

## Introduction and Rationale

This Handbook can be used simply. Games and scripts can be chosen at random, although the natures of the exercises do move from introductory to more demanding; in chronological order.

All scripts, word games and scenarios are photocopy-friendly for instant access.

The teacher should not need to do more than either work through the book or pick an exercise before the lesson. No lengthy reading required.

The activities in this book comprise a collection of creative and stimulating ideas for teachers and students who have minimal experience in using drama, as well as a great resource for more experienced drama teachers.

Each exercise has a new skill and a new situation that will maintain interest, excitement, fun and focus for any size or age group.

Through working with different scenarios, games and scripts, you will have covered many initial aspects of drama and performance prior to GCSE and AS/A2.

After working through the exercises, your students will be in a strong and confident position to move to GCSE Drama – having learnt the rudiments of tableaux, improvisation, movement, characterisation, conflict and catharsis as well as much more.

The idea is to pull out any exercise and to put it into action with no pre-planning. Confident that each lesson is relevant in its delivery of performance skills.

Each exercise is written as simply as possible. If you want to change, add, interpret, or swap them round, please do exactly that.

Some exercises can last two or more lessons, but most are based on single 40-minute lessons.

Drama Resources from ZigZag Education are listed on our website at **[www.zigzageducation.co.uk](http://www.zigzageducation.co.uk)**.

Teachers who are interested in having their resources published can register on the author support website at **[www.PublishMeNow.co.uk](http://www.PublishMeNow.co.uk)**.