it pristine and the cliffs white.
10. Positives of hard management at the Seven Sisters:
  - Wouldn't cause as drastic a loss of coastline, history and wildlife habitats.
  - Would protect the property and homes of local people.
  - Would allow people to enjoy the coastline as it is for longer.
  - Any other valid point(s).

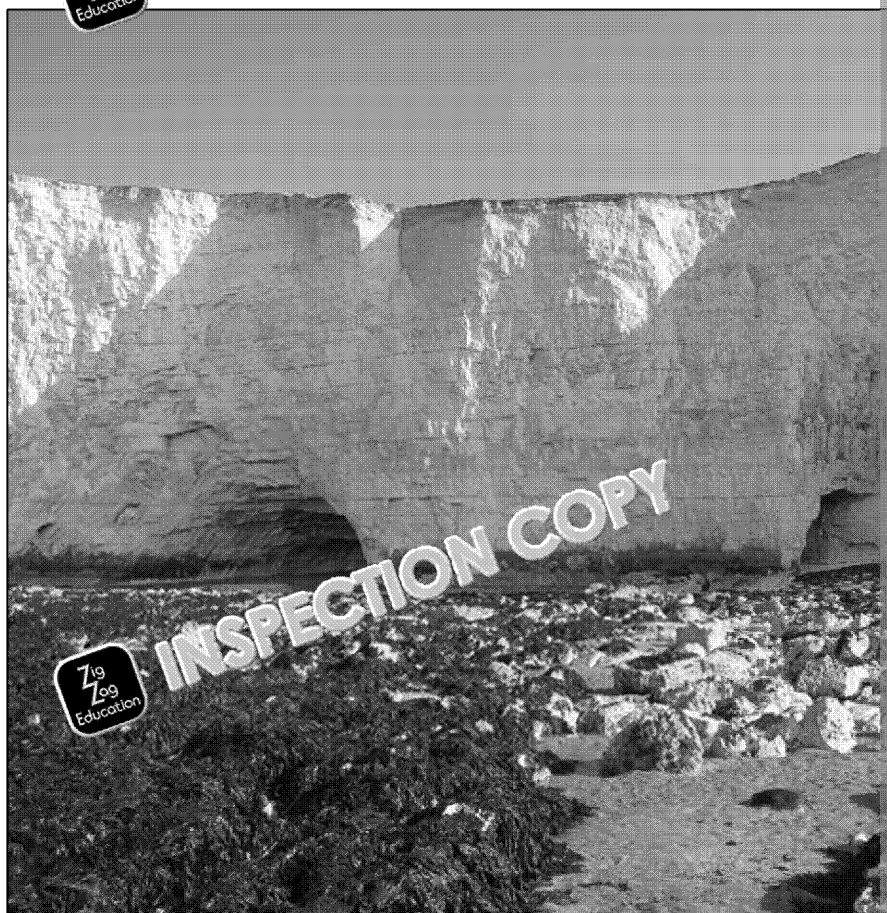
Negatives of hard management at the Seven Sisters:

- Expensive.
- Would make the area look more developed and ruin the natural look.
- Is not as sustainable and would need constant upkeep.
- Any other valid point(s).

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## Exam-style Question



*Figure 1: A small cave and a watch-cut notch along the Seven Sisters*

Using Figure 1 to help you, assess the extent to which the processes of erosion and deposition help to shape coastlines.

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## Level Marking

Level	Mark	Description
1	1–3	<ul style="list-style-type: none"> <li>The student evidences basic knowledge of the topic in question.</li> <li>The student evidences limited understanding of the connections between environments and processes. (AO2)</li> <li>A limited ability to evaluate is evidenced through basic application of understanding. (AO3)</li> </ul>
2	4–6	<ul style="list-style-type: none"> <li>The student evidences some knowledge of the topic in question.</li> <li>The student evidences a good understanding of the connections between environments and processes. (AO2)</li> <li>A reasonable ability to evaluate is evidenced through adequate application of understanding. (AO3)</li> </ul>
3	7–9	<ul style="list-style-type: none"> <li>The student evidences thorough knowledge of the topic in question.</li> <li>The student evidences a firm understanding of the connections between environments and processes. (AO2)</li> <li>A strong ability to evaluate is evidenced through logical application of understanding. (AO3)</li> </ul>

### Indicative Content

- Students should offer an assessment of the extent to which erosion and deposition have shaped coastal landforms.
- They may use specific examples of how erosion and deposition have shaped a coastline.
- Allow the assessment of erosion and deposition that go beyond Figure 2.
- Other factors that shape coastlines need to be considered, for example geology and human activity.
- The student should clearly demonstrate an assessment through considering how different factors have on shaping a coastline. They must consider to what extent erosion and deposition affect than the other factors. Lower level marks will be given for students who

### Suggested Content

Using the example of the Seven Sisters coastline.

- The processes of erosion and deposition have a considerable impact on the shape of the coastline. For example, the Seven Sisters cliffs are retreating at a rate of 50–60 centimetres per year.
- The landforms along coastlines are also created through erosional processes. The platform on the Seven Sisters coastline has been formed through both erosion and deposition.
- However, other factors also influence the shape of the coastline. For example, the geology can affect the effectiveness of erosion and deposition. The Seven Sisters are made of a soft rock which is easily eroded.
- Climate also influences the effectiveness of erosion and deposition. For example, heavy storms in 2013/14 meant the Seven Sisters saw seven years' worth of erosion in a few days.

### Spelling and Grammar (SPaG) – Total of 3 marks.

For 1 mark:

- Student shows some ability to spell and punctuate correctly.
- Student shows limited use of grammar to convey their argument.
- Student utilises a basic range of geographical phrases.

For 2 marks:

- Student generally uses correct spelling and punctuation throughout.
- Student shows some accurate use of grammar to convey their argument well.
- Student utilises an adequate range of geographical phrases.

For 3 marks:

- Student uses correct spelling and punctuation throughout.
- Student shows accurate use of grammar to clearly convey their argument.
- Student utilises a broad range of geographical phrases.

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